

FEBRUARY 2019

LUNCH & SNACK MENU



Child Development Center
Hyde Park Baptist Church

GF – Gluten Free

DF – Dairy Free

V – Vegetarian

E – Egg

				<p>1</p> <p>Blueberry Yogurt</p> <p>Cheese Pizza V</p> <p>Chopped Salad w/ Ranch GF DF V</p> <p>Mixed Fruit</p> <p>Lemon Berry Muffins</p>
<p>4</p> <p>WW Cheerios</p> <p>Fish Sticks</p> <p>Mashed Potatoes GF V</p> <p>Steamed Carrots GF DF V</p> <p>Peaches</p> <p>Brazilian Bites</p>	<p>5</p> <p>Banana</p> <p>Beef Stroganoff</p> <p>Buttered Noodles</p> <p>Green Beans GF DF V</p> <p>Mandarin Oranges</p> <p>Graham Crackers & Sunbutter</p>	<p>6</p> <p>WW Fruit Bar DF V</p> <p>Chicken Sliders</p> <p>Sweet Potato Fries GF DF V</p> <p>Broccoli GF DF V</p> <p>Melon</p> <p>Strawberries & String Cheese</p>	<p>7</p> <p>Sausage & Egg Bake GF E</p> <p>Salisbury Steak</p> <p>Roasted Corn GF DF V</p> <p>Steamed Carrots GF DF V</p> <p>WW Roll</p> <p>Pineapple</p> <p>Banana Muffins</p>	<p>8</p> <p>Mango Yogurt</p> <p>Chicken & Dumplings</p> <p>Peas GF DF V</p> <p>Cornbread</p> <p>Mixed Fruit</p> <p>SunButter & Jelly Sandwich</p>
<p>11</p> <p>Rice Chex</p> <p>Chicken & Waffles</p> <p>Cinnamon Agave Apples</p> <p>Peaches</p> <p>Melon & Berries</p>	<p>12</p> <p>Banana</p> <p>Turkey Meatloaf</p> <p>Mashed Cauliflower/ Potatoes GF DF V</p> <p>Broccoli GF DF V</p> <p>Mandarin Oranges</p> <p>Mini Bagels & Blueberry Cream Cheese</p>	<p>13</p> <p>WW Fruit Bar DF V</p> <p>Teriyaki Chicken GF DF</p> <p>Rice w/ Veggies GF DF V</p> <p>Egg Roll</p> <p>Melon</p> <p>Zucchini Coins w/ Ranch Dip</p>	<p>14</p> <p>Egg & Cheese Bake E</p> <p>Beef Spaghetti</p> <p>Green Beans GF DF V</p> <p>Garlic Breadstick</p> <p>Pineapple</p> <p>Turkey & Cheese Roll-Up</p>	<p>15</p> <p>Peach Yogurt</p> <p>Cheese Pizza V</p> <p>Chopped Salad w/ Ranch GF DF V</p> <p>Mixed Fruit</p> <p>Pears & Cheddar</p>
<p>18</p> <p>CDC Closed Presidents' Day</p>	<p>19</p> <p>WW Cheerios</p> <p>Chicken Quesadillas</p> <p>Black Beans GF DF V</p> <p>Roasted Zucchini GF DF V</p> <p>Mandarin Oranges</p> <p>Blueberry Banana Smoothies</p>	<p>20</p> <p>WW Fruit Bar DF V</p> <p>Creamy Chicken Pasta</p> <p>Roasted Broccoli GF DF V</p> <p>Melon</p> <p>Carrot Sticks w/ Ranch Dip</p>	<p>21</p> <p>Ham & Egg Bake DF V</p> <p>Beefy Stew</p> <p>Roasted Cauliflower GF DF V</p> <p>Cornbread</p> <p>Pineapple</p> <p>Peaches</p>	<p>22</p> <p>Yogurt</p> <p>BBQ Chicken GF DF</p> <p>Ranch Style Beans</p> <p>Steamed Carrots</p> <p>Macaroni & Cheese</p> <p>Mixed Fruit</p> <p>Blackberry Muffin</p>
<p>25</p> <p>Rice Chex</p> <p>Salisbury Steak DF</p> <p>Mashed Potatoes GF DF V</p> <p>Peas GF DF V</p> <p>WW Roll</p> <p>Peaches</p> <p>WW Fruit Bar DF V</p>	<p>26</p> <p>Banana</p> <p>Baked Chicken Strips GF DF</p> <p>Macaroni & Cheese</p> <p>Roasted Broccoli GF DF V</p> <p>Mandarin Oranges</p> <p>Pears</p>	<p>27</p> <p>WW Fruit Bar DF V</p> <p>Turkey Meatloaf</p> <p>Roasted Red Potatoes GF DF V</p> <p>Green Beans GF DF V</p> <p>Melon</p> <p>Apples & Cheese</p>	<p>28</p> <p>Egg & Cheese Bake E</p> <p>Chicken Pot Pie DF</p> <p>Roasted Cauliflower GF DF V</p> <p>Pineapple</p> <p>Banana</p>	