



**School Information:** Marvell Academy  
[www.marvellacademyeagles.com](http://www.marvellacademyeagles.com)  
 Payschools: [www.payschoolscentral.com](http://www.payschoolscentral.com)  
 Brittney Morris, Cafeteria Supervisor



**Nutrition Tip:** Include whole grains. Aim to make at least half your grains whole grains. Look for the words "100% whole grain" or "100% whole wheat" on the food label. Whole grains provide more nutrients, like fiber, than refined grains.



### MONDAY



Chicken Fried Chicken **5**  
 Mashed Potatoes  
 Purple Hull Peas  
 Cornbread / Fruit / Milk

Mini Tacos **12**  
 Salad  
 Cheese Dip  
 Fruit / Milk

No School **19**  
 Christmas Holidays

No School **26**  
 Christmas Holidays

### TUESDAY



Chicken Rebelde **6**  
 Salad  
 Fruit / Milk

**National Cocoa Day 13**  
**HALF DAY NO LUNCH**

No School **20**  
 Christmas Holidays

No School **27**  
 Christmas Holidays

### WEDNESDAY



Bacon Cheeseburgers **7**  
 Lettuce / Pickles  
 Fries  
 Fruit / Milk

**14**  
**HALF DAY NO LUNCH**

No School **21**  
 Christmas Holidays

No School **28**  
 Christmas Holidays

### THURSDAY

(How The Grinch Stole Christmas) **1**  
 Grinch Pancakes  
 Sausage  
 Carrots / Fruit / Milk

(The Best Christmas Pageant Ever) **8**  
 Baked Ham  
 Scalloped Potatoes  
 Green Beans  
 Roll / Baked Apples / Milk

**15**  
**HALF DAY NO LUNCH**

No School **22**  
 Christmas Holidays

No School **29**  
 Christmas Holidays

### FRIDAY

**PIZZA 2**  
**Veggie**  
**Fruit**  
**Milk**

**PIZZA 9**  
**Veggie**  
**Fruit**  
**Milk**

**16**  
**HALF DAY NO LUNCH**

No School **23**  
 Christmas Holidays

No School **30**  
 Christmas Holidays