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Caring For Your Family

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May-June 2016

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Hospice of Redmond

Our Mission

To enhance the quality of life for patients and their families by providing the highest level of compassionate hospice care and bereavement services for our Central Oregon community.

Our Service Area

Bend | Redmond | Sisters | Powell Butte | Prineville | Crooked River Ranch | Terrebonne | Madras

Ask For Us By Name

Hospice of Redmond
732 SW 23rd Street
Redmond OR 97756

541.548.7483
541.548.1507 fax

For more information, please visit our web site at www.hospiceofredmond.org.

**Support
Camp Sunrise**

Dear Community Member,

We are frequently asked how people decide when it is time for them to consider hospice care and how do they go about choosing a hospice. Hopefully the following will help answer some of your questions.

Best regards and good health,
The Team at Hospice of Redmond

When Is It Time For Hospice?

Hospice of Redmond is frequently asked "when is it time for hospice?" The answer is that it generally depends on a number of factors, including your personal choice.

Hospice care is termed palliative because it is about controlling pain and symptoms associated with the terminal illness. This type of treatment allows you or your loved one to be treated in your own home and to remain as in control of your life as possible.

For most people, the word hospice is first introduced to them by their doctor. It usually follows a determination that they or their loved one's life expectancy is six months or less if their disease follows its normal course. There may also be significant physical symptoms with the disease that are increasingly taking away from your quality of life such as:

- Pain, discomfort, nausea, shortness of breath and other distressing symptoms



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such as difficulty in simple physical actions such as swallowing; and/or

- Dependence on others to assist you with basic personal hygiene such as bathing, toileting, dressing or eating.

Most importantly it is whether you or your loved one has decided to no longer pursue curative treatments but wish to focus on the day-to-day quality of life as life's journey draws to a close.

After you have made the decision to pursue hospice care, the question becomes how to choose, especially if there is more than one hospice organization in your community. You can ask your healthcare provider for a recommendation or your friends and family may have suggestions based on their personal experiences.

We encourage you and your loved ones to "interview" hospices in your area *before* you need one.

Ask questions! Can I stay in my own home? Who pays for hospice care? What medications and equipment are covered? How long has the hospice been in business and is it a non-profit or for-profit organization? Is it Medicare-certified and does it meet their standards of care? What is the hospice's approach to care, e.g. Hospice of Redmond uses a small team to provide personalized care for the patient and their family? Do they have trained volunteers who can help if needed? What other services are offered, especially for my loved ones? Can I reach my nurse and have her/him come to my home to help me or my family any time of the day or night? If I choose hospice, how long does it take to enroll?

There are many more questions you can ask. You should to be comfortable and surrounded by people you trust while you are receiving hospice care. Hospice of Redmond encourages individuals to learn about their care options long

before they think they may need them. This allows the individual to make their personal healthcare decision while they are able and in control of their lives.

When you have decided on a particular hospice to serve you and your family, be sure to communicate that to your physician. That way when the time comes to receive care, you will be served by the hospice of your choice.

Hospice of Redmond is always happy to meet with you and answer your questions about our care.

Upcoming Events & Workshops

Friday, May 20 - Hospice 101: Dispelling the Myths

10 a.m.-11:30 a.m., Hospice Community Room

A workshop aimed at clarifying what hospice care is and is not and what you can expect if you or a loved one enters hospice care. For more information or to reserve your place, call 541.548.7483.

Tuesday, May 24 - Soup & Support

12 Noon-1:30 p.m., Hospice Community Room

Any community member who wishes companionship and grief support is welcome to attend. Prior Hospice services are not a prerequisite for attendance. For more information on this group, call 541.548.7483.

Friday-Sunday, June 17-19 - Camp Sunrise

United Methodist Camp, Suttle Lake, Oregon.

The 17th annual Camp Sunrise is a grief camp for children ages 7-14. All campers must be preregistered. For more information, call Diane Kellstrom at 541.548.7483.

Tuesday, June 28 - Soup & Support

12 Noon-1:30 p.m., Hospice Community Room

Any community member who wishes companionship and grief support is welcome to attend. Prior

Hospice services are not a prerequisite for attendance. For more information on this group, call 541.548.7483.

Please feel free to share our newsletter with your friends, colleagues, and family.

Give Hospice of Redmond a call today at 541.548.7483 to see how we might help you or a loved one. We are happy to answer your questions and to be of service.

For more information on Hospice of Redmond, our services and programs, please visit us at www.hospiceofredmond.org.

Ask For Us By Name

Sincerely,
The Team at Hospice of Redmond

Hospice of Redmond, 732 SW 23rd Street, Redmond, OR 97756

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