

SLE FRIDAY, AUGUST 9, 2019

7:00-8:45 AM- Continental Breakfast

8:00-9:00- On-site Registration

7:15-8:30 AM

F1 BIRDING & GARDENING

By: Hans and Leslie Kunze

Limit: 25 People

Enjoy early morning birding while you stroll through Hans and Leslie Kunze's beautiful gardens. Hans will be your guide for both birding and gardening tips. Hans and Leslie will provide a light continental breakfast for participants.

7:30-7:50 AM

F2 DAILY DEVOTION

By: Chaplain, Lt Col (Ret) Jackie Ann Rose Kraft

Limit: 25 People

Come Worship the Holy One and prepare yourself so you can go out into the world to be a Living Sanctuary for God.

SESSION IV 9:00-10:30 AM

F3 LIKE CHOCOLATE, A LITTLE STRESS IS GOOD!

By: Barbara Bruce

Limit: Unlimited

A little dark chocolate is good for you, too much enlarges your hips... A little stress is good for you, too much harms brain and body. Discover proven strategies to deal with stress and enjoy some dark chocolate.

F4 GEOCACHING

By: Michelle Widdell

Limit: 15 People

Geocaching returns to SLE!! Geocaching is a real-world outdoor treasure hunting game using GPS-enabled devices. Participants navigate to a specific set of GPS coordinates, then attempt to find the geocache (container) hidden at that location. This workshop will provide the basic skills necessary to find geocaches. Participants will be provided a GPS unit to find hidden geocaches that have been placed throughout the Institute. This is a family friendly workshop. (Children must be accompanied by an adult.)

F5 WATERCOLORS: FINS, FURS, AND FEATHERS

By: Mara Rooney, Scenic Artist @ Atomic Design

Limit: 20 People

In this specialized watercolor class, you'll learn the tools and techniques you need for painting animals. The class will focus on fish, birds, and mammals. Some basic watercolor experience recommended. This is a family friendly workshop.

F6 DAILY CHAPLAIN PRESENTATION : "Being in the Presence of the Holy in the Military"

By: Chaplain, Lt Col (Ret) Jackie Ann Rose Kraft
Limit: Unlimited

As visible reminders of the Holy, Chaplains in the Armed Forces directly or indirectly provide for the free exercise of religion for those in the Armed Forces, their families and other authorized personnel. In today's diverse societies, Chaplains help people of all religions or of no religious affiliation to keep Spiritual fit so they can serve most effectively. Come hear how one Air Force chaplain did this as she served her Country.

F7 KAYAKING

By: Asbury Staff
Limit: 10 People

Have you ever wanted to learn how to kayak? Or maybe you want to take some time to relax on the water. Participants will meet with the Asbury Camp staff for a brief lesson on kayaking and will then glide out onto the lake in an Ocean Kayak. Kayaks, paddles, and life vests will be provided. You may get wet. Ages 10 and up.

F8 "3 TO SEE COTTAGE TOURS"

By: Sharon Pratt, SLI Cottage Owner
Limit: 12 People

BACK BY POPULAR DEMAND!!!! Early campers at Camp Wesley (1870' s-90' s) stayed in tents which were gradually replaced with cottages. The cottages range from original rustic to somewhat contemporary. These tours offer a walk through several cottages. (3 To See = 3 cottages)

F9 APPROACHING ELDERHOOD

By: Rev Donald Weaver
Limit: 30 People

Are you aware of the items you need to prepare to give you "Peace of Mind" as you grow into Elderhood? This workshop will provide you with a list of important information you may wish to pull together as you age. A document filled with information for each participant will be made available. As we age, we may lose the ability to make decisions about our future;being prepared for this eventuality can provide "Peace of Mind" for you, your family, and your friends. Discussion and question time will be provided.

F10 CONTEMPLATIVE PHOTOGRAPHY

By: Nancy Wilson
Limit: 20 People

"Contemplative Photography" is about creating images that reflect a personal sense of what life is all about for the photographer. It is about richly seeing and enhancing one's understanding of life through the lens of a camera. It is not about "shooting" but "receiving" images that you are drawn to by your

heart. This experience will take you off the usual “snapping” path into a process of image creation followed by reflection on the personal meaning of the image received. All camera models and levels of experience are welcome.

F11 BREADTIME STORIES AND MORE-TAKING STEPS TO A LIFE OF KINDNESS

By: Chet Fery, “Kindness Coach”

Limit: 20 People

Chet Fery, aka the Bread Man, is returning to the Silver Lake Experience in 2019 in a new role as “Kindness Coach”. Join him for a few hours to explore the power of kindness, determine your “Kindness” quotient and develop your plan to fully integrate kindness into your life. The event will be transformational and life changing! Expect storytelling, a bread lesson, a loaf of bread and much, much, much more!

F12 CAVEAT EMPTOR: FURTHER TALES OF FORGERIES IN THE ART WORLD

By: Dr. Patrick McGrady, Penn State

Limit: 40 People

Museum curator and professor, Dr. Patrick McGrady, returns to the Silver Lake Experience with more stories about fakes and forgeries and the artists who perpetrated them. The lecture features an account of the most notorious art forger of the twentieth century, who managed to pull the wool over the eyes of the Nazis during World War II and live to tell about it—but only narrowly. Other narratives include how the trade in fake paintings led to the demise of one of New York’s most prestigious art galleries, and how the work of an admitted yet unprosecuted American forger continues to play a detrimental role in the art world today.

F13 FLORAL ARRANGING

By: Lisa Seewaldt

Limit: 15 People

Come and join florist Lisa Seewalt from Ash-Lin's Elegant Rose Florist shop in Warsaw, N.Y., in creating a Fresh Garden Arrangement to take home with you. Consider a Mother/Daughter team as Lisa guides you through making this arrangement. We will supply the vases and floral supplies.

F14 PARK GAMES

By: Asbury Staff

Limit: 20 People

Come energize yourself and make new friends as you join with others to play some interactive outdoor games. All ages and skill levels welcome!

SESSION V: 10:50-12:20

F15 PHOTOGRAPHY EXPERIENCES AND TECHNIQUES

By: Jim Montanus, Professional Photographer

Limit: 40 People

Jim Montanus, voted once again Rochester’s #1 Photographer for 2018, returns to SLE. Jim will share some of his favorite photos while discussing his unique experiences as well as sharing

some common mistakes and some easier techniques to capture “the shot”. Jim encourages participants to come with their photography questions.

F16 ALL ABOUT HONEYBEES & HONEY

By: Deb Welsh, Cornell Cooperative Extension, Warsaw, NY

Limit: 30 People

Learn how honeybees “thrive in the hive”, why we love honey and how important these critical pollinators are for us. Taste a variety of honeys and make your own honey product to take home. Come and enjoy this family friendly workshop.

F17 BOAT TOUR OF SILVER LAKE

By: Asbury Staff

Limit: 10 People

Enjoy the Silver Lake view from the lake while listening to the legend of the sea serpent and other long and short tales!

F18 THE SAMANTHA ZALDIVAR CASE, A TRUE CRIME MEMOIR

By: Laurinda Wallace and Steve Tarbell

Limit: 30 People

Author, Laurinda Wallace and former Wyoming County Sheriff’s Investigator, Stephen Tarbell, will share the inside story of their collaboration in writing, ***Too Close to Home: The Samantha Zaldivar Case***, along with details of this high-profile murder investigation. The 1997 disappearance of seven-year-old Samantha Zaldivar galvanized the Western New York Community and multiple law-enforcement agencies to find Samantha. As the facts surrounding her disappearance and tragic death unfolded, the case gained national attention and remains Tarbell’s most memorable case of his career with the Wyoming County Sheriff’s Office. This workshop is a unique opportunity to delve into the behind-the-scenes work of a criminal investigation.

F19. BAD GIRLS OF THE BIBLE PART 2

By: Barbara Weaver

Limit: 30 People

Those Bad Girls of the Bible are back! Come and join Barb, Suzanne and Esther as they help us “dig” into some steamy stories of our Biblical sisters. You may even encounter a few who are visiting Silver Lake that day.

F20 BOB’S BARN CHAT: LIFE IN A TEN CENT WORLD

By: Bob Murphy, SLI Historian

Limit: 10 People

Join Bob in his toy filled barn and engage in a chat about when a dime was money (1900-1962)!! Bob will discuss some of his collection of 10 cent toys and more from the 1920s to the 1960s. This is a family friendly presentation.

F21 SILVER LAKE THROUGH THE GENERATIONS

By: Nancy Sellar, SLI Resident
Limit: 15 People

This walking tour will explore some of the history surrounding SLI through six generations of a single family and the (exteriors of) six cottages they have occupied over time. Your guide, Nancy Sellar, is a fifth generation Silver Laker.

F22 FOOD DEMONSTRATION BY MORLUSKI'S!

By: Jeannine Morlacci,
Owner, Morluski's Polish/Italian Restaurant, Attica, NY
Limit: 20 People

Join Jeannine as she demonstrates how to create a traditional Italian food and a traditional Polish food. More information to come!!

F23 INTRODUCTION TO WOODWORKING

By: Tom Pedlow, Local Craftsman
Limit: 20 People

This workshop is for anyone interested in woodworking as a hobby. Some of the topics covered will be native woods, tools, sanding, joinery, glues, and finishing, Participants will be able to view and handle small projects. Questions/discussion encouraged.

F24 OUR RESPONSE TO POVERTY NEEDS TO BE MORE PERSONAL

By: Pat Standish, Coordinator, Community Action Angels
Limit: Unlimited

What does it mean to be living in poverty? Extreme poverty or destitution refers to the complete lack of the means necessary to meet basic personal needs such as food, clothing and shelter. The threshold at which relative poverty is defined varies from one country to another, and one community to another. Surprising to some, more children growing up in rural areas are poor compared to those from urban areas. Learn more about the statistics of poverty. Join us in a challenging conversation about our personal responsibility and our abilities to create change.

F25 12:20-1:30 PM LUNCH

SESSION VI: 2:30-3:30PM

F26 "3 TO SEE" COTTAGE TOUR

By: Sharon Pratt, SLI Cottage Owner
Limit: 10 People

Early campers at Camp Wesley (1870s-90s) stayed in tents which were gradually replaced with cottages. The cottages range from original rustic to somewhat contemporary. These tours offer a walk through several cottages. (3 To See = 3 cottages)

F27 BOAT TOUR OF SILVER LAKE

By: Asbury Staff
Limit: 10 People

Enjoy the Silver Lake view from the lake while listening to the legend of the sea serpent and other long and short tales!

F28 DISCOVERING WYOMING COUNTY: 200 YEARS OF HISTORIC ARCHITECTURE

By: Cynthia Howk, Landmark Society of Western New York
Limit: 40 People

Discover the rich architectural heritage of the towns, villages, and countryside of picturesque Wyoming county. The slide talk will present an overview of architecture from the early 1800s to the present, including houses, farms, churches, schools, summer cottages, cemeteries, commercial properties - and more!

F29 SELF DISCOVERY THROUGH JOURNALING

By: Kate Stanford, LMHC, NCC, CCTP
Limit: 20 People

Join me to learn ways to tap into your inner voice and begin the journey towards a happier, more fulfilling life. I am a mental health counselor who uses journaling techniques in my practice to help people process challenges in their lives and move in new, often unexpected, directions. I will be sharing with you several the techniques that have been very helpful in the process of self- discovery. We will be exploring different styles of journaling and helping you to get past the fear of having to "do it right". Discover the fun you can have in taking yourself to a deeper level. This workshop will be a combination of discussing techniques and an opportunity to see what resonates most with your inner self.

F30 WRITE YOUR OWN OBITUARY

By: Linda Franke
Limit: 20 People

This sounds like a thankless task, but it is truly an opportunity to share what a fabulous and interesting person you are!! Our family and friends often know us in one or two phases of our lives and forget, or have never known, the rest of that wonderful life journey we each have travelled. Linda was inspired to lead this seminar by her grandparents. Lovely people, they were just what you might expect grandparents to be. Who knew Grandma was the skeet shooting champion for Mecosta County, Michigan? There are lots of stories within you that people would love to hear-take this opportunity to share the stories closest to your heart.

F31 THE PHOTOGRAPHIC HISTORY OF SILVER LAKE INSTITUTE

By: Bob Murphy, SLI Historian
Limit: 30 People

Bob will discuss his passion of preserving the history of SLI through the photographs he oversees in the historic Hoag Memorial Art Gallery. This photo presentation will include the Silver Lake Railroad, The Institute, and the Walker Road area. Bob will include a question/answer session and artifacts as well as photographs.

F32 PROGRESSIVE KNITTING-THE SL SEA SERPENT

By: Tina Turner
Limit: 20 People

Tina will share her original knitting pattern for the Silver Lake Sea Serpent. Participants can either begin on this date or continue their project from Thursday's session. Knitting experience preferred.

F33 TOUR OF "THE ELMS" (IN WARSAW)

By: Barb Aker
Limit: 20 People

Join Barb as she gives a tour of her historic home in Warsaw, NY. Originally owned by the Humphrey family, The Elms is one of the premier "mansions" of an era long gone. Participants will need to drive and/or car pool from SLI to Warsaw. Directions will be given, and participants will be able to follow Barb to her home.

SESSION VII: 4:00-5:00

F34 OPEN SWIM

By: Asbury Staff/Pool
Limit: Unlimited

Cool off in the beautiful Asbury Pool...lots of room for swimming and relaxing. Lifeguard will be on duty. Children under 12 must be accompanied by an adult

F35 INTRODUCTION TO HAIKU

By: Nancy Wilson
Limit: 20 People

Back by popular demand! This experience, led by Nancy Wilson, will include both reading and beginning writing of three-line poetry. Haiku writing is a way of reflecting with words an insightful moment in which you have quieted your mind and listened to your heart speak. Writing a Haiku poem is a way of giving your soul an opportunity to reveal itself. Exercises will be provided to help get you started on this inspiring path.

F36 PORCH CHAT, 'SECRETS OF MYSTERY WRITERS REVEALED'

By: Laurinda Wallace, Author
Limit: 15 People

Laurinda Wallace, native of Castile, NY, and author of the Gracie Andersen mystery series, shares her writing escapades in creating traditional mysteries. Her experience as a former paralegal, along with real life events, have shaped the series set in Wyoming County. Bring along your questions and join Laurinda for this cozy and casual session of conversation about mysteries to die for.

F37 PORCH CHAT

By: Dr. Patrick McGrady
Limit: 20 People

Join Dr. McGrady in an informal discussion continuing the topic of forgeries in the art world and other art related topics.

F38 RELAX ON THE LAKEFRONT

Why go to an event on a beautiful lake and never get a chance to enjoy it?? Spend some time relaxing at the lakefront either at the Asbury Sundeck, the SLI Blue Dock, or SLI greenway. Chairs and benches will be available for you to sit back and take in the beauty and serenity of the area.

F39 LANGUAGE, WRITING AND THINKING

By: Dr. Ken Hennig

Limit: 20 People

Some writers have said they don't know exactly what they are going to say until they actually see it written down. This suggests that writing is not simply the process of recording our thoughts on paper, but, rather, that writing can be part of the process of our thinking. Language is intrinsically tied to our thinking. When our language moves into the mode of writing, our thinking enters into new dimensions. Some of these dimensions are obvious, others are quite subtle. This workshop will identify some linguistic factors that affect the writing/ thinking process.

F40 PLANNING AND PLANTING WITH NATIVE PLANTS TO IMPROVE OUR WORLD

By: Ellen Folts, Owner of Amanda's Garden

Limit: 20 People

Learn what you can do in your yard to bring beauty and sustainability to your greenspaces. Ellen Folts, Senior NYS Certified Nursery and Landscape Professional will share her skills and knowledge about native plants and their role in improving our world.

F41 LEMUEL MAYNARD WILES: "THE ART OF NATURE"

By: Mike Buda, Local Amateur Historian

We will examine 19th century Hudson River School artist Lemuel Maynard Wiles and how he is related to Silver Lake, Perry, and Letchworth State Park

5:00-6:30 DINNER BREAK-ON YOUR OWN

6:30-7:30 PM

F42 1950s ICE CREAM SOCIAL

Join everyone for a pre-concert old fashioned ice cream social. Get into the mood for the 50's and 60's music of Ruby Shooz! Wear your retro clothes, pose next to classic cars, and enjoy the ice cream served both in the Asbury Snack Shack and the Epworth Cafe!

7:30-9:00 PM

F43 CONCERT: RUBY SHOOZ!!!!

Ruby Shooz, a group of maniac musicians has been thrilling audiences for over 20 years! With the energy of teenagers, they bring back the great sounds from the 50s and 60s and even some newer classics. Come enjoy a blast from the past! Wear your 50s 60s clothing! There will be a dance floor area for those who can't sit still and plenty of seating for those who want to sit back and reminisce!! Enjoy your Friday night like the good ole days!!!