

# Cary Gymnastics Center

## Health and Safety Protocol

### Guidelines

<b>Employee Guidelines</b>	<ul style="list-style-type: none"><li>-Staff will wash/sanitize hands prior to/at the conclusion of and between classes</li><li>-Staff will have limited direct physical contact with children (spotting is limited to necessity for all classes)</li><li>-Staff will be diligently trained on procedures to enforce any distancing protocols</li><li>-Staff will wear face masks within 6 feet of participants.</li></ul>
<b>Building Preparation</b>	<ul style="list-style-type: none"><li>-All surface areas will be disinfected/sanitized multiple times daily</li><li>-Water fountains will be closed and students will bring their own water bottles</li><li>-Hand sanitizer will be accessible in lobbies and gym areas</li><li>-Lockers will be closed, team will carry necessary personal equipment with them during rotations</li><li>-Gym areas will be sanitized between every class</li><li>-Hands free dispensers for sanitizer</li><li>-All seating and tables will be removed from the lobby, vending machines will not be open</li><li>-Lobby area will have clearly marked spots 6 feet apart for parents to stand if watching</li></ul>
<b>Entering/exiting Building Areas</b>	<ul style="list-style-type: none"><li>- Separate entrance for dance students.</li><li>- Dance participants will not need to be in the gym/lobby areas at all</li><li>- Two separate gym spaces that will not have any contact with each other.</li><li>- SMALL GYM AREA and BIG GYM AREA</li><li>- SMALL GYM will have one entrance and exit</li><li>- BIG GYM will have designated entrance and exit</li></ul>
<b>Student Guidelines</b>	<ul style="list-style-type: none"><li>-All students will hand sanitize before entering and leaving the gyms/dance room</li><li>-Children and adults that show signs of sickness will be sent home</li><li>-All students must be registered prior to entering the building</li><li>-Strict attendance will be taken, anyone not on the attendance sheets will be sent home</li></ul>
<b>Class changes</b>	<ul style="list-style-type: none"><li>-All class sizes have been restructured to provide more square footage per child.</li><li>-Preschool classes will have a ratio of 1/6</li><li>-Rec/ tumbling/ninja classes will have a ratio of 1/8</li></ul>
<b>Parent Guidelines</b>	<ul style="list-style-type: none"><li>-All adults will be ASKED to wear face masks when in the building</li><li>-All parents are asked to drop off and pick up only if possible</li></ul>