

# PILATES REFORMER GROUP SCHEDULE

Schedule Effective: **January 4, 2021**



LEVEL □ 301.229.0080 □ 7687 MACARTHUR BLVD., CABIN JOHN, MD

M	T	W	TH	F	S	SU
<b>MORNING SESSIONS</b>						
	MIXED LEVEL REFORMER FIT <b>7:00-7:45AM</b> <i>Jocie</i>	MIXED LEVEL REFORMER FIT <b>7:45-8:30AM</b> <i>Andrea</i>	MIXED LEVEL REFORMER FIT <b>6:45-7:30AM</b> <i>Jocie</i>	MIXED LEVEL REFORMER FIT <b>7:00-7:45AM</b> <i>Jocie</i>		
MIXED LEVEL REFORMER FIT <b>8:00-8:45AM</b> <i>Andrea</i>	MIXED LEVEL REFORMER FIT <b>7:45-8:30AM</b> <i>Andrea</i>					
		MIXED LEVEL REFORMER FIT <b>9:00-9:45AM</b> <i>Andrea</i>				
				MIXED LEVEL REFORMER FIT <b>10:00-10:45AM</b> <i>Andrea</i>	MIXED LEVEL REFORMER FIT <b>10:00- 10:45AM</b> <i>Andrea</i>	
	MIXED LEVEL REFORMER FIT <b>11:30-12:15PM</b> <i>Andrea</i>		MIXED LEVEL REFORMER FIT <b>11:00-11:45AM</b> <i>Andrea</i>			
		INTERMEDIATE LEVEL (Private) REFORMER FIT <b>12:00-1:00PM</b> <i>Magda</i>				

▲ All Pilates Reformer and Chair classes are an **EXTRA FEE**. LEVEL Members receive 10% discount on class costs. Advanced Registration required.