

## TOURMALINE

Tourmaline is a very powerful stone that recharges the body. It should be worn when you feel you need strength or stimulation.

Tourmaline is the most complex stone, both in the aspect of its crystalline structure and its mineral composition. It is a stone that contains a greater variety of elements than any other stone. It has pyroelectric and piezoelectric properties. As a gemstone this quality helps the body's electrochemical balance. When it is worn as a gem, it absorbs light and transmits it to the skin and helps the electrochemical system.

Tourmaline influences the nervous system "because of its tremendous electrical nature." It protects one against "negativity" and the "earth's radiation."

Tourmaline reduces fever and high blood pressure, combats colds and flu, calms the nerves, cures exhaustion, and "balances the rational and creative mind."

Tourmaline is restorative. It "has the quality of calming and balancing the brain and nerve fluids", the ductless gland system, and the immune system.



## **OPAL**

Opal means “valuable stone.” It is a delicate stone with a fine vibration. Opal, exhibits a spectral of colors commonly referred to as “fire.” It can be used to encourage flashes of intuition and insight.

The precious Opal expresses the principle of JOY. It makes life easier through an energy of constancy. Life means change; life is consistent in change. The Opal encourages us to accept our lot in life. Life’s lessons and testings are iridescent like a precious Opal.

Opal can be used to strengthen memory and to instill faithfulness and loyalty with respect to love, personal affiliations, and business relationships.

Opal can be used to disperse infections, to purify the blood and the kidneys, and to regulate insulin production. It can also be used in the treatment of disorders of vision and the eyes, to alleviate fevers, and to stimulate circulatory functions. It can be used to clarify and to strengthen the eyesight, to assist in the recovery from Parkinson's disease, and to provide comfort and ease during childbirth.



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