

Journey to Black Belt

At first, I just wanted to try a new sport, so I chose Taekwondo. After the trial class, I wanted to keep on doing it. My excitement grew every time when I was promoted to a new belt. When I started sparring, I was excited because I liked trying new things. After getting my sparring gear, I decided to do my best. As the time passed, I lost interest in Taekwondo. I thought it was boring because I've practiced the same things over and over again. Last May, my father recommended me to participate in the NC state cup. I got a gold medal for sparring. When I won the gold medal, I was excited, happy, and proud of myself. After the competition, I got motivated again, so I've practiced Taekwondo harder. I thank Master Shawn and Master Jung for their support. They made me practice for the competition. Later, I joined a demo team. I met new friends in the demo team. They welcomed me and encouraged me. Every class, I've learned more and exact form. Master Shin never gave up on me. He has always encouraged me to go on. Therefore, I've improved my form, attitude, and confidence. I appreciate him for being such a good and humorous Master. I have had many changes while I am doing Taekwondo. I've become more confident and healthier. Furthermore, I've learned how to protect myself, how to control my stress, and how to respect other people. I feel my changes that I am physically and mentally stronger. I will keep on doing Taekwondo until I get 9th degree.