

Nutrition Facts

Serving Size 9 Ounce

Kickin Chicken

Amount Per Serving

Calories 243.2

Calories from Fat 79.5

% Daily Value*

Total Fat 10.9g **17%**

Saturated Fat 4.2g **21%**

Trans Fat 0.1g

Cholesterol 75.4mg **25%**

Sodium 718.4mg **30%**

Total Carbohydrates 14.6g **5%**

Dietary Fiber 3.1g **12%**

Sugars 2.6g

Protein 20.7g

Vitamin A **0%**

Vitamin C **0%**

Calcium **5%**

Iron **2%**

Percent Daily Values are based on a 2000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.