

# Brenna Repard

Licensed Marriage and Family Therapist 111587  
313 Kendal St Suite B Vacaville, Ca. 95688 (707) 330-7904

## **AGREEMENT FOR SERVICE / INFORMED CONSENT MINOR**

- Clinical Intake Assessment \$150
- Individual and/or Family Session (50 Minutes) \$120
- Missed Appointment Fee \$60

### **AGREEMENT FOR SERVICE / INFORMED CONSENT FOR MINORS**

#### **Introduction**

This Agreement has been created for the purpose of outlining the terms and conditions of services to be provided by Brenna Repard, for the minor child \_\_\_\_\_ (herein "Patient") and is intended to provide \_\_\_\_\_ (herein "Representative(s)") with important information regarding the practices, policies and procedures of Brenna Repard, Licensed Marriage and Family Therapist ), (herein "Therapist") and to clarify the terms of the professional therapeutic relationship between Therapist and Patient. Any questions or concerns regarding the contents of this Agreement should be discussed with Therapist prior to signing it.

#### **Policy Regarding Consent for the Treatment of a Minor Child**

Therapist generally requires the consent of both parents prior to providing any services to a minor child. If any question exists regarding the authority of Representative to give consent for psychotherapy, representative must submit supporting legal documentation, such as a custody order, prior to the commencement of services.

#### **Therapist Background and Qualifications**

Brenna is a Licensed marriage and family therapist who enjoys working with children, adolescents, and families. She has been practicing in the field for more than six years working with a local law enforcement agency. Brenna is trained in the nurturing parenting approach and has a passion for strengthening family bonds through communication and loving solutions to behavioral problems. She has also worked as a personal trainer and has been certified in sports nutrition which ignited her interest in nutrition for psychology. She continues to study nutrition and its effects upon mood and mental health and incorporates in her practice in order to promote health from the inside out. During her free time, Brenna loves to exercise and spend time with her husband who is a first responder and their two young children.

#### **Risks and Benefits of Therapy**

A minor patient will benefit most from psychotherapy when his/her parents, guardians or other caregivers, are supportive of the therapeutic process. Psychotherapy is a process in which Therapist and Patient, and sometimes other family members, discuss a myriad of issues, events, experiences and memories for the purpose of creating positive change so Patient can experience his/her life more fully. It provides an opportunity to better, and more deeply understand oneself, as well as, any problems or difficulties Patient may be experiencing. Psychotherapy is a joint effort between Patient and Therapist. Progress and success may vary depending upon the particular problems or issues being addressed, as well as many other factors.

Participating in therapy may result in a number of benefits to Patient, including, but not limited to, reduced stress and anxiety, a decrease in negative thoughts and self-sabotaging behaviors, improved interpersonal relationships, increased comfort in social, school, and family settings, and increased self-confidence. Such benefits may also require substantial effort on the part of Patient, as well as his/her caregivers and/or family members, including an active participation in the therapeutic process, honesty, and a willingness to change feelings, thoughts and behaviors. There is no guarantee that therapy will yield any or all of the benefits listed above.

Participating in therapy may also involve some discomfort, including remembering and discussing unpleasant events, feelings and experiences. This discomfort may also extend to other family members, as they may be asked to address difficult issues and family dynamics. The process may evoke strong feelings of sadness, anger, fear, etc. There may be times in which Therapist will challenge the perceptions and assumptions of the Patient or other family members, and offer different perspectives. The issues presented by Patient may result in unintended outcomes, including changes in personal relationships.

During the therapeutic process, many patients find that they feel worse before they feel better. This is generally a normal course of events. Personal growth and change may be easy and swift at times, but may also be slow and frustrating. Patient should address any concerns he/she has regarding his/her progress in therapy with Therapist.

### **Professional Consultation**

Professional consultation is an important component of a healthy psychotherapy practice. As such, Therapist regularly participates in clinical, ethical, and legal consultation with appropriate professionals. During such consultations, Therapist will not reveal any personally identifying information regarding Patient or Patient's family members or caregivers.

### **Records and Record Keeping**

Therapist may take notes during session, and will also produce other notes and records regarding Patient's treatment. These notes constitute Therapist's clinical and business records, which by law, Therapist is required to maintain. Such records are the sole property of Therapist. Therapist will not alter his/her normal record keeping process at the request of any patient or representative. Should Patient or Representative request a copy of Therapist's records, such a request must be made in writing. Therapist reserves the right, under California law, to provide Patient, or Representative, with a treatment summary in lieu of actual records. Therapist also reserves the right to refuse to produce a copy of the record under certain circumstances, but may, as requested, provide a copy of the record to another treating health care provider. Representative will generally have the right to access the records regarding Patient. However, this right is subject to certain exceptions set forth in California law. Should Representative request access to Therapist's records, such a request will be responded to in accordance with California law. Therapist will maintain Patient's records for ten years following termination of therapy, or when Patient is 21 years of age, whichever is longer. However, after ten years, Patient's records will be destroyed.

### **Confidentiality**

The information disclosed by Patient is generally confidential and will not be released to any third party without written authorization from Patient, except where required or permitted by law. Exceptions to confidentiality, include, but are not limited to, reporting child, elder and dependent adult abuse, when a patient makes a serious threat of violence towards a reasonably identifiable victim, or when a patient is dangerous to him/herself or the person or property of another.

Representative should be aware that Therapist is not a conduit of information from Patient. Psychotherapy can only be effective if there is a trusting a confidential relationship between Therapist and Patient. Although Representative can expect to be kept up to date as to Patient's progress in therapy, he/she will typically not be privy to detailed discussions between Therapist and Patient. However, Representative can expect to be informed in the event of any serious concerns Therapist might have regarding the safety or well-being of Patient, including suicidality.

### **Patient Litigation**

Therapist will not voluntarily participate in any litigation, or custody dispute in which Patient, or Representative, and another individual, or entity, are parties. Therapist has a policy of not communicating with Representative's attorney and will generally not write or sign letters, reports, declarations, or affidavits to be used in Patient's, or Representative's, legal matter. Therapist will generally not provide records or testimony unless compelled to do so. Should Therapist be subpoenaed, or ordered by a court of law, to appear as a witness in an action involving Patient, Representative agrees to reimburse Therapist for any time spent for preparation, travel, or other time and/or costs in which Therapist has made him/herself available for such an appearance at Therapist's usual and customary hourly rate of \$120.00. In addition, Therapist will not make any recommendation as to custody or visitation regarding Patient. Therapist will make efforts to be uninvolved in any custody dispute between Patient's parents.

### **Psychotherapist-Patient Privilege**

The information disclosed by Patient, as well as any records created, is subject to the psychotherapist-patient privilege. The psychotherapist-patient privilege results from the special relationship between Therapist and Patient in the eyes of the law. It is akin to the attorney-client privilege or the doctor-patient privilege. Typically, the patient is the holder of the psychotherapist-patient privilege. If Therapist receives a subpoena for records, deposition testimony, or testimony in a court of law, Therapist will assert the psychotherapist-patient privilege on Patient's behalf until instructed, in writing, to do otherwise by a person with the authority to waive the privilege on Patient's behalf. When a patient is a minor child, the holder of the psychotherapist-patient privilege is either the minor, a court appointed guardian, or minor's counsel. Parents typically do not have the authority to waive the psychotherapist-patient privilege for their minor children, unless given such authority by a court of law. Representative is encouraged to discuss any concerns regarding the psychotherapist-patient privilege with his/her attorney.

Patient, or Representative, should be aware that he/she might be waiving the psychotherapist-patient privilege if he/she makes his/her mental or emotional state an issue in a legal proceeding. Patient, or Representative, should address any concerns he/she might have regarding the psychotherapist-patient privilege with his/her attorney.

### **Fee and Fee Arrangements**

As of 6/1/17 the usual and customary fee for service is \$120.00 per 50 minute session, \$150.00 for intake. Sessions longer than 50 minutes are charged for the additional time pro rata. There is a \$25.00 fee for returned checks. Therapist fees increase at the first of every year. In addition, this fee may be adjusted by contract with insurance companies, managed care organizations, or other third-party payors, or by agreement with Therapist.

From time-to-time, Therapist may engage in telephone contact with Patient for purposes other than scheduling sessions. Patient is responsible for payment of the agreed upon fee (on a pro rata basis) for any telephone calls longer than five minutes. In addition, from time-to-time, Therapist may engage in telephone contact with third parties at Patient's request and with Patient's advance written authorization. Patient is responsible for payment of the agreed upon fee at a pro rata basis.

Patients are expected to pay for services at the time services are rendered. Therapist accepts cash, checks, and major credit cards.

### **Insurance**

Representative is responsible for any and all fees not reimbursed by his/her insurance company, managed care organization, or any other third-party payor. Representative is responsible for verifying and understanding the limits of his/her coverage, as well as his/her co-payments and deductibles.

Therapist is a contracted provider with the following company: MediCal and has agreed to a specified fee. If Patient intends to use benefits of his/her health insurance policy, Patients agrees to inform Therapist in advance.

### **Cancellation Policy**

We are committed to providing all of our patients with exceptional care. When a patient cancels without giving 24-hour notice, they prevent another patient from being seen.

Please call or text us 24 hours prior to your scheduled appointment to notify us of any changes or cancellations. If 24-hour prior notification is not given, you will be charged \$60 for the missed appointment. If you call after business hours, voice and text messages may be left.

If 2 appointments are missed (without 24-hour prior notice within a two-month period, the office will no longer hold your appointment slot as a regular occurring appointment. To be seen, you will need to call the office daily to check availability for a same day appointment. **Initials** \_\_\_\_\_

### **Therapist Availability**

Therapist's office is equipped with a voice mail system that allows Patient to leave a message at any time. Office staff will make every effort to return calls within 24 hours (or by the next business day), but cannot guarantee the calls will be returned immediately. Therapist is unable to provide 24-hour crisis service. In the event that Patient is feeling unsafe or requires immediate medical or psychiatric assistance, he/she should call 911, or go to the nearest emergency room.

### **Termination of Therapy**

Therapist reserves the right to terminate therapy at his/her discretion. Reasons for termination include, but are not limited to, untimely payment of fees, failure to comply with treatment recommendations, conflicts of interest, failure to participate in therapy, Patient needs are outside of Therapist's scope of competence or practice, or Patient is not making adequate progress in therapy. Patient or Representative has the right to terminate therapy at his/her discretion. Upon either party's decision to terminate therapy, Therapist will generally recommend that Patient participate in at least one, or possibly more, termination sessions. These sessions are intended to facilitate a positive termination experience and give both parties an opportunity to reflect on the work that has been done. Therapist will also attempt to ensure a smooth transition to another therapist by offering referrals to Patient or Representative.

**Social Media**

Therapist will not communicate with, or contact, any patient through social media platforms such as Twitter, LinkedIn or Facebook. Therapist will not accept “friend” or contact requests from current or former clients on any social networking site. The concern is that adding clients as “friends” or contacts on these sites can compromise patients confidentiality and Therapist’s respective privacy. It may also blur the boundaries of our therapeutic relationship. If you have questions about this, please bring them up during session.

**Office Etiquette**

Unlike other waiting rooms, a therapist's office is a particularly important place of solitude. It is important to allow everyone the option for personal and private space as they prepare for their therapy session. In order to maintain this, silence your cell phones and take conversations outside. Ear buds must be worn if listening to music or watching videos. Our waiting room is for clients and guardians only. If it becomes necessary to have other children in the lobby while waiting, please remind them of office etiquette.

**Acknowledgment**

By signing below, Representative acknowledges that he/she has reviewed and fully understands the terms and conditions of this Agreement. Representative has discussed such terms and conditions with Therapist, and has had any questions with regard to its terms and conditions answered to Representative’s satisfaction. Representative agrees to abide by the terms and conditions of this Agreement and consents to participate in psychotherapy with Therapist. Moreover, Representative agrees to hold Therapist free and harmless from any claims, demands, or suits for damages from any injury or complications whatsoever, save negligence, that may result from such treatment.

\_\_\_\_\_  
Patient Name (please print)

\_\_\_\_\_  
Signature of Patient (if Patient is 12 or older) \_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Representative (and relationship to Patient) \_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Representative (and relationship to Patient) \_\_\_\_\_  
Date

**Financial Responsibility**

I understand that I am financially responsible to Therapist for all charges, including unpaid charges by my insurance company or any other third-party payor.

\_\_\_\_\_  
Name of Responsible Party (Please print)

\_\_\_\_\_  
Signature of Responsible Party (and relationship to Patient) \_\_\_\_\_  
Date

\_\_\_\_\_  
Name of Responsible Party (Please print)

\_\_\_\_\_  
Signature of Responsible Party (and relationship to Patient) \_\_\_\_\_  
Date

# Restoration Family Counseling Services

313 Kendal St Suite B

Vacaville, CA 95688

Phone: (707) 330-7904

[RestorationVacaville@gmail.com](mailto:RestorationVacaville@gmail.com)

## Intake Paperwork for Minor

Date: \_\_\_\_\_ Referred By: \_\_\_\_\_

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Who has legal custody/guardianship? \_\_\_\_\_

Please provide documentation upon request.

Note: If parents are divorced, a signed consent from both is required by law.

Responsible Party: \_\_\_\_\_ Relationship to Client: \_\_\_\_\_

Email Address: \_\_\_\_\_ Cell Phone #: \_\_\_\_\_

Home Phone #: \_\_\_\_\_ Alt. Phone #: \_\_\_\_\_

Occupation: \_\_\_\_\_ Employer's Name: \_\_\_\_\_

## Client Information

Home Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Ethnicity: \_\_\_\_\_ Religious Affiliation: \_\_\_\_\_

Primary language spoken at home: \_\_\_\_\_

Current school: \_\_\_\_\_

Insurance provider: \_\_\_\_\_ ID #: \_\_\_\_\_

Group #: \_\_\_\_\_ Provider Services #: \_\_\_\_\_

Last four digits of SSN: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Relationship to Client: \_\_\_\_\_

Phone #: \_\_\_\_\_ Work #: \_\_\_\_\_

Address: \_\_\_\_\_

**I give permission for this person to be contacted in case of a physical or mental health emergency. Initials \_\_\_\_\_**

**\*Office use only: Release of info required: Yes \_\_\_\***

What is the reason for seeking help now?

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What problem is the child having?

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When did the problems start?

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What have you done to try to solve the problems?

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What has been effective/ineffective?

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Is there a history of mental illness in the family? If yes, what was the diagnosis and how are they related to the client?

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Prior counseling? Yes \_\_\_\_\_ No \_\_\_\_\_ If yes, with whom? \_\_\_\_\_  
Address: \_\_\_\_\_

**\*Office use only: Release of info required: Yes \_\_\_\***

If child was adopted or in the adoption process, what information do you have regarding the biological parents?

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Was the child told of the adoption? If yes, when? \_\_\_\_\_

Was the adoption process traumatic? If yes, how was the child/family affected?

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## Medical History

Has your child suffered any of the following:

Sexual trauma? \_\_\_\_\_ Physical trauma? \_\_\_\_\_ Emotional trauma? \_\_\_\_\_

Has your child been hospitalized? If yes, why were they hospitalized?

\_\_\_\_\_

Has there been any previous counseling or psychiatric care for your child or other family members?

\_\_\_\_\_

**\*Office use only: Release of info required: Yes \_\_\_\***

Any head injuries? \_\_\_\_\_

Problems with vision/eyesight? \_\_\_\_\_

Hearing/ear infections/tubes? \_\_\_\_\_

Does your child wear glasses? \_\_\_\_\_ Does your child wear hearing aids? \_\_\_\_\_

Any problems with speech or language? \_\_\_\_\_

Taking any medications? \_\_\_\_\_

Any major surgeries in the immediate family?

\_\_\_\_\_

Please indicate if the following illnesses accompany the child or genetic side:

Illness	Child	Mother's Side	Father's Side
Diabetes			
Allergies			
Asthma			
Heart disease			
Seizures			
Depression			
Extreme nervousness			
Psychiatric illnesses			
Suicide or attempt			
Cancer			
Other major illness			
Legal problems			
Alcohol/drug problems			

## Early Development (0-5 years)

Birth history:

Planned? \_\_\_\_\_ Wanted by both parents? \_\_\_\_\_ Birth weight? \_\_\_\_\_

Please describe the mother's health during pregnancy: \_\_\_\_\_

Were there complications? \_\_\_\_\_

Accidents? \_\_\_\_\_ Drugs? \_\_\_\_\_

Difficulties in living situation or marriage during pregnancy?  
\_\_\_\_\_

Full term? If not, what week were they delivered? \_\_\_\_\_

Problems during labor/birth? If yes, please describe the problems.  
\_\_\_\_\_  
\_\_\_\_\_

Were there complications to the mother or baby after birth? If yes, what kind, and did that change after birth?  
\_\_\_\_\_  
\_\_\_\_\_

Did the baby like to be cuddled? \_\_\_\_\_ Have problems feeding? \_\_\_\_\_

Sleeping problems? \_\_\_\_\_ Bed wetting? \_\_\_\_\_

Did they have any fears, phobias, or nervous habits?  
\_\_\_\_\_

Please check the descriptor of your child:

\_\_\_\_\_ Cautious      \_\_\_\_\_ Curious      \_\_\_\_\_ Over-active      \_\_\_\_\_ Under-active

\_\_\_\_\_ Accident prone      \_\_\_\_\_ Destructive      \_\_\_\_\_ Tantrums

If they had/have tantrums, how were/are they handled?  
\_\_\_\_\_  
\_\_\_\_\_

How did/does your child approach the following:

New people? \_\_\_\_\_

New situations? \_\_\_\_\_

New demands? \_\_\_\_\_

Did/does your child become frustrated easily? \_\_\_\_\_

Under/over react to situations? \_\_\_\_\_

What is his/his usual mood? \_\_\_\_\_

Please describe his/her attention span: \_\_\_\_\_

Good or poor coordination? \_\_\_\_\_

Has your child ever or does your child currently:

Bang their head? \_\_\_\_\_ Rock? \_\_\_\_\_ Grind teeth? \_\_\_\_\_

Have difficulty making eye contact? \_\_\_\_\_

Go limp or still when held? \_\_\_\_\_

Flap hand/arms or twirl fingers? \_\_\_\_\_

Have a fascination regarding spinning objects? \_\_\_\_\_

Seem to be in their own world? \_\_\_\_\_

Have difficulty using the pronoun "I" appropriately? \_\_\_\_\_

Was or is your child in preschool/nursery school or any other peer social activity? If yes, for how long? \_\_\_\_\_

Were/are there any problems? \_\_\_\_\_

If your child has a younger sibling, how did he/she react to him/her being born?  
\_\_\_\_\_

Which parent usually disciplines? \_\_\_\_\_

How? And is this effective? \_\_\_\_\_

Were there times that discipline got out of control? \_\_\_\_\_

Is there a history of child abuse (physical, emotional, or neglect)? \_\_\_\_\_

Any deaths of close family or friends age 0-5 years old? \_\_\_\_\_

Did the parents divorce or separate in the first five years of the child's life? \_\_\_\_\_

Please use this space to describe any other information you think would be important for me to know about this developmental phase of your child's life.

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**School Age (6-12)**

How old was your child when they started school? \_\_\_\_\_  
Any problems separating from parents? \_\_\_\_\_  
Any difficulties in kindergarten? \_\_\_\_\_  
Average grades in elementary school? \_\_\_\_\_  
Any period when grades were better or worse? \_\_\_\_\_

Has your child been involved in organized sports or clubs? If yes, for how long?  
\_\_\_\_\_  
\_\_\_\_\_

If they stopped participating, why did they stop? \_\_\_\_\_  
Any behavioral problems in school? \_\_\_\_\_

Please use this space to describe any other information you think would be important for me to know about this developmental phase of your child's life.  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Junior High/High School (13-18)**

Do they earn average grades? \_\_\_\_\_  
Any period where they got better/worse? \_\_\_\_\_  
Current problems in school? \_\_\_\_\_  
How have you dealt with them? \_\_\_\_\_  
Have the neighbors complained about your child's behavior? \_\_\_\_\_  
Has your child ever been cited for his/her behavior? \_\_\_\_\_  
Has your child ever been on, or are they currently on probation? \_\_\_\_\_

**Adolescent Development**

Has your child entered puberty? \_\_\_\_\_  
Have you discussed reproduction/sexuality with your child? \_\_\_\_\_  
Does your child have friends of the opposite sex? \_\_\_\_\_  
Does your child belong to special peer groups or gangs? \_\_\_\_\_  
Does your child use drugs? \_\_\_\_\_ Alcohol? \_\_\_\_\_ Cigarettes? \_\_\_\_\_

Please use this space to describe any other information you think would be important for me to know about this developmental phase of your child's life.  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Please describe your child's strengths:

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Please describe their hobbies or special interests:

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Please describe your goals/expectations of treatment or what you would like to have accomplished:

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Is there any other information you think would be important for me to know in treating your child?

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Thank you for taking the time to complete the above information. It will be helpful in the treatment of your child.

**RESTORATION FAMILY COUNSELING CENTER**  
**PRIVACY PRACTICES**

We are required by law to protect the privacy of your medical information and to provide you with a detailed written notice describing how this clinic may use or disclose medical information about you and how you can obtain or correct this information. Here is a brief summary. Please review carefully.

- The law permits us to disclose information to those involved in your treatment.
- We may disclose your information for billing purposes, gaining insurance or benefits information, insurance authorization and payment for services.
- Your healthcare information may be used during normal healthcare operations.
- We may use your information to contact you, to call to remind you of your appointments, for scheduling purposes, or to inform you of insurance benefits. This may involve leaving messages on an answering machine or with the person who answers the phone.
- We may release some or all of your information when required by law.

Your authorization is required to disclose your health information to other healthcare providers, individuals, or third parties requesting information about you. We will provide a detailed NOTICE OF PRIVACY PRACTICES to you, which fully explain your right and our obligation under the law. We may revise our NOTICE from time to time. If you have not yet reviewed a copy of our current notice, a copy will be made available upon request.

- You have the right to request restrictions on uses and disclosures of your health information.
- You have the right to receive confidential communications.
- You have the right to inspect and copy your health information. This right does not apply to psychotherapy notes, information gathered for court actions. There are some other additional circumstances that your request may be denied.
- You have the right to amend your health information.
- You have the right to receive an accounting of disclosures.
- You have the right to obtain a copy of this notice.

**Acknowledgment**

I have the received a copy of Restoration Family Counseling Services, S-Corp Notice of Privacy Practices. I authorize Restoration Family Counseling Services to release any medical information required by my insurance company or worker compensation carrier for the processing of any medical claims filed on my behalf.

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Patient signature

Printed Name

Date

## Crisis Contacts

In the event that you are ever feeling unsafe or you require immediate medical or psychiatric assistance, please call 911, or go to the nearest emergency room. Additional numbers for help include:

- National Suicide Prevention Hot line (800) 273-TALK
- Sexual Assault Hot Line: (800) 656-HOPE
- Safe Quest (DV & Sexual Assault) (866) 487-7233
- Solano County Crisis (707) 428-1131
- Emergency 911