









Del Norte Senior Center
 1765 Northcrest Drive
 Crescent City, CA 95531
 707-464-3069
 Hours 9:00am to 4:00pm

COME JOIN US!!!
 Lunch Served Daily
 Monday Thru Friday
 11:30am TO 12:30Pm



DECEMBER 2019

SUN	MON	TUE	WED	THU	FRI	SAT
1 Senior Legal Service 464-3069 1-800-972-0002	2 Crispy Baked Chicken, Yams, Tossed Salad W/Tomatoes & Red Peppers and WW Bread	3 Grilled Cheese Sandwich W/ WW Bread, Tomato Basil Soup, Cool Cucumber Salad and Apples Salad Bar	4 Stuffed Baked Potato W/ Beef Chili & Cheese, Onions and Broccoli, Tossed Salad and WW Bread	5 Tuna Noodle Casserole, Peas & Carrots, Tangy Coleslaw and WW Dinner Roll	6 Roast Pork W/ Sweet and Sour Sauce, Oriental Vegetables, Brown Rice and Applesauce	7
8 	9 Spaghetti with Meat Sauce, Braised Spinach, French Bread and Apple Slices	10 Cheese Raviolis W/ Italian Tomato Sauce, Romaine Salad W/ Peppers & Tomatoes Garlic Bread and Apple Slices Salad Bar	11 Stir Fried Chicken & Vegetables, Brown Rice and Pineapple w/ Coconut	12 Black Bean Soup, Spinach Salad W/ Red Onion & Red Peppers, Corn Bread and Fresh Orange	13 Salisbury Steak, Mashed Potatoes, Sautéed Cabbage W/ Dill, WW Bread and Cinnamon Applesauce	14 
15 	16 Oven Fried Chicken, Mashed Potatoes, Country Spinach, WW Rolls, and Fresh Orange	17 Vegetarian Taco Salad W/ Tortilla Chip, Brown Rice and Banana NO Salad Bar	18 Variety of Pizza, Romaine Salad W/ Tomatoes & Pepper with Apricots and Christmas Cookies	19 Tuna Noodle Casserole, Peas, Romaine Salad W/ Tomatoes and Pineapple W/ Coconut	20 Ham, Scalloped Potatoes, Green Beans with Onions, WW Roll and Pumpkin Cake	21 
22 	23 Sloppy Joes, Sweet Potato Fries, Tossed Salad, WW Bun and Oranges	24 Scrambled Eggs with Spinach and Cheese, Rosemary Potatoes, WW Biscuit with Gravy and Pineapple Salad Bar	25 Merry Christmas	26 Oven Fried Chicken, Broccoli, Carrots and Pineapple, Mashed Potatoes & Gravy and WW Bread	27 Birthday Friday Hot Turkey Sandwich, Mashed Potatoes, Cranberry Mandarin Orange Jello Salad, Peas & Carrots and Ginger Bread	28 
29 Menu Is Subject To Change Without Notice	30 Tuna Sandwich, Pea Soup, Romaine Salad Carrots & Red Onions, WW Bread and Sliced Oranges	31 Spinach Enchilada, Mexicali Corn, Romaine Salad with Tomatoes & Pepper and Mexican Chocolate Cake Salad Bar				HICAP AT DNSC 464-7876