

# ADD/ADHD CONNECT

a SPEAC program

Share and Support Group for Parents and Caregivers

## 2019-2020 Schedule

### PARENT SHARE & SUPPORT GROUP

A forum in our community for parents and caregivers to share information, make connections, and get support. Meetings will be an open discussion format. A topic will be provided at each meeting to get the discussion started. Parents and caregivers are encouraged to ask questions, seek support on struggles they are experiencing or anticipating, and share strategies that have worked for them. Your child does not need to have an ADD/ADHD diagnosis. We invite parents and caregivers of a child in public private, or home school with ADD/ADHD-like symptoms to join us.

**7:00 PM. Maple Glen Elementary School Library, 1581 Ft Washington Ave, Maple Glen 19002.**

- |               |  |
|---------------|--|
| Sept 24, 2019 | Back to School Adjustments/Concerns  |
| Nov 12, 2019  | Tips for success within an ADHD-ish household  |
| Jan 23, 2020* | Your child's growth during the school year (are things getting better or harder?)                          |
| Mar 12, 2020* | Looking toward summer & the next school year (summer camps, teacher/friend requests, 504/IEP-did it work?) |
| May 14, 2020  | Summer success   |

*\* Please note these meeting dates are being rescheduled. An updated flyer will be posted on the SPEAC website when the new dates have been determined.*

Facilitated by ADD/ADHD Committee Chair Mary Ellen Smith. For information, please contact Mary Ellen Smith at [mellen2006@gmail.com](mailto:mellen2006@gmail.com).

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# A

Are you the parent of a child with ADD/ADHD or ADD/ADHD-like symptoms?

# D

Do you have strategies to help manage the challenges of ADD/ADHD?

# D

Do you NEED strategies to help manage the challenges of ADD/ADHD?

**Share Information**

**Make Connections**

**Get Support**

