

# TAAF Qualifier

**Trevino's Gymnastics**  
**1438 S. I35E**  
**LANCASTER, TEXAS 75146**  
**972-223-0167**



**March 10-11, 2018**

*MEET FORMAT – CONTINUOUS CAPITAL CUP*

## **MEET FORMAT: CONTINUOUS CAPITAL CUP**

*Saturday*, March 10, 2018

### **SESSION 1**

**ALL Level 1; Level 2: Apex, Best, BCS, Denton, Gymn Star, Irving Dynamic, TX Tumblers**

**Gym Opens:**                    **7:30am**  
Open Stretch:                    8:00am  
March In:                            8:30am  
Timed Warm Up:                8:35am  
Competition:                      8:45am

Awards to follow

*Saturday*, March 10, 2018

### **SESSION 2**

**Xcel Bronze & Level 2: Corinth, Excite, TGTC, Trevino's, Waxhachie, World of Gymnastics**

Open Stretch:                    11:15am  
March In:                            11:45am  
Timed Warm Up:                11:50am  
Competition:                      12:00pm

Awards to follow

*Saturday*, March 10, 2018

**SESSION 3**

**Level 4: Divisions 4, 5, 6, 7.**

Open Stretch: 3:00pm  
March In: 3:30pm  
Timed Warm Up: 3:35pm  
Competition: 3:45pm  
Awards to follow

*Saturday*, March 10, 2018

**SESSION 4**

**ALL Level 5; Level 4: Divisions 1, 2, 3.**

Open Stretch: 6:30pm  
March In: 7:00pm  
Timed Warm Up: 7:05pm  
Competition: 7:15pm  
Awards to follow

*Sunday*, March 11, 2018

**TIME CHANGE**

**SESSION 5**

**FREE COFFEE TIL 11am**

**ALL Level 3A; 3P: Divisions 5, 6, 7.**

**Gym Opens:** 7:30am  
Open Stretch: 8:00am  
March In: 8:30am  
Timed Warm Up: 8:35am  
Competition: 8:45am  
Awards to follow

*Sunday*, March 11, 2018

**SESSION 6**

**Level 3P; Divisions 1, 2, 3, 4.**

Open Stretch: 11:30am  
March In: 12:00pm  
Timed Warm Up: 12:05pm  
Competition: 12:15pm  
Awards to follow

*Sunday*, March 11, 2018

**SESSION 7**

**Levels: 6, 7, 8, Xcel Silver, Platinum and Diamond**

Open Stretch: 3:30pm  
March In: 4:00pm  
Timed Warm Up: 4:05pm  
Competition: 4:20pm  
Awards to follow