

RJ'S "SPICE IT UP" CHILI

Servings. 6

INGREDIENTS

1 1/2 lbs ground beef or turkey
2 medium onions sliced
1 green bell pepper sliced
1 (28oz) can tomato sauce
2 (14oz) cans diced tomatoes
1 (6oz) can tomato paste
1 cup water
1 (16oz) can kidney beans/drain
1 (16oz) can of black beans/drain
3 cloves garlic minced
*6 tbsp *RJ's Hot or Med Hot Peppers in Oil*
2 tsp salt
2 tsp black pepper
2 tsp oregano
1 tsp basil
3 tsp chili powder
1 bay leaf
Cooking Instructions



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Combine first two ingredients in Dutch Oven or Slow Cooker. Brown meat or turkey and drain off fat (Optional)

Add rest of ingredients and stir. Cover on medium heat for 1 1/2 hours stirring occasional. Simmer for additional hour.

*Optional: Top chili with shredded cheese and sour cream when serving

* **RJ's Hot Peppers in Oil** can be added afterwards for individual serving

