

LIGHTNING RUNNING CLUB

2019 Youth Cross Country Meet Schedule

LOCAL SEASON

Date	Location	Start	Host Club
Sunday, Sept. 15	Brunswick HS, Brunswick	1:00 pm	Blue Ridge Express
Sunday, Sept. 22	Catoctin HS, Thurmont	1:00 pm	Catoctin
Sunday, Sept. 29	Agriculture Park, Derwood	12:30 pm	Olney XC
Sunday, Oct. 6	Carroll Manor ES, Adamstown	12:30 pm	Carroll Manor
Sunday, Oct. 13	Westminster HS, Westminster	1:00 pm	Westminster Wolfpack
Sunday, Oct. 20	Middletown Park, Middletown	1:00 pm	Middletown Knight Striders
Sunday, Oct. 27	Century HS, Eldersburg	12:45 pm	ERR Arrows
Sunday, Nov. 03	<i>tbd</i>	12:30 pm	Frederick Spires

POST SEASON CHAMPIONSHIP MEETS

Date	Location	Start	Host Club
Sunday, Nov. 10	Smithsburg HS, Smithsburg	1:00 pm	USATF PVA Championship
Saturday, Nov. 23	National Trail Raceway, Hebron, OH		CCCNYS
Saturday, Dec. 07	Victor Ash Park, Knoxville, TN		AAU National Championship
Saturday, Dec. 14	Yahara Hills Golf Course, Madison, WI		USATF National Championship