

## Nutritional Services

- Identification of nutritional needs
- Nutritional meal service
- Nutrition education for children and families

## Disability Services

- Diagnostic referral
- Individual Family Service Plan
- Assistance with special services
- Support

## Social Services

- Family needs and assessment
- Referrals to community resources
- Family and Community Service Worker
- Support

## Family Development

- Child development information
- Comprehensive health and mental health services
- Adult education, literacy, and job skills training to facilitate family self-sufficiency
- Assistance in obtaining income support, safe housing, etc.
- Transportation
- Family goal setting

## Parental Involvement

To meet the goals of Early Head Start, parent participation is needed. This means that parents will be actively involved in their child's learning by participating in home visits, parent meetings, socialization days, and by taking part in other Early Head Start activities.

## Home Based Service Areas

Whiteside County  
Ogle County  
Lee County  
Rochelle  
LaSalle/Peru  
Mendota/Earlville  
Bureau/Putman/Marshall  
Ottawa/Marseilles/Streator

## Center Based Service Areas

Sterling  
Ottawa  
Streator

*T.C.O.C. Head Start is committed to taking the leadership role in developing partnerships to build stronger communities.*

*We create and nurture supportive experiences that lead to successful outcomes for children, families, and staff.*

## Tri-County Opportunities Council

405 Emmons Avenue  
Rock Falls, IL 61071  
Phone: 815-625-7830, 1-800-323-5434

Tri-County Opportunities Council

# Early Head Start Program



## Home Based and Center Based

405 Emmons Avenue

Rock Falls, IL 61071

815-625-7830 or 1-800-323-5434

[www.tcohelps.org](http://www.tcohelps.org)



## What is Early Head Start?

The Tri-County Opportunities Council Early Head Start Program is a comprehensive, family development program for low-income families. The main goals of the program are to foster social competence and enhance self-concept and self-esteem. Implementation is accomplished through a balance of center and home activities shared by teachers, parent-child educators, and parents which recognize a child's family as the main influence of his or her development.

## Eligibility

- To be enrolled in Early Head Start, a child must be under the age of three. (Children 3-5 may be eligible for our Head Start Program!)
- Pregnant moms may enroll.
- The family must meet our income guidelines
- Children with diagnosed disabilities may be considered for enrollment regardless of income.

## What will Early Head Start Home Based Option offer to my child?

Our home based option has a lot to offer to your child! Children who enroll in Early Head Start's Home Based Option will be provided with the following services:

### Home Visits

Each child enrolled in Early Head Start Home Based Option will have a Parent-Child Educator come to their home for 90 minutes a week to work with parents to provide children with learning experiences. The parent-child educators will provide parents and children with child health and developmental services, early childhood education and development, health and safety, child nutrition, and child mental health.

### Socialization Days with Other Families

- Twice monthly
- Activities
- Snacks
- Parent networking



## What will Early Head Start Center Based Option offer to my child?

Our Center Based option provides quality care to children in a safe and developmentally appropriate education setting. It offers enrichment experiences in an atmosphere of acceptance through reciprocal and responsive interactions between teachers and babies/toddlers.

Parents must be working 25+ hours a week, or be enrolled in a training program or school full-time and must qualify for child care subsidy.

## Services for both Home Based and Center Based:

### Early Education Services

- Developmental screening
- Learning experiences which help children develop socially, intellectually, physically, and emotionally
- Promote developmental competence in the earliest years
- At-home activities
- Parent education and parent-child activities

### Comprehensive Health and Mental Health Services

- Determining child's health status
- Social-emotional screening
- Extended follow-up and treatment
- Ongoing care
- Mental health services