

Dear Parents,

We have several students with allergies. This list contains items that are **not allowed in the classroom** due to allergies and choking hazards. If you send in prepackaged food, please make sure there is a label so we can read the ingredients. We will not serve an item if we are unsure, and your child will be given something else to eat.

If an item you send in looks like an allergen but is not, please write a note and put it in your child's lunchbox. For example: Nondairy cheese and sun butter.

***** ALLERGY & CHOKING HAZARD ALERT! *****

The following items are **NOT** allowed in school. There are **NO** exceptions.

- Peanuts
- Tree Nuts
- Coconuts
- Poppy Seeds
- Sesame Seeds
- Sesame Oil
- Eggs
- Hummus
- Avocado
- Marshmallow
- Candy
- Celery
- Hard Carrots
- Small tomatoes
- Raisins
- Yogurt Covered Raisins
- Popcorn
- Grapes
- Hot Dogs

If an item says that it's made in the same factory from one of the allergens lists above, **DON'T** Send it. If it says may contain nuts, **DON'T** send it

Thank you for helping us keep all the children safe.