

Daily Gratitude Tehillim

Uniting to thank Hashem for all our blessings

Round 26: Jan. 23 - June 23, 2022

www.DailyGratitudeTehillim.com



~January 2022~						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Shabbat
Psalm 1	2 24	3 25	4 26	5 27	6 28	7 29
8 30	9 31					
~February~						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Shabbat
		10 1	11 2	12 3	13 4	14 5
15 6	16 7	17 8	18 9	19 10	20 11	21 12
22 13	23 14	24 15	25 16	26 17	27 18	28 19
29 20	30 21	31 22	32 23	33 24	34 25	35 26
36 27	37 28					
~March~						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Shabbat
		38 1	39 2	40 3	41 4	42 5
43 6	44 7	45 8	46 9	47 10	48 11	49 12
50 13	51 14	52 15	53 16	54 17	55 18	56 19
57 20	58 21	59 22	60 23	61 24	62 25	63 26
64 27	65 28	66 29	67 30	68 31		
~April~						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Shabbat
					69 1	70 2
71 3	72 4	73 5	74 6	75 7	76 8	77 9
78 10	79 11	80 12	81 13	82 14	83 15	84 16
85 17	86 18	87 19	88 20	89 21	90 22	91 23
92 24	93 25	94 26	95 27	96 28	97 29	98 30
~May~						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Shabbat
99 1	100 2	101 3	102 4	103 5	104 6	105 7
106 8	107 9	108 10	109 11	110 12	111 13	112 14
113 15	114 16	115 17	116 18	117 19	118 20	119 **21
119 **22	119 **23	120 24	121 25	122 26	123 27	124 28
125 29	126 30	127 31				
~June~						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Shabbat
			128 1	129 2	130 3	131 4
132 5	133 6	134 7	135 8	136 9	137 10	138 11
139 12	140 13	141 14	142 15	143 16	144 17	145 18
146 19	147 20	148 21	149 22	Psalm 150	Round 27!	25
26	27	28	29	30		

From the comfort of your own home, join people from all around the world saying one psalm a day, in gratitude for all the blessings Hashem gives us. We recommend thinking of 5 new things that you want to thank Hashem for before reciting your psalm for the day.

**** Psalm 119**
 May 21: Aleph - Chet verses 1 - 64
 May 22: Tet - Samech verses 65 - 120
 May 23: Ayin - Tav verses 121 - 176

The Tzemach Tzedek said, "If you only knew the power of verses of Tehillim and their effect in the highest Heavens, you would recite them constantly. Know that the chapters of Tehillim shatter all barriers, they ascend higher and higher with no interference.; they prostrate themselves in supplication before the Master of all worlds, and they effect and accomplish with kindness and compassion."

If you miss a day or 2 or 3 (or more) of the psalms, it's OKAY. Either catch up or start again with the current psalm of the day.

This is a NO PRESSURE Tehillim Group. Say what you can, when you can.
 Every one of our psalms helps us reach out to Hashem in unity and in gratitude.

