

4A District 10 Track & Field Meet Assignments
Jupiter High School - April 14, 2016
ALL ENTRIES ARE COPLETED ON FLRUNNERS.COM by Monday 4/11/16 - 11:59pm

Triple Jump	Wellington
Long Jump	Royal Palm Beach
Discus	John I Leonard
Shot Put	Palm Beach Central
High Jump	Palm Beach Gardens
Pole Vault	Seminole Ridge
Meet Director	Matthew Perry
Meet Referee	Matthew Perry
Clerk of Course	Mitchell Taylor
Finish Line Director	Dan Start
Announcer	Mike Deleonardo
Starter	Don Smith
Timing	Josh Moberg
HyTek	Jan Cairnes
Jury of Appeals	Oscar Robinson – Wellington Teresa Clement – Jupiter Brian Pollock – Seminole Ridge Geoff Waugh - PBG Al Jordan – John I. Leonard Aaron Wallace – Royal Palm Beach
Exchange zones	PBC, Seminole Ridge, Wellington, JIL

**4A District 10 Track & Field Meet Schedule
Jupiter High School - April 14, 2016**

- 2:00 PM** **Coaches Meeting – Stadium and implement weigh in.**
- 2:30 PM** **4 x 800 Relay Boys/Girls
Long Jump Boys/Girls Prelims and Finals
Discus Boys Prelims and Finals
Shot Put Girls Prelims and Finals
Pole Vault Girls
High Jump Girls**
- 4:00 PM** **Triple Jump Boys/Girls Prelims and Finals
Shot Put Boys Prelims and Finals
Discus Girls Prelims and Finals
Pole Vault Boys
High Jump Boys**
- 4:00 PM** **Running Event Prelims
Girls 100m High Hurdles
Boys 110m High Hurdles
100m Dash
4x100m Dash
400m Dash
Girls 300m Low Hurdles
Boys 300m Intermediate Hurdles
200m Dash
200m Dash Wheelchair (if necessary)**
- 6:30 PM** **Running Event Finals
Girls 100m High Hurdles
Boys 110m High Hurdles
100m Dash
1600m Run
4x100 Relay
400m Dash
Girls 300m Low Hurdles
Boys 300m Intermediate Hurdles
800m Run (2 sections)
200m Dash
3200m Run
4x400m Relay**

Coaches please remind your athletes that they are not permitted on campus at anytime. They must stay in the stadium or warm up areas only. Also, please park in the Daniels Way parking lot behind the stadium. Thank You!