tips

If hazelnuts are not for you, try lightly crushed walnuts or even lightly toasted pine.



Ingredients

Salad

- 2 large handfuls of arugula (rocket)
- 2 ripe peaches sliced into segments
- 1/4 pound soft goats or cows feta cheese, broken into chunks
- 1 oz hazelnuts, unsalted and slightly crushed
- 5 slices of prosciutto chopped into small pieces

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METHOD

Combine the salad ingredients together in a large bowl. In a separate jar, mix the salad ingredients together and then shake well to mix. Pour the dressing over the salad and toss all the ingredients together gently, ready to serve.



Dressing

- 3 tablespoons olive oil
- 1/2 tablespoon lemon juice
- 1/2 tablespoon apple cider vinegar
- 1/2 tablespoon honey
- Pinch of salt and pepper to taste