

**SANTOSHA SCHOOL OF YOGA
APPLICATION
200 & 300 Hour Yoga Teacher Training & Certification Course**

ADMISSION REQUIREMENTS

- 1 year of yoga practice is required for admission into the 200 hour Yoga Teacher Training Certification course
- 2 years of yoga teaching experience, and submission (copy) of your 200 Hour Yoga Teacher Training & Certification Training Certificate are required for admission into the 300 hour Yoga Teacher Training course

Check the item that applies below:

____ Yes, I have completed 1 year of yoga practice and I am applying for the 200 Hour Teacher Training & Certification Course

____ Yes, I have been teaching yoga for a minimum of 2 years; attached is a copy of my 200 Hour Certificate, and I am applying for admission to the 300 Hour Yoga Teacher Training & Certification course

PERSONAL INFORMATION:

Full Name: _____

Home Address: _____

State: _____/Zip Code: _____

Contact Phone _____

E-Mail Address: _____

Website URL: _____

EMERGENCY CONTACT

Name _____/Relationship _____

Contact Phone _____

EDUCATIONAL BACKGROUND, PROFESSIONAL EXPERIENCE/EMPLOYMENT

Attach additional pages if more space is needed to complete this section.

Are you retired? _____ Yes

Please tell us about your education, professional background and/or work experience
If you are now retired, please respond to this question.

PERSONAL STATEMENT

Attach additional pages if more space is needed to complete this section

Provide your personal statement (below). Please respond to the following questions within your statement:
Why are you applying for the 200 Hour or the 300 Hour Yoga Teacher Training & Certification Program?
What are your goals?

YOGA BACKGROUND AND EXPERIENCE

Attach additional pages if more space is needed to complete this section

Respond to the section below that applies to your Application Level.

200 Hour Application

Please describe your yoga practice and experience below:

300 Hour Level

Attached is my Yoga Teacher Certification for the 200 Hour Level

Please describe your yoga background and teaching experience

below:

REFERENCES

Provide two references with your application. Your references may be of the following: a personal reference about your background and/or your character; your experience teaching yoga; your professional background; your practice of yoga; knowledge of your desire to achieve yoga teacher certification.

One of your two required references may be from a relative.

You may e-mail your references to Maya Breuer & Sherry Ryan at mayabreuaryoga@gmail.com or send via post to Maya Breuer, Santosha School of Yoga 29 Willing Avenue Warwick, RI 02888.

SIGNATURE

To the best of my knowledge, the information submitted on this application is true and correct.

Signature: _____ Date: _____