## www.Asia Times.US

**Globally Recognized** 

Editor-in-Chief: Azeem A. Quadeer, M.S., P.E.

March 2017 Vol 8, Issue 3

#### China receives its largest foreign drone order

An undisclosed buyer has placed the largest overseas order for China's home-developed military drones, the Xinhua news agency has reported, in a boost for the Chinese arms industry's efforts to increase export volumes. The order for the Wing Loong II was placed before the next-generation unmanned aerial vehicle (UAV) successfully completed its maiden flight, Xinhua said late on Monday, citing the system's developer Chengdu Aircraft Design and Research Institute.

It did not identify the buyer or the size of the order. The Wing Loong II, which has wingspan of more than 20 metres (65 feet), is a medium-altitude, long-endurance UAV that has both reconnaissance and strike capabilities. It conducted a 31-minute flight for the first time on Monday after taking off from a runway in western China. "Its flight marks China's new generation reconnaissance and strike UAV. Following the United States, China becomes another country capable of developing such newgeneration, large reconnaissance and strike UAV," said Li Yidong, chief designer of the series, whose programme is overseen by the state-owned Aviation Industry Corp of China.

China has been stepping up research into military drones in the hope that it can steal market share from the United States and Israel with its cheaper technology and willing-



ness to sell to countries that Western states are reluctant to deal with.

The Wing Loong II's predecessor sells for just \$1 mil-

lion according to Chinese media reports. The US-made MQ-9 Reaper, to which it has sometimes been compared, is priced at around \$30 million. China has previously had limited success exporting manned military aircraft but is hoping to do better with UAVs, given that they are cheaper and easier to manufacture. Foreign

buyers for its drones include Nigeria, Pakistan and Egypt. China's military modernisation has rattled nerves around the region with increasingly assertive moves to bolster its sovereignty claims in the South China Sea and over Taiwan, which it regards as a breakaway province. It showed off its Chengdu J-20 stealth fighter in public for the first time in November and months earlier put into service a new, domestically developed large transport aircraft.

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#### Google recognizes Abdul Sattar Edhi's 89th Birthday

Google recognized Abdul Sattar Edhi's 89th Birthday on Feb 28th. Abdul Sattar Edhi was a Pakistani philanthropist, ascetic, and humanitarian who founded the Edhi Foundation, which runs hospitals, homeless shelters, rehab centres, and orphanages across Pakistan.



#### **Moon Khan in India**





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Visiting Hindustan Times Met with Mr. Arun Kumar, Assistant City Editor of the Hindustan Times and a rising star of the regional journalism world.



Rashtria Janata Dal. The meeting took place

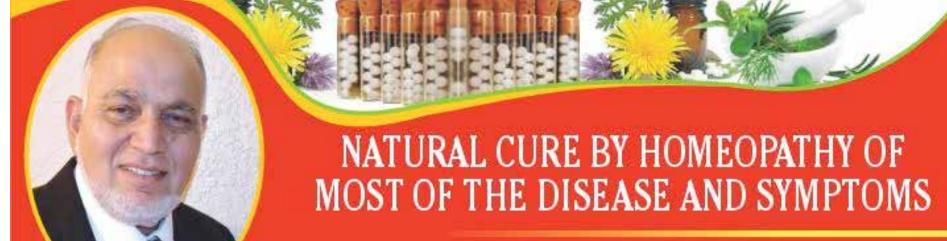
accompanied by my brother Nasir Khan and

at the residence of the RJD supremo. I was

my friend Ajaz Ahmad Khan.



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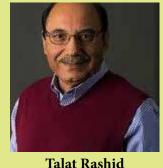


Waliuddin



Nasir Jahangir





**Syed Hussaini** 



Mahijit Virdi

#### INDIA'S FIRST HELIPORT INAUGURATED IN DELHI

Civil Aviation Minister Ashok Gajapathi Raju inaugurated the country's first integrated heliport at Rohini locality in north west Delhi, built by state-owned chopper operator Pawan Hans (PHL).

The Rohini heliport erected over an area of 25 acres, has been completed in almost two years at a cost of nearly Rs 100 crore.

Speaking on the occasion, Raju said the facility will keep the overall costs under control as MRO (maintenance, repair and overhaul) has been incorporated in the heliport.

Following the inauguration ceremony the minister tweeted: "25 acres, Rs 100 cr, operation of 10 and parking of 16 choppers, MRO, medical emergencies, disaster Mgmt (management), joyrides - that's Rohini heliport for us."

Minister of State for Civil Aviation Jayant Sinha said the facility will be useful in providing medical emergency aid and enhancing tourism.

Sinha pointed out that the helicopter services could become economically viable if the prevailing 25 per cent tax on Air Turbine Fuel (ATF) was reduced.

The heliport sports a terminal building having a capacity of 150 passengers, four hangars with parking for 16 helicopters and nine parking bays, along with an MRO facility.

According to the Ministry of Civil Aviation, the heliport will decongest the busy Indira Gandhi International Airport.

Civil Aviation Secretary R.N. Choubey said that helicopter operations could be shifted from the

IGI airport to Rohini.

Choubey informed that Rohini heliport is a part of the national aviation policy which envisages having four heliports -- one in each region -- and Rohini's heliport is the first step in fulfilling this objective.

Besides, the new facility will also promote regional air connectivity through helicopters in the northern part of the country for regular passenger services.

Pawan Hans has prepared a roadmap to connect all the major destinations from this heliport such as Shimla, Haridwar, Dehradun, Mathura, Agra, Meerut and industrial hubs such as Manesar and Bahadurgarh.

--IANS

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## HAPPY BIRTHDAY!



Mr. Waliuddin March 3



Hamed Mohammed 3/4 Dhamesh Gandhi 3/4 Ahmed Mohsin 3/4 Nasihuddin Ahmed 3/4 Krishna Koduru 3/4 Naveed Khan 3/4 Humayun Riaz 3/5 Nilay Dave 3/5 Prabhjot Randhawa 3/5 M. Tariq Shafi 3/5 Guru Saini 3/5 Sundar Singh 3/5 Ahmed Jamal 3/6 Devendar R. Nangi 3/6 Poomima Gour Sager 3/6 Aslam Khan 3/6 Mohsin M. Mohd 3/7 Bikram J. Singh 3/7 Azimuddin Mohammed

Archana J. Paramjapa 3/7 Mansoor Ali 3/7 Jay Asuar 3/7 Rani Sood 3/31 Anita Ladhani 3/8 Mayur Shah 3/8 Nayamuddin Khan 3/8 Shaheel Amar 3/8 Gupal Singh 3/9 Gulraiz Khan 3/9 Kiran R. Pashan 3/9 Chennuri V. S. Row 3/9 M. Arshad Choudhry 3/10 Karty Muthu 3/10 Salman Irfan 3/10 Jaggy Singh 3/10 Ghazala Salam 3/10 Vikas Mehta 3/10 Raminderpal Randhawa 3/10 Murtuza Ali Khan 3/31 Krishna R. Korapati 3/11 Jamshed Masih 3/11 Qamar Hayat 3/12 Erum Khan 3/12 Umer Muhammad 3/12

Parvez Saifi 3/12 Anand Chaudhary 3/12

Imam S. Vawda 3/31

Tariq Masood 3/13

Saeed Gaddi 3/13

Paul Chopra 3/14 Haji Naveed 3/14

3/13

Kuldeep Chopra 3/13

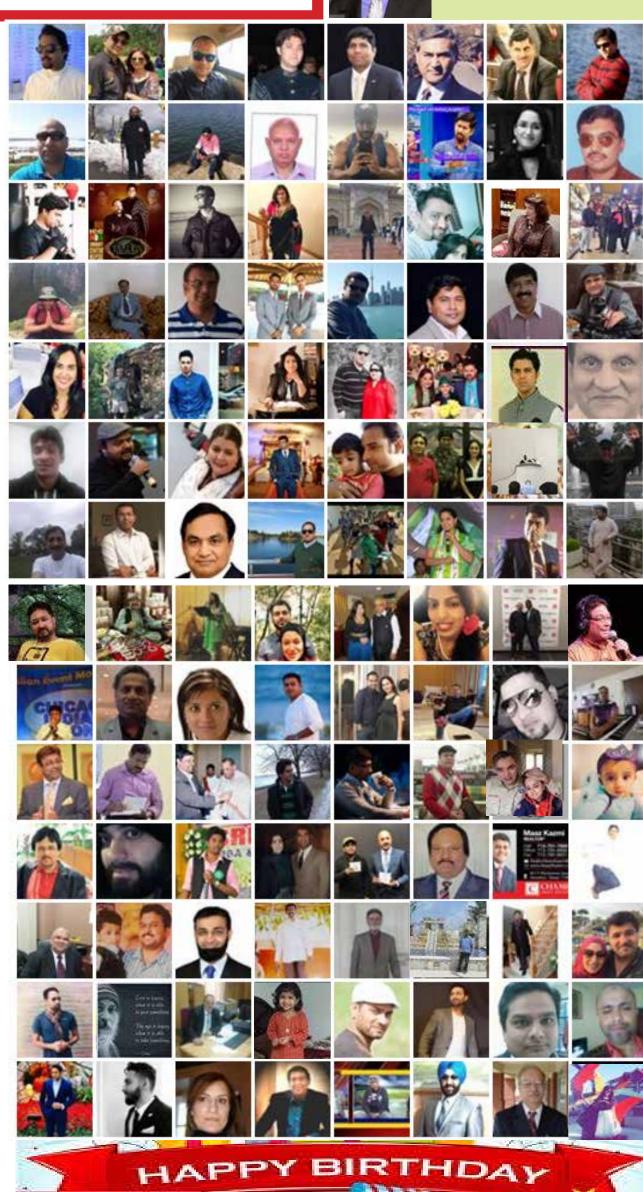
Muhammad Ashraf 3/13

Rayadas R. Manthena 3/13

Rebbanpally Farmers 3/13

Kalvakuntla Kavithakay

Nasir Chhipa 3/30 Mohamad Aslam M. 3/15 Roshini Chandran 3/15 Saif Omar 3/15 Thakor Bulsara 3/15 Pranavi Reddy 3/15 Faisal Khan 3/15 Murali Krishmamurthy3/29 Mohammead Shafi 3/16 Abhi Trivedi 3/16 Anu Mahal 3/16 Salim Gafur 3/16 Animesh Akash 3/16 Khamis Danish 3/16 Zakir Amhed 3/16 Amhed Khan 3/16 Al Devji 3/17 Venu Nakshathram 3/17 Syed Sadiq 3/17 Hammad Qureshi 3/17 Mohit Fam 3/17 Shahid Latif 3/18 Aiman Beg 3/29 Muhammad Zeshan 3/18 Nirmish Thaker 3/18 Mudassir Memon 3/18 B. Krishnakanath 3/18 Hashim S. Roza 3/19 Sammy Chand 3/19 Mumtaz A Akram 3/19 Maaz Kazmi 3/20 Nimesh Shah 3/20 Sandeep Kapur 3/20 Murali M. Raju 3/20 Asif Hirani 3/20 V. Komaravelli 3/20 Nick Manekshaw 3/20 Atif Fareed 3/28 Arif Afzal Usmani 3/23 Jahangir Panjwani 3/23 Gurjit Singh Pannu 3/23 Mirza Tanveer 3/28 Asim H. Abzaid 3/23 Shazia Farooqi 3/28 Kabir Ahmed 3/24 Sammy Chaudhary 3/24 Alok Jain 3/24 Tausif Malik 3/25 T.P Reddy 3/25 Saad Riazuddin 3/25 Anju Gakhal 3/25 Moses Chavan 3/25 Kamran Jilani 3/25 G. Singh Talwandi 3/25 OM Arora 3/26 Naaz Syed 3/27



**ATLANTA PAGES** 

ATLANTA PAGES



Farewell to a colleague at Indian Consulate in Atlanta. Consul General Nagesh Singh, Consul D.V. Singh— with Kalpagam Sainathan, Sona Vo, Tarlok Badhan, Gunjan Patel, Ramesh Kamra, Srinivasan Rangachari, Mukesh Jain, Bikash Pratibha Kumar, Shaji J Shaji, Prasad Vanpal, Chitra Venkat, Amaya Kumar, Nitti Babbar and Swapna Rao Vemula and others



Above Pic: Valentine Day Celebration. Dr Saurabh Khakharia, Pawan Kapoor, Sunil Sachdeva, Nitin Shah, Dr Taru Shah, Ashok Thakkar, JT Walia, Shyam Garg, Mustafa Ajmeri, Ashif Barday, Kaushik Bhai, Dr Ashok Desai & Krishan Goyal Below Pic: Krishan Goyal With Raj Joshi, Shalini Jaitly Pandey, Alok Gupta and Sangeeta Joshi.



TOTAL VILLA DAGE



Nasr Jahangir and Ahmed Khan of Chicago with Aj Durrani, DNC Member from Texas in Atlanta



Congrats to Shuja Qais of Sugar Land on the birth of his son Muhammad Syed Alyan



Houston community hosted ISNA. Power of Faith Transforming Self & Society with Linda Sarsour, Imam Siraj Wahaj Mehdi Hassan & Preacher Moss. Dr Laeeq Khan & Rosie khan received the ISNA life time achievement award.



Farhad Tahir and Zafar Zaf Tahir joined Texas Senator Sylvia Garcia - at campaign breakfast, supporting the leadership of Harris county Democratic Party - Lillie Schechter.

Right: Mohammed Shawkat of New York Life at Gaylord Texas Hotel Annual Meeting.





community's potluck breakfast at Frisco Mosque.

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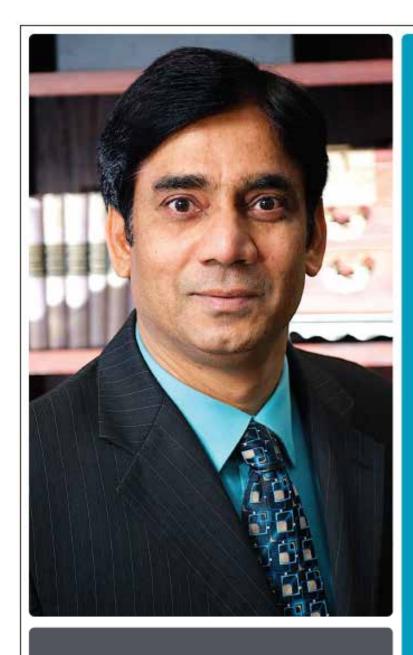
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#### www.Asia Times.US <u>IFTEKHAR SHAREEF PAGE</u>



Reception for Dr Willie Wilson Mayor of Chicago candidate



are K. Yadhav Reddy, S. Indrasain Reddy, Venkatram Reddy, and Madhusudan Bandreddy









House warming event of my junior friend and young boxer Najeeb who is also a good friend of Mir Mohtesham Ali body builder at Gurnee, Illinois. Many young Hyderabad'i including Laiq Ahmed, Jamie, Mansoor, Ibrahim Bin Mahfus, Junaid, Adeel, Afroze, Syed Shafiuddin, Khursheed Hussain and others where present.



solidarity meeting "We All Are Americans" against executive order of the president was held with different faiths including leadership of Christian's, Jewish, many Rabia's and Chicago Archdiocese where present. Shahnawaz Khan, Maqsood Quadri, Salman Azam, Tasleem Osmani and others where present



M.A.Faiz member of board of Governors and Treasurer HPS Society Hyderabad speaking about Hyderabad history and the past at a gala dinner held NY and it was hosted by Hyderabadi Cultural Association of Greater NY on 12th Dec 2015...pic Mohammed Jaffer-Snapsindia M.A.Faiz member of board of Governors and Treasurer HPS Society Hyderabad being honored by HCA president Hussain Baqueri at a gala dinner held NY and it was hosted by Hyderabadi Cultural Association of Great...



Once again great news of all Telugu's in America are united . Last night dinner with ATA(American Telugu Association) back bone Hanumath Reddy, as all major three Telugu Associations ATA, NATA, TATA and more to join announced a mega Telugu conference in July 2018 at Philadelphia. Thanks to main leadership of NATA Dr Prem Sager Reddy, Dr Malla Reddy of TATA and Hanumanth Reddy of ATA . Seen in pic is Venkat Thudi, Sainath Boyapally, Keerthi Kumar , Vijay Ranjan, Vikram Reddy, Harish Kolasani, Ajai and SANHITA.



NATS North American Telugu Society conference in chicago from June 30th to July 2nd at Schaumburg convention center preparatory meeting today at Ramada Inn

PAGES













Mujeeb Ahmed, owner Masti Grill, is happy to share some good memories of helping hands in knr for needy people old age people and small kids who doesn't have anyone in their life.



Nasr Jahangir at Midwestern Regional Caucus for #DNC Chairs PreElection in Atlanta. Ahmed Khan, Ahlam Jbara, DuPage Dems.





Congratulations to Amreen Gafoor and Absar Najam on their engagement. Amreen is the daughter of Abdul Gafoor, famous vocalist.





Indianapolis Indian Community Leaders Welcome-Dinner 2017 hosted by India Association of Indianapolis

## MARCH 2017 WWW.Asia Times. US PAGE 10 Chicago celebrates romantic musical Valentine's

## Chicago celebrates romantic musical Valentine's evening organized by Payal Shah by: Prachi Jaitly

Chicago IL: One of the very successful female promoters of Chicagoland, Payal Shah organized a romantic evening "Love Ke liye Kuch Bhi Karega" on February 17,2017 at Ashton Place 75th Street, Willowbrook, IL. The party was full of class, dance and romance. Weather turned out to be perfect and the love birds were forced to leave their homes to celebrate with friends and family. Event was completely sold out. The theme of the party was Bollywood and the guests showed up dressed up as their favorite Bollywood stars. The party hall looked stunning with beautiful floral and lighting effects. Amit Desai and Bharti Desai helped with registrations at

the ticket counter and were appreciated for their help by Payal Shah.

The venue had a nice color combination of red and black from the entry door to the main stage. There was a photo booth outside the main hall in the lobby, which was no less than a proper stage. Payal and her team kept props and extra accessories for the guests to add filmy fun to the pictures in front of the stunning black and red rose backdrop. The tables had a nice black and red theme, the stage looked beautiful with red and black stars and red hearts on black plain fabric. The venue was lit with red led lights. The Dj had a five-screen setup that

displayed the live feed as the event was going on. All in all, the venue and stage looked grand and mesmerizing.

The event started around 8:30 PM with the couples walking the red carpet in their finest Bollywood attires. The couples competed for the title of best Bollywood Style Outfit to win some amazing prizes. Starting with "Gift Cards to your favorite restaurant or boutique" to a "Paid Cruise to Bahama for a Couple". Watching these couples walking on the red carpet and dancing on the dance floor on the song of their choice was something new, creative and fun. The event was emceed by Noman Khan and Mohan Rawat, along with the beautiful, Prabh Khaira. Their comic timing was impeccable and kept the audience on their toes throughout the evening. All the singers like Anil Shah and Saarang Sane did a great job and sang some beautiful romantic numbers.

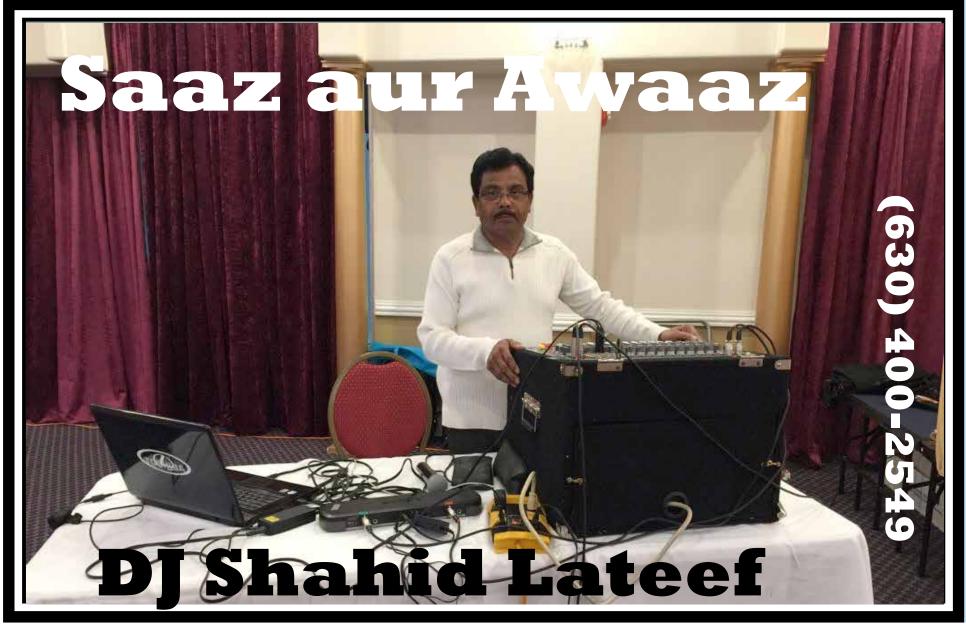
The food had a lot of variety and it was super delicious. Guests had many vegetarian and non-vegetarian options. The food was catered by one of the finest restaurants of Chicago, Shree Restaurant. No event is complete without its sponsors, even this event had a list of elite sponsors, such as Sahil, Shree Restaurant, Suga Builders, World's Money Exchange, Xchange Tax & Accounting, New York Life, LIVE 2 U, Atlantic Travels, Raj Jewels, Bombay Styles, Insurance World, Saris and Things, Yeh Cheez, Shreeji Builders, New Life Medical

Center, Adbhut, Hi India, Dvdj Sohbash and Lake Street Dental.

The grand finale dance performance by Yeh Cheez Dance Group gave the perfect closing to the evening. The group performed on some famous romantic Bollywood numbers, such as "Zoobie Doobie", "Chura Ke Dil Mera", "Tumse Milke Dil Ka", "Nashe Si Chadgayi" "Meri Mehbooba", "Hamma Hamma" and "Woh Ladki Hain Kahan" and created magic on the dance floor. It was a very elegant and very synchronize performance. The DJ took over at 10:45 PM after dinner and Dvdj Sohbash made the audience dance to his tunes. DJ Sohbash played some really amazing songs and showed videos of those songs on five huge TV screens that he had installed on the main stage. People danced all night till they got tired. Normally parties in Chicago end around midnight, but this party was young even till 1 AM.

Payal Shah's Valentine's Day set the standards of Valentine's Day Parties high. It was a packed house. Every known face of the community was present at this event and went home with a big smile. The event was a grand success and elicited an outpouring of appreciation from the attendees. The guests said that they are eagerly looking forward to Payal Shah's next event.







#### **TAGC Family Fun Bowling Event**

TAGC has been conducting sports related events since late 1970 to encourage members to come out of their daily routine and enjoy a day filled with fun and to provide excellent networking opportunities within the community. We are proud to announce that we got record number of registrations this year's first sports event, TAGC Family Fun Bowling tournament with a total of 173 registered participants compared to previous years. Overall, the event was a grand success and this was made possible only due to TAGC Board and Sports team's dedication and hard work and by spreading word using all means of communication within the Chicago-land Area. TAGC Membership team made excellent arrangements for smooth checkin by welcoming registered

participants/guests in a very organized

Participants showed Great Spirit and enthusiasm by arriving on time to the event on Sunday morning and started the first game at 10:15 AM. Participants were divided into 4 groups, Men (Above 14 years), Women (Above 14 years), Girls (Below 14 years) and Boys (Below 14 years). Spontaneously announced a special consolation prize for who scored highest in wife & husband. Each Bowler/participant got an opportunity to play 2 rounds. Top 3 scorers from each group were announced as winners. Delicious Cheese, Veggie and Chicken pizzas were severed during the lunch along with soft drinks.









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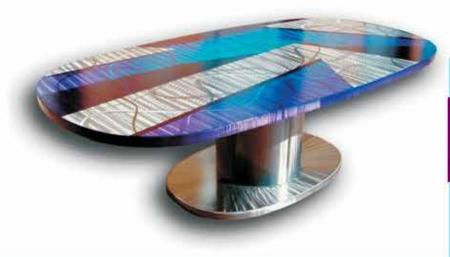
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#### Hyderabad engineer Srinivas Kuchibhotla shot dead in US: What we know so far

An Indian engineer was killed in a shooting in a Kansas City bar on Wednesday, an attack that some eyewitnesses said could be racially motivated. Srinivas Kuchibhotla, 32, died at a hospital and his colleague, also an Indian, sustained bullet injuries after a white man opened fire in the crowded suburban bar. Adam Purinton, 51, the alleged shooter, thought they were Middle Easterners and was heard telling them to "get out of my country" at the time of the shooting. He was charged with murder and attempted murder on Thursday.

Here's what we know about the incident:

#### The victims

Kuchibhotla is possibly the first casualty of the religious, racial and ethnic divisiveness that has swept the US following the election of President Donald Trump, with minorities such as Jews and Muslims reporting a surge in attacks on them and their institutions.

"The murder of Kuchibhotla is the first reported bias-motivated fatality in the United States after the bitter Presidential election," according to the Hindu American Foundation.

Kuchibhotla was employed with the Garmin headquarters in Olathe. His colleague, Alok Madasani, was with him at the bar when they came under fire. Ian Grillot, a white man, was also injured in the shooting and reportedly put his life in risk to save the Indians.

Originally from Hyderabad, Kuchibhotla was a B. Tech in electrical and electronics engineering from the Jawaharlal Nehru Technological University. He had a mas-

ter's degree from the University of Texas, El Paso. Madasani graduated from Vasavi College of Engineering in 2006, and came to the US as a Master's student at the University of Missouri-Kansas City.

Kuchibhotla is survived by his wife Sunayana, according to a GoFundMe page. The couple had no children.

The two Hyderabad men would visit the Kansas bar twice a week to have a smoke and a few Jameson whiskies, a server at the restaurant recalled. They were known as the "Jameson guys" at the bar where they were shot late on Wednesday.

Grillot, who is undergoing treatment at a hospital after sustaining bullet injuries, said in a video that he wasn't really thinking when he tried to save the two Indians from the bullets. "It was just, it wasn't right, and I didn't want the gentleman to potentially go after somebody else," the Kansas City Star quoted him as saying.

"I got up and proceeded to chase him down, try to subdue him," Grillot said in a video from the University of Kansas Health System posted on the Star website. "I got behind him and he turned around and fired a round at me."

Grillot said that the bullet went through his hand and into his chest, just missing a major artery.

#### The attacker

The alleged attacker, Purinton, shouted "get out of my country" before opening fire at the two Indian engineers. Then the navy veteran with an inactive pilot license and air traffic controller certificate fled the bar on foot . He was enjoying a drink at a

pub in a neighbouring county hours later when he was picked

Purinton attracted the barman's attention in Applebee county when he said he needed to "unwind" because he had been "involved in a shooting". He reportedly lived alone and had been residing at the same address for almost 20

years. According to Kansas City Star, the shooter worked as an air traffic controller in Olathe. He also worked at the Federal Aviation Administration, but left FAA in 2000.

A GoFundMe page set up for Kuchibhotla's family by his former colleague Kavipriya Muthuramalingam raised \$227,401 from more than 6,100 people in about six hours. The original goal for the page was \$150,000.

Another GoFundMe page - set up for Madasani and Kuchibhotla by Brian Ford, who said he lived about 15 minutes away from the site of the shooting in Olathe received pledges for \$32,660 against a goal of \$50,000.

US Sen Jerry Moran of Kansas posted a statement on Facebook saying that he was very disturbed by the shooting. "I strongly condemn violence of any kind, especially if it is motivated by prejudice and xenophobia," Moran said.

The US Embassy in New Delhi strongly condemned the shooting in Olathe. "We extend our heartfelt condolences to the family and friends of Mr. Kuchibhotla. We share their grief, and wish a full and

speedy recovery to those who were injured. We share their grief, and wish a full and speedy recovery to those who were

> Chargé d'Affaires MaryKay Carlson said, "We are deeply saddened by this tragic and senseless act. Our deepest sympathies are with the victims and their families. The United States is a nation of immigrants and welcomes people from across the world to visit, work, study, and live. US authorities will investigate thoroughly and prosecute the case, though we recognize that justice is small consolation to families in grief."

India's response

injured," it said.

The government rushed two officials on Friday to Kansas City. "We will provide all help and assistance to the bereaved family," foreign minister Sushma Swaraj wrote on

Her ministry said consul RD Joshi and vice-consul Harpal Singh were on their way to Kansas City from Houston and Dallas, respectively, to render "all possible assistance".

#### **Muhammad Ali's Son Detained for Hours at** Florida Airport by Immigration: Reports

Muhammad Ali Jr., son of the legendary boxing champion Muhammad Ali, was detained by immigration officials at the Fort Lauderdale-Hollywood International Airport for hours on Feb. 7, according to several reports.

Ali Jr., 44, was traveling with his mother, Khalilah Camacho-Ali, to Florida from a speaking engagement in Montego Bay, Jamaica, according to the Courier-Journal.

Keith E. Smith, a spokesman for the Florida division of the U.S. Customs and Border Protection, declined to comment on the incident, writing in a statement to PEOPLE: "Due to the restrictions of the Privacy Act, U.S. Customs and Border Protection cannot discuss individual travelers; however, all international travelers arriving in the U.S. are subject to CBP inspection."

The Courier-Journal reported that the Alis were taken aside because of their "Arabicsounding names," according to their family friend and lawyer, Chris Mancini, who spoke

Mancini claimed that officials held and questioned Ali Jr. for nearly two hours, repeatedly asking him, "Where did you get your name from?" and "Are you Muslim?" according to the Courier-Journal.

Camacho-Ali showed officers a photo of herself with her famous ex-husband and was not detained, the Miami New Times reported. Her son didn't have a photo to prove his famous pedigree, even though he does hold a U.S. passport and was born in Philadel-

'This is an outrage," Mancini told the New Times. "I don't know what is going on with Mr. Trump's claim that his ban is not religion-based. We do not discriminate in this



country based on religion."

Trump signed an executive order prohibiting travelers from seven predominantly Muslim countries from entering the U.S. on Jan. 27. A federal judge in Seattle, Washington blocked the order a few days before Ali Jr.'s flight.



#### Jayalalithaa's property: From Toyota Prado, farm land to gold and silver jewellery

The death of India's most popular politician, Jayalalithaa Jayaraman, brings the curtain down on an entire political era in Tamil Nadu, the state she ruled firmly for 15 years. With her demise, the legacy she built is hanging with a thin thread of uncertainty.

Here we look into the financial assets that she has left behind:

In April 2015, the supremo of All India Anna Dravida Munnetra Kazhagam (AIADMK) and Tamil Nadu Chief Minister J.Jayalalithaa declared assets worth Rs 113.73 crore. This was Rs 3.40 crore less than what she had declared the previous year.

According to the affidavit filed by her to contest from Radhakrishnan Nagar Assembly constituency, the total value of her assets was Rs 113.73 crore. She had movable assets worth Rs 41.63 crore and immovable properties valued at Rs 72.09 crore. Cash

She declared that she had Rs 41,000 cash in hand, listed Rs 2.04 crore as liabilities and declared agriculture in the profession-occupation column. Jewellery

On her gold jewellery, Jayalalithaa said the value of 21,280.300 grams could not be ascertained as it was with the Karnataka government treasury in connection with the disproportionate assets case. She also mentioned that the assets case was pending in the Supreme Court. Cash



She declared that she had Rs 41,000 cash in hand, listed Rs 2.04 crore as liabilities and declared agriculture in the profession-occupation column. And declared possession of 1,250 kg of silver articles valued at Rs 3.12

Investment

On investment in companies, Jayalalithaa in her afidavit said, "various deposits and shares with companies have been seized by the police and with the custody of the court in case relating to Spl.C.C.No.208 of 2004 on the file of 36th Additional City Civil and Sessions Court, (Special Court) Bengaluru." The reference is with regard to the disproportionate assets

case against her.

She had no investments in NSS, Postal savings, Insurance policies. She has also not given personal loans or advances to any person or entity, the affidavit stated.

Property and commercial buildings Jayalalithaa's residence in 'Veda Nilayam' spread over 24,000 square feet with a built up area of 21,662 square feet is valued at Rs 43.96 crore. She, along with her mother, bought the property for Rs 1.32 lakh in 1967.

She owned 14.50 acres of farm land in Jeedimetla village in Ranga Reddy district in Telangana and 3.43 acres in Cheyyur Village in Kancheepuram village in Tamil Nadu. Jayalalithaa had also purchased the property in Telangana in 1968 and in Cheyyur in 1981, with her mother Sandhya. She owned four commercial buildings, including one each in Chennai and in Hyderabad. Vehicles

Jayalalithaa had two Toyota Prado SUVs, together valued at Rs 40 lakh. Also, she had a Tempo Traveller, a Tempo Trax, a Mahindra Jeep, an Ambassador car of 1980 make, a Mahindra Bolero, a Swaraj Mazada Maxi, and a Contessa (1990 model) worth Rs 42,25,000.



### Record 27 US Congressmen travelling to India this month

A record number of 27 US Congressmen will visit India later this month, reflecting the increased efforts by American lawmakers for strengthening ties with New Delhi. The top lawmakers from both the Republican and Democratic parties are visiting India in two separate delegations.

Describing this as an important development, Navtej Sarna, Indian Ambassador to the US, said such visit is reflective of the efforts on the part of the US to "strengthen and build" on the bipartisan support that they have in the US Congress for India-US relations. Congressional records indicate that this is the largest ever travel of US lawmakers to India.

The largest delegation of 19 Congressmen, being organised by the prestigious Aspen Institute, would be in India from February 20 to 25 with stops in New Delhi and Hyderabad.

During the visit, the lawmakers are scheduled to have a wide range of meetings from top government officials, politicians, members of the think-tank bodies and non-governmental organisations.

Another bipartisan Congressional delegation (or Codel) of eight lawmakers, being led by Bob Goodlatte, Chairman of powerful House Judiciary Committee, would be in India from February 20 to 23, visiting New Delhi and Bangalore.

The delegation includes Congressman George Holding, Co-Chair of the India Caucus, Jason Smit and Dave Trott.
All four are from the Republican party.
The Democratic members to the delegations include Congresswoman Sheila Jackson Lee, Congressmen Hank Johnson, David Ciciline and Henry Cuellar.
The visit, Sarna said would let these lawmakers first hand see for themselves, the political vibrancy of India, the economic reforms that are happening, and also for them to identify potential areas of engagement.

"This is increasingly important as the new administration comes into," he said.
"We are very fortunate that there are two delegations totaling 27 Congressmen are

travelling to India this month, which is not a small figure," he said.

Also a delegation of Congressional staffers who are critical in preparing the background information about India for their Congressmen are visiting India during the same time.

Republican members to the Aspen delegation include Charlie Dent, Jeff Fortenberry, Andy Harris, Dave McKinley, and David Valadao.

The Democratic party lawmakers travelling to India as part of the Aspen Institute delegation are Don Beyer, Earl Blumenauer, Jim Cooper, Suzan DelBene, Anna Eshoo, Elizabeth Esty, John Garamendi, Dan Kildee, Zoe Lofgren, Alan Lowenthal, Stephen Lynch, Kathleen Rice, Jan Schakowsky, Peter Welch.

As per LegiStorm – an unofficial site, which keeps track of foreign travel by lawmakers – India currently is not the popular destination for US lawmakers. Israel is their top destination. As per Legistorm compilation, Israel appears to be

the favorite destination for US lawmakers. India has never figured in its list of top 10 countries frequently visited by US lawmakers.

As per an unofficial compilation, since 2000, US lawmakers have made 42 trips to India, which includes 22 by the Republican Party and 19 by those from the Democratic part.

US India Business Council (USIBC) is also planning to take about 100 lawmakers to India in the next two years.

"It is important that we convey a right story about India to the both to the House and the Senate. And the best way to convey that is for them to feel firsthand what is India all about – its culture, its politics, its food. And I think, when they come back convinced that India is an important ally, its value systems are the same, the democracy, it has a press, which is as vibrant in bit countries," Mukesh Aghi, USIBC president had said last year.

#### PSLV-C37 Successfully Launches 104 Satellites in a Single Flight

At 0928 hrs IST today morning, ISRO successfully launched the 714 kg Cartosat-2 Series Satellite along with 103 co-passenger satellites on board ISRO's Polar Satellite Launch Vehicle, PSLV-C37, from Satish Dhawan Space Centre, Sriharikota.

It is the highest number of satellites launched in one single mission anywhere. Prime Minister Narendra Modi congratulated the space scientific community and the nation for this proud feat.

This is the thirty eighth consecutive successful mission of PSLV. All the 104 satellites were successfully separated from the PSLV fourth stage in a predetermined sequence. The total number of Indian satellites launched by PSLV now stands at 46.

The imagery from the Cartosat-2 series satellite will be useful for cartographic applications, urban and rural applications, coastal land use, utility management like road network monitoring, water distribution, change detection to bring out geographical and manmade features and various other Land Information System (LIS) and Geographical Information System (GIS) applications. The data sets could be used for urban planning of 500 cities under the Amrut Planning Scheme. ISRO Nano Satellites, INS-1 and INS-2, were also launched.

In addition, 101 foreign nano satellites from six countries were launched in a significant international dimension. Of these, 96 were from the United States, and 1 each from Israel, Kazakhstan, UAE, the Netherlands and Switzerland. With today's successful launch, the total number of customer satellites from abroad launched by India's PSLV has reached 180.

This mission involved many technical challenges such as realising the launch of a large number of satellites during a single mission within stipulated time frame. Besides, ensuring adequate separation



between all the 104 satellites during their orbital injection as well as during their subsequent orbital life was yet another complexity associated with this mission. With this launch, ISRO has further bolstered its impeccable scientific credentials as a reliable partner for space initiatives.

EAST

PAGES

## MARCH 2017 WWW.Asia Times.US PAGE 16 PWC & its Ladies Chapter Mourn Death of Noted

#### **Pakistan Woman Writer** By: Aymen Zaheer and Madiha Malik











































Pakistan Writers Cub (aka: PWC) and members of its Ladies Chapter (aka: PWC-LC) recently hosted a condolence sitting to pay rich tributes to Bano Qudsia. It was a somber gathering of Pakistani writers & poets and each one of them paid rich tributes to her - in their own right & expressions.

Abdul Rauf Mughal expressed deep grief & sorrow over her sad demise. Her demise has left a huge void in the literary field and her writings would be remembered for generations to come, "Rauf remarked.

Almas Mumtaz mentioned that she he wrote Urdu novels, dramas and short stories. "She was best known for her epic novel Raja Gidh. She also wrote for television and stage drama - in both Urdu and Punjabi languages. Her play Aaadhi Baat has been called a classic, "Almas added.

Ambreen Faiz paid rich tributes to her for her services vis-à-vis promotion of novel writing in Pakistan. "She was arguably one of the best women writers in contemporary Pakistan, "Ambreen opinionated.

Ashiq Hussain mentioned that she was a great name among the leading Pakistani writers. "She is also recognized for writing the famous novel Raja Gidh, and for authoring some of the other well-known books, "Ashiq added.

Asma Tariq expressed her deep sorrow upon her sad passing away. "My heartfelt condolence goes out for her family, fans & admirers, "Asma mentioned.

Aymen Zaheer spoke very high about her and highlighted that he found no words in her praise. "She was a literary legend of Pakistan. Her works will guide the generations to come and she would be long remembered due to her vast contribution for the Urdu Literature, "Aymen expressed.

Dr. Farah Nadia mentioned that she was a born talent and undoubtedly was a great asset among the Pakistani writers. "No one could replace a dynamic personality like her and she would continue live in our hearts for times to come, "Dr. Farah added

Ehsan Abbasi paid glowing tributes to her for her contributions in the field of drama writings and Urdu literature. She would be missed for her loving nature and contributions for the promotion of Urdu literature, "Ehsan added.

Engr. Madiha Noman expressed appreciations for her writings and mentioned that she was a source of inspiration for many. "She was a legend and shall be truly missed, "Madiha added.

Faiz Al-Najdi expressed his sorrow for her sad passing away. He was however very critical of her thoughts & ideas expressed in her works. "Her novel Raja Gidh would remain as a stigma on her work as she portrayed the edu-

cated & enlightened woman of our society as evil. "Being herself a woman these negative connotations did not bode well, "Al-Najdi opinionated.

Farah Ehsan said that she was a widely recognized woman in the Indo-Pak Sub-Continent and that she always portrayed strengths of women at large. "She wrote what she believed in and enjoyed respect among the literary circles throughout the world, "Farah Ehsan added.

Fayyaz Malik mentioned that she was one of the rare female novelists and spiritualists of Pakistan who personified & published ideologies, beliefs and principles. "She belonged to the honest breed of writers, Malik mentioned.

H.M. Fayyaz said that she was a renowned playwright and a great woman, and the void created upon her passing away shall be difficult to be fulfilled. "She was widely respected as a writer, "Fayyaz added.

Madiha Malik expressed that she was one of the most widely read & acclaimed novelist and that with her death a golden chapter of Urdu literature has come to an end. "She was a towering personality and her works shall continue to shine, "Madiha Malik added.

Naveed Ur Rehman remarked that she was a great writer and that our new generations should find time to read her works. "I am sure by reading her works the young ones would be greatly inspired, "Naveed mentioned.

Qundeel Aymen spoke very high of her and mentioned that after passing away of her husband Ashfaq Ahmed long ago, the second pearl is now also lost. "Both husband and wife was great writers and remained respected in the literary circles of Pakistan and beyond, "Qundeel remarked.

Shah Jehan Sherazi expressed that she was a lady with extraordinary literary abilities. "She was a source of inspiration for young writers and widely respected throughout the world, "Sherazi remarked.

Shaheen Javed lamented her loss. "She was like a candle whose light spread out everywhere, "Shaheen said.

Shumaila Malik mourned her death and described her as an immortal humanist, a true peace ambassador and a noble intellectually charged lady. "She will be remembered with high esteem & reverence in our hearts and for the generations to come, "Shumaila added.

Tanveer Mian said that she always enthralled the readers by her style of writing. "Her writings were not merely collection of words, rather each word had a symbolic vision and soul of its own, "Tanvir mentioned.

Finally, Zubair Bhatti mentioned that he was a fan of her dramas that were aired on Pakistan television. "She definitely will be remembered as one of the finest writers of Urdu drama, "Bhatti remarked.



H.E Anurag Bhushan Consul General of India, Dubai UAE congratulated Mohammed Ali for being selected as the Incharge of UAE for GTWA (Golden Telangana Welfare Association) and promised his complete support and help from Consulate office and Indian Government for our community.



Congrats to Mohammed Taqiuddin and his proud parents Mr and Mrs Mohammed Azizudding on his completion of High School

#### How Much Is All the Oil in Saudi Arabia **Really Worth?**

Saudi Arabia has said oil giant Saudi Aramco is worth more than \$2 trillion, enough to consume Apple Inc. twice, and still have room for Google parent Alphabet

The kingdom may have to settle for less. A

Industry executives, analysts and investors told Bloomberg their analysis -- based on oil reserves and cash flow projections under different tax scenarios -- suggests Aramco is worth no more than half, and maybe as little as a fifth, of that amount. This means Saudi Arabia would earn a fraction of the \$100 billion implied by its valuation if it sells 5 percent to the public in 2018, as planned.

For example, Wood Mackenzie Ltd. came up with a rough valuation of Aramco's core business of \$400 billion, according to clients who attended a private meeting at the oil consultant's City of London office this month and asked not to be named. The Edinburgh-based company, popular for its analysis and valuation of energy companies and assets, declined to comment.

More from Bloomberg.com: Air Force Stumped by Trump's Claim of \$1 Billion Savings on Jet

An Aramco spokesperson said the oil producer doesn't comment on rumors or speculation.

While there's a lot of guesswork involved in sizing up a company that's never divulged financial statements and may have its tax rate cut before the initial public offering, this valuation gap reveals the hurdles Saudi Arabia could face in preparing for the post-oil era.

A profitable IPO is meant to anchor a sovereign wealth fund that will, if things unfold as envisioned, generate enough investment income at home and abroad to dominate state revenue by 2030. Demand for oil will peak just before then, according to Royal Dutch Shell Plc projections, as alternative fuels and electric cars gain popularity, putting Middle East energy producers on shakier footing.

More from Bloomberg.com: Why Trump's Immigration Crackdown Could Sink U.S. Home Prices

#### Doubts Emerge

Even within the Saudi government, doubts are emerging. A person familiar with the flotation, who asked not to be named, said last week Aramco in its current form would probably be worth about \$500 billion because a lot of its cash goes toward taxes and future investors won't have a say on investments in non-core areas. Another person familiar with IPO talks put the figure at a little less than \$1 trillion if investors base the valuation on Aramco's

ability to generate cash.

Selling a 5 percent stake would therefore raise at least \$25 billion, still enough to match Alibaba Group Holding Ltd.'s unparalleled 2014 offering and dole out millions of dollars of fees to the advisers hired to manage the sale, namely JPMorgan Chase & Co., Moelis & Co. and independent consultant Michael Klein.

More from Bloomberg.com: McDonald's to Cut Prices on Drinks as Industry

For more on Saudi Aramco's IPO, click

The \$2 trillion estimate was initially put forward by Deputy Crown Prince Mohammed bin Salman last March. There are two key issues, according to interviews with a dozen industry analysts, investors and executives, who asked not to be named because of the sensitivity of the matter.

The first is that it's premised on a simple calculation: Take the 261 billion barrels of reserves Saudi Arabia says lie under oil fields like the onshore Ghawar and offshore Safaniya, and multiply by \$8 (a benchmark used to value reserves). An independent auditor is assessing Saudi reserves, the second-biggest worldwide, before the IPO.

Oil's Future

By that logic, though, Russian producer Rosneft PJSC's market capitalization would be \$272 billion instead of \$64 billion, and the valuation of Exxon Mobil Corp., the world's largest publicly traded energy producer, would be 53 percent smaller

"I didn't know that the value of an oil company was a multiplicator of the reserves of the company," Total SA chief executive officer, Patrick Pouvanne, told investors on a Feb. 9 conference call. Several factors should be "discounted" before "we'll see what will be the real value of" Aramco, he

The rationale also assumes Saudi oil, due to last about 73 years if pumped at the existing pace, will be viable for decades even if global warming curbs the world's appetite for crude.

Toyota Motor Corp. wants to rely on hydrogen to all but replace traditional-engine models by 2050. Use of gasoline, which accounts for one in four barrels consumed globally, is already peaking according to the International Energy Agency. Officials including Bank of England Governor Mark Carney have warned investors it's a matter of time before reserves are "stranded" in the ground.

#### Bano Qudsia - A Legendary Writer Queen **By: Qundeel Aymen**

'Men lived intensely and wrote intensely'. There were stirring times, when passions were strong and speculation was rife, when everything conspired to bring out the best that was in men. The only words cannot depict the magnanimous personality of towering figures of the Urdu Literature - Bano Qudsia.

Alas! Bano Qudsia is no more. It was a short sentence, but it had many aspects of meaning attached to it. The feeling of a great loss, sweet memories of her writings, and nostalgic sentiments are benumbing everyone.

She was born on Nov 28, 1928 and later proved that she had all the writing talents & skills to join the august club of the literary giants of Pakistan. Her writings were famous around the globe. She had cultivated philosophy in her pieces of works. That was equally inspired by mysticism, spirituality and the flux of time. The things came from her heart and made the eternal marks.

She authored several short stories, novels and dramas which remained the living minds. Some of her classic works included: Raja Gidh, Aatish-i-Zer-i-Paa, Aik Din, Amer Bail, Asay Pasay, Chahar Chaman, Chotaa Sheher Baray Log, Footpath ki Ghaas, Haasil Ghaat, Hawa Kay Naam, Aadhee Baat and many more. Her works touched base on every aspects of social

life. She also contributed towards several plays for Radio and Television and won accolades.

Literature is basically the reflection of society. Each of her literary works reflected the ills of the contemporary society. Her ideology teaches with delight. Here, Francis Bacon can be cited; 'Some Books are to be tasted, others to be swallowed, and some few to be chewed and digested.'

Her classical writings, including Raja Gidh - 1981 (The King Vulture) is the first fulllength novel coated fully with prudence that started her journey towards novel writing. Later on sje also authored novels namely: Parda and Shehr-e-Baymisaal. These novels are generally considered to be one of the most widely read Urdu novels. Every bite is spiced with irony. She had projected the struggle of the soul through her characters. The very apt use of symbolism and metaphor, made her an elusive writer.

She is the harbinger of a new style of drama in the Urdu literature history. Her characters are the mouthpiece of - political changes, economic upheaval and moral degeneration of that era - of woman in particular.

Her plots are diverse. Every sentence is well tinged with the aphorism, epi-grammatic brevity, and precision. Her style is

somewhat proverbial. This thing highlighted her organizational nature. She was husbanding her storehouse of vocabulary in an enchanting manner. "Madness is only the result of unfulfilled unceasing love" ~ Bano Qudsia.

She was blessed with the intellectual aristocracy in the form of her spouse. Ashfaq Ahmad - A Legend writer of Urdu Language who also authored several books, novels and short stories. Both of them were matchless in every domain.

Once Bano asserted "We work independently, writing a book is like bearing a child and it is a confidential document between you and the book that you are creating"

She had shunned the image of so-called modern independent Woman, who had been trapped by her own whims of freedom. She dejected the responsibilities of family life, side by side, which ironically gets entangled in economic clutches.

She vocalized the hidden intentions of Man to push Woman out as a breadwinner. It was a post industrialized era who developed the taste of luxury in Man and Woman. Actually, she wanted to scribble, "simplicity is the peace of mind." Her life is the true practical implication of this. These thoughts showed that she was a woman of strong character, good brain



and exceptional soul

A variety of writers; Mumtaz Mufti, Ashfaq Ahmad, Qudrat Ullah Shahab etc., while recognizing her dramatic brilliance, human veracity and sentimental approach had agreed in being unwilling to praise her writings.

She is the big wig of Urdu Literature. She had won Life Time Achievement Awards, Kamal-e-Fun Award, Best Playwright Award, Taj Award, Sitara-i-Imtiaz and Hilal-i-Imtiaz.

On February 4, 2017 - heaven possessed her soul and her services towards literature would be eternally adored and her name with her intellectual legacy inscribed among the innumerable stars in the firmament of Urdu Literature. May God rest her soul in peace, amen!!!!

#### Mehfil-e Qawwali organised in Riyadh

On the occasion of 68th Republic Day of India Embassy of India Riyadh in association with Indian Council for Culture Relation Presents Mehfil E Qawwali at International Indian School Riyadh. Live performance by world renowned Qawwali group led by Noushad Sabri Ambassador of India Javed Ahmad inaugurates the program. Dr.Hifzur Rahman, Second Secretary welcome the large gathering more than 1000 Indians attended Dr.Shoukath Pervaiz, Principal International School Riyadh, Proposed Vote of thanks.





Report by Mir Mohsin Ali - Riyadh









Top: Glimpses of KTT Induction Ceremony Lead by Mir Arif Ali with Chief Guest of this Program: Janab Syed Azmathullah Sahab (Retd. IAS), and Guest of Honor: Janab Khaled Almaeena Sahab (Prominent Personality of KSA - Editor in Large at Saudi Gazette) followed by Janab Azeem Qureshi Sahab (CEO and Founder of 3M Diagnostic) with Dr. Haseebullah Sahab (CEO ASPRATECH)

Left: Pravasi bharthi Awardi Mrs . Zeenat Jafri Felicitated at a program organized by AMU Riyadh old boys Associations & Osmania University Alumni Association Tanzeem Hindustani at Riyadh Palace

Most exercises are considered gender neutral. Except for kegels — those exercises that strengthen pelvic floor muscles. They have long been tagged as "just for women," but older men may be wise to reconsider as they can help with some common unpleasantries that can come with age. "Men can also have issues with these muscles, which can cause urinary leakage, bowel issues, and even erection problems," says physical therapist Celia Brunette with Harvard-affiliated Spaulding Rehabilitation Center.

What is the pelvic floor? Your pelvic floor area is made up of thin layers of muscle and tissues that stretch like a sling from your tailbone to your pubic bone. It does a lot every day. The muscles' primary job is to sup-

port the abdomen, bladder, and colon, and help with urine and bowel movements. In men, these muscles also are activated during erections, orgasms, and ejaculations. Problems can arise when pelvic floor muscles become too weak or too tight.

Weakness can happen because of age, as with other muscles, but other causes include bladder, bowel, or prostate surgery, constipation, and chronic coughing from conditions like asthma, bronchitis, or smoking. Weak pelvic floor muscles can lead to stress incontinence where urine leaks when you cough, sneeze, or are participating in an activity like lifting something heavy or even hitting a golf or tennis ball. On the other end, tight pelvic floor muscles can result from prolonged sitting, general muscle tension and stress, and even musculoskeletal problems with your back and hips. A tense pelvic floor is like trying to open your fist after keeping it clenched all day. "It would be very hard to relax your grip, and you would lose function of your hand," says Brunette.

These tight muscles often can trigger pelvic pain, urgent and frequent needs to urinate, leakage, incomplete emptying, or straining during bowel movements. You also may suffer from sudden pain in your low back, hips, or genital area, or have pain during and after intercourse. How kegels work

"Pelvic floor muscles are treated like with other muscles," says Brunette. "If you strain your back, you massage and stretch the muscles to get them healthy. The same approach applies here." Kegels can be performed while lying down, sitting, or standing, and unlike other exercises, the movements and sensations are subtle. Imagine how you would stop the flow or urine, or to hold back gas. The goal with kegels is to contract and hold only those muscles and not rely on other muscles like the abdomen or buttocks.

Don't go it alone Brunette says you should not try kegels on your own at first because if not performed correctly, the exercises could make muscles worse, or not help at all. Talk with your doctor to make sure there are no medical issues related to your symptoms, such as prostate problems or a urinary tract infection. If your doctor recommends kegels, he or



she can direct you to a physical therapist who can evaluate your needs and design an individual program. A typical routine consists of a set amount of "hold" time, followed by adequate rest between reps. "The therapist teaches you how to perform the kegels and draws up a schedule to follow in terms of number of repetitions and sets, so you can then do them at home," says Brunette.

#### Are painkillers also killing your hearing?

When you think of risk factors for hearing loss, over-the-counter pain relievers probably aren't among them. But a Harvard study published in the American Journal of Epidemiology suggests that frequent use of ibuprofen (Advil, Motrin) or acetaminophen (Tylenol) may be an important contributor. In the study, women who took the pain relievers at least twice a week were more likely to experience hearing loss, and more frequent usage increased the risk by up to 24%. The findings are similar to a study of men and hearing loss, although aspirin was also found to contribute to risk in that study.

When you think of risk factors for hearing loss, over-the-counter pain relievers probably aren't among them. But a Harvard study published in the American Journal of Epidemiology suggests that frequent use of ibuprofen (Advil, Motrin) or acetaminophen (Tylenol) may be an important contributor. In the study, women who took the pain relievers at least twice a week were more likely to experience hearing loss, and more frequent usage increased the risk by up to 24%. The findings are similar to a study of men and hearing loss, although

aspirin was also found to contribute to risk in that study.

Researchers speculate that the pain relievers may be damaging the cochlea, the snail-shaped hearing mechanism in your inner ear. "Ibuprofen can reduce blood flow to the cochlea, which could result in cellular damage and cell death. Acetaminophen may deplete the antioxidant glutathione, which protects the cochlea from damage," says study author Dr. Sharon Curhan, instructor in medicine at Harvard Medical School.

Does this mean you should think twice

before popping a pill for headache or back pain? These medicines do provide good pain relief for many people. "However, frequent use of these medications and use over long periods of time may increase the risk of hearing loss and may cause other adverse health effects. Therefore, it is important to take these medications mindfully and to limit their use as much as possible" says Dr. Curhan. As always, talk pain? These medicines do provide good possible," says Dr. Curhan. As always, talk to your doctor before making any changes in your medication use.

#### 6 tips to help you keep a walking regimen on track

6 tips to help you keep a walking regimen on track How should core work fit into your overall exercise plan? Image: iStock

Regular walks are an incredibly popular way to exercise — and it's easy to see why. Walking is easy and free (except for a good pair of shoes), and can be done just about anywhere. But it's those very qualities that can also make it very tempting to skip. If your walking routine is in danger of lapsing, try one or more of these strategies to keep going.

Have a backup plan. For example, if you sleep in and miss your morning walk, you commit to taking that walk during lunch instead. Or, maybe you know that dinner with friends will prevent you from taking your evening stroll, so instead you sneak in a 15-minute walk in the morning and another before you meet your friends. And keeping a pair of sneakers in your car gives you the option to squeeze in a walk whenever you have a little extra time.

Create a cue. Many daily habits happen because something signals you to do them, like brushing your teeth in the morning and before bed. Try tying your walks to regularly scheduled activities, such as getting up in the morning or lunchtime. Over time, you'll associate walking with those activities, so they will remind you to take a walk.

Get a four-legged walking companion. Studies show that people who have dogs walk more. If you're up for the responsibility, getting a dog could be the catalyst that turns you into a habitual walker. But even if you can't commit to having a dog,

there are still ways that man's best friend can keep you moving. Offer to walk your neighbor's dog, or ask a local shelter if they need a volunteer walker.

"Read" and walk. Audiobooks can make the time pass quickly while you're walking. Make a pact with yourself that you can only listen to an audiobook during your walks, in order to provide motivation. If you are walking outdoors, keep the volume low and use only one earbud so you'll remain alert to your surroundings in case of trouble.

Get a little rhythm. Music has been shown to inspire exercisers to go longer and harder. Remember the theme song from Rocky? Or Chariots of Fire? Just about any music that inspires you can add energy to your steps and keep you motivated. Start with songs that have a slower beat to warm up, then choose

higher-energy ones for the middle of your walk, and finish with a slower, relaxing tune. You can even alternate fast and slow songs for a musical interval walk. Just remember to keep the volume low and use only one earbud if you're walking outside.

Make a change. A new walking route, even if it's just heading to the next neighborhood, can invigorate your walking routine. But if that's not possible, you can make a tried-and-true route fresh again with a few tweaks, like going earlier or later. Or invite someone new to join you. Different personalities and conversation topics will keep you engaged. And you'll see things differently if you walk your usual route in the opposite direction.

## www.Asia Times.US Freedom of Speech Zakiah Sayeed

Every one today is obsessed with the "freedom of speech". But it seems like the throat of this same freedom is slashed across, and even great journalists are asked to shut up by leaders who do not want to hear the truth. I had posted about the freedom of speech and life in general else where last year on this day. You would think that perhaps in one year things would be different and the pain, the anguish and helplessness (? hopelessness) would have improved. But alas, things have become worse it seems. Here are some of my words with feeling!

What does it mean when we say we feel? Do you touch? Do you inhale? But we feel, we say! Why do we feel and what do we

Is it because all of us, the entire humanity,

share some part of a genome that enriches our feelings for each other? But what of the murderers? Do they feel? Do they cringe when some drops of blood splatter on their bodies when they are beheading innocent people?

No life, and no story is a straight line. The geometry of a human life, with all its angles and tangents is too imperfect, and oh so complex~~ too distorted by the harsh laughter of time and the bewildering intricacies of fate, to admit the straight line into its system of laws. Case in point, the dilemma of the refugees that face all the helplessness and bear the burden of the sorrow on to their shoulders and how we see that in the eyes of the little children. What do we feel then when we see the

hunger for love and food in these young eyes? How can we tear our hearts open and envelope them into our own selves and souls? But we sit around and wait, trying to learn the laws and courtesies of dying. The exits are all barred, regardless of the protests, the free speeches of the youth, and we grope for common ground, and look for a straight line to share.

Religion and politics, such strange bedfellows. One preaches and the other taunts. Why does one have the temerity to draw cartoons to insult other religions or prophets? Does that mean that the cartoonist instigates the cycle of murder? Would it not be better if people didn't insult other religions, were tolerant to color and race, and smiled and loved? Would that be so

difficult? Education, understanding and being cognizant of other faiths and beliefs is the greatest FEELING one can have. That sense embraces all humanity. It does not denigrate any one, and elevates all people into a different sphere of empathy.

I live in my soul. I love this soul of mine. I am not afraid of dying, but I am afraid of hurting others. I want to reach out to each and every one I know, and allow them to touch me, and let them feel these waves of soft energy that binds my form to my soul.

This is my take on "freedom of speech," and I hope that someone would read it

#### Gone With The Wind Are Those Days By M. S. Zahed

Jamia Nizamia, Hyderabad, the Islamic seminary, founded by Shaykh al-Islam Imam Muhammad Anwarullah Khan Farooqi, honorifically known as Fadilat Jung in Hyderabad in 1876. It flourished under the patronage of the Nizam Nawab Sir Mir Osman Ali Khan Siddiqi-Asaf Jah the VII, who has been responsible for patronising science, education, railways and development in Hyderabad what it is today.

Over the last one hundred and thirty five years the Jamia has preserved the understanding of Islam and its sciences by the means of unbroken chains of Islamic authorization, the Ijazah and the Isnad, which go back fourteen centuries to tie the institution and its scholars to the teachings of Prophet Muhammad PBUH. It was mainly due to the scholarly works accomplished by the faculty of the Jamia Nizamia in the late 19th and 20th centuries that the Hyderabad served as a major hub of academic activities for the subcontinent. The Jamia constitutes a major part of Islamic history in the sub-continent, particularly, the Deccan. My maternal grandfather Moulvi Mohammed Khasim Ansari, a Mysorean by birth married to a daughter of an Afghan carpet seller, who had travelled to Mysore with his family in search of his lost brother,

whom he found in a mosque by chance,

thorised to pursue Ijazah and Isnad,in the

then State of Mysore with the benevolent

part of twentieth century. He had attained

scholarship of from the Nizam in early

at an young age, a reputation of being a

scholar in Arabic, Persian and Islamic

studies and of course being an Hafiz was

chosen to be then a Sir Khazi of Princely

State of Mysore under the patronage of

the then Maharaja Sir Krishnarajendra

was a scholar from Jamia Nizamia, au-

Ansar, who was Commander of Bangalore fort during the Anglo Mysorean war of 1799 and also a brother of Tipu Sultan's Queen Rabia. Years later, as a gratitude to the Late Nizam Mir Osman Ali Khan and to

spected Moulvi was a decendant of Sheik

Wodeyar Bahadur of Mysore. The re-

Jamia Nizamia, he founded Nizamia Govt Higher Primary School in Mandi Mohalla Mysore. which exists for over hundred years as a testimony and many old students of this little known school of learning are spread over the world

The late His Highness Sri Krishnarajendra Wadiyar Bahadur, the Maharaja of Mysore was extremely benevolent King loved by all his subjects and known for his secular values. A truly royal gesture by the King has left an indelible imprint on my maternal family history. There was an epidemic of malaria in the city of Mysore, sometime in 1920. My maternal uncle then a student of inter was mortally scared of getting bitten by mosquitoes and therefore decided to prepare for exams by spending study time beneath a tree in a park behind zoo gardens near famously called as "Thandi Sadak", a small stretch of street lined with trees, which even to date provide shade to walkers with its century old trees. While he was busy reading some book, he noticed that the Maharaja accompanied by few officials was taking a routine walk through the "thandi sadak" little distance away. The Maharaja while returning from his walk stopped by at a distance and asked his assistants to fetch my uncle and soon my uncle was standing before the King and when asked as to why he chose to study beneath a tree, frozen before the king, bowing with respect, he informed that he is mortally afraid of

mosquitoes in the area of residence, therefore he chose to study in the park. The King smiled and asked his assistants to take down the particulars of the boy, After this eventful day when he returned home, my uncle out of fear did not mentioned his encounter with the king to anybody in the family. Many moons later, and one fine day a royal courier arrived looking for my uncle and delivered him an invitation from Maharaja to attend the wedding of a Princes in the Palace. He hurriedly collected the invite and did not

share the news with any one as he was not only happy but confused and worried. Finally he decided to attend hoping that nobody would recognize him in his dress hired for the occasion. He hired a dress to enter the Palace ( A black cloak with Mysore Turban) and, was received with respect after verification by the attendants and led in to his appointed seat. My grandfather who was regular invitee for such functions was seated in the front row and took annoyed notice of his young ward decked up in authorized costume. Elaborate ceremonies were held to mark the occasion and towards the end of the ceremonies, my uncle too received a Royal gift Pack of an elaborately embroidered silk shawl with Mysore Royal insignia of two headed eagle. My grandfather upon returning home, furious at the audacity of my uncle, summoned the elders of joint family ( his two brothers and senior ladies) and my uncle and expressed utter displeasure at the behavior of my uncle who stood there with no defence to offer.



Nobody dared support the young man and everyone was waiting the ordeal to end. The issue was what to do with the Royal Shawl which my uncle had accepted. The head, my grandfather, decided that my uncle being an young student and not of any standing and qualification cannot keep the Shawl and the family also cannot keep it in its collection of such an expensive gift . Finally, the matter was resolved that the shawl be presented to the Moulvi of neighbourhood mosque who was considered as worthy of keeping and using for himself. My grandfather next day completed the task of giving away the Shawl to the Moulvi.No one in the family ever raised that subject again and nearly half a century later I has narrated in detail by my uncle. That was the life and times which have gone with the wind.

This Page is compiled by Syed Saifullah Quadri a member of Charminar Connection



CHENNAI: The Afghanistan cricket team might have participated in a few World Cups, but for their players Monday will always stand out. The induction of two Afghan players -leg-spinner Rashid Khan, 18, and all-rounder Mohammad Nabi, 31 into IPL, is recognition of the fact that the country belongs to the big league of the game.

Though it was BCCI that had allowed five Afghan cricketers to be part of the auction at the "request" of their CEO Shafiq Stanikzai, the bidding indicated the move to pick two of their players wasn't just about promoting the sport in the country. While 32-year-old off-spinning allrounder Nabi (Rs 30 lakh) became the first to be picked by Sunrisers Hyderabad, his teammate Rashid set the stage on fire with teams bidding fiercely for him. Set at a base price of Rs 50 lakh, Rashid was finally bagged by SRH for an incredible

Rs 4 crore. There's a sense of the unknown about the Afghan players which may have helped them clinch their deals.

While South Africa's world No. 1 ODI bowler Imran Tahir went unsold, 18-yearold Rashid from an associate country, with an experience of 18 ODIs and 21 T20Is, got the nod. The fact that Rashid had impressive numbers in the recently-concluded Desert T20 championship and in the ongoing ODI series against Zimbabwe helped his cause.

"I feel on top of the world right now. It's been a dream come true. We have faced a lot of struggles coming from Afghanistan. We have worked extremely hard to be where we are now. It's a great day for Afghan cricket and our country. I certainly didn't expect that much. It was a surprise. I thank Sunrisers for picking us. I'm really looking forward to playing in IPL," Rashid, who is currently playing in Zimbabwe, told

Nabi, who has been one of the pillars of Afghanistan cricket over the last decade, feels cricket will become more popular in their country after this. "It's a massive day for us. We all wanted to play in the elite league. Now we have the opportunity to play. We are eagerly looking forward to it. We have been playing well at the international level for the last two years. Now that two Afghan players are part of the IPL, it will help spread the game in our country," former skipper Nabi, who has played 72 ODIs and 52 T20Is for Afghanistan, said. As soon as the Afghanistan cricketers woke up to the news, it was celebration time in Zimbabwe and back home. Congratulatory messages flooded in from all quarters. "I have seven brothers and we have our own business back home. I spoke to my family and all of them are so happy about it," said Rashid.

Rashid, who most of his teammates say is "mature" beyond his 18 years, is itching to



interact with legendary Anil Kumble and bowl to Virat Kohli.

Stanikzai said Afghanistan cricketers needed this "recognition" and "respect" for the giant strides that they had made in international cricket. "The entire nation is celebrating this day," Stanikzai said.

#### **Autorickshaw driver's son** strikes gold

HYDERABAD: Despite all the controversies surrounding the Indian Premier League, the T20 cricket tournament has, in its now 10th year of existence, turned many a slumdog into millionaires. The Pathan and Pandya brothers, Iqbal Adulla, Nathu Singh and Kamran Khan are among a host of cricketers from poor background whose lives have been transformed. The latest in this long list of players is Hyderabad's Mohammed Siraj. The 22-yearold struck gold when he was pouched by Sunrisers Hyderabad for a whopping Rs 2.6 crore - his base price was just Rs 20

The son of an autorickshaw driver, Siraj has, in a short span of three years, carved a niche for himself. "It's a dream come true for me. I am thrilled about it as I hadn't expected to be picked up for such a high price. I was hoping to play for some team this year as I have performed quite well but this price tag is beyond my expectation," Siraj told TOI here on Monday.

"I want to buy a decent house first. Will see what else to do later," he said when asked how he plans to use the money. What is fascinating about the youngster's journey is that he has never been to a coaching academy. "I was fascinated with the game from a young age but didn't get an opportunity to go in for any formal coaching. My parents wanted me to study and get a good job so that I could help the family financially. But I was smitten by cricket and used to play 'gulli' (street) cricket with a tennis ball in our area. "However, I managed to complete my intermediate from Shafa Junior College but was not much into studies. My passion was to play cricket at the highest level," he

The turning point for Siraj came when he was picked up to play in the one-day league for Col Acrylic three seasons ago. A natural talent, the right-arm fast bowler took to the game as a duck takes to the water. The next season he played

for Charminar Cricket Club in the two-day league and things moved at a breakneck pace.

Siraj generated great pace and that caught the attention of the selectors. He was picked up for the U-23 probables'

team and got a five wicket haul which helped him get a berth in the Hyderabad U-23 team. He continued to pick up wickets regularly and became a frontline bowler for the team.

His Ranji Trophy debut for Hyderabad against Services in November 2015 didn't go well as he bagged a solitary wicket but that didn't stop the youngster. "It was not a good match but I went back to work on my basics," he added. Things, however, fell in place with the appointment of Bharat Arun as the coach of the Hyderabad team this season. Siraj was part of the troika of pacers who helped Hyderabad march into the quarters of the Ranji Trophy. He



bagged 41 wickets this season.

"Arun sir and captain Badrinath were the ones who shaped my career. They played a big role in my growth. They motivated me and gave me the confidence to believe in my skills and perform well. Arun sir told me to stick to a three quarter length without giving up on my pace. In fact, most of my wickets were either bowled or leg before," he added.

Siraj, who was in the India A team which took on Australia in a tour game recently, is not disturbed that he didn't get to play in that game. "It happens. I was a bit disappointed not to play but I knew that I will get my chance. It was a great thing to watch the Australian fast bowlers from such close quarters," he said.

#### **Embassy of India organized a Memorial** ceremony

Embassy of India organized a Memorial ceremony on February 21 to condole the passing away of two stalwarts of India-US journalism: Mr. Warren Unna (former South Asia Bureau Chief of Washington Post and longtime columnist for the Statesman) and Mr. T.V. Parasuram (veteran Press Trust of India/Indian Express correspondent). The event saw participation of the families and close friends of the departed souls, old India hands among the media and members of the Indian-American community.

Speaking on this occasion, Ambassador of India to the United States Navtej Sarna highlighted the stellar contributions of Mr. Parasuram and Mr. Unna in the field

of journalism and promotion of greater empathy and deeper mutual understanding between the people of India and the world. Ambassador also drew attention to the passing away of another legendary journalist last night- Mr. Easwar Sagar [senior correspondent for The Hindu in the United States (1961-78)].

Condolence messages penned by Editors of Press Trust of India and The Statesmantwo organizations with which Mr. Parasuram and Mr. Unna were closely associated, were also read out.

The event concluded with fond recollections by families, friends and colleagues of Mr. Unna and Mr. Parasuram.



#### WHO IS YEMI OSINBAJO, THE MAN QUIETLY RUNNING **NIGERIA IN PRESIDENT MUHAMMADU BUHARI'S ABSENCE?**

Nigeria's president has been missing in action for more than a month now. But thanks to the work of his deputy, Yemi Osinbajo, President Muhammadu Buhari's absence has not been as keenly felt as it might have

Buhari departed from the country on January 19, ostensibly for a short period of medical leave in the U.K., activating a clause in the constitution that made Osinbajo the acting president in his absence. However, his return has been repeatedly delayed: his spokesman Garba Shehu released a fresh statement Tuesday, assuring Nigerians that his extended leave was due to doctors advising the president to take a longer period of rest. "President Buhari wishes to reassure Nigerians that there is no cause for worry," said

But while Buhari's absence has kept the rumor mill spinning, his vice-president, Yemi Osinbajo, has been quietly effective in addressing some of the crises affecting the country. Among other things, the 59-year-old former lawyer has met with stakeholders in the volatile yet oil-rich Niger Delta and addressed protesters demanding economic reform and an end to government corrup-

Born in Nigeria's southern economic hub of Lagos, Osinbajo comes from a legal background. The vice-president is a Senior Advocate of Nigeria—an honorific title equivalent to the Queen's Counsel in the U.K.—and formerly worked within the department of justice in the Lagos state government, one of Nigeria's largest states by population, including as the state's Attorney

Osinbajo is also a Christian pastor at a Lagos branch of the Redeemed Christian Church of God. His identity as a Christian southerner means that Osinbajo provides the ying to Buhari's yang in Nigeria, a country that sometimes evidences sharp ethnic and religious divisions. Buhari is a Muslim hailing from the northern Katsina state. Nigeria is almost equally split between Christian and Muslim populations, with most of the former residing in the south and the latter in the north. Some of the most disruptive protests during Buhari's rule—such as militant attacks on oil pipelines in the Niger Delta and demonstrations by secessionists calling for an independent state of Biafra—have taken place in the south.

When the All Progressives Congress (APC) formed in 2013 as a merger of three opposition parties, Osinbajo was one of a select group charged with sketching out the party's manifesto and political goals. In late 2014, Buhari announced that Osinbajo would be his running mate in the 2015 election, and the APC went on to claim a historic victory over the People's Democratic Party, with Buhari replacing Goodluck Jonathan in the country's first peaceful transfer of power since independence in 1960.

In Buhari's absence, Osinbajo has not shied away from difficult topics. The vice-president has visited the Niger Delta, the country's oil hub, and tackled the issue of militancy head on. Osinbajo has said that young men in the region must be "properly engaged" to stop them falling into militant groups or participating in illegal refining of crude oil.

The symbolic value of the trip was perhaps worth more than anything Osinbajo said during the visit. Attacks on oil pipelines in the Delta cut Nigeria's production by as much as 700,000 barrels per day in 2016— tipping the country into recession -and were perpetrated by groups, such

as the Niger Delta Avengers, who claim that the government has not engaged with communities in the Delta and that these

> communities have not seen a fair share of Nigeria's oil wealth Buhari, by contrast, during almost two years as president, has so far failed to visit the oil-producing region; the president pulled out of a planned trip to launch a cleanup operation in an area affected by oil spills in June 2016, with Osinbajo attending in his

The vice-president also confronted rare public demonstrations in Lagos and the capital Abuja earlier in February, where hundreds of protesters decried the state of the country. Nigeria's economy is struggling to become less dependent on oil—which makes up more than 70 percent of GDP-while various security threats continue to plague the country. These include the



northeast: the group has been largely contained by Nigerian and regional military forces, but continues to launch guerrilla attacks and suicide bombings on a not-infrequent basis.

Osinbajo met with protesters who marched on the presidential villa in Abuja and put out a reassuring statement. "To those who are protesting...we hear you loud and clear. You deserve a decent life and we are working night and day to make life easier," said Osinbajo.

Despite repeated protestations that Buhari is "hale and hearty," his media team is yet to flesh out specific details of when he will return. But in the meantime, his deputy is doing more than just keeping the seat warm.

#### From the desk of Khawaja Ashraf

As soon as I hear a message of "State Security" or "This or That First" coming out of the mouth of someone at the helm of affairs of a state I get worried. Please, don't construe from this statement that I am against state security. I am all for state security. Only a safe state can thwart security threats to its citizens and provide them a secure environment to lead lives peacefully.

However, I get worried when states create imaginary enemies and then start rolling out their draconian agenda to trample the fundamental rights of their own citizens or start victimizing the most vulnerable human beings within their own boundaries or elsewhere. When security concerned states trample the rights of their own citizens some segment of the society resist and the issue gets highlighted, but when these states victimize the citizens of rival or non-rival states hardly anyone talks about it. Innocent victims of such aggression, sometimes small in numbers and sometimes big, just get buried forever without getting mentioned anywhere.

Who knows the names of millions of innocent victims of WWI and WWII. They did not start those wars. They had no control on their rulers who were concerned about the security of their states. Had those innocent victims given shut-up call to their rulers who were beating the drums of state security those millions of people would have lived through the natural span of their

It is a difficult task to give a shut-up call to those rulers who beat the drums of state security against imaginary enemies. such rulers are ferocious in nature. One puts his liberty or life at risk by doing so. But when no one gives them a shut-up call he becomes part of the people who victimize innocent human beings.

Once again, I can go back in history and quote the example of Adolf Hitler. Of course, he emerged from the ashes of WWI and he had to use the rhetoric to rebuild his war torn country, but it was the duty of his people to stop him from going crazy by creating imaginary enemies and then run down with his

full military might on his neighbor states. Before, he attacked his neighbors he victimized a large number of his own people. Nobody stood up and gave him a shut-up call when he was killing millions of Jews. So all the Germans had to face what they faced in result of WWII. In Pakistan, dictator Musharraf's slogan was "Pakistan First". Before he floated this slogan he met Henry Kissinger---a brilliant mind in modern diplomacy and politics. In 2013, I visited Egypt. I saw the same slogan written in Arabic on the walls of Cairo. Egypt is another state which is too much concerned about its security and very repressive of her own citizens. It has the worst record of human rights violations.

Refugees are the most vulnerable people. They do not leave their homes, cities and countries willingly and happily. Birds and human beings always fly or flee to safe places. They want a safe environment to raise their families. They do not pose threat to anybody. They are the victims of the circumstances which are mostly created by the same forces under the guise of state security which later



make their misfortune more painful. I am again hearing the loud drum beats of state security. I am again listening to the slogans of 'this first' or 'that first'. I am very much concerned and worried about the safety and security of millions of vulnerable human beings at home and around the globe. I also hear some encouraging voices which are trying to put the state security in true perspective. I am willing to stand with them against the real enemies of my state, but I am not willing to stand against imaginary enemies.

#### Top Causes of Unintentional Injury and Death in **Homes and Communities**

According to Injury Facts 2016, about 136,053 people died from unintentional-injury-related deaths in 2014. That's 136,053 times someone's ordinary day turned tragic.

Often, these tragedies happen when least expected - during a vacation, while doing chores at home or while driving across town. NSC encourages everyone to be aware of hazards related to leisure and recreational activities and take proper safety precautions. Here, in order, are the top causes of unintentional injury and death in homes and communities.

#1: Poisoning

In 2011, poisonings overtook motor vehicle crashes for the first time as the leading cause of unintentional-injury-related death

for all ages combined. Poisoning deaths are caused by gases, chemicals and other substances, but prescription drug overdose is by far the leading cause. Learn more about this epidemic and other poisons in the home.

#2: Motor Vehicle Crashes

No one wakes up thinking they will lose a loved one in a car crash, but motor vehicle crashes are the second leading cause of unintentional-injury-related death overall. Impaired driving, distracted driving, speeding and inexperience can cause a life to be cut short in the blink of an eye. Everyone has a role in making our roads safer. #3: Falls

More than 29,000 people died in falls in 2013. Falling is the third

injury-related death over all age groups, but it's the #1 cause of death for those 71 and older, according to Injury Facts 2015. The good news: Aging, itself, does not cause falls. Learn what you can do to help protect older loved

#4: Choking and Suffocation

Suffocation is the fourth leading cause of unintentional injuryrelated death over all age groups, and choking on food or other objects is a primary cause. Suffocation is the secondleading cause of unintentional injury death for people 87 and older. Mechanical suffocation is the #1 cause of death for infants. Learn prevention and rescue tips. #5: Drowning

Not including boating incidents, about 10 people drown every

of unintentional-injury-related death over all ages, and the #1 cause of death for children ages 1 to 4, mostly due to children falling into pools or being left alone in bathtubs. Learn how to keep yourself and your family safe.

#6: Fires and Burns Fire is the sixth leading cause of unintentional-injury-related death over all ages. About 2,200 deaths were caused by burns and injuries related to fire in 2013. Often fires start at night, when family members are asleep. A working smoke alarm will cut the chances of dying in a fire in half. Learn more fire safety tips here. #7: Natural and Environmental Incidents

Disasters are front-page news even though lives lost are relatively few compared to other



deaths. Weather-related disasters claim hundreds of lives per year. NSC encourages families to learn all they can about emergency preparedness, and always have ar emergency kit on hand.

#### -injury-related death leading cause of unintentional- day. It's the fifth leading cause unintentional-injury-related Emergency Preparedness: Will You be Ready if Disaster Strikes?

Daily routines can be disrupted with little or no warning by a catastrophic event, and help might not always be available.

The National Safety Council offers some safety tips specific to each of the following emergencies:

Earthquake Flood Hurricane Tornado

Federal agencies, like Ready.gov, the National Oceanic and Atmospheric Administration and the Centers for Disease Control

and Prevention, also are valuable resources for emergency preparedness.

When you face a natural or man-made emergency, try to stay informed through radio, TV or the Internet. In some cases, however, cable, electric and cell phone service will be disabled, making communication nearly impossible. The National Safety Council recommends the following general precautions that apply to many disaster situations:

Make sure to have a family communication plan in place; all members of the family should review and practice the plan Have all family members' and other important phone numbers written down or memorized

Have an emergency kit in your car and at least three days of food and water at home

Be sure to store all important documents birth certificates, insurance policies, etc. - in a fire-proof safe or safety deposit box

Assign one family member the responsibility of learning first



Know how to shut off utilities

#### Take Steps to Avoid Injury or **Death While Walking**

We rarely are more vulnerable than when walking in urban areas, crossing busy streets and negotiating traffic. And we all are pedestrians from time to time, so it's important to pay attention to what is going on around us

Cell Phone Distracted Walking

t has become such a big problem in recent years that Injury Facts® 2015, the statistical report on unintentional deaths and injuries published by the National Safety Council, for the first time has included statistics on cell phone distracted walking. According to Injury Facts, distracted walking incidents involving cell phones accounted for more than 11,100 injuries between 2000 and 2011.

52% of cell phone distracted walking injuries happen at home

68% of those injured are women

54% are age 40 or younger

Nearly 80% of the injuries were due to a

The Vehicle Factor

While many communities are implementing measures to become more "walkable," like adding more paths and traffic-calming

measures, there still is a long way to go to keep pedestrians safe. Malls surrounded by parking lots, few sidewalks, blind intersections and high traffic areas all contribute to pedestrian fatalities and injuries. According Injury Facts 2015:

In 2013, 6,100 pedestrians were killed by motor vehicles

That same year, about 160,000 pedestrian injuries required medical attention 23 percent of deaths and injuries result from pedestrians darting into the street, with the majority of those younger than age 15

The number of pedestrian deaths has decreased significantly since the 1970s; during that decade, deaths were between 8,400 and 10,300

During the decade from 2002 to 2013, death rates didn't change much; they hovered around 6,000, with a low of 5,300

Head Up, Phone Down

While pedestrian-vehicle injuries are the fifth leading cause of death for children ages 5 to 19, according to SafeKids.org, no age group is immune. Here are a few tips

from NHTSA and NSC for children and adults of all ages:

Look left, right and left again before crossing the street; looking left a second time is necessary because a car can cover a lot of distance in a short amount of

Make eye contact with drivers of oncoming vehicles to make sure tney see you

Be aware of drivers even when you're in a crosswalk; vehicles have blind spots

Don't wear headphones while walking Never use a cell phone or other electronic device while walking

If your view is blocked, move to a place where you can see oncoming traffic Never rely on a car to stop Children younger than 10 should cross the

street with an adult Only cross at designated crosswalks



Wear bright and/or reflective clothing Walk in groups

Walking is one of the best things we can do to stay healthy, but only if we put safety first. At the National Safety Council, we don't believe in accidents. Please join us in doing everything you can to prevent senseless injuries and deaths.

#### Your vehicle MAY be involved in a safety recall and MAY create a safety risk for you or your passengers. If left unrepaired, a potential safety defect could lead to injury or even death. Safety defects must be repaired by a dealer at no cost to you.

NHTSA Recall ID Number:

17V067

Manufacturer: BMW of North Ameri-

ca, LLC

Make / Model Years: BMW / 2011-

2012

Rear CV Joints may Fail Subject:

NHTSA Recall ID Number:

17V072

Manufacturer: REV Recreation Group **FLEETWOOD** Make / Model Years:

HOLIDAY RAMBLER / 2016-2017 Subject: Fuel may Leak from Fuel

Filling Tube

NHTSA Recall ID Number:

17V073

Manufacturer: Automobili Lamborghi-

Make / Model Years:

NI / 2012-2017

Fuel may Leak out of a Subject:

Full Tank and cause a Fire

NHTSA Recall ID Number:

17V074

Manufacturer: Cruiser RV

CRUISER RV / Make / Model Years:

2016-2017

Furnace Export Port Subject:

may be on Wrong End

NHTSA Recall ID Number:

17V075

Manufacturer: Volkswagen Group of

America, Inc.

VOLKSWA-Make / Model Years:

GEN / 2017

Subject: Brake Fluid Leak may

Reduce Braking Power

NHTSA Recall ID Number:

17V076

Manufacturer: Mercedes-Benz USA, LLC.

Make / Model Years: **MERCEDES** 

BENZ / 2017

Passenger Detection Subject:

System may Disable Air Bag

NHTSA Recall ID Number:

17V077

Manufacturer: Mercedes-Benz USA,

LLC.

LAMBORGHI-

Make / Model Years: **MERCEDES** BENZ / 2017

MERCEDES-BENZ / 2017

Subject: Center Console may

Open in a Crash/FMVSS 201

NHTSA Recall ID Number:

17V078

Manufacturer: Mercedes-Benz USA,

LLC.

Make / Model Years: **MERCEDES** 

BENZ / 2017

Transmission may not Subject:

Repond to Shift Lever Input

NHTSA Recall ID Number:

17V079

**AMERICAN HERBAL NUTRITION** 

& SKIN CARE NATURAL WAY

Manufacturer: Mercedes-Benz USA,

LLC.

Make / Model Years: **MERCEDES** 

BENZ / 2016

MERCEDES-BENZ / 2016

Windshield may Detach Subject:

in a Crash/FMVSS 208, 212

NHTSA Recall ID Number:

17V080

Manufacturer: Mercedes-Benz USA,

LLC.

Make / Model Years: **MERCEDES** 

BENZ / 2017

Subject: Certain Front Air Bags

may not Deploy in a Crash

NHTSA Recall ID Number :

17V081

Manufacturer: Mercedes-Benz USA,

LLC.

Make / Model Years: **MERCEDES** 

BENZ / 2016

MERCEDES-BENZ / 2016

Upper Control Arm Subject: Connecting Bolt may be Loose

NHTSA Recall ID Number:

17V082

Manufacturer: Mazda North American

Operations

Make / Model Years: MAZDA /

2010-2011

Seat Lifter Links may Subject:

Crack or Separate

NHTSA Recall ID Number:

17V084

Manufacturer: Jaguar Land Rover

North America, LLC Make / Model Years:

2017

JAGUAR /

Subject: Cracked Sill Panel may

cause Ruptured Fuel Line

NHTSA Recall ID Number: 17V085

Manufacturer: Suzuki Motor of

America, Inc.

SUZUKI / Make / Model Years:

2009-2013

Subject: Gear Shift Rear Shaft

may Break

NHTSA Recall ID Number:

17V087

Manufacturer: BMW of North Ameri-

ca, LLC

Make / Model Years: BMW / 2014 Subject: Incorrect Coating on

**Battery Positive Cables** 

NHTSA Recall ID Number:

17V088

Manufacturer: BMW of North Ameri-

ca, LLC

Make / Model Years: BMW / 2014-

2017

Subject: Fuel Vent Line may

Chafe and Leak Fuel Vapor

NHTSA Recall ID Number:

17V089

Manufacturer: Airstream, Inc.

AIRSTREAM / Make / Model Years:

2017 Subject:

Spare Tire Information Missing/FMVSS 110

NHTSA Recall ID Number: 17V091

Manufacturer: Heartland Recreational Vehicles, LLC

HEARTLAND Make / Model Years:

/ 2017

Missing GVWR Infor-Subject:

mation/Part 567

NHTSA Recall ID Number:

17V092

Manufacturer: Daimler Vans USA, LLC Make / Model Years: **MERCEDES** 

BENZ / 2015 Subject: **Fuel Tank Protection** 

Missing/FMVSS 301

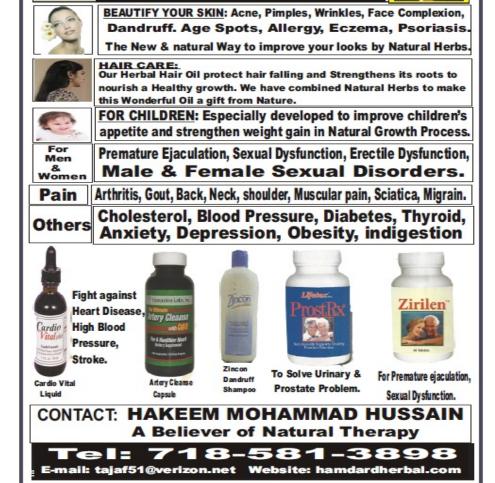
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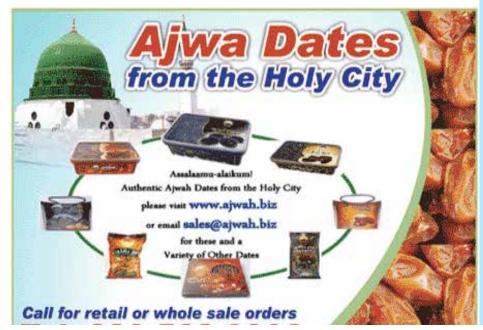
may Loosen and Disconnect

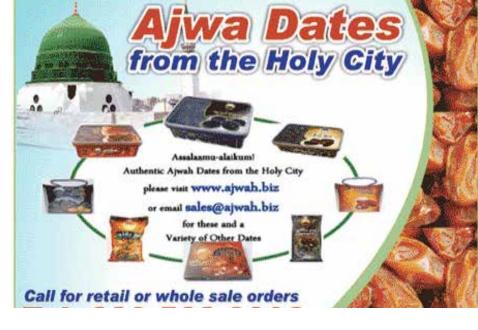
17V097 Manufacturer: Chrysler (FCA US LLC) Make / Model Years: CHRYSLER /

2014-2017

DODGE / 2014-2017 Front Driveshaft Bolts Subject:







#### YE MERA INDIA ---

Don't want to go to Middle East , Canada nor Amrika Mujh ko to piyara meray bhai India ka devalued sikka

Where else can you eat paan and spit on the walls Where else you can sit outdoors and attend natures call

Where else overnight the shaky government can fall Where else is the President honoured with a shawl.

Where else will 120 million muslims gain the worlds pity By labeling themselves oh we poor, ignored minority

Where else can muslims not feel any guilt and shame Where else can we point fingers, at others put blame

Where else can we turn our backs on army, navy, air force Where else for lack of initiative we don't attend their course

Where else will the polite police look the other way Where crimes are committed, money has the sway

Where else will the judges take generations to pass judgment Where cases are left like old French wine to ferment

Where else mothers under pressure abort the female child Where against child marriages or Sati no cases are filed

Where else superstitions abound sending down the spine a chill Where else you are married to a tree or dog to ward off evil

Where else the big industrial gurus rely on self proclaimed guru Where thousands are promised to Gods if their money tree grew

Where else can you get so many Different languages to speak Where else you offer the other when slapped on one cheek

Where else can we have the richest Living surrounded by the poor Where you can see poverty As soon as you open the mansion door

Where else can you see film stars
Worshiped like deities
Even our rich hang around them
Like honey attracting the bees.

At least we are better off than Most other countries Where humans are chopped down Like meat and dead trees

Where else can you find so much Excitement, Challenge my friend. So this is where I have decided I will stay right till the end.

Ab idhar ich rehne deo mere ku mein hoon bharat ki he nari After all ye hai badalta Hindustaan, kisi din rich bun neki aeyge meri bhi bari.

#### Nusrath Yar Khan Hyderabad

#### Saroo Brierley

Saroo Brierley (born 1981) is an Indianborn Australian businessman who at age 5, was separated from his birth mother. He was adopted by an Australian couple, and 25 years later reunited with his birth mother. His story generated significant international media attention, especially in Australia and India.

An autobiographical account of his experiences, A Long Way Home, was published in 2013 in Australia, released internationally in 2014, and adapted into the 2016 film Lion, starring Dev Patel as Saroo and Nicole Kidman as his adoptive mother, Sue Brierley.

BackgroundSaroo Brierley was born Sheru Munshi Khan[1] in the Ganesh Talai neighborhood of Khandwa, Madhya Pradesh. When he was young, his father left his mother, throwing the family into poverty. His mother worked in construction to support herself and her children but often did not make enough money to feed them all, and could not afford to send them to school. At age 5, Saroo and his older brothers Guddu and Kallu began begging at the railway station for food and money. Guddu sometimes obtained work sweeping the floors of train carriages. One evening, Guddu said he was going to ride the train from Khandwa to the city of Burhanpur, 70 kilometres (43 mi) to the south. Saroo asked his older brother if he could come too. Guddu agreed. By the time the train reached Burhanpur, Saroo was so tired he collapsed onto a seat on the platform. Guddu told his little brother to wait and promised to be back shortly. Guddu did not return and Saroo eventually became impatient. He noticed a train parked in the station and, thinking his brother was on it, boarded an empty carriage. He found there were no doors to the adjoining carriages. Hoping his brother would come for him, he fell asleep. When he awoke, the train was travelling across unfamiliar country. Many hours passed as the journey continued. On that same night, his brother was killed by an oncoming train. Occasionally the train stopped at small stations but Saroo was unable to open the door to escape. The rail journey eventually ended at the huge Howrah railway station in Kolkata, and he fled when someone opened the door to his carriage. Saroo did not know it at the time, but he was nearly 1,500 kilometres (930 mi) from his hometown.[Saroo attempted to return home by boarding different trains, but

they proved to be suburban trains and each one eventually took him back to Howrah railway station. For a week or two, he lived on and around Howrah railway station. He survived by scavenging scraps of food in the street and sleeping

underneath the station's seats. Eventually, he ventured out into the city, and after days of homelessness on Kolkata's streets, he was found by a railway worker who took him in and gave him food and shelter, but Saroo fled when the railway worker showed Saroo to a friend and Saroo sensed that something was not right. The two men chased after him, but he managed to escape.[

Saroo eventually met a teenager who took him to a police station and reported that he might be a lost child. The police took Saroo to a government centre for abandoned children. Weeks later, he was moved to the Indian Society for Sponsorship and Adoption. The staff there attempted to locate his family, but Saroo did not know enough for them to sufficiently trace his hometown, and he was officially declared a lost child. He was subsequently adopted by the Brierley family of Hobart, Tasmania, Australia. In the meantime, his mother, Kamla Munshi, searched for her two sons. A few weeks after her sons failed to return home, police informed her that Guddu's body had been found near the railway tracks, a kilometre (0.6 miles) from Burhanpur station. He had been struck by a train. She then confined her energy to looking for Saroo, travelling to different places on trains. She visited a temple every week to offer incense and rose petals in prayer for his return.

Search for his family Saroo grew up in Hobart in an uppermiddle class Australian family. His Australian parents adopted another Indian boy, Mantosh. Saroo learned English and soon forgot Hindi.

He studied business and hospitality at the

Australian International Hotel School in Canberra.[2] As an adult, he spent many hours over many months conducting searches using the satellite images on Google Earth, painstakingly following railway lines radiating out from Howrah railway station. He



relied on his vague memories of the main features around Burhanpur railway station although he knew little of the name of the station except that it began with the letter B.[3] Late one night in 2011, he came upon a small railway station that closely matched his childhood recollection of where he had become trapped in an empty carriage; the name of this station was Burhanpur, very close to a phonetic spelling of the name he remembered from his childhood ordeal. He followed the satellite images of the railway line north and found the town of Khandwa. He had no recollection of that name, but the town contained recognisable features such as a fountain near the train tracks where he used to play. He was able to trace a path through the streets to what appeared to be the place where he and his family used to

Following up on a lead, Saroo contacted a Facebook group based in Khandwa. The Facebook group reinforced his belief that Khandwa might be his hometown.[Saroo then travelled to Khandwa in India and asked residents if they knew of any family that had lost their son 25 years ago. He showed photographs of himself as a child in Hobart. Local people soon led him to his mother. He was also reunited with his sister Shekila and his surviving brother Kallu, who were now a schoolteacher and factory manager, respectively. With Saroo and Guddu gone, their mother was able to afford to send them to school. The reunion was extensively covered by Indian and international media. Current situationSaroo continues to live in Hobart. He and his Indian family are now able to communicate regularly, taking advantage of a computer at the home of one of Kallu's neighbours. He bought his mother a house so she no longer has to work so hard as a cleaner in order to pay rent on her meagre rooms.

Saroo has returned to India and visited his family over a dozen times.He also travelled first class on the Kolkata Mail, a train service from Mumbai to Kolkata, to re-trace his journey of a quarter century

In 2013 Saroo published his book, A Long Way Home (Penguin Australia), describing his ordeal as a lost five-year-old, his adoption by an Australian family, and his search for his Indian family.

#### Trump Travel Ban Spotlights U.S. Dependence On **Foreign-Born Doctors**

Patients in Alexandria, La., were the friendliest people Dr. Muhammad Tauseef ever worked with. They'd drive long distances to see him, and often bring gifts.

"It's a small town, so they will sometimes bring you chickens, bring you eggs, bring you homemade cakes," he says.

One woman even brought him a puppy.

"That was really nice," he says.

Tauseef was born and raised in Pakistan. After going to medical school there, he applied to come to the U.S. to train as a pediatrician.

It's a path thousands of foreign-born medical students follow every year — a path that's been around for more than half a century. And, like most foreign-born physicians, Tauseef came on a J1 visa. That meant after training he had two options: return to Pakistan or work for three years in an area the U.S. government has identified as having a provider shortage.

He chose to work with mostly uninsured kids at a pediatric practice in Alexandria. "That was a challenge," he says. "But it was rewarding as well because you are taking care of people who there aren't many to take care for."

And the U.S. medical system depends on doctors like Tauseef, says Dr. Andrew Gurman, president of the American Medical Association. He worries that if President Trump's executive order on immigration takes effect, it will mean parts of the country that desperately need medical care may not have a doctor.

"International medical graduates have been a resource to provide medical care to areas that don't otherwise have access to physicians," he says. "With the current uncertainty about those physicians' immigration status, we don't know whether or not these areas are going to receive care."

According to the AMA, today there are about 280,000 international medical graduates in the U.S. That's about 1 in 4 doctors practicing here. Some are U.S. citizens who've gone abroad for medical school, but most aren't.

"They don't all have permanent visas, and so a lot of them are concerned about what their status is going to be, whether they can stay, whether they can go home to visit family and still come back, and the communities they serve have similar questions," he says.

And the care provided by the graduates of foreign medical schools is, by and large, top notch. A study published Feb. 3 in the journal The BMJ, formerly The British Medical Journal, shows Medicare patients treated by doctors with degrees from non-U.S. medical schools get just as good

care — and sometimes better — than those treated by graduates of American medical schools.

The immigration uncertainty is hitting medical schools at a tough time. Dr. Salahuddin Kazi is in charge of recruiting top students from across the world for the University of Texas Southwestern residency program.

"Typically we have 3,000 people applying for our 61 positions — of those 3,000, at least half of them are international medical graduates," he says.

Applicants find out their program match in March and usually start working in June. That gives them about 90 days to get a visa. Kazi worries this year that won't be long enough and that students from countries included in the travel ban won't be admitted.

"That would create hardship for the hospital, for us and for our remaining residents," he says. "They'll have to pick up more shifts or give up vacation."

Pediatrician Tauseef left Louisiana two years ago but continues to care for low-



j Dr. Farooq Habib (left) and Dr. Muhammad Tauseef share an office at Los Barrios Unidos Community Clinic in Dallas. They're both from Pakistan and have both worked as pediatricians in medically underserved areas in the U.S.

income patients at Los Barrios Unidos Community Clinic in Dallas. Six of the 30 physicians who work at this clinic are from other countries.

Tauseef says they're all educated to do the same thing. "As a physician, being a foreign medical graduate, U.S. medical graduate, a Muslim doctor, a non-Muslim, we are trained to look for signs and symptoms," he says. "We do not look at anybody's color; we are not trained to look at anybody's religion or ethnicity."

Tauseef, who has been in America for 13 years, says he will apply for U.S. citizenship in March.

#### Individuals, not religions, carry out inhuman acts.

Islam means PEACE and is a religion of peace, accepted and practiced by more than 1.5 billion people worldwide. It is the fastest-growing religion in the world, and if it was what some critics claim, why should the people from all walks of life from around the world keep embracing

Where is the sword now?

In Islam, a person has the right to defend himself, his family, his country or his neighbor(s), which justifies the resistance being offered by the people of Afghanistan, Bosnia, Chechnya, Iraq, Kashmir and Palestine, to attacks on their soils by the so-called liberators, who are actually the occupiers.

The Holy Qur'an clearly states that if a person saves one life, it's as if he saved humanity, and if a person kills one human being, it's as if he killed humanity.

What is happening in the enslaved Muslim countries is a natural reaction to occupation, bombings, killing and terrorizing of innocent civilians (children, old men and women), rapes, in addition to looting of resources, national antiques and artifacts,

above all destruction of property by the occupiers.

Terror breeds terror.

We assure those who bash Islam that if there was no occupation in this world by foreign invaders, there would be no resistance - the so-called terror.

We would like those who criticize Islam to explain the following acts committed by the Christians on Jews, other Christians and Muslims alike, throughout history:

- Hundreds of thousands of Muslim men, women and children killed by the crusaders, who were Christians.
- Inquisition of Jews and Muslims from Spain by Queen Isabella, a Christian.
- Millions of people killed by the European and American Christians during the two world wars.
- Hundreds of thousands of Christians killed every year by the Irish Christians, including the British and the IRA, both Catholics and Protestants, during the past few centuries. Why are they not blamed to be "Christian Terrorists?"

Both of them believe in Jesus Christ, who told them to turn the other cheek, and both of them believe in the same Lord, Who commanded that "Thou shall not

- Timothy McVeigh, who bombed the Murrah Federal Building in Oklahoma City, was a Catholic.

Are all Catholics terrorists?

Last but not least, explain the bombings, killings, rapings and lynchings of both American Indians and black slaves (Afro-Americans) during the past 200 years in the United States.

What about them?

Will those filled with hate for Islam blame Christianity for the above inhuman acts by Christians in various parts of the world since its inception

If not, then why are they blaming the religion of Islam for what is a natural reaction to occupation of Muslim countries by foreign invaders

Most importantly, these folks should know that the three great Abrahamic religions - Judaism, Christianity and Islam - have one common basis, and that is one God Almighty.

"All men (and women) are created equal,

and we all are one nation under Almighty God," is a statement according to the Holy Qur'an and is very well elucidated in the U.S. Constitution.

Lastly, yet importantly, as brothers in humanity, we recommend those filled with hate get an education in the history of Islam and Muslims, before they dare to write nasty letters full of personal, ingrain hate and vendetta.

We would be pleased to provide anyone with free copies of the Holy Qur'an and Islamic literature in English, which would help them to understand the truth about Islam and Muslims and get rid of hate from their systems, God willing.

May God Almighty show you the light,

"THOU SHALL NOT KILL," PERIOD! is one of the Ten (10) Commandments from God Almighty.

Anyone who kills is neither a Jew, nor a Christian, nor a Muslim, because he disobeys the LORD. PERIOD!

HE IS A KILLER AND A MURDERER; THAT IS HIS RELIGION!

#### **Review - RANGOON**





It is a story set in the early 40's era and is based on an action queen actress Julia (Kangana Ranaut) who is in love with producer Rusi Bilimoria (Saif Ali Khan). Looking at the super popularity of Julia, General David (Richard McCabe) request Rusi Bilimoria to organize live shows of Julia for his men who are fighting the World War II in Rangooon. Rusi agrees as he need raw stock to make his next film, which can be only achieved with the help of General David. Jamadar Nawab Malik (Shahid Kapoor) is assigned as personal guard to Julia.

On their way to the base camp, the Japanese strike a surprise air attack due to which Julia and Nawab are separated from the rest. Julia and Nawab with a help of a Japanese solider try to find their way back to India and in that journey fall in love with each other. Julia along with Rusi, starts touring the various army

camps and in between she keeps juggling around between Rusi and Nawab. The love triangle takes a massive turn with the track of Indian National Army and people related to it. On their way to the base camp, the Japanese strike a surprise air attack due to which Julia and Nawab are separated from the rest. Julia and Nawab with a help of a Japanese solider try to find their way back to India and in that journey fall in love with each other. Julia along with Rusi, starts touring the various army camps and in between she keeps juggling around between Rusi and Nawab. The love triangle takes a massive turn with the track of Indian National Army and people related to it.

#### Story of Begum Jaan is very different and attractive: Vidya Balan

No other actress can do justice to woman centric roles like Vidya Balan can. The actress will soon be seen in upcoming film, Begum Jaan. "I am in a very happy space as all my woman oriented films will be releasing one after the other," says the actress.

Playing the title role of Begum Jaan, Vidya reveals, "I am happy that such roles come to me as I am attracted to issues connected to women. The film tells the story of survivors as they defy nations to save their homes. The story is set amidst the changing political scenario during the partition."

Begum Jaan was shot in parts of Punjab, Delhi and Jharkhand. Describing the film,



Vidya says, "It's a Bhatt saab film, yeh ek kote ki madam ka kirdar hai. During partition times, she has to leave half of her courtesans in India while the rest are pushed towards Pakistan. But this madam refuses to budge."

She adds, "My onscreen character raises a very important question — why are a woman's actions controlled by her father, brother, husband or son? So she decides not to allow anyone to take away her space, be it in terms of property or her physical self. The script and the story are really very different and attractive. We are just finishing dubbing and post production work." Vidya Balan's film 'Begum Jaan' which was earlier releasing in January 2017, will now release in March 2017. A source said, "The

new date is doubly special as it coincides with the 5-year anniversary of 'Kahaani', Vidya's second big hit after 'The Dirty Picture'.

Also, Sujoy Ghosh's 'Kahaani' was based in Kolkata, 'Begum Jaan' is an official adaptation of Srijit Mukherji's Bengali film 'Rajkahini'.

'Begum Jaan' is releasing a week after Varun Dhawan and Alia Bhattstarrer 'Badrinath Ki

Dulhaniya' (March 10) and a couple of weeks before Anushka Sharma and Diljit Dosanjh's 'Phillauri '(March 31). Vidya Balan has

completely sunk herself in the character of Begum Jaan. The first look of the film which found its way on social media and fan pages, looks

like a still from the sets and gives a glimpse of Vidya's role. The actor is seen puffing hookah reminding of a raw brat woman, who is completely untameable. Her appearance surely confirms of another power packed performance from her end, and we cannot wait for the film already. Apart from Vidya, what grabs the at-

tention in the picture is Gauahar Khan, whose deglam look is a total winner. The actor, who rose to fame with her small yet memorable part in Ishaqzaade, is sharing screen space for the first time with Vidya and we are sure will own up the screen yet again. Her role could be of the supporting lead but she is simply unmissable in this particular still.

According to reports, the censor board has cleared Begum Jaan with an A-certificate



considering it has the backdrop of a brothel. While the CBFC hasn't suggested any cuts, a few words have been asked to be changed. For example the word 'saali' was asked to be replaced since they didn't want any cuss words before the word 'azadi'. Vidya received accolades for her performance in Kahaani 2 last year. Though the film did not do exceptionally well at the box office, critics had good words to say about her.

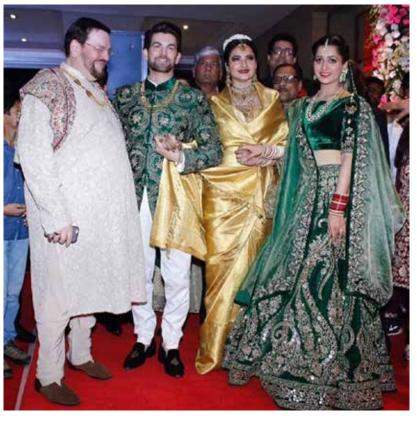
Begum Jaan is about the trauma faced by displaced women in a brothel during the Partition of India. The film will hit the screens on March 17, 2017. It is helmed by National Award winner Srijit Mukherji, who is making his directorial debut in Bollywood.

#### **HINDI MOVIE RELEASE DATES**

		I	I	
Opening \$	Name \$	Genre +	Director \$	Cast
6 January	Sardaar Saab	Action/Drama	Amit Prasher	Jackie Shroff, Juhi Chawla, Guggu Gill, Neetu Singh, Sudesh Berry, Shivendra Mahal, Karmjit Anmol, Sardar Sohi
	Prakash Electronic	Comedy	Manoj Sharma	Hemant Pandey, Hrishitaa Bhatt, Sanjay Mishra, Manoj Pawa
13 January	OK Jaanu	Romance/Drama	Shaad Ali	Aditya Roy Kapur, Shraddha Kapoor, Naseeruddin Shah, Leela Samson
	A Death in the Gunj	Drama/Thriller	Konkona Sen Sharma	Ranvir Shorey, Kalki Koechlin, Vikrant Massey, Tillotama Shome, Gulshan Devaiah, Jim Sarbh, Tanuja, Om Puri
	Haraamkhor	Comedy	Shlok Sharma	Nawazuddin Siddiqui, Shweta Tripathi
20 January	Coffee with D	Comedy/Crime	Vishal Mishra	Sunil Grover, Anjana Sukhani, Dipannita Sharma, Rajesh Sharma, Zakir Hussain, Pankaj Tripathi
25 January	Kaabil	Action/Drama	Sanjay Gupta	Hrithik Roshan, Yami Gautam, Ronit Roy, Rohit Roy Narendra jha
	Raees	Action/Crime/Drama	Rahul Dholakia	Shah Rukh Khan, Mahira Khan, Farhan Akhtar, Nawazuddin Siddiqui, Zeenat Aman
25 January	Aa Gun Thaam	Action	Prashast Singh	Prashast Singh
3 February	Runningshaadi.com	Drama	Amit Roy	Amit Sadh, Taapsee Pannu
10 February	Jolly LLB 2	Drama	Subhash Kapoor	Akshay Kumar, Huma Qureshi, Annu Kapoor
17 February	Machine	Romance/Thriller	Abbas-Mustan	Mustafa Burmawalla, Kiara Advani, Carla Dennis
	The Ghazi Attack	Action	Sankalp Reddy	Rana Daggubati, Taapsee Pannu, Kay Kay Menon
	Chauhar	Romance	Raghubeer Singh	Amit Singh Kashyap, Richa Dixit, Vivek Jha
24 February	Rangoon	Action,Romance	Vishal Bhardwaj	Shahid Kapoor, Saif Ali Khan, Kangana Ranaut
	Aa Gaya Hero	Action, Comedy	Dipankar Senapati	Govinda (actor), Ashutosh Rana , Murali Sharma ,Richa Sharma (actress)
3 March	Commando 2	Action	Deven Bhojani	Vidyut Jammwal, Adil Hussain, Adah Sharma, Esha Gupta, Freddy Daruwala
	Jeena Isi Ka Naam Hai	Romance/Drama	Keshhav Panneriy	Arbaaz Khan, Manjari Fadnis, Himansh Kohli, Supriya Pathak, Ashutosh Rana, Rati Agnihotri, Prem Chopra
10 March	Badrinath Ki Dulhania	Romance/Comedy	Shashank Khaitan	Varun Dhawan, Alia Bhatt
17 March	Begum Jaan	comedy	Srijit Mukherji	Vidya Balan, Gauhar Khan, Naseeruddin Shah
	Sarkar 3	Drama	Ram Gopal Varma	Amitabh Bachchan, Manoj Bajpayee, Yami Gautam, Amit Sadh, Ronit Roy, Rohini Hattangadi
24 March	Phillauri	Romance/Comedy	Anshai Lal	Anushka Sharma, Diljit Dosanjh, Suraj Sharma
31 March	Hindi Medium	Romance	Saket Chaudhary	Irrfan Khan, Saba Qamar
	Naam Shabana	Action, Thriller	Shivam Nair	Taapsee Pannu, Akshay Kumar

#### Neil Nitin Mukesh's Engagement Reception

Actors are opting now to get married to their 'Gharwaalo ki Pasand'. After Shahid Kapoor, it is Neil Nitin Mukesh who decided to tie the knot with Rukmini Sahay in Udaipur on February 9th, which was a close and personal affair with the only family and friends in attendance. Check out their wedding video below.







#### Imran Khan in search of a producer for his directorial debut?

Rumour mills were abuzz with the reports of actor Imran Khan planning to dabble into direction soon. The actor's last outing at the Box Office was 'Katti Batti' alongside Kangana Ranaut that released in 2015. The film's performance at the Box Office was a dud, and post that Imran had not had an outing on the silver screen.

However, with reports of Imran planning to direct doing rounds, it was being touted that Imran will join hands with uncle Aamir Khan on a project. But, there was no confirmation of any sorts on it. And now, a leading tabloid report suggests that Imran is looking out for a producer to produce his first directorial.

According to the tabloid, Imran met a few producers including Atul Kasbekar, but there hasn't been any luck for the star as yet. He also met another producer who asked Imran to rework on the script, and Imran has already started making changes. However, he has not yet managed to find himself a taker, and thus his project has been apparently sidelined.



#### www.Asia Times.US word search

**PAGE 29** 

V N S X G D W M G H H N Y F

Α S R R Ρ R Ν G W L K L G 0 Η W Η E Q

W K L Α Α E Ι R U Ι 0 E Ν K R L D

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abloom active blooming breezy sparkling

MARCH 2017

Μ

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Ν

spring green grassy green growing fragrant

outdoor flourishing pleasant refreshing warming sunny swimming colorful budding darting

#### word search

with the parents of missing girl Fatima Sultana r/o Vattepally who went missing on 15th Feb 2017 from Qadri Chaman Dargah....Mr khan met the Inspector of Police Chatrinaka and enquired about the ongoing investigation of the police to trace the missing girl.....The Inspector of Police, Chatrinaka assured Mr Khan and the girl parents that nearly three teams have been formed and they are searching the said missing girl and the DCP (SZ) and ACP Falaknuma Div also are daily taking the update of ongoing investigation to trace out the said missing

#### Hyderabadi Comedian K.B. Jaani

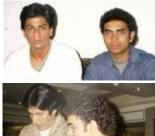


Great show Damam (ksa) received award k b jaani seen pic adnan sajid Khan(gullu dada)&ehteshaam singer



Dawat\_e\_shadi movie shooting set: famous film actor adnan sajid Khan(gullu dada),mast ali,&Aziz naser with kbjaani











Grand opening of American Broaster Chicken at Jubilee Hills..Ms. Vandana got the Broaster Chicken franchise from America. Best wishes for the grand success. Seen in the picture are Mohammed Khaleequr Rahman, Mohib Baig, Erigi Narasing Rao and others





Get ready Hyderabad for full kiraaak songs And hilarious comedy movie with full family entertainment....Frist time Tabar bhai looks in different shadow and Kabir Ahmed bringing new classy in hyderabadi flim industry.... Releasing soon.... Ahmed Qureshi jamal Akbar Tabar Qadeer Mohammed Abdul Juliana Marina Arshad

Nawab, Shafi Khan and many more others....

حن چشق غزل



دل ہی نہیں جزیں تو پھر' خواب میں کوئی آئے کیوں راہ طلب میں جو نہ ہو' تیری گلی میں جائے کیوں ورد بھی ہے عروج پر' رات بھی پچھ طویل ہے ایسے میں نیند آئے کیوں' یاد تری بھلائے کیوں اُس کے فراق کی سزا' اشکوں میں ڈھل کے رہ گئی ایسے میں اُس کی برا' اشکوں میں ڈھل کے رہ گئی ایسے میں اُس کی بے رُخی' وحشتِ دل بڑھائے کیوں ہم ہی چلے تھے چھوڑ کر' محفلِ جانِ دوستاں اُن کی گلی کا راستہ' کوئی ہمیں بتائے کیوں تیری نگاہِ ناز ہی ' ہوگئی بے نیاز جب تیری نگاہِ ناز ہی ' ہوگئی بے نیاز جب مطربِ اشکبار پھر' نغمہ شوق گائے کیوں مطربِ اشکبار پھر' نغمہ شوق گائے کیوں عہوڑ کے اُس کا آستاں' خود ہی تو در بدر ہوا کیوں کا ہے کوں کا روئے ہے حسن' کرتا ہے ہائے ہائے کیوں کا ہے کوں کا ہے کیوں کا ہے کوں کا ہے کیوں کا ہے کوں کا ہے کوں کو روئے ہے حسن' کرتا ہے ہائے ہائے کیوں کا ہے کو روئے ہے حسن' کرتا ہے ہائے ہائے کیوں

هببزشرازي

غز ل

جبتو کے سفر میں ہے کوئی پھر مری چہم تر میں ہے کوئی
دل میں رکھ لے جواپنے دل میرا بول الیا نظر میں ہے کوئی
د کچھ کر آئینہ وہ کہتے ہیں میرے جیہا شہر میں ہے کوئی
پھر مقفل ہے آج دروازہ پھر مرایار گھر میں ہے کوئی
کہد ہی ہے بیچھت کی خاموثی شور دیوار و در میں ہے کوئی
موت بھی دیکھتی ہے سامل سے زندگی کے بھنور میں ہے کوئی
موت بھی دیکھتی ہے سامل سے نندگی کے بھنور میں ہے کوئی
اس دل ہے جنبر میں ہے کوئی



غزل از ڈاکٹر جاوید جمیل

ہو نہیں پائی ہے نقصاں کی تلاقی اب تک
بھول پائے نہیں گزرا ہوا ماضی اب تک
بس گیا شہر میں، فطرت نہیں بدلی اب تک
ایسا لگتا ہے کہ انسان ہے وحشی اب تک
اب یہ جانا بھی کوئی جانا ہے جانے والے ؟
ہر نشانی ترے ہونے کی ہے باقی اب تک
اور اب کیا اسے مردہ ہی بنا ڈالوگے
کم وہی کیا ہے جوکچھ دل یہ ہے گزری اب تک
وقت! تھا کون سا "لمحہ"\* جو "خطا" کر بیٹھا
کیوں یہ جاری ہے تباہی یہ تباہی اب تک
تونے مانگا ہی نہیں مانگنے والوں کی طرح
تونے مانگا ہی نہیں مانگنے والوں کی طرح
اے قیامت! تو ابھی دور ہی رہنا کچھ روز
ہم تو چڑھ پائے ہیں بس پہلی ہی سیڑھی اب تک
ہم تو چڑھ پائے ہیں بس پہلی ہی سیڑھی اب تک
ہم تو خرہ ہائی ہے ہیں بس پہلی ہی سیڑھی اب تک

ایک صاحب تنے جوشادی کی تلاش میں کہیں لیے فکل گئے اور شادی کی عمرفکل گئی۔ آخرایک لڑی پندآ گئ تورشتہ بھیج دیا۔لڑک نے دوشرطیں رکھیں اورشادی پر تیار ہوگئے۔پہلی مید کہ بمیشہ جوانوں میں بیٹھو گے۔دوسرے میدکہ بمیشہ دیوار پھلانگ کے گھرآیا کروگے۔ شادی ہوگئی۔باباجی جوانوں میں ہی بیٹے اور گییں لگاتے۔جوان ظاہر ہے صرف اڑ کیوں کی اور پیار محبت کی بی باتیں کرتے ہیں۔منڈیوں کے بھاؤے انھیں دلچین نہیں اور ندایے موضوعات سے پھے لینا وینا۔ باباتی کاموڈ ہرونت رومینک رہتا گرجاتے توایک بھنے سے دیوار پھلانگ کر گھر میں دھم سے کودجاتے۔آخرایک دن باباجی کے پرانے جانے والل گئے۔وہ انھیں گلے شکوے کر کے اور گھیر گھار کے اپنی پنڈال چوکڑی میں لے گئے۔اب وہال کیا یا تیں ہوناتھیں۔ یار گھٹنوں کے درد سے مرگیا مول \_ بيشكر نماز يرهتامول \_ يارميراتووضوى نبيل ربتا \_ پيشاب كاقطره نكل جاتا ب\_ميرى تو بعائى جان ريره كى بدى كامبر كمل كياب - واكثر كبتاب جينك نه لك يار جحية ونظرى كيونيس آتاكل ياني كى بجائے مٹى كاتيل في كيا تھا۔ ڈرپ كى ہے تو جان چى ہے۔ بابا جى جوں جون ان كى باتيں سنتے گئے تون تون ان كامورال زين پرلگنا كيا - جب شيك يا تال يس پنجا توجلس برخاست بوگئ اور بابا جي محسنة ياؤل كے ساتھ محركورواند ہو گئے گھر پہنچ كرد يواركود يكھا تو كھركى د بواركے بجائے وود يوار چين کلی۔ ہمت نہ بردی دیوارکودنے کی کہ کہیں بائے بھے کی طرح نیک نہ نکل آئے۔ آخر ماڈل تو دونوں کا ایک بی تھا۔ باباجی نے کنڈی کھنکھنائی کھٹ کھٹ کھٹ اندرے بیوی بولی: ای لیے بولاتھا جوانوں میں بیشاکر لگتا ہے آج بڑھوں کی مجلس اٹیٹڈ کرلی ہے ای لیے مت جواب دے گئی ہے۔ متید: انسان بوڑھ انبیں ہوتا مجلس اے بوڑھا کردیتی ہے۔ ماہرین نفسیات لکھتے ہیں کمعلم ای لیے جلد بوڑ ھے نہیں ہوتے کہ وہ بچوں کی مجلس میں رہتے ہیں۔ یوں وہ ماحول ان پرٹائم اینڈسپیس کے الرات كونيورل كرديتا - جوانون كسنگ دين

Shafiq Rao

بورن عسارين

#### www.Asia Times.US

On the lighter side....

There was a teacher who was shouting at his class because they were being lazy. "I wouldn't be surprised if 50% of you failed this math class," he said.

One of the kids rasies his hand, "But teacher, there aren't that many in this class," he said.

Please, always be alert and watch out for the people around you.

Yesterday, when I was on a sidewalk making my way home, a man came to me and drew scissors.

I was panicked so I immediately responded with a rock. Imagine if I was not alert, I might have accidentally answered with paper and lost the gam

Mr. Peterson, a tourist from Toronto, arrived in Barbados. In an airport taxi cab, Peterson asked the driver, "Say, is this really a healthful place?" "It sure is," the cabby replied. "When I arrived here I couldn't say one word. I had hardly any hair on my head. I didn't have the strength to walk across a room, and I had to be lifted out of bed."

"That's wonderful!" said the tourist, "How long have you been here?"

"I was born here."

When she got flowers from her husband on Valentine's Day, my daughter quickly opened the card. All it said was, "No."

What did that mean? She called her husband and asked him.

"I didn't attach any message. The florist asked if I had a message and I said, 'No."



Poodle: "My life is a mess. My owner is mean, my girlfriend is leaving me for a German shepherd, and I'm as nervous as a cat."

Collie: "Why don't you go see a psychiatrist?" Poodle: "I can't. I'm not allowed on the couch."

A robber was found wounded in an electronics store... He tried breaking in from the roof but unfortunately for him, he fell on a 'Sharp' TV.

Worried that his son was spending too much money on dates, a father asked the boy how much his last date had cost.

The son thought for a minute and then replied, "Oh, about \$15 I think."

"Well," said the father, "I'm proud of you for finally coming up with an inexpensive evening."

"To be honest Dad," the son went on, "we'd have spent more, but that was all the money she had."

Hanging in the hallway at a high school are the basket-ball team pictures from the past decades. A player in the center of the front row in each picture holds a basketball identifying the year -- "92-93," "93-94," "94-95," etc.

One day the principal spotted a freshman looking curiously at the photos. Turning to the principal, he said, "Isn't it strange how the teams always lost by one point?"

Two young soldiers were exchanging their experiences of the service in the Army.

"My sergeants are wonderful", said one soldier.

"I wish I could say the same about mine," said the other. "You could if you could lie as I do."

When I am told, "You'll regret that in the morning", I don't let it bother me.

Being a problem solver, I just sleep in till noon.

I walked into my sister's kitchen and found my nephew having a snack. "Where's your mother?" I asked. "She is upstairs, said she was going to take a shower. Hang on, let me check."

He stepped into the nearby bathroom and flushed the toilet. A second later a sharp yell came from upstairs. My nephew walked back out and said, "Yep, she's in the shower."

One day, I saw a friend of mine crying over a bag of chips.

I asked him what's wrong and he said that he was just following the instruction written on the bag of chips. "Tear here to open!"

Daughter: "Mommy, where did I come from?"

Mom: "Sweetheart, you came out from Mommy's body."

Daughter: "How exactly?"

Mom: "Well, your head came out first, then your arms, followed by your legs."

Daughter: (thinking about what she just heard) "How did you assemble them?"



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