

Golden Ghost/Cowboy Invitational

Sept 21, 2023

Para

Place	Finisher	Time	Runner	School
1	78	13:43	Noah Haddad	Sir Frederick Banting SS
2	830	15:32	Zack Stubbs	Mother Teresa CSS
3	45	16:46	Jelani Oyomo	South SS
4	667	17:33	Keigan Armstrong	Strathroy
5	310	18:21	Diego Alban-Gasca	St. Joseph's CSS
6	955	22:40	Adam Mensah	Saunders SS
7	949	22:54	Ryan Gillis	Saunders SS
8	738	26:53	Victoria Regier	Clarke Road SS
9	967	27:36	Griffin Stevenson	Saunders SS

Golden Ghost/Cowboy Invitational

Sept 21, 2023

Novice Boys

Place	Finisher	Time	Runner	School
1	126	10:33	Charlie Bender	St. Mary's DCVI
2	563	10:38	Jonas Van Gilst	Medway HS
3	1013	10:52	Jack Metcalfe	Sarnia Northern
4	127	10:58	Abe Bender	St. Mary's DCVI
5	131	11:02	Nic Brintnell	St. Mary's DCVI
6	575	11:12	Lucas Victoriano	St. Andre Bessette
7	303	11:18	Sebastion Voros	St Mike's CSS
8	178	11:19	Benny Trebicky	Oakridge SS
9	1017	11:19	Liam Burns	Sarnia Northern
10	1014	11:01	Kyle Guthrie	Sarnia Northern
11	1009	11:32	Alex Fortney	Sarnia Northern
12	129	11:35	Vaughn Barr	St. Mary's DCVI
13	130	11:36	Ben Robson	St. Mary's DCVI
14	883	11:36	Oliver Doolittle	Parkside
15	80	11:37	Mathieu Khosla-Vucko	Sir Frederick Banting SS
16	128	11:38	Zach Matheson	St. Mary's DCVI
17	81	11:39	Ethan, Pollock	Sir Frederick Banting SS
18	224	11:40	Joel Gates	Stratford SS
19	108	11:42	Gavin Mills	Sir Frederick Banting SS
20	536	11:44	Carter Fleming	Medway HS
21	174	11:45	Ryan Galloway	Oakridge SS
22	894	11:52	Andrew Menlove	Parkside
23	302	11:52	Quinten Vollmer	St Mike's CSS
24	741	11:57	Alex Wilson	Clarke Road SS
25	473	12:02	Brendan Pinto	St. Thomas Aquinas CSS
26	109	12:03	Mason Denison	Sir Frederick Banting SS
27	791	12:05	John Junop	AB Lucas SS
28	198	12:09	Gavin Fournier	Lord Dorchester SS
29	603	12:20	Nathan Li	London Central SS
30	51	12:23	Kai Rose	South SS
31	450	12:24	Kane Dobben	F.E. Madill SS
32	953	12:25	Logan Lawrence	Saunders SS
33	803	12:30	Michael Walsh	AB Lucas SS
34	604	12:33	Ethan Li	London Central SS
35	602	12:33	Bryan Xie	London Central SS
36	939	12:38	Chase Bouffard	Saunders SS
37	576	12:39	Nicholas Wright	St. Andre Bessette
38	670	12:50	Evan Young	Monseigneur-Bruyere
39	777	12:56	Mason Cooke	AB Lucas SS
40	966	12:57	Carter Statema	Saunders SS
41	1	13:04	Dustin Burton	Central Huron SS
42	1082	13:14	Nathanael Sousa	Providence Reformed Collegiate
43	1098	13:17	Logan Lindsay	Great Lakes S.S.
44	958	13:20	Aidan Noble	Saunders SS
45	1020	13:23	Jacob Prozorowicz	Sarnia Northern
46	749	13:23	Brian Spacek	St. Anne's CSS
47	172	13:26	Nicholas Rauwerda	Oakridge SS
48	82	13:36	Colin Brown	Sir Frederick Banting SS
49	470	13:39	Chase Allen	St. Thomas Aquinas CSS
50	262	13:41	Rens De Bruin	St Mike's CSS
51	1011	13:43	Dev Jethva	Sarnia Northern
52	565	13:55	Carter Webb	Medway HS
53	184	13:59	Byron Bruegmann	Oakridge SS
54	870	14:03	Jax Slotegraff	Listowel DSS
55	205	14:08	Quinn McDonald	Lord Dorchester SS
56	868	14:09	Phoenix Drudge	Listowel DSS
57	572	14:09	Colin Thompson	St. Andre Bessette
58	779	14:10	Charlie Cordell	AB Lucas SS
59	1012	14:10	Enalo Ndimande	Sarnia Northern
60	234	14:11	Austin Martin	Stratford SS
61	125	14:24	Mac Hern	St. Mary's DCVI
62	881	14:31	Parker Arnett	Parkside
63	472	14:34	Sharbel Matty	St. Thomas Aquinas CSS

Team Results		Place	Score
St. Mary's DCVI		1	22
Sarnia Northern		2	33
Sir Frederick Banting SS		3	77
Oakridge SS		4	129
St Mike's CSS		5	144
Saunders SS		6	152
AB Lucas SS		7	157
St. Thomas Aquinas CSS		8	203

64	265	14:35	Henry Drennan	St Mike's CSS
65	757	14:42	Brayden Chelchowski	Central Elgin CI
66	471	14:55	Julian Foreman	St. Thomas Aquinas CSS
67	83	14:58	Trent Cowl	Sir Frederick Banting SS
68	68	15:14	Jakson Hicks	South SS
69	661	15:20	Quentin Vanderjeugd	Strathroy
70	1015	15:23	Liam Best	Sarnia Northern
71	752	15:31	Judah Wicks	St. Anne's CSS
72	959	15:45	Victor Perez	Saunders SS
73	357	15:45	Ben Santiago	St. Joseph's CSS
74	713	15:54	Tyler Wilde	Sir Wilfrid Laurier SS
75	474	15:54	Ty Sanjose	St. Thomas Aquinas CSS
76	1078	17:07	Jackson Kamminga	Providence Reformed Collegiate
77	85	17:31	Nolan Koonar	Sir Frederick Banting SS
78	811	17:36	Jacob Andrusiak	Mother Teresa CSS
79	740	18:15	James Whalley	Clarke Road SS
80	788	18:19	Jonah Janzen	AB Lucas SS
81	945	19:57	Ethan Day	Saunders SS
82	194	21:39	Declan Armstrong	Lord Dorchester SS
83	993		Aurie Bristow	Regina Mundi College

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Novice Girls

Place	Finisher	Time	Runner	School
1	468	12:02	Kyla Vording	St. Thomas Aquinas CSS
2	609	12:04	Asha Nazarewicz	London Central SS
3	462	12:22	Megan Jean	St. Thomas Aquinas CSS
4	459	12:43	Charlotte Bothwell	St. Thomas Aquinas CSS
5	426	12:50	Reese Krishnathasan	Catholic Central SS
6	75	12:58	Willa Schaufele	Sir Frederick Banting SS
7	76	12:59	Lilienne Mitchell	Sir Frederick Banting SS
8	270	13:02	Jayda Houben	St Mike's CSS
9	605	13:03	Izzy Downing	London Central SS
10	399	13:17	Brooke Clayton	Catholic Central SS
11	8	13:19	Hannah Dalton	Central Huron SS
12	833	13:23	Jaydin Askey	Mother Teresa CSS
13	132	13:25	Alanna Savile	St. Mary's DCVI
14	606	13:26	Meredith Dwyer	London Central SS
15	660	13:26	Avery Van Will	Strathroy
16	72	13:27	Lauren Kleinknecht	Sir Frederick Banting SS
17	278	13:35	Maren Marshall	St Mike's CSS
18	608	13:36	Emily Muir	London Central SS
19	1023	13:45	Harper Sieders	Sarnia Northern
20	191	13:49	Aisha Medina	Lord Dorchester SS
21	71	13:53	Jessica Thompson	Sir Frederick Banting SS
22	30	13:55	Carly Day	South SS
23	1025	13:56	Olivia Somers	Sarnia Northern
24	133	13:57	Holly Black	St. Mary's DCVI
25	1022	13:58	Astrid McCormick	Sarnia Northern
26	940	13:58	Paige Bowen	Saunders SS
27	73	13:59	Erena, Karram	Sir Frederick Banting SS
28	466	14:04	Eva Simoes	St. Thomas Aquinas CSS
29	185	14:10	Poppy Thuss	Oakridge SS
30	297	14:10	Mya Terpstra	St Mike's CSS
31	252	14:11	Ainsley Berendsen	St Mike's CSS
32	280	14:13	Lydia McLaughlin	St Mike's CSS
33	714	14:17	Chelsea Mott	Sir Wilfrid Laurier SS
34	658	14:28	Emma Osmond	Strathroy
35	656	14:39	Grace Auld	Strathroy
36	24	14:42	Kylin Wilson	Central Huron SS
37	452	14:43	Avery Toll	F.E. Madill SS
38	1026	14:44	Marin James	Sarnia Northern
39	837	14:46	Addie Forcey	Mother Teresa CSS
40	843	14:59	Maya Warmuz	Mother Teresa CSS
41	54	15:02	Lily Ruypers	South SS
42	295	15:03	Nora Stephens	St Mike's CSS
43	159	15:04	Maeve Walsh	Ingersoll
44	164	15:07	Meleena Prikken	Ingersoll
45	836	15:10	Ava Del-Vasto	Mother Teresa CSS
46	457	15:11	Marley Barrell	St. Thomas Aquinas CSS
47	412	15:15	Jewel Adams	Catholic Central SS
48	835	15:21	Rachael Bourdeau	Mother Teresa CSS
49	285	15:21	Maeve Moss	St Mike's CSS
50	465	15:22	Georgia Schembri	St. Thomas Aquinas CSS
51	392	15:36	Alayna Malabanan	Catholic Central SS
52	834	15:41	Aliyah Baron	Mother Teresa CSS
53	612	15:49	Evelyn Mackie	London Central SS
54	258	15:53	Therese Charlesworth	St Mike's CSS
55	844	15:55	Dana Yim	Mother Teresa CSS
56	841	15:56	Vanessa Nenonen	Mother Teresa CSS
57	304	15:58	Cambell Ward	St Mike's CSS
58	395	16:04	Ava Hunking	Catholic Central SS
59	239	16:12	Xanthe Marchanton	Stratford SS
60	799	16:16	Heli Ranasinghe	AB Lucas SS
61	463	16:20	Emily Lawrance	St. Thomas Aquinas CSS
62	744	16:23	Jordan Boersma	St. Anne's CSS
63	800	16:23	Neja Ranasinghe	AB Lucas SS

Team Results	Place	Score
St. Thomas Aquinas CSS	1	36
London Central SS	2	43
Sir Frederick Banting SS	3	50
St Mike's CSS	4	86
Sarnia Northern	5	105
Catholic Central SS	6	113
Mother Teresa CSS	7	136
Strathroy	8	154

64	469	16:25	Katie Winfield	St. Thomas Aquinas CSS
65	360	16:34	Madison Smith	St. Joseph's CSS
66	769	16:57	Jenny Woolsey	Central Elgin CI
67	363	17:03	Avery Musclow	St. Joseph's CSS
68	460	17:16	Bianca Ghita	St. Thomas Aquinas CSS
69	283	17:31	Isabella Mills	St Mike's CSS
70	659	17:37	Charlotte Shay	Strathroy
71	429	17:48	Selena Brown	Catholic Central SS
72	838	17:54	Keira Lamb	Mother Teresa CSS
73	1088	17:57	Rebecca Waters	Great Lakes S.S.
74	759	17:57	Lucy Homewood	Central Elgin CI
75	461	18:12	Ava Gordon	St. Thomas Aquinas CSS
76	948	18:27	Julia Gilliland	Saunders SS
77	761	18:39	Olivia Knoflook	Central Elgin CI
78	785	18:46	Ava Hastie	AB Lucas SS
79	1094	19:02	Dori Barry	Great Lakes S.S.
80	700	19:12	Isla Baxter	Sir Wilfrid Laurier SS
81	238	19:13	AMber Hillis	Stratford SS
82	458	19:17	Katherine Boller	St. Thomas Aquinas CSS
83	657	19:18	Kaydin Gold	Strathroy
84	543	19:19	Angela Kalopisis	Medway HS
85	464	20:16	Silvana Paramo	St. Thomas Aquinas CSS
86	839	20:22	Breanne Manning	Mother Teresa CSS
87	717	21:10	Miranda Douglas	Sir Wilfrid Laurier SS
88	409	25:00	Hanah Collins	Catholic Central SS

Golden Ghost/Cowboy Invitational Sept 21, 2023

Junior Boys

Place	Finisher	Time	Runner	School	Team Results	Place	Score
1	199	13:39	Kirk Hallman	Lord Dorchester SS	Lord Dorchester SS	1	66
2	537	13:39	Ryan Georgeson	Medway HS	St. Thomas Aquinas CSS	2	68
3	134	13:59	Kaleb Dingman	St. Mary's DCVI	Saunders SS	3	78
4	135	14:21	Myles Clinton	St. Mary's DCVI	Medway HS	4	98
5	965	14:40	Linden Spence	Saunders SS	Sir Frederick Banting SS	5	104
6	91	14:48	Simon Rastogi	Sir Frederick Banting SS	Mother Teresa CSS	6	113
7	748	14:55	Logan Klomps	St. Anne's CSS	Sarnia Northern	7	135
8	814	14:57	Felipe Cubillos	Mother Teresa CSS	Ingersoll	8	179
9	871	15:09	Javier Rey Saez	Listowel DSS	Great Lakes S.S.	9	204
10	1038	15:16	Dawson Moses	Sarnia Northern	Regina Mundi College	10	224
11	483	15:22	Sacha Larsen	St. Thomas Aquinas CSS	St. Joseph's CSS	11	248
12	481	15:23	Spencer Keen	St. Thomas Aquinas CSS	London Central SS	12	252
13	165	15:29	Noah Cann	Ingersoll	South SS	13	326
14	1087	15:34	Paxton Burnie	Great Lakes S.S.	Monseigneur-Bruyere	14	330
15	995	15:36	Santiago Rios Canevari	Regina Mundi College			
16	209	15:37	River Neveu	Lord Dorchester SS			
17	968	15:39	Jason Strong	Saunders SS			
18	954	15:40	Owen Maloley	Saunders SS			
19	92	15:41	Will Lean	Sir Frederick Banting SS			
20	477	15:43	Connor Devlin	St. Thomas Aquinas CSS			
21	157	15:44	Eli North	Ingersoll			
22	214	15:45	Bennett Thomas	Lord Dorchester SS			
23	225	15:46	Ivan Muller	Stratford SS			
24	580	15:54	Michael Webster	St. Andre Bessette			
25	486	15:59	Braylon Rebelo	St. Thomas Aquinas CSS			
26	93	16:02	Ryan Vacante	Sir Frederick Banting SS			
27	197	16:03	Spencer Erb	Lord Dorchester SS			
28	815	16:05	Gianluca Decandido	Mother Teresa CSS			
29	212	16:10	Andrew Shoniker	Lord Dorchester SS			
30	1035	16:12	Sullivan Toenders	Sarnia Northern			
31	566	16:13	Broden Weber	Medway HS			
32	527	16:20	William Bond	Medway HS			
33	559	16:22	Evan Pym	Medway HS			
34	1090	16:25	Jonas Johansen	Great Lakes S.S.			
35	818	16:26	Liam O'Hagan	Mother Teresa CSS			
36	482	16:30	Chase Kristensen	St. Thomas Aquinas CSS			
37	476	16:41	Blake Denotter	St. Thomas Aquinas CSS			
38	941	16:42	Johnathan Brubacher	Saunders SS			
39	55	16:43	Joel Snell	South SS			
40	1028	16:44	Brody Hyde	Sarnia Northern			
41	621	16:48	Mateen Tamba	London Central SS			
42	819	16:57	Aaron Stomp	Mother Teresa CSS			
43	817	17:02	Tiago Neiva	Mother Teresa CSS			
44	736	17:03	Theo Gale	Clarke Road SS			
45	675	17:13	Tristan Jacob	Monseigneur-Bruyere			
46	475	17:14	Mateo Crnic	St. Thomas Aquinas CSS			
47	813	17:22	Jacob Brown	Mother Teresa CSS			
48	622	17:30	Alec Van den Steen	London Central SS			
49	200	17:41	Aric Hochreiter	Lord Dorchester SS			
50	311	17:58	Andrew Aavika	St. Joseph's CSS			
51	577	18:06	Alex Latif	St. Andre Bessette			
52	950	18:16	Lucas Kaufman	Saunders SS			
53	89	18:32	Edwin Maslen	Sir Frederick Banting SS			
54	990	18:38	Mohammed Alsharif	Regina Mundi College			
55	1031	18:42	Easton Burgess	Sarnia Northern			
56	1080	18:43	Ryder Kamminga	Providence Reformed Collegiate			
57	1037	18:47	Cameron Latta	Sarnia Northern			
58	312	18:56	Max Andrews	St. Joseph's CSS			
59	1091	18:56	Zach Campbell	Great Lakes S.S.			
60	484	19:02	Mikey Newman	St. Thomas Aquinas CSS			
61	196	19:03	Lennon Ceccanese	Lord Dorchester SS			
62	478	19:12	Cameron Hunter	St. Thomas Aquinas CSS			
63	617	19:12	Cooper Johnson	London Central SS			

64	896	19:15	Dawson Templeton	Parkside
65	158	19:16	Justin Clarke	Ingersoll
66	1079	19:16	Landon Hartemink	Providence Reformed Collegiate
67	956	19:18	Brandon Miles	Saunders SS
68	1072	19:20	Unknown Runner	Sarnia Northern
69	339	19:35	Gavin Kennington	St. Joseph's CSS
70	695	19:49	Nicholas Gransjean	Sir Wilfrid Laurier SS
71	354	20:01	Aidan Pleli	St. Joseph's CSS
72	485	20:03	Andre Prato	St. Thomas Aquinas CSS
73	570	20:17	Scott Agboola	St. Andre Bessette
74	216	20:19	Ezra Wallace	Lord Dorchester SS
75	538	20:26	Ben Hammond	Medway HS
76	1081	20:39	Matheo Wubs	Providence Reformed Collegiate
77	996	20:41	Obed Arueyingho	Regina Mundi College
78	997	20:42	Ali Abouchami	Regina Mundi College
79	1034	20:45	Rohit Subrahmanian	Sarnia Northern
80	167	21:14	Greyson West	Ingersoll
81	674	21:16	Alexandre Paranosic	Monseigneur-Bruyere
82	1029	21:33	Conor Martin	Sarnia Northern
83	988	21:45	Sebastian Palacio	Regina Mundi College
84	210	22:08	Troy Pink	Lord Dorchester SS
85	733	22:12	Zeeshan Faizi	Clarke Road SS
86	276	22:28	Joshua Larivière	St Mike's CSS
87	206	22:33	Tyler Michiels	Lord Dorchester SS
88	983	22:34	Kennedy Peng	Regina Mundi College
89	986	22:39	Colin Vanden Hoven	Regina Mundi College
90	1101	23:05	Stanislav Potetinov	South SS
91	1033	23:08	Liam Byatt	Sarnia Northern
92	982	23:09	Felix Feeney	Regina Mundi College
93	423	23:29	Nathan Gebreselassie	Catholic Central SS
94	989	23:29	Yusuf Elsayed	Regina Mundi College
95	406	23:30	Ethan Choong	Catholic Central SS
96	61	23:36	Kabir Bahth	South SS
97	1097	23:54	Jakob Macmillan	Great Lakes S.S.
98	1099	24:00	Julius Sinopole	Great Lakes S.S.
99	673	24:06	Liam Austin	Monseigneur-Bruyere
100	618	24:06	Alex Li	London Central SS
101	49	24:09	Sam Roberts,	South SS
102	624	24:50	Benjamin Schaefer	London Central SS
103	991	25:10	Isiah Paiva	Regina Mundi College
104	1030	26:49	Cove Oblak	Sarnia Northern
105	679	27:08	Micheal Yang	Monseigneur-Bruyere
106	215	28:19	Jacob Versteegen	Lord Dorchester SS
107	998	28:24	Jacob Abra	Regina Mundi College
108	821	42:17	Ebuka Uche-Nwankwo	Mother Teresa CSS

Golden Ghost/Cowboy Invitational Sept 21, 2023

Junior Girls

Place	Finisher	Time	Runner	School
1	1045	16:23	Lily Bresette	Sarnia Northern
2	789	16:30	Sarah Jaquith	AB Lucas SS
3	690	17:24	Catharine Robinson	Sir Wilfrid Laurier SS
4	95	17:27	Kyla Norman	Sir Frederick Banting SS
5	327	17:29	Abigail Faris	St. Joseph's CSS
6	781	17:31	Mia Crawford	AB Lucas SS
7	352	17:39	Flourish Nmor	St. Joseph's CSS
8	326	17:50	Alexandra Fangeat	St. Joseph's CSS
9	583	18:33	Chloe Dick	St. Andre Bessette
10	951	18:37	Korrina Kublinskas	Saunders SS
11	44	18:39	Emilie Ormston-Lamarche	South SS
12	296	18:50	Olivia Terpstra	St Mike's CSS
13	756	18:51	Eve Buczkowski	Central Elgin CI
14	492	18:58	Olivia Jackson	St. Thomas Aquinas CSS
15	324	18:59	Sadie Dowswell	St. Joseph's CSS
16	1046	19:01	Lily Odolphy	Sarnia Northern
17	847	19:02	Gracie Cao	Mother Teresa CSS
18	343	19:06	Clara Lascelles	St. Joseph's CSS
19	416	19:06	Kiara Palma	Catholic Central SS
20	244	19:14	Amy Schroeder	Stratford SS
21	245	19:15	MADie Costello	Stratford SS
22	52	19:26	Betty Rounds`	South SS
23	242	19:26	Chrissy Rupert	Stratford SS
24	585	19:40	Leah Morrow	St. Andre Bessette
25	319	19:40	Claire Caslick	St. Joseph's CSS
26	94	19:43	Kevay Weis	Sir Frederick Banting SS
27	802	19:44	Audrey Wade	AB Lucas SS
28	188	19:46	Chloe Bozik	Lord Dorchester SS
29	491	19:46	Nicole Froese	St. Thomas Aquinas CSS
30	775	19:55	Peyton Cake	AB Lucas SS
31	495	20:01	Eva Piedade	St. Thomas Aquinas CSS
32	494	20:07	Lydia Norton	St. Thomas Aquinas CSS
33	582	20:49	Ava D'Arminio	St. Andre Bessette
34	581	20:53	Dalia Almusawi	St. Andre Bessette
35	15	20:58	Elizabeth Howson	Central Huron SS
36	629	21:12	Katia Ivanisevic	London Central SS
37	453	21:25	Alaina Scheurwater	F.E. Madill SS
38	804	21:26	Olivia Wedlake	AB Lucas SS
39	745	21:31	Paige Bruinsma	St. Anne's CSS
40	846	21:32	Kate Bosman	Mother Teresa CSS
41	627	21:38	Hannah Greenfeld	London Central SS
42	1041	21:41	Areya Young	Sarnia Northern
43	1043	21:42	Josie Thompson	Sarnia Northern
44	361	21:57	Ruby Steen	St. Joseph's CSS
45	96	22:04	Molly Givan	Sir Frederick Banting SS
46	301	22:16	Leah Van Straaten	St Mike's CSS
47	381	22:18	Sienna McColl	HB Beal SS
48	424	22:19	Nicole McLeod	Catholic Central SS
49	375	22:23	Jane Holman	HB Beal SS
50	240	22:35	Kensington Ische	Stratford SS
51	586	22:37	Nada Yacoub	St. Andre Bessette
52	349	22:44	Aurora Martinez	St. Joseph's CSS
53	631	22:50	Victoria Skinner	London Central SS
54	1042	22:53	Emily Coyle	Sarnia Northern
55	166	23:00	Alethia McFarland	Ingersoll
56	688	23:29	Sadie Sheppard	Sir Wilfrid Laurier SS
57	756	23:41	Eve Buczkowski	Central Elgin CI
58	1040	23:42	Anna Eagleson	Sarnia Northern
59	251	23:53	Grace Aarts	St Mike's CSS
60	328	24:02	Sarah Foley	St. Joseph's CSS
61	1095	25:41	Abigail Da Costa	Great Lakes S.S.
62	31	25:51	Sireen El Said	South SS
63	689	25:59	Rebecca Liman-Davis	Sir Wilfrid Laurier SS

Team Results	Place	Score
St. Joseph's CSS	1	35
AB Lucas SS	2	65
St. Andre Bessette	3	100
Sarnia Northern	4	102
St. Thomas Aquinas CSS	5	106
Stratford SS	6	114
South SS	7	163
London Central SS	8	205

64	358	26:00	Cecilia Simpson	St. Joseph's CSS
65	992	26:22	Sophia Hosiawa	Regina Mundi College
66	490	26:22	Claire Drury	St. Thomas Aquinas CSS
67	420	26:38	Madeline Yates	Catholic Central SS
68	34	27:54	Alyssa Henry-Snake	South SS
69	235	28:07	Lauren Hombach	Stratford SS
70	347	28:18	Kahlea Macnamara	St. Joseph's CSS
71	384	28:29	Gabrielle Reid	HB Beal SS
72	237	28:58	Madison Daum	Stratford SS
73	137	29:10	Eden Robson	St. Mary's DCVI
74	367	29:21	Amanda Sona	St. Joseph's CSS
75	625	29:29	Bella Ferguson	London Central SS
76	984	29:49	Awan Shewia	Regina Mundi College
77	845	29:59	Mariam Bawume	Mother Teresa CSS
78	994	39:58	Paula Avila-Rodriguez	Regina Mundi College

Golden Ghost/Cowboy Invitational

Sept 21, 2023

Senior Boys

Place	Finisher	Time	Runner	School
1	636	16:27	Ian McAllister	London Central SS
2	1005	17:01	Liam Smith	Regina Mundi College
3	222	17:04	Luke Feltham	Stratford SS
4	231	17:20	Daniel Ogilvie	Stratford SS
5	826	17:32	Alex Leinweber	Mother Teresa CSS
6	179	17:52	Quinten Marsh-Lansard	Oakridge SS
7	588	17:59	Matteo Di Ciocco	St. Andre Bessette
8	641	18:02	Alec Royce	London Central SS
9	325	18:26	Ty Emre	St. Joseph's CSS
10	638	18:35	Myles Nazarewicz	London Central SS
11	515	18:54	Jonathan Bulla	St. Thomas Aquinas CSS
12	1048	18:54	Alex Pretty	Sarnia Northern
13	275	18:55	Jonah Larivière	St Mike's CSS
14	516	18:56	Massimo Del Guercio	St. Thomas Aquinas CSS
15	345	19:02	Fowler Little	St. Joseph's CSS
16	337	19:02	Connor Crosby	St. Joseph's CSS
17	957	19:17	Dylan Miles	Saunders SS
18	895	19:20	Andrew Monteith	Parkside
19	425	19:30	Pierce Howard	Catholic Central SS
20	747	19:36	Braden Klomps	St. Anne's CSS
21	633	19:47	Ted Green	London Central SS
22	1054	19:51	Michael Ray	Sarnia Northern
23	639	19:58	James Peggs	London Central SS
24	182	20:07	Alec Bruin	Oakridge SS
25	139	20:07	Charles Black	St. Mary's DCVI
26	706	20:10	Aidan Giroux	Sir Wilfrid Laurier SS
27	1050	20:17	Conner Freer	Sarnia Northern
28	938	20:26	Jett Bouffard	Saunders SS
29	336	20:28	Joel Jenson	St. Joseph's CSS
30	98	20:29	Jacob Thompson	Sir Frederick Banting SS
31	525	20:32	Luke Bettencourt	Medway HS
32	832	20:38	Jacob Vanderhoek	Mother Teresa CSS
33	232	20:39	Dustin Krahn	Stratford SS
34	407	20:45	Evan Leasa	Catholic Central SS
35	517	20:48	Liam Dunford	St. Thomas Aquinas CSS
36	961	20:51	Ken Richer	Saunders SS
37	831	20:53	David Uzosike	Mother Teresa CSS
38	203	20:59	Matthew Lindsay	Lord Dorchester SS
39	208	21:02	Blake Morris	Lord Dorchester SS
40	99	21:08	Ivan Subotic	Sir Frederick Banting SS
41	1086	21:15	Riley Stover	Great Lakes S.S.
42	97	21:23	Kaleb Oudekerk	Sir Frederick Banting SS
43	587	21:25	Duoth Deng	St. Andre Bessette
44	228	21:30	Micah Wideman	Stratford SS
45	207	21:37	Aaron Mills	Lord Dorchester SS
46	798	21:45	Ethan Pow	AB Lucas SS
47	330	21:48	Rowan Wilson	St. Joseph's CSS
48	322	21:48	Logan De Leeuw	St. Joseph's CSS
49	150	21:52	Evan O'Rourke	Mitchell DHS
50	767	21:52	Adam Thomson	Central Elgin CI
51	419	21:53	Lucas Dalrymple	Catholic Central SS
52	156	21:53	Parker Huitema	Ingersoll
53	1052	21:55	Liam Crockett	Sarnia Northern
54	758	22:04	Bryson Ferguson	Central Elgin CI
55	376	22:04	Sacha Hope-Ede	HB Beal SS
56	140	22:04	Layne McIntosh	St. Mary's DCVI
57	1049	22:13	Caleb Houghton	Sarnia Northern
58	260	22:17	Andrew Corsaut	St Mike's CSS
59	635	22:18	Alex Kenwell	London Central SS
60	58	22:23	Junha Yang	South SS
61	101	22:24	Lincoln, Kleinknecht	Sir Frederick Banting SS
62	138	22:32	Oliver Black	St. Mary's DCVI
63	947	22:44	Noah Flynn	Saunders SS

Team Results	Place	Score
London Central SS	1	40
St. Joseph's CSS	2	69
Stratford SS	3	84
Sarnia Northern	4	114
St. Thomas Aquinas CSS	5	141
Saunders SS	6	144
Mother Teresa CSS	7	147
Catholic Central SS	8	168
Sir Frederick Banting SS	9	173
Lord Dorchester SS	10	205
St Mike's CSS	11	215
Central Elgin CI	12	251
Sir Wilfrid Laurier SS	13	280
Medway HS	14	285
South SS	15	300
Regina Mundi College	16	312
AB Lucas SS	17	321

64	400	22:50	Daniel Chol	Catholic Central SS
65	764	22:51	Donovan McEwan	Central Elgin CI
66	723	23:07	Quinn Leslie	Gabriel-Dumont
67	368	23:08	Alejandro Brenes Plourde	HB Beal SS
68	697	23:12	Nahom Gebar	Sir Wilfrid Laurier SS
69	254	23:12	Joop Brinke	St Mike's CSS
70	724	23:18	Omer Mikotakatola	Gabriel-Dumont
71	805	23:22	Rowan Wick	AB Lucas SS
72	230	23:23	Sean Woods	Stratford SS
73	829	23:44	Sarkis Samanou	Mother Teresa CSS
74	48	23:52	Luka Quijas	South SS
75	284	23:52	Brandon Mohr	St Mike's CSS
76	227	23:56	Adit Mishra	Stratford SS
77	552	23:59	Blake McCulligh	Medway HS
78	253	24:03	Hayden Beuermann	St Mike's CSS
79	42	24:08	Roman Mattice	South SS
80	795	24:14	Noah Mcilraith	AB Lucas SS
81	520	24:26	Isaiah Rebelo	St. Thomas Aquinas CSS
82	755	24:33	Reed Bowerman	Central Elgin CI
83	204	24:34	Devan Lucas	Lord Dorchester SS
84	532	24:38	Preston Collins	Medway HS
85	1056	24:53	Zach Houghton	Sarnia Northern
86	969	24:56	Mars Sweet	Saunders SS
87	57	24:58	Junior Vertulia	South SS
88	342	25:10	Mohanad Kuhail	St. Joseph's CSS
89	707	25:13	Anthony Mills	Sir Wilfrid Laurier SS
90	19	25:15	Finley McKercher	Central Huron SS
91	248	25:21	Nate Bannerman	Stratford SS
92	1053	25:28	Lucas Chapman	Sarnia Northern
93	541	25:33	Nicholas Hattayer	Medway HS
94	1001	6:39	Julian Szczyglewski	Regina Mundi College
95	729	6:46	Alex Barber	Clarke Road SS
96	933	6:55	Kees Alcantara	Saunders SS
97	712	6:56	Jack VanRompae	Sir Wilfrid Laurier SS
98	884	26:09	Jack Eitel	Parkside
99	521	26:09	Tyler Roberts	St. Thomas Aquinas CSS
100	547	26:10	Max Lima	Medway HS
101	380	26:19	Noah Lapp	HB Beal SS
102	892	26:31	Jonathan Lukac	Parkside
103	1076	26:39	Peter VanderDeen	Providence Reformed Collegiate
104	388	26:43	Daniel Tennant	HB Beal SS
105	290	26:44	Levi Nyenhuis	St Mike's CSS
106	1004	26:44	Mitsuki Hayashi	Regina Mundi College
107	38	26:47	Calvin Mackinnon	South SS
108	65	26:50	Nicolas Gomez	South SS
109	676	27:01	Kaden Clément-Taylor	Monseigneur-Bruyere
110	1003	27:14	Nicolas Belalcazar Mena	Regina Mundi College
111	39	27:16	Elijah Maclean	South SS
112	1084	27:17	Lucas Csogor	Great Lakes S.S.
113	519	27:26	Cole Mandru	St. Thomas Aquinas CSS
114	825	27:33	Carter Hughes	Mother Teresa CSS
115	944	27:40	Sasha Cvetkovic	Saunders SS
116	148	27:40	Ethan Dearing	Mitchell DHS
117	1055	27:47	Tim Ebert	Sarnia Northern
118	711	27:55	Noah Vandecasteele	Sir Wilfrid Laurier SS
119	366	29:07	Lukas Woodrow	St. Joseph's CSS
120	229	29:20	Aaron Marchanton	Stratford SS
121	934	31:38	Spencer Alexander	Saunders SS
122	680	31:44	Xavier Jacob	Monseigneur-Bruyere
123	1051	33:22	Kareem Eltanty	Sarnia Northern
124	784	35:12	Thomas Grills	AB Lucas SS
125	782	35:13	Yasindu Ediriweera	AB Lucas SS
126	693		Vance Lewis	Sir Wilfrid Laurier SS

Golden Ghost/Cowboy Invitational

Sept 21, 2023

Senior Girls

Place	Time	Finisher	Runner	School	Team Results	Place	Score
1	20:17	36	Kaitlyn Koyanagi,	South SS	Medway HS	1	59
2	21:25	141	Charlotte Clinton	St. Mary's DCVI	Catholic Central SS	2	71
3	21:52	852	Charlotte Cromack	Mother Teresa CSS	Sarnia Northern	3	104
4	21:57	1083	Tahlia Kelch	St. Francois-Xavier	Mother Teresa CSS	4	154
5	22:12	877	Addison Imrie	Listowel DSS	South SS	5	173
6	22:18	524	Reagan Atkinson	Medway HS	Strathroy	6	183
7	22:21	665	Helena Roth	Strathroy	HB Beal SS	7	203
8	22:23	971	Madeleine Wood	Saunders SS	Oakridge SS	8	205
9	22:25	430	Sidney Fehrman	Catholic Central SS	St. Thomas Aquinas CSS	9	215
10	22:35	1065	Zoe Alexander	Sarnia Northern	Sir Wilfrid Laurier SS	10	219
11	22:43	550	Giuliana Marra	Medway HS	Parkside	11	222
12	23:10	691	Sarah Philippon	Sir Wilfrid Laurier SS	St. Joseph's CSS	12	254
13	23:20	915	Autumn Anderson	Goderich	London Central SS	13	321
14	23:29	404	Elle Regnault	Catholic Central SS			
15	23:30	434	Valeria Jaimes-Castillo	Catholic Central SS			
16	23:41	1057	Alison Laird	Sarnia Northern			
17	23:46	885	Audrey Ferguson	Parkside			
18	23:55	279	Haddie McLaughlin	St Mike's CSS			
19	24:00	299	Hayden Uniac	St Mike's CSS			
20	24:03	558	Holly Pedlow	Medway HS			
21	24:13	666	Jennifer Weeks	Strathroy			
22	24:23	567	Leah Wells	Medway HS			
23	24:28	555	Petal Mund	Medway HS			
24	24:33	855	Julianna Mohr	Mother Teresa CSS			
25	24:37	308	Kristina Beckett	St Mike's CSS			
26	24:49	142	Abbey Taylor	St. Mary's DCVI			
27	24:56	170	Kate Ryan	Oakridge SS			
28	25:01	501	Sarah Boyd	St. Thomas Aquinas CSS			
29	25:02	104	Lucy Levy	Sir Frederick Banting SS			
30	25:06	1077	Emma Vrolyk	Providence Reformed Collegiate			
31	25:11	171	Gwen Dwyer	Oakridge SS			
32	25:15	243	McKenzie Parsons	Stratford SS			
33	25:20	408	Gwyneth Tomorad	Catholic Central SS			
34	25:36	146	Katrina Bolinger	Mitchell DHS			
35	26:01	500	Chloe Bechard	St. Thomas Aquinas CSS			
36	26:12	105	Isabelle Smith	Sir Frederick Banting SS			
37	26:15	1064	Tori Johnson	Sarnia Northern			
38	26:18	768	Alex Vandernaalt	Central Elgin CI			
39	26:18	373	Lauren Groppler	HB Beal SS			
40	26:19	107	Anna Brophy	Sir Frederick Banting SS			
41	26:28	1062	Shannon James	Sarnia Northern			
42	26:30	857	Ana Szabo	Mother Teresa CSS			
43	26:30	372	Sofia Franceschino	HB Beal SS			
44	26:33	1100	Joscelyn Tether	Great Lakes S.S.			
45	26:33	876	Addison Sage	Listowel DSS			
46	26:35	417	Kristen D'Souza	Catholic Central SS			
47	26:41	33	Maren Flanagan	South SS			
48	26:42	770	Lizzy Woolsey	Central Elgin CI			
49	26:48	597	Raquel Scratch	St. Andre Bessette			
50	26:55	41	Ava Martin	South SS			
51	26:55	173	Kameelah Koop	Oakridge SS			
52	27:03	344	Mattea Lascelles	St. Joseph's CSS			
53	27:04	1002	Pola Turowski	Regina Mundi College			
54	27:04	396	Barclay Caitlin	Catholic Central SS			
55	27:13	893	Tereska Lukac	Parkside			
56	27:55	750	Sarah Spacek	St. Anne's CSS			
57	28:03	383	Kaylen Regan	HB Beal SS			
58	28:03	1089	Riley Heath	Great Lakes S.S.			
59	28:14	1058	Ashlyn Odolphy	Sarnia Northern			
60	28:24	435	Valerie Mao	Catholic Central SS			
61	28:32	1060	Madison Oliver	Sarnia Northern			
62	28:42	364	Nadia Van Asseldonk	St. Joseph's CSS			
63	28:57	351	Chloe McPhee	St. Joseph's CSS			

64	29:00	374	Rachael Hill	HB Beal SS
65	29:02	422	Natalie Telfer	Catholic Central SS
66	29:16	663	Cailey Kirkham	Strathroy
67	29:46	594	Charlotte Loosemore	St. Andre Bessette
68	29:59	720	Hailey Lishman-Glousher	Sir Wilfrid Laurier SS
69	30:02	692	Kayla Lacroix	Sir Wilfrid Laurier SS
70	30:03	704	Sina Teame	Sir Wilfrid Laurier SS
71	30:06	504	Risa Hirai	St. Thomas Aquinas CSS
72	30:08	882	Emilie Dlouhy	Parkside
73	30:16	1059	Drew McCarver	Sarnia Northern
74	30:28	413	Kaiden Zabehaylo	Catholic Central SS
75	30:28	47	Mackenna Pozeg	South SS
76	30:33	648	Paw Shee Moo	London Central SS
77	30:44	340	Hannah King	St. Joseph's CSS
78	31:05	891	Avery Logtenberg	Parkside
79	31:07	694	Adrian Heaton	Sir Wilfrid Laurier SS
80	31:13	651	Daniela Raz	London Central SS
81	31:16	510	Isabella Ramirez	St. Thomas Aquinas CSS
82	31:21	649	Kyra Nazarewicz	London Central SS
83	31:23	652	Corinne Smeenk	London Central SS
84	31:41	774	Monika Butchart	AB Lucas SS
85	31:45	851	Emily Bow Pearce	Mother Teresa CSS
86	32:00	10	Olivia Decker	Central Huron SS
87	32:03	50	Paige Rondinelli	South SS
88	32:13	5	Kayla Cowan	Central Huron SS
89	32:20	662	Alyssa Vanderjeugd	Strathroy
90	32:21	1092	Ivy Schleihauf	Great Lakes S.S.
91	32:28	875	Kaila Blumm	Listowel DSS
92	32:32	794	Emma MacDonald-Muhlbock	AB Lucas SS
93	32:57	506	Julia Lawrance	St. Thomas Aquinas CSS
94	33:01	397	Bella Oulds	Catholic Central SS
95	33:02	427	Rya Finch	Catholic Central SS
96	33:14	177	Meghan Adams	Oakridge SS
97	33:28	664	Jordan Rankin	Strathroy
98	33:30	370	Juliet Bubel	HB Beal SS
99	33:37	737	Natalie Graham	Clarke Road SS
100	33:51	512	Nina Varela Ota	St. Thomas Aquinas CSS
101	34:19	382	Mackenzie Ramsay	HB Beal SS
102	34:38	428	Samantha Fletcher	Catholic Central SS
103	35:22	414	Keira Van Dinther	Catholic Central SS
104	36:09	1000	Ysabelle Ocampo	Regina Mundi College
105	36:43	735	Emma Fralic	Clarke Road SS
106	37:35	509	Deborah Olawoore	St. Thomas Aquinas CSS
107	39:21	935	Riham Aljashee	Saunders SS
108	39:23	593	Safiyah Lawendy	St. Andre Bessette
109	39:30	175	Isabella Norris	Oakridge SS
110	40:37	734	Keyondra Fletcher	Clarke Road SS
111	42:25	394	Amarachi Justina Chibuzor	Catholic Central SS
112	42:31	431	Sofia Moreno	Catholic Central SS
113	48:36	402	Danna Suarez	Catholic Central SS
114	48:36	432	Tegan Sintzel-smith	Catholic Central SS