

100 M	PLACE			TIME
50-54 Female	1	Annie	St. Johns-Wilkins	15.8
50-54 Male	1	Mark	Rozema	12.9
50-54 Male	2	Curtis	Woody	13
50-54 Male	3	Craig	Helmer	13.2
50-54 Male	4	Jeffrey	Limberg	13.8
50-54 Male	5	Nicholas	Pang	14.1
50-54 Male	6	Stephen	Noble	15.3
55-59 Male	1	Dave	Hockersmith	12.7
55-59 Male	2	CHIP	CROWL	12.8
55-59 Male	3	David	Woodbury	12.9
60-64 Female	1	Carol	Papenberg	18.6
60-64 Female	2	Kathleen	Tanner	28.9
60-64 Male	1	Paul	Martin	13.5
60-64 Male	2	Gary	Thomas	16.4
65-69 Male	1	John	Davis	15.2
70-74 Male	1	Steven	Bowles	13.7
70-74 Male	2	John	Gustafson	14.9
70-74 Male	3	Merv	Armstrong	15.5
70-74 Male	4	Keith	Adams	17.1
75-79 Male	1	Warren	Barritt	16.02
75-79 Male	2	JACK	STOTERAU	17.25
75-79 Male	3	Lyle	Sonnenschein	17.29
75-79 Male	4	Harlan	Goudy	18.01
75-79 Male	5	Larry	Wright	19.19
75-79 Male	6	Ernie	Fresques	25.27
80-84 Male	1	Angelos	Markantonatos	16.75
80-84 Male	2	Frank	Welch	16.95
80-84 Male	3	Gene	Sutter	17.08
85-89 Female	1	Betty	Gaudy	26.3
85-89 Male	1	Glenn	Dody	21.1
85-89 Male	2	Arnold	Penney	41.6
95-99 Male	1	Paul	Hall	39
1500 M	PLACE			TIME
50-54 Female	1	Tamara	Alegria	08:45.1

55-59 Male	1	Gary	Plank	04:47.2
55-59 Male	2	David	Parnell	06:55.6
60-64 Female	1	Michie	Pitts	07:33.8
60-64 Male	1	PAUL	PEARSON	04:59.5
60-64 Male	2	Mark	Mahl	05:38.9
65-69 Male	1	Dennis	Nolan	07:19.0
65-69 Male	2	Edward	Butler	07:39.7
70-74 Male	1	Nat	White	06:16.0
70-74 Male	2	John	Gustafson	06:41.1
70-74 Male	3	Zdenek	Gonsiorovsky	06:43.1
75-79 Male	1	Larry	Wright	06:51.0
75-79 Male	2	Harlan	Goudy	12:23.2
80-84 Male	1	Tom	Casey	11:39.2
80-84 Male	2	James	Schirber	12:10.6
85-89 Female	1	Rose Ellen	McCourt	16:32.8
200 M	PLACE			TIME
50-54 Female	1	Tamara	Alegria	41.13
50-54 Male	1	Mark	Rozema	26.97
50-54 Male	2	Craig	Helmer	27.34
50-54 Male	3	Nicholas	Pang	29.61
55-59 Male	1	Dave	Hockersmith	26.24
55-59 Male	2	CHIP	CROWL	27.68
55-59 Male	3	JIM	HERSHBERGER	29.06
60-64 Female	1	Carol	Papenberg	40.01
60-64 Male	1	Paul	Martin	27.72
60-64 Male	2	Andrew	Michnovicz	31.84
60-64 Male	3	Gary	Thomas	36.56
65-69 Male	1	John	Davis	31.8
70-74 Male	1	Steven	Bowles	29.51
70-74 Male	2	John	Gustafson	34.72
70-74 Male	3	Keith	Adams	37.74

75-79 Male	1	JACK	STOTERAU	35.53
75-79 Male	2	Lyle	Sonnenschein	37.02
75-79 Male	3	Larry	Wright	39.89
75-79 Male	4	Ernie	Fresques	01:01.2
80-84 Male	1	Angelos	Markantonatos	36.62
80-84 Male	2	Frank	Welch	38.76
80-84 Male	3	Gene	Sutter	38.91
85-89 Female	1	Betty	Gaudy	01:02.3
85-89 Female	2	Rose Ellen	McCourt	01:54.9
85-89 Male	1	Glenn	Dody	45.87
3000M	PLACE			TIME
60-64 Female	1	Michie	Pitts	15:49.0
65-69 Male	1	John	Duncan	13:36.9
65-69 Male	2	Dennis	Nolan	15:52.2
70-74 Male	1	Zdenek	Gonsiorovsky	14:00.2
75-79 Male	1	Larry	Wright	15:09.1
400M	PLACE			TIME
50-54 Female	1	Tamara	Alegria	01:53.9
50-54 Male	1	David	Dimassa	01:01.3
50-54 Male	2	Craig	Helmer	01:01.5
50-54 Male	3	Mark	Rozema	01:02.6
50-54 Male	4	Nicholas	Pang	01:08.0
50-54 Male	5	Todd	Farnworth	01:13.3
60-64 Female	1	Carol	Papenberg	01:44.8
60-64 Male	1	Andrew	Michnovicz	01:13.7
65-69 Male	1	John	Ahrens	01:28.6
70-74 Male	1	Nat	White	01:16.9
70-74 Male	2	John	Gustafson	01:24.9
75-79 Male	1	Lyle	Sonnenschein	01:28.9
75-79 Male	2	Jack	Rickard	01:35.8
75-79 Male	3	Larry	Wright	01:30.4
75-79 Male	4	Ernie	Fresques	02:52.4

80-84 Male	1	Angelos	Markantonatos	01:38.0
85-89 Female	1	Rose Ellen	McCourt	04:30.0
85-89 Male	1	Glenn	Dody	01:57.0
50M	PLACE			TIME
50-54 Female	1	Annie	St. Johns-Wilkins	8.35
50-54 Male	1	Curtis	Woody	7.23
50-54 Male	2	Craig	Helmer	7.24
55-59 Male	1	CHIP	CROWL	7.03
55-59 Male	2	David	Woodbury	7.1
60-64 Female	1	Carol	Papenberg	9.49
60-64 Female	2	Kathleen	Tanner	13.88
60-64 Male	1	Paul	Martin	7.21
60-64 Male	2	Jerry	Jensen	9.1
65-69 Male	1	John	Davis	7.81
65-69 Male	2	William	James	10.8
70-74 Male	1	Steven	Bowles	6.9
70-74 Male	2	John	Gustafson	7.2
70-74 Male	3	Gary	Hix	7.94
70-74 Male	4	Merv	Armstrong	8.1
75-79 Male	1	Warren	Barritt	8.4
75-79 Male	2	JACK	STOTERAU	9.27
75-79 Male	3	Harlan	Goudy	9.32
75-79 Male	4	Larry	Wright	9.97
75-79 Male	5	Ernie	Fresques	13.51
80-84 Male	1	Frank	Welch	8.67
80-84 Male	2	Gene	Sutter	8.8
80-84 Male	3	Angelos	Markantonatos	8.92
85-89 Female	1	Betty	Gaudy	13.24
85-89 Male	1	Arnold	Penney	18.65
95-99 Male	1	Paul	Hall	19.38
800M	PLACE			TIME
50-54 Female	1	Tamara	Alegria	04:15.1

55-59 Male	1	Steve	Walsh	02:47.5	
60-64 Male	1	PAUL	PEARSON	02:29.0	
65-69 Male	1	John	Ahrens	03:25.6	
65-69 Male	2	Dennis	Nolan	03:38.9	
70-74 Male	1	Nat	White	02:58.1	
70-74 Male	2	John	Gustafson	03:52.7	
75-79 Male	1	Larry	Wright	03:22.3	
75-79 Male	2	Lyle	Sonnenschein	04:30.1	
85-89 Female	1	Rose Ellen	McCourt	08:49.5	
Discus	PLACE			METERS	FT'IN"
50-54 Female	1	Tamara	Alegria	16.48	54' 1"
50-54 Male	1	Patrick	Krinking	37.07	121' 5"
50-54 Male	2	DOUGLAS	ANDERSON	33.96	111' 5"
50-54 Male	3	Stephen	Noble	20.04	65' 9"
55-59 Male	1	Richard	Watson	31.32	102' 9"
55-59 Male	2	CHIP	CROWL	20.02	65' 8"
60-64 Female	1	Lynn	Dow	21.84	71'8"
60-64 Female	2	Phyllis	Ruoho	15.03	49'4"
60-64 Female	3	Carol	Papenberg	11.05	36'3"
65-69 Female	1	Bonnie	Otis	17.30	56'9"
65-69 Male	1	William	Lammers	40.89	134'2"
65-69 Male	2	Ron	Damschen	33.55	110'1"
65-69 Male	3	Robert	Osterhoudt	32.97	108'2"
70-74 Female	1	Ellie	Armstrong	16.23	53'3"
70-74 Female	2	Sherron	Pearson	10.52	34'6"
70-74 Male	1	Merv	Armstrong	31.42	103'1"
70-74 Male	2	MICHAEL	MEILS	28.93	94'11"
70-74 Male	3	Dick	Dow	28.07	92'1"
70-74 Male	4	Ronald	Small	27.53	90'4"
75-79 Male	1	Neil	Saling	30.53	100'2"
75-79 Male	2	Kare	Lid	24.69	81'

80-84 Female	1	Barbara	Brandt	16.03	52'7"
80-84 Male	1	Dave	Douglass	23.01	75'6"
80-84 Male	2	Arthur	Brandt	21.69	71'2"
80-84 Male	3	Roger	Pearson	20.32	66'8"
80-84 Male	4	John	Fucci	12.07	39'7"
High Jump	PLACE			METERS	FT'IN"
50-54 Male	1	Curtis	Woody	1.37	4'6"
55-59 Male	1	CHIP	CROWL	1.32	4'4"
55-59 Male	2	Richard	Watson	1.32	4'4"
60-64 Female	1	Carol	Papenberg	1.02	3'4"
60-64 Male	1	Gary	Thomas	1.22	4'
65-69 Male	1	Ron	Damschen	0.97	3'2"
70-74 Male	1	John	Gustafson	1.32	4'4"
70-74 Male	2	Keith	Adams	1.07	3'6"
75-79 Male	1	Harlan	Goudy	1.12	3'8"
75-79 Male	2	Kare	Lid	1.12	3'8"
Javelin	PLACE			METERS	FT'IN"
50-54 Female	1	Tamara	Alegria	28.8	94'6"
50-54 Male	1	Stephen	Noble	34.52	113'3"
50-54 Male	2	DOUGLAS	ANDERSON	26.82	88'0"
55-59 Male	1	Richard	Watson	26.04	85'5"
60-64 Female	1	Phyllis	Ruoho	15.47	50'9"
60-64 Female	2	Carol	Papenberg	8.89	29'2"
60-64 Male	1	Gary	Thomas	32	105'
60-64 Male	2	Robert	Sheets	23.42	76'10"
65-69 Female	1	Bonnie	Otis	18.42	60'5"
65-69 Male	1	Ron	Damschen	28.88	94'9"
65-69 Male	2	Perry	Kleine	26.36	86'6"
65-69 Male	3	William	James	19.51	64'
70-74 Female	1	Sherron	Pearson	11	36'1"

70-74 Male	1	Merv	Armstrong	32	105'
70-74 Male	2	Ronald	Small	27.1	88'11"
75-79 Male	1	Harlan	Goudy	16.79	55'
80-84 Female	1	Barbara	Brandt	18.16	59'7"
80-84 Male	1	Arthur	Brandt	20.09	65'11"
80-84 Male	2	Dave	Douglass	19.74	64'9"
80-84 Male	3	Roger	Pearson	16.28	53'5"
80-84 Male	4	John	Fucci	10.57	34'8"
Long Jump-Running	PLACE			METERS	FT'IN"
50-54 Female	1	Annie	St. Johns-Wilkins	3.31	10'10"
50-54 Male	1	Curtis	Woody	5.26	17'3"
50-54 Male	2	Stephen	Noble	3.75	12'4"
55-59 Male	1	CHIP	CROWL	4.59	15'0.1"
55-59 Male	2	Richard	Watson	3.64	11'11.3"
55-59 Male	3	Dragan	Bodiroga	3.52	11'6.6"
60-64 Female	1	Carol	Papenberg	2.7	8'10.3"
60-64 Female	2	Phyllis	Ruoho	2.54	8'3.9"
65-69 Male	1	Lawrence	Jones	3.81	12'6.1"
65-69 Male	2	Ron	Damschen	2.92	9'6.9"
70-74 Male	1	John	Gustafson	3.89	12'9.1"
70-74 Male	2	Merv	Armstrong	3.87	12'8.4"
75-79 Male	1	Lyle	Sonnenschein	3.36	11'0.2"
75-79 Male	2	Harlan	Goudy	3.22	10'6.7"
Long Jump (Standing)	PLACE			METERS	FT'IN"
50-54 Female	1	Annie	St. Johns-Wilkins	2.05	6'8.75"
50-54 Male	1	Curtis	Woody	2.41	7'11"
50-54 Male	2	Stephen	Noble	2.29	7'
55-59 Male	1	Richard	Watson	2.35	7'8.5"
55-59 Male	2	John	Ma	2.29	7'6"
55-59 Male	3	Dragan	Bodiroga	2.13	7'
60-64 Female	1	Carol	Papenberg	1.64	5'4.5"
60-64 Female	2	Phyllis	Ruoho	1.52	5'

60-64 Male	1	Gary	Thomas	2.17	7'1.5"
65-69 Male	*1	Ron	Damschen	1.98	6'6"
65-69 Male	*1	William	James	1.98	6'6"
70-74 Male	1	John	Gustafson	2.42	7'11.5"
75-79 Male	1	Harlan	Goudy	2.01	6'7"
75-79 Male	2	Lyle	Sonnenschein	1.88	6'2"
80-84 Male	1	Donald	Sharp	1.59	5'2.5"
Pole Vault	PLACE			METERS	FT'IN"
55-59 Male	1	Richard	Watson	1.82	6'6"
65-69 Male	1	Lawrence	Jones	2.44	8'
75-79 Male	1	Doug	McFetters	1.68	5'6"
80-84 Male	1	Thomas	Hinkes	2.29	7'6"
Shot Put	PLACE			METERS	FT'IN"
50-54 Female	1	Tamara	Alegria	7.47	24'6"
50-54 Male	1	Patrick	Krinking	11.34	37'2.5"
50-54 Male	2	DOUGLAS	ANDERSON	9.44	30'11.5"
55-59 Male	1	Richard	Watson	10.04	32'1"
55-59 Male	2	John	Ma	9.75	31'11.74"
55-59 Male	3	CHIP	CROWL	9.25	30'4"
60-64 Female	1	Susie	Kingston	7.66	25'1.5"
60-64 Female	2	Phyllis	Ruoho	6.68	21'11"
60-64 Female	3	Carol	Papenberg	5.87	19'3"
60-64 Male	1	Robert	Sheets	8.47	27'9.5"
65-69 Female	1	Bonnie	Otis	5.87	19'3"
65-69 Male	1	William	Lammers	11.21	36'9.5"
65-69 Male	2	Ron	Damschen	8.66	28'5"
65-69 Male	3	Perry	Kleine	6.6	22'5"
70-74 Female	1	Ellie	Armstrong	5.48	17'11.75"
70-74 Male	1	Paul	Vermillion	11.42	37'5.5"
70-74 Male	2	Ronald	Small	10.39	34'1.25"

70-74 Male	3	MICHAEL	MEILS	9.58	31'5.25"
70-74 Male	4	MARC	SOKOLIK	8.89	29'2"
70-74 Male	5	John	Irby	7.29	23'11"
75-79 Male	1	Neil	Saling	10.13	33'2.75"
75-79 Male	2	Harlan	Goudy	8.04	26'4.75"
75-79 Male	3	Kare	Lid	7.68	25'2.75"
80-84 Male	1	Dave	Douglass	9.46	31'0.5"
80-84 Male	2	Donald	Sharp	9.09	25'9.75"
80-84 Male	3	John	Fucci	7.01	23'
80-84 Male	4	Roger	Pearson	6.49	21'3.5"
Triple Jump	PLACE			METERS	FT'IN"
50-54 Male	1	Curtis	Woody	10.1	33'1.6"
65-69 Male	1	Lawrence	Jones	8.17	26'9.6"
65-69 Male	2	Ron	Damschen	7.09	23'3"
70-74 Male	1	John	Gustafson	7.93	26'0.2"
70-74 Male	2	Merv	Armstrong	7.69	25'2.75"
75-79 Male	1	Harlan	Goudy	6.23	20'5.28"
75-79 Male	2	Lyle	Sonnenschein	6	19'8.22"

