



Paving a continuous path from homelessness to independent, sustainable living

Become a First Stop Meal Volunteer

With the help of community volunteers, churches, and area businesses, First Stop is able to serve two hot meals to its clients at its facility on Stokes Street every weekday. First Stop's mission is to empowering the homeless to achieve independent, sustainable living. These meals are one of the enticements that raise our clients' awareness about the services we offer.

Important Information for Meal Teams:

- Breakfast is served at 8:30am and lunch at 12:00 noon
- Please be prepared with food for up to 60
- Meals do not have to be fancy
- Breakfast Ideas:
 - 1 Hot Breakfast Entree (like eggs, casseroles, or biscuits)
 - Pastries, Bagels, or Donuts
 - Juice (boxes or bottles)
 - 5 Gallons of Milk
 - Note: First Stop provides coffee
- Lunch Ideas:
 - 1 Hot Lunch Entree (like hot sandwiches, soup, lunch casserole, or spaghetti/pizza)
 - Some type of vegetable or fruit
 - Salad
 - Dessert
 - Juice (boxes or bottles)
 - 5 Gallons of Milk
- The First Stop kitchen is small, so try to have as much of the food preparation done as possible before you arrive (we do have an oven available for warming)
- Please have 3-5 volunteers for meal service
- First Stop provides plates, napkins, hand sanitizer, and serving gloves.

Above all, enjoy your time at First Stop and getting to know our clients and staff. Thank you for this special effort you are making for the homeless in our community.