

Lunch



Starters

TRUFFLE or OLD BAY® FRIES

Shoestring fries tossed with truffle oil, Parmesan cheese, and rosemary or choose Old Bay® seasoning with a drizzle of housemade malt vinegar aioli \$6

SEARED TUNA

Sushi grade ahi, seared rare, topped with our house remoulade with sides of thinly sliced marinated cucumber, melon salsa and dressed greens \$14

BRUSCHETTA

Toasted rustic bread topped with garlic marinated tomatoes, fresh basil, olive oil, and balsamic reduction..... \$10

Add melted mozzarella\$1

HOUSEMADE MEATBALLS

Two large meatballs in tomato sauce, topped with melted mozzarella cheese and served with rustic garlic toast ... \$9

QUICHE of the DAY Made from scratch and served with balsamic dressed greens.....\$15

Salads

McGREGOR

Mixed greens, tomatoes, cucumbers, carrots, oranges, house balsamic vinaigrette and topped with blue cheese crumbles.....\$12

GREEK

Romaine lettuce, beets, cucumbers, tomatoes, Kalamata olives, red onion, peperoncini, and feta cheese with our Greek-style dressing.....\$12

LOBSTER CAKE

Our popular housemade cake comes grilled and served on a bed of mixed greens, grapes and oranges, dressed with our citrus vinaigrette and topped with melon salsa\$16

QUINOA & KALE POWERHOUSE

Quinoa, baby kale, edamame, young green chick peas, cherry tomatoes, cucumbers, mint, feta and citrus vinaigrette\$12

MEDITERRANEAN TUNA

Our take on the classic niçoise features chunks of albacore tuna, cherry tomatoes, potatoes, green beans, black olives, and hard-boiled egg on mixed greens with house herbed vinaigrette.....\$16

Sub ahi tuna/salmon\$19

CHICKEN or TUNA SALAD

A scoop of diced chicken breast, celery, grapes, pecans, and mayonnaise, or albacore tuna with celery, onion, and mayonnaise. Served with a slice of pound cake and seasonal fruit.....\$13

CAESAR

Crisp romaine lettuce tossed with house Caesar dressing, our own seasoned croutons, topped with shaved Parmesan cheese.....\$10

add white anchovies...\$2

ADDITIONS

Blackened or grilled: chicken breast\$7 | salmon or shrimp\$9
seared ahi\$9 | lobster cake or fish of the day\$10

DRESSINGS

Balsamic Vinaigrette, Caesar, Citrus Vinaigrette, Greek, Mediterranean Herb, Ranch, 1000 Island

Extra dressing 2oz...\$0.5 4oz...\$1

PICK TWO Choose a half sandwich, accompanied by either our soup or salad options. No substitutions..... \$11

HALF SANDWICH

BLT, chicken or tuna salad, or grilled cheese on white, wheat, or rye bread - *gluten-free bread add \$2*

CUP of SOUP

Choose one of our scratch made soups of the day

SIDE SALAD

Balsamic Greens baby greens and house balsamic vinaigrette

Caesar romaine lettuce, croutons, parmesan, and housemade Caesar dressing

McGregor Mix tomatoes, cucumbers, carrots, and oranges, blue cheese crumbles, house balsamic vinaigrette

Sandwiches *Include housemade chips and dill pickle. Substitute fries, potato salad, balsamic greens, or fruit...\$1.5
GF bun or toast available...\$2*

FRENCH DIP 1/2 pound of housemade roast beef, serv
cold on toasted baguette with melted provolone cheese,
and a side of hot au jus for dipping..... \$15

LUCKY 13 Grilled turkey patty, swiss cheese, lettuce,
caramelized onions, and house joppiesaus (curried mayo)
on brioche bun \$13

McGREGOR CATCH Fish of the day, blackened or
grilled, topped with our housemade relish and served
on a brioche rollMarket Price

JUICY BURGER 1/2 pound of ground beef cooked to
order and served with lettuce, tomato, and red onion on
brioche roll..... \$12

Add: American, cheddar, provolone, or Swiss cheese ...\$1
blue cheese...\$2 | bacon...\$2 | sautéed mushrooms...\$1
Sub vegetarian patty...add \$2 V

PATTY MELT 1/2 pound of ground beef cooked to order
and covered with sauteed onions, Swiss cheese, and 1000
Island dressing on grilled rye \$13
Sub vegetarian patty...add \$2 V

TUNA MELT White albacore tuna salad, sliced tomato,
melted Swiss cheese, served warm on grilled rye..... \$12

CHICKEN CAESAR WRAP Blackened or grilled chicken
breast, romaine lettuce and tomato tossed with house
Caesar dressing and wrapped in a flour tortilla..... \$12
Add bacon...\$2

REUBEN Housemade corned beef or turkey, Swiss cheese,
sauerkraut, and 1000 Island dressing on grilled rye..... \$13

CHICKEN or TUNA SALAD Always housemade! Diced
chicken breast, celery, grapes, pecans, and mayonnaise, or
albacore tuna with celery, onion, and mayonnaise served
with lettuce and tomato on a buttery croissant \$12

TURKEY CLUB Turkey breast roasted in house, stacked
with crispy bacon, lettuce, tomato, and mayonnaise on
white toast..... \$12

WILD THING Thinly sliced house roast beef, herbed garlic
cream cheese spread, lettuce, and red onion served
on a buttery croissant..... \$13

BLT Crispy bacon, lettuce, tomato, and mayonnaise served
on white toast \$10

VEGGIE PHILLY Grilled eggplant, zucchini, mushrooms,
onions and peppers, served on a French bread sub with our
herbed cream cheese spread, choice of cheese, and
balsamic reduction..... \$12 V

HOT CHICK Grilled or blackened chicken breast served
with lettuce, tomato, and onion on brioche roll \$12
Add: American, cheddar, provolone, or Swiss cheese...\$1
bacon...\$2

LITTLE ITALY Sopressata salami, capocola, mortadella,
provolone, with mixed greens, housemade pickled red
onions and citrus vinaigrette, served cold or grilled on
a sub roll..... \$13

PHILLY CHEESESTEAK Thinly sliced ribeye served with
sauteed mushrooms, onions and peppers on our French
bread sub with choice of cheese \$15

CREATE your own PASTA *Served with rustic garlic toast*

Choice of: Fettuccine, spaghetti, or penne
Gluten-free fettuccine....add \$2

Choice of sauce: Alfredo.....\$12 V Basil Pesto.....\$12 V
Diva.....\$12 Tomato.....\$10 V

Add: One meatball \$4
Chicken breast \$7
Salmon or shrimp \$9
Fish of the day \$10
Peppers, mushrooms, or spinach \$1 ea

Sides

SOUP of the DAY
Cup \$4 Bowl \$6

SIDE SALAD
Balsamic Baby Greens, Caesar, or McGregor \$6

FRESH FRUIT
Fruit plate with cottage cheese and pound cake \$9

FRENCH FRIES \$3

POTATO SALAD \$4

HOUSEMADE CHIPS \$3

Beverages

SOFT DRINKS \$3

BOTTLED WATER (still or sparkling).....\$3.50

DR. BROWN'S® (ask server for flavors) \$3

ICED TEA or ICED COFFEE \$3

JUICE (apple, cranberry, orange, V8®)..... \$3

HOT COFFEE or TEA \$3

MILK / CHOCOLATE MILK / HOT CHOCOLATE \$3

WE ARE PROUD TO OFFER SCRATCH MADE ITEMS PREPARED TO ORDER

REAL FOOD TAKES TIME - ALLOW A FEW EXTRA MINUTES FOR YOUR FOOD TO ARRIVE

PLEASE NOTE, THERE IS A \$3 SHARE CHARGE

Warning: Consuming raw or undercooked meats, poultry, seafood, or eggs, increases the risk of foodborne illness.

We are unable to guarantee that any of our menu items are completely free of allergens.

20% gratuity is automatically added to parties of 6 or more.