JUNE 2017

NEWSLETTER

614-837-3020

CENTER DIRECTOR: NANCY LEE

OFFICE SPECIALIST: DEANA DILLON

TELEPHONE 614-837-3020 FAX 614-833-6471 HOURS: MON-THURS 8:30AM-4:30PM FRI-8:30AM-2:30PM WEB PAGE: <u>http ://pickerington</u> senior center.org EMAIL: pickcenter@violet.oh.us

CENTER CLOSING DATES

<u>Monday, May 29th – Memorial Day</u>

<u>Thursday, June 1st – They will be stripping and</u> <u>waxing the floors</u>

CHAIR MASSAGE THERAPY

Massage Therapy of Ohio will be available starting on Wednesdays May 31st from 11:00-12:30 for 10 minute chair massages. Chair massage is a great way to get relief from tired and sore muscles, headaches, improve shoulder range of motion and increase relaxation, all while remaining fully clothed. Signup sheet is available. The cost is \$15.00 for a 10 minute slot, or sign up for (2) slots (20 minutes) for only \$28.00. Chair massage is a comfortable and accessible way to increase your health. Massage has been proven to boost the immune system and decrease pain. Modifications can be made if unable to sit in the massage chair.



<u>COFFEE CLUB</u> <u>FRIDAY, JUNE 2NDAT 9:30A.M.</u>

Join Mike Mitchell's Coffee Club for an informal gathering where he will discuss the economy, the financial markets, interest rates and other relevant investment topics. Be a part of the next discussion. This will be the last meeting until September.



WEDNESDAY LUNCHEON JUNE 7TH

Luncheon is at 11:30 a.m. No tickets sold after Wednesday, May 31st. Menu: Gelatin Fruit Salad, 1/3 lb Cheeseburger on Bun, Macaroni Salad, Baked Beans, Chef's choice cake. Cost is \$6.00.

FOOT CARE WEDNESDAY, JUNE 7TH & 14TH

Everyday Divinity provides nail and foot care services by State Certified Foot Care Nurse, Heather Wilson, RN. She will be at the center for a foot care clinic from 9:00am-2:00pm. The cost is \$27.00. It includes a 30 minute treatment, complete foot assessment, expertly trim, thin, and file nails. Call 614-837-3020 to sign up.

> 8TH ANNUAL SHRED DAY SATURDAY, JUNE 10TH 9:00A.M.- 1:00P.M. SPENCE FUNERAL HOME 550 HILL ROAD NORTH

JUNE 2017

NEWSLETTER

614-837-3020



Erik Brown, CFP® Financial Adviser*

5455 Rings Rd., Suite 200 Dublin, OH 43017 Office: 614-659-8243

Browne@ft.newyorklife.com www.newyorklife.com/agent/browne

Financial Adviser offering investment advisory and financial planning ervices through Eagle Strategies LLC, A Registered Investment Adviser nd a Kensed agreen offering insurance products through New York Life nsurance Company and other unaffiliated carriers.



DIRECT (614) 273-6485 FAX (614) 474-1651 marian.reitano@HERrealtors.com www.marianreitanorealtor.com

<u>TITLE BOXING</u> THURSDAY, JUNE 15[™]

Marie Manzo from Title Boxing will be here from 9:00-9:45am. Sessions are around the Rock Steady Boxing curriculum that increases the neuroplasticity of the brain aka help produce healthy brain cells. The exercises are designed to improve quality of life, have fun, and get results all at the same time. The **cost is \$5.00 per class**, if you join the class she will buy you a Boxing kit that includes bag, gloves, t-shirt and keychain so you have something to bring to the class each time. Marie also teaches the class at the Westerville facility. Check the class out to see if it's for you.

KNITTING AND CROCHETING FRIDAY, JUNE 16^{TH} AT 11:00A.M. Last class unless more interest

For anyone who would like to learn to knit or crochet. From experienced to beginners come in and join Denise Morris.

FATHER'S DAY LUNCHEON TUESDAY, JUNE 20th

The luncheon starts at noon. Please bring the following: A-G a meat, H-M a vegetable, N-S a salad and T-Z a dessert. Be sure the covered dish is large enough to share. Bring your own table service. Money donated in the basket on the table will be donated to the Pickerington Food Pantry each month. We will be entertained by Robert Brugler. Robert is an excellent Abe Lincoln presenter and he is keen on his knowledge of Lincoln. Thanks to Wesley Ridge for sponsoring the pies and gift cards for the luncheon.

VOLUNTEER OF THE MONTH

The center would like to honor Annabelle Marion as volunteer for the month of June. Annabelle has served on the Board of Trustees for the past several years, she is in charge of planning and activities. She helps with the luncheon the first Wednesday of every month. Annabelle did a great job again this year on The Ladies Tea and she is now working on the Soup Dinner and Bingo night. She will receive a \$10.00 gift card to Cracker Barrel. Enjoy your reserved parking space the month of June. Thanks again for all you do at the center.



JUNE 2017

NEWSLETTER

614-837-3020

SUMMER MUSIC SERIES THURSDAY, JUNE 22nd

It's that time of year again for the Summer Music Series. The first one is the Baked Potato/Salad Bar with all the toppings for your salad and potato, assorted desserts, coffee and iced tea. Catered by Wendi's Kitchen. Buffet starts at 5:30PM and the Diamond Brothers play from 7:00-9:00PM. Tickets are on sale in the office and the cost is \$8.00 per person. Purchase ticket before Monday, June 19th.

BINGO TUESDAY, JUNE 27TH

On the fourth Tuesday of every month they play Bingo!! At noon they have a potluck to include homemade Ice Cream. Bingo starts at 1:00p.m.

WATERCOLOR CLASS IS FREE TO MEMBERS

Join Lois Clark every Monday from 1:00-3:00pm here at the center for adventures in watercolor painting. Lois is a great teacher and no requirements, previous training, or talent, just the desire to express yourself with "Paints and Brushes."



Vickie Harvey HECM Consultant | NMLS #997705

direct: 614.206.1224 office: 614.339.0433 fax: 614.474.8121

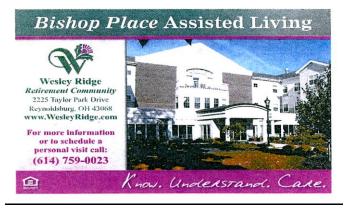


5950 Venture Drive Suite B Dublin, Ohio 43017 vickie@hecmprogram.com www.USHECMLOANS.com

<u>FITNESS FIRM - EVERY FRIDAY MORNING-</u> <u>CLASS IS FREE TO MEMBERS.</u>

Exercise starts at 9:00a.m. Registration, sign up at 8:30a.m. It is a 45 minute class. It's a total

workout; come see the power you've got and make great things happen for your health and well-being. music. A certified instructor will guide you through a safe and effective workout.





NEW MEMBERS

We welcome the following new members to the senior center and hope they join us for some of our activities; Faye Beckett, Mary Ann Bowen, Dana Bower, Greg & Debbie Calhoun, Jane Clagg, Dr. William & Maria Capriotti, Deb Czycalla, Joseph & Barbara Douglas, Judy Fahner, Sharon Greedy, Liz Greenhalgh, Shelby Lilly, Barbara Mason, Sue Santo, Charles & Sandy Schneider and Elizabeth Wolfe.

LANCASTER-FAIRFIELD PUBLIC TRANSIT IMPORTANT INFORMATION

There will be hourly loops running (one north, one south). These two loops will meet in three locations to transfer passengers between the routes. No reservations required.

- 1. It's a set schedule that will not change.
- The fare is only \$.50 for general public or \$.25 for mobility program passengers.
- If you don't have access to the route, they can deviate up to ¾ of a mile to still pick you up at

JUNE 2017

NEWSLETTER

614-837-3020

the cheaper fare! For more information or to get a route schedule contact the LFPT office at 740-681-5088.

LADIES AFTERNOON TEA

The Ladies Tea was another great afternoon. Thanks to Annabelle Marion for her hard work on getting everything ready and helping with set up. Thanks to Wesley Ridge for providing the food and thanks to Africia Thomas for all of her help. Also thanks to Deana and Jeri for setting up the room and putting on all the chair covers. We had 60 Ladies who attended the tea. A big thank you to Jim Easley and Bob LeMaster for serving the ladies, thanks to the ladies for the use of their tea pots.

UPCOMING EVENTS

Thursday, July 6th – Life Line Screening – We have flyers in the office with all the information. Thursday, July 27th – Ice Cream Social Saturday, August 5th - Free Kids day Thursday, August 24th - Smorgasbord Dinner Buffet Wednesday, September 20th – Health Fair from 10am-1pm at Groveport Senior Center Thursday, October 12^{th -} Soup Dinner /Bingo

FARMERS MARKET

This will be the 5th season for the Farmers Market with opening day Thursday, June 1st from 4 -7. The market will run through September 28th. Location Public Parking Lot, 89 N. Center St.

Senior Helper, LLC

(614) 971-0893 Senior.Helper@outlook.com

LISA STOKLOSA, OWNER



R

CUSTOMIZED SERVICES, FLEXIBLE HOURS, REASONABLE HOURLY RATES, FULLY INSURED

17 Years Experience Helping Seniors Live Independently

PICKERINGTON PARKS & RECREATION Friday Night Flicks Presented by Fairfield Federal Sycamore Creek Park Amphitheater

Bring a lawn chair or blanket and enjoy the show.

June 2 - (9:00pm)	The Secret Life of Pets (PG)
-------------------	------------------------------

- June 9 (9:00pm) Moana (PG)
- June 16 (9:05pm) The Jungle Book (PG)
- June 24 (9.05pm) Sing (PG)
- June 30 (9:05pm) Storks (PG)

Sycamore Creek Park Amphitheater Sundays, 7:00 – 8:30pm

Take a blanket/ lawn chair and enjoy a variety of music throughout the summer

- June 4 British Invasion
- June 11 Reaganomics
- June 18 Swagg
- June 25 Buzzard King

JULY 4TH CELEBRATION Co-Sponsored by the City of Pickerington and Violet Township

Take the family for an evening to enjoy the parade, rides, food, live music and the fireworks display!

4:00pm: Park Opens

JUNE 2017

NEWSLETTER

614-837-3020

6:00pm: July 4th Parade

7:30pm: Opening Ceremonies

8:00-10:00pm: Red Hot Rhythm Review

10:00pm: Fireworks

Parade applications available online at <u>www.pickerington.net</u>. Parade entry is free, but registration is required.

timber frame structure in the world. There are scores of exhibits about the Flood. Animatronics version of Noah that are designed to answer your questions about the biblical account of Noah's Ark. There is so much more about these two places that it can't be put in this article. The trip also includes transportation, hotel accommodations, a dinner cruise on the river, a full breakfast and more. The cost is \$249.00 per person double occupancy with a \$100.00 deposit due on sign up. Final payment due by June 1st. **Space available**

TRIPS



CINCINNATI REDS GAME

JUNE 8 – The motorcoach will leave the center at 8:30am. Join your fellow baseball fans as we travel to The Great American Ballpark to see the Cincinnati Reds take on St. Louis Cardinals! The cost is \$46.00 which includes transportation and your game ticket. Lunch will be on your own. Space available

CREATION MUSEUM & NOAH'S ARK

JULY 11-12 - Come along with us as we travel to the Cincinnati/Northern Kentucky area for a "Tour of Biblical Proportions". We will spend the first day touring the Creation Museum. Be prepared to experience history in an unprecedented way as the museum brings the pages of the Bible to life as you stroll through the Garden of Eden, the Cave of Sorrows and so much more. The next day you will go on a tour of the Ark Encounter, the largest

SPOTLIGHT ON SOUTH DAKOTA THE BLACK HILLS & THE BADLANDS Pre-Departure Meeting; August 17th @2P.M. SEPTEMBER 8-14 - HIGHLIGHTS: Mount Rushmore, Crazy Horse Memorial, Black Hills Gold, Needles Highway, Custer State Park, Pine Ridge, Badlands National Park, Wall Drug, Deadwood, and Spearfish. Cost: Double: \$2,399, Single: \$2,949, Triple: \$2,369. Insurance \$240.00.

TWO NEW TRIPS LACOMEDIA- BEAUTY AND THE BEAST

<u>August 11</u> – Belle and the Prince invite you to Be Their Guest and step into an enchanted world as they proudly present Disney's Beauty and the Beast. Join us as we travel to LaComedia Dinner Theatre to see the stage production of the 1991 classic film that has captivated audiences with its magnificent music, beautiful costumes and elaborate sets for years. The cost is \$60.00 per person, due by July 6th and includes transportation, the lunch buffet and the show. Sign up starts on Monday June 5th

JUNE 2017

NEWSLETTER

614-837-3020

SNOOTY FOX

AUGUST 9 -Join us for the 3rd time as we venture to the Cincinnati area for a shopping adventure full of fun, food and great deals! You will visit 4 upscale clothing and furniture thrift shops and enjoy beverages, danish, snacks, lunch, dessert and wine tasting along the way. Different items at each stop but beverages at all of them. You also receive a 15% discount on your purchases and maybe even 20% some places. Cash and major credit cards are accepted, <u>no checks</u>! This trip is a blast so get here early to sign up. The cost is \$35.00 due on sign up. Sign up starts Monday, June 5th.

Paxton, Jim Rush (20) Judy Haubiel (21)Rita Harrison, Juanita Dehner (22) Beverly Noddia, Donna Womack, Kathy Barnhouse, Elizabeth Wolfe(23) Joel Binkley, Ruth Kidwell (24) Jane Clagg, Diane Leach, Jan Wolfe, Sheryl Donaldson (25) Janice Yaple, Jane Forrest, Nancy Ebbrecht, Jean Beach, Barbara Huskey (26) Sondra Northrop, Linda Logue (28) W. Gary Bush, Deborah Guzman, Nancy Lee, June King (30) Wilma McDougle

FROM DEANA DILLON

May Your Birthday Be Just The Beginning Of A Year Filled With Happy Memories.

(1)Carol Ackerman, Wanda Mc Farren, Helen Kline (2) Ruth Ann Cunningham (3) Dorothy Peterson (4) JoAnn Welch, Shelby Lilly, Betty Kristoff, Barb Hanners (5) Nicki Barwick, Howard Martin, Ann Burris, Shirley Bowler, Laurie Crago (6) Judy Marinacci (7) L.Lynn McDougle (8) Angie Welling (9) William Capriotti (10) Rosemary Davis, Steve Skoglund (11) Gary Weltlich, Patricia Carroll, Norma Fenstermaker (13) Linda Ventresca, Teresa Christy, Marg Pizzuto, Sally Ross, Richard Fortnam (14) Margie Klott, Eleanor Samborsky (15) Audrey Hobbs, Peggy Kose, Wilma Bream (16) Faye Salyer (17) Richard Dardis, Garv Jenkins (18) Delores Leistikow (19) Diane

MEMBERS IN SORROW:

Rose Doty's sister, Betty Irene Katsares sister, Olivia Larry Leonard's wife, June Evelyn Reiss's sister, Elaine Judith Beery's husband, Mike Anna Bernotas

MEMBERS KNOWN ILL:

Gene Ebert- Infection Jack Kuhn- ILL, home doing better Richard Patton- Broken leg Byron Thompson- Broken hip Ellie Berry- Heart problems

KITCHEN VOLUNTEERS

If you are on prep or clean up for the monthly luncheons and are unable to make it please let me know. And thank you for all your help.

THANK YOU:

JUNE 2017

NEWSLETTER

614-837-3020

A special thank you to Jeri Heskett and Jeannie Carroll for all your help at the May Luncheon honoring the 90 plus year olds.

> DAD A son's first hero. A daughter's first love.



at work and being a great dad at home. - With Love