



1423 South Hastings Way  
 Eau Claire, WI  
 Purefitness4you.com

# December 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1</b> Flow 8am Pound 9am <b>Kids Tumbling 3pm</b>	<b>2</b> PiYo 9am Kettles 5:30pm Step Up Combos 6:15pm	<b>3</b> Bandit 5:45am Strength 4 You 9am Yoga Fusion L1 4:30pm Iron Flow 5:25pm	<b>4</b> PiYo 9am Step Up Combos 10am Barre,Abs 4:30pm PiYo 5:30pm	<b>5</b> Strength 4 You 9am Pound L1 <b>4:30pm</b> WERQ 6:30pm	<b>6</b> Step Up 5:45am	<b>7</b> PiYo 8am Step Combos L1 9am
<b>8</b> Flow 8am POUND 9am <b>Kids Tumbling 3pm</b>	<b>9</b> PiYo 9am Kettles 5:30pm Step Up Combos 6:15pm	<b>10</b> Iron Flow 5:45am Strength 4 You 9am Yoga Fusion L1 4:30pm Iron Flow 5:25pm	<b>11</b> PiYo 9am Step Up Combos 10am BarOga 4:30pm PiYo 5:30pm	<b>12</b> Strength 4 You 9am Pound L1 5:30pm WERQ 6:30pm	<b>13</b> Kettles 5:45am	<b>14</b> PiYo 8am Step Combos L1 9am
<b>15</b> Flow 8am POUND 9am <b>Kids Tumbling 3pm</b>	<b>16</b> PiYo 9am Kettles 5:30pm Step Up Combos 6:15pm	<b>17</b> HIIT 5:45am Strength 4 You 9am Yoga Fusion L1 4:30pm Iron Flow 5:25pm	<b>18</b> PiYo 9am Step Up Combos 10am Total Body Barre 4:30pm PiYo 5:30pm	<b>19</b> Strength 4 YOU 9am Pound L1 5:30pm WERQ 6:30pm	<b>20</b> Step Up 5:45am	<b>21</b> PiYo 8am Step Combos L1 9am
<b>22</b> Flow 8am POUND 9am	<b>23</b> Enjoy Christmas Break – look for a special class offering 😊	<b>24</b> Xmas Eve	<b>25</b> Merry Christmas	<b>26</b> Strength 4 You 9am Pound 5:30pm	<b>27</b> Strength 4 You 5:45am	<b>28</b> PiYo 8am
<b>29</b> Flow 8am Pound 9am	<b>30</b> PiYo 9am Kettles 5:30pm Step Up Combos 6:15pm	<b>31</b> BandIT 5:45am Strength 4 You 9am			<b>L1 = Level 1 class</b>	

