# ALGBTIC



Association for Lesbian, Gay, Bisexual and Transgendered Issues in Counseling

www.algbtic.org

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Summer 2008

A Division of the American Counseling

# From our President: Anneliese Singh Ph.D., LPC, NCC



Strengthening Our Community, Supporting Our Queer Youth, and Social Justice

My goals for our division over the next year are to strengthen our community, support queer youth, and address social justice issues. From our first-class journal and newsletter to our conference events, I will ensure our members stay connected to

the most current and pressing issues in LGBTQI counseling. Our division was initially created as an attempt to survive heterosexism within our profession, and now it is time for our division to thrive. We welcome new members and also celebrate our long-time members. I would like to see our division break 1,000 members this year, and we will also be working on establishing our first divisional conference. We have several exciting committees this year that are continuing - from the Transgender Committee that will be working on wellness-based Transgender Competencies in Counseling to our Multicultural Committee led by our new, wonderful and energized Multicultural Consultant - Dr. Kathy Newton. There is also a Task Force on Conversion Therapy that our ALGBTIC Board established at our ACA Convention in Hawaii to ensure that we track just how unscientific the "research" is that anti-gay counselors are promoting.

My second goal of supporting queer youth is a *must* for our division. With the recent murder of 15-year old queer adolescent Lawrence King by his 14-year old classmate and with suicide continuing to be the number one cause of death of queer teens, we *must* find ways to support and nurture the resilience of our *all* youth to express their gender and sexual identity within safe family, school, and community environments.

The third goal of social justice is a fitting *Continued on page 4...* 

# From our Past-President: Phyllis Mogielski-Watson, Psy.D., CADC



Greetings Members:

Ready, set, go.... Anneliese is into her presidential role for ALGBTIC and I am certain the division is in good hands. Welcome to your new leadership role Anneliese! Go get em!

From my perspective, I wanted to take pause and thank all of you for your continued support and commitment to the division. ALGBTIC is thriving and strong because of the work you do to keep the division vital and the message alive. Personally, I could not have fulfilled the president role without you. I have had a rich and fulfilling experience as ALGBTIC president mostly because of each and every one of you. From the bottom of my heart I look forward to working with all of you in the future. I look forward to continuing friendships and establishing new relationships. While I will remain active in the past president role, I pass the torch to leaders who will take the division in great directions in the near future. It has been an honor to work with and represent all of you and I can't fully express my gratitude to you for bestowing the responsibility on me. Thank you, thank you, thank you!!!!

Peace,

Phyllis Mogielski-Watson, PsyD, LCPC, CADC

# For you, Phyllis, on behalf of ALGBTIC, thank you for all of your service:

"Not what we give, But what we share, For the gift without the giver Is bare."

~ James Russell Lowell

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Summer 2008 ALGBTIC News

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# Note from the Editor Michael P. Chaney, Ph.D.

Hello everyone.

I feel honored and privileged to be able to serve ALGBTIC as the new editor of ALGBTIC News. I want to personally take this opportunity to thank Karen Hartman for all of her help during the transition process. Karen served as co-editor of the newsletter from 2001-2003, and then editor from 2003-2008. Because of her incredible service as editor, she was presented with the ALGBTIC Service Award in 2007. Much of how the newsletter has developed and how it appears today is due to Karen's creativity and commitment to ALGBTIC. I hope to be able to do as great of a job as Karen. I also hope you will be patient and understanding during the transition process as I explore what works and what doesn't work.

One of the purposes of the newsletter is to keep you informed about what is going on within ALGBTIC and ACA. Additionally, current events and information relevant to the queer and ally communities will be published. Another purpose is to give you an opportunity have a voice.

At some point in our lives, each of us has probably experienced feelings of voicelessness. ALGBTIC wants the newsletter to be a forum where all members of the division can have a voice. Therefore, I want to encourage *Continued on page 11...* 

# **Governing Council Report Ned Farley, Ph.D., Governing Council Representative**

Several topics of interest to our division were discussed during the spring, 2008 Governing Council meeting in Honolulu:

- 1. The first major item was a review of the Fiscal Year '08-'09 budget. As is true for any of us with investments of any kind, ACA's portfolio has been hit by the fluctuating markets, and thus has not produced the revenues we have had over the past few years. As a result, while in the big picture income has been relatively steady, there is still a need for some adjustments and belt-tightening. A marginal dues rate increase of \$4.00 was moved and approved across all membership categories. Financial Affairs. Passed.
- 2. It was moved that In line with the dues increase for membership, the ACA Management Services Agreement (which provides services to divisions who choose to participate) was also increased from \$9.95 to \$11.95 per division member for divisions with journals published by ACA; and \$8.50 to \$9.95 for divisions without ACA published journals. ALGBTIC fits under the second category, and it is important to note that this increase of \$1.45 is rather small, considering how much it would cost us if we did this work ourselves or contracted it out to another service provider. It was also moved that ACA annually distribute an evaluation of MSA services to each division and region. Financial Affairs. Passed.

- 3. Governing Council moved a motion to establish a Graduate Student Standing Committee as a way to give more voice to graduate student members of ACA. Graduate Student Task Force. Passed.
- 4. It was moved that the ACA Publications Department and Publications Committee monitor and provide annual reports on indexing of ACA journals and issues pro and con related to indexing; to seek inclusion in SSCI or withdrawal from SSCI; and to collaborate with ACES and ACES entities to study and make recommendations regarding: a) how counseling faculty's publications are evaluated by chairs and deans; and b) how counselor educators can educate fellow counselor educators about communicating to their administrators the quality of their publication in ACA-sponsored journals. Bibliometrics Task Force.
- 5. It was moved that the ACA President direct the ACA Research and Knowledge Committee and Professional Standards Committee and other appropriate entities to conduct a thorough comparison study of opportunity costs (actual financial cost of education based on CACREP 2009 Standards) which include an increase in credit requirements, as well as reduced or eliminated income during the preparation process and LPC requirements for 3000 hours post-degree, extra-

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### From our President continued from page 1...

considering the recent re-emergence of those within ACA who support conversion therapy. Our division is a voice of reason, research, and advocacy that will be at the ACA table to counter those who believe gender and sexual identity can be "changed." I will also work on building strong relationships with other divisions to ensure that ALGBTIC is joined in our leadership in the best legal and ethical practices with queer clients. Our division will continue to address the ways racism, sexism, classism, and ableism affect our community, and ensure that transgender member and client concerns are central to our division. Encompassed in all these goals is my commitment to making ALGBTIC a beloved community for all those who believe we are all liberated when we work to end heterosexism and build queer and ally relationships.

As a division, we do have challenges ahead of us – as well as many opportunities. Our dues are increasing this year to cover the costs of our journal (see information on p. 11 for the fee increase). As many of you know, our entire country is feeling the weight of a shifting economy, and ALGBTIC is feeling this as well. This is an opportunity for us to be more creative and involved to strengthen our division. I encourage you to renew your membership (and to recruit, recruit!) – in addition to finding more ways to get involved! As a board, we are finding more ways to give you increased member services – from podcasts (Colleen Logan - President of ACA has said "yes" to be our first podcast interviewee!) to CEU's for our new journal and innovative fundraising efforts (e.g., ALGBTIC conference, lapel pins). As we go to press with this newsletter, another 21-year old transgender woman of color - Angie Zapata - was brutally murdered for her gender identity. ALGBTIC is wellpositioned to advocate and be a source of LGBTQpositive and affirmative information so that our community has the right to live safely and to thrive in the process. Join us!

In the spirit of community~

Anneliese Singh



## Task Force supports efforts to honor civil rights heroes César Chávez and Harvey Milk with designated holidays

WASHINGTON, August 13 — The National Gay and Lesbian Task Force announced today its support of efforts to honor civil rights heroes César Chávez and Harvey Milk with a federal and state holiday respectively.

"The Task Force is proud to support and endorse these efforts to recognize two lions of social justice. Our modern movement benefits from their legacy of leadership of working across issues to not leave anyone behind," said Task Force Executive Director Rea Carey.

Chávez, the late founder and president of the United Farm Workers (UFW) of America, had deep confidence in the ability of people to move mountains of injustice. The Mexican-American labor leader was a humble man who gave of himself unselfishly to the cause of farm workers and all workers. He championed the cause of equality for Latinos and his courage in the face of some of our nation's most powerful industries inspired generations of all races and nationalities to fight the good fight.

Chávez was the first major civil rights leader to support gay and lesbian issues. He spoke out on behalf of lesbian, gay, bisexual and transgender (LGBT) people in the 1970s and in 1987 was a keynote speaker at the National March on Washington.

He was first recognized with a state holiday in California. The holiday is celebrated in on Chávez's birthday, March 31. This marked the first time that a labor leader or Latino has been honored with a public legal holiday. The California legal holiday set into motion a wave of initiatives resulting in optional and commemorative César Chávez Days in nine additional states (Arizona, Colorado, Illinois, Michigan, New Mexico, Texas, Utah, Wisconsin and Rhode Island).

"César Chávez did not only speak at our 1987 March on Washington but walked the entire march route. His granddaughter Christine Chávez told me that it was the biggest crowd he ever spoke to," said Task Force board member and San Diego City Commissioner Nicole Murray-Ramirez. "He never forgot the support the UFW received from the gay community."

In addition to the effort to recognize César **Continued on Page 11...** 

# **ALGBTIC Branch Chapter Update**

Edward P. Cannon, Ph.D., LPC, LMFT

Recently, there has been a flurry of activity at the grass- members alike. There are frequent lively exchanges of roots level from folks in their states working hard to establish official ALGBTIC state branches and chapters. Curics, such as issues around counselor education, research rently, we have active state branches/chapters in Alabama, opportunities, transgender support, and many more. Stay Kentucky, Louisiana, North Carolina, Pennsylvania and in touch with ALGBTIC leadership as well because Texas. As I write, counselors in Arizona, South Dakota, and many announcements are posted to the membership via Ohio are in various stages of putting charters together. this listsery. You may receive posts as they are sent out Please see the related list from Sue Strong for ideas, or feel or in a daily digest. Please go to the following website free to contact me at Edward.cannon@marymount.edu. Here for more information. And, don't forget to sign up! is a recent missive from Ohio:

We, in Ohio, are well on our way to establishing the Ohio Branch of ALGBTIC. We are coordinating our efforts with regards to aligning the codes of ethics in our state with ALGBTIC. We have placed an advertisement in our state (OCA) newsletter and sent an email over our list serve. We received a ton of responses to these requests for interested parties' contacts. Our president elect is hoping for a role out during his administration at the next state conference.

# Join the ALGBTIC **Information Exchange**

This listsery is especially dedicated to the exchange of information for both ALGBTIC members and nonideas and opinions on a variety of LGBTQ-related tophttps://lists.purdue.edu/mailman/listinfo/algbtic-l



### 10 Ideas On How To Start A State ALGBTIC Branch Sue Strong, Ph.D.

- 1. First, obtain a copy of ALGBTIC's mission statement and bylaws (please feel free to print this page).
- 2. Second, obtain a copy of the mission statement and bylaws of your state counseling association (contact the bylaws chair). Edit the mission statements and bylaws to match the purposes and policies of the proposed state ALGBTIC. The bylaws of the national ALGBTIC and the state counseling association must be congruent, edit for any conflicts. Then, solicit support from the present and past leaders of the state counseling association. Call or meet personally with these leaders on an individual basis to fully explain the role of and need for ALGBTIC at the state level.
- 3. Third, hold an organizational meeting at a time and place convenient to many members, such as at the annual state conference. If you meet at a conference, schedule the organizational meeting of ALGBTIC when it does not conflict with any other major events, for example lunch with some meeting time afterwards may work well.
- 4. Fourth, for a while ALGBTIC may be a fledgling division in your state, you may consider limiting the number on the Executive Committee and\or the minimum membership required to start a division. Perhaps initially elect a President and Secretary\Treasurer for two year terms each, with the option to seek reelection, and set the minimum membership as low as the state counseling association will allow.
- 5. Fifth, in order to have a cooperative alliance with the state counseling association, you might require all ALGBTIC members to also belong to the state association. Being unified with the state association may reduce potential con-
- 6. Sixth, in order to build membership quickly to stabilize the organization, consider making first year membership free and keeping dues to a minimum thereafter. Contact counselor educator-allies to help encourage student membership. Invite members of committees, interest groups, etc. in the state association which have an interest in advocating for gay, lesbian, bisexual, and transgender (GLBT) people to become members of ALGBTIC (for example Human Rights Committee).
- 7. Run an article on ALGBTIC in the state counseling association newsletter and in the newsletters of the other state divisions announcing the need and plans for a division that addresses the needs of GLBT people.

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## Starting An ALGBTIC Chapter continued from page 5...

- 8. Eighth, encourage ALGBTIC to be a welcoming organization for allies as well as GLBT people. Personally contact straight allies in the state counseling association and request their membership in ALGBTIC. Write an article on the role of and need for straight allies in the state association newsletter and division newsletters.
- 9. Ninth, see who is interested in running for office prior to the organizational meeting and encourage several candidates.
- 10. Tenth, recognizing ALGBTIC as a division at the state counseling association level is an excellent opportunity to educate members of your state. If nothing else, ALGBTIC will appear in the state association directory which is often printed in the quarterly newsletter, will have a seat on the board of directors, and will provide workshops at the annual conference. Keep the faith and do not underestimate the power of the visibility of GLBT issues that recognition of a divi-

# Our Progressing Journal Ned Farley, Ph.D.

Editor, Journal of LGBT Issues in Counseling

The major news of this past six months was that Haworth Press, the publisher of our journal, was bought by Taylor & Francis Publishing; a highly respected academic publisher. At the moment it appears that Haworth will remain in name as an imprint of Taylor & Francis, although that is subject to change. The impact on our journal has been relatively marginal, as the transition from Haworth to Taylor & Francis has been smooth and orderly, and several of the Haworth staff that we have had the good fortune to work with, are being retained by the new publisher. Prior to the official transition, we had already submitted issues one and two of our second volume to Haworth. A downside of the transition is that these issues were delayed in their publication dates, however an upside is that the new publication schedule provided to us by Taylor and Francis actually has us now ahead of schedule. Issue three of this second volume has also been submitted (three months ahead of our new schedule) and we are actively working on issue number four.

We apologize for the delay in your receiving the first issues of volume two, but I believe you will begin to see the fruits of the steady growth and development of our journal with a more consistent publication schedule in the future.

So far in our second volume, we have continued to improve our acceptance rate. Volume one saw an acceptance rate of approximately 45%. Thus far in volume two, our acceptance rate is 38%. My target rate for acceptance is around 30%, or lower if we can. I feel confident that we are moving in the right direc-Our first special issue, 1(4), on Counseling LGBT Couples and Families was well received. Unfortunately we have had very little response to our call for submissions for our second special issue, focusing on Addictions and Substance Use/Abuse within the LGBT community. As a result, I have decided to table that special issue for now, with the hopes of bringing it back for further exploration down the road. In the meantime, a decision will be made about the focus of the next special issue, in collaboration with our current ALGBTIC President, Dr. Phyllis Mogielski-Watson.

In the meantime, I encourage you all to not only read the journal, but also to encourage others or yourselves to submit to the journal. A call for submissions can be found elsewhere in this newsletter, as well as on the ALGBTIC website (www.algbtic.org), and the Haworth Press/Taylor & Francis website (www.haworthpress.com)



# Top Ten Reasons Why ALGBTIC Members Should Attend the 2009 ACA Conference and Exposition

By Dara Hoffman, MA

- 1. First, enter Dr. Michael Kocet. I first heard of Michael when he sent out an email asking for assistance with the ALGBTIC booth at the 2008 ACA Conference in Honolulu, Hawaii. Since I was attending the conference solo, I agreed to help, figuring it was a clever plan to ensure I would already know someone once I got there. Michael was gracious and welcoming, immediately introducing me to several other ALGBTIC members. Thus, my initiation began. ALGBTIC is like a built-in welcoming committee awaiting your arrival at the ACA Conference.
- 2. You would not have the pleasure of enjoying this article if it wasn't for a contact I made at the ACA conference. While helping to "woman" the ALGBTIC booth at the exposition I had the pleasure of sharing the duties with Dr. Michael Chaney. I happened to mention my interest in writing, and he happened to mention he was the new editor of the informative piece of literature you hold in your hand. The next thing I knew, I was asked to contribute an article to the next issue, and the rest is journalism history. It's [the conference] a place to brag about your talents you never know who might be able to use them.
- 3. While again offering my assistance at the ALGBTIC booth, a charming and animated man approached the table. Dr. Mike Chaney, who knew pretty much everyone at the conference, was quick to ask me, "Have you gotten to meet Mark Pope?" My highly professional response went something like "Mark Pope?? The Mark Pope?? I have one of your books in my backpack!" Mike kindly suggested I get Dr. Pope to sign it, which he graciously did. Bring a working pen you just might get to meet your favorite authors in person.
- 4. You will be able to learn the correct pronunciation of "ALGBTIC" from my fellow division members ("Algebertic" rolls right off the tongue!). Also, you can learn the importance of giving the *entire* name of the division as often as possible to interested boothgoers (everybody now Association for Lesbian, Gay, Bisexual, and Transgender Issues in Counseling). Impress your friends! Learn more about your division.
- 5. Upon arriving rather tardy to the ALGBTIC brunch (who knew the hotel would be such a maze!) I

- sheepishly served myself the last of the food from the buffet and took a seat at an empty table. Within moments ALGBTIC President Phyllis Mogielski-Watson took the seat next to me and we proceeded to have a lovely and inspiring conversation about how I can get more involved with the division. The movers and shakers of ALGBTIC will spend time getting to know you be open to seeing where this can lead.
- 6. The name "Anneliese" kept coming up with pretty much anyone involved with the division, due to the excitement brewing around her becoming the next president of ALGBTIC. I was able to speak with Dr. Singh during one of the ALGBTIC gatherings over the weekend and mentioned my interest in joining the Transgender Committee. Since then we have corresponded, and I am set to participate in the next conference call for the committee, in addition to helping with compiling transgender-positive resources and links for the ALGBTIC website. During the conference attend as many ALGBTIC functions as you can, and follow up with everyone you meet.
- 7. As many of you know, choosing which presentations to attend during the conference Is a daunting task. Thankfully, there were plenty of LGBT-themed presentations from which to choose. I made certain to attend a session put on by Dr. Joy Whitman, former president of ALGBTIC. I first made contact with Dr. Whitman when I joined the division two years ago. My email to her sought advice on how to succeed as a LGBT counselor in the conservative town in which I live. Her response was informative, well thought out, and inspirational. It was such a pleasure to be able to thank her in person for that, and to be able to ask follow-up questions in person. Utilize ALGBTIC and its leadership as a resource for your practice that's what they are there for!
- 8. One of my favorite seminars, "Counseling in Genderland", was presented by Dr. Stacee Reicherzer of Walden University. The wealth of knowledge she shared on transgender counseling was crucial to expanding my understanding of this too often neglected client base. I emailed her after the conference seeking further insight and advice, to which she has responded

Continued on page 8...

Top Ten continued from page 7... quickly and enthusiastically. Besides having this opportunity to thank her publicly for her support, it also offers me the chance to declare, "You look fabulous, darling!" Go to LGBT-themed seminars — there is always something new you need to learn.

9. The aforementioned Dr. Michael Kocet and Dr. Anneliese Singh have invited me to assist them in putting together a presentation proposal for the 2009 ACA Conference in Charlotte, North Carolina. All it took was a brief mention to Michael of me wanting to put something together for the next conference and *voila* – a collaboration was created. Go out of your comfort zone at the conference and surprise yourself with what you are capable of.

10. If you are a member of ALGBTIC and have yet to explore the many ways this division can enhance your counseling career... just go to the conference. You'll see what you have been missing. See you in Charlotte!



The Association of Lesbian, Gay, Bisexual & Transgender Issues in Counseling (ALGBTIC), a division of the American Counseling Association (ACA) is inviting submissions for our journal, "The Journal of LGBT Issues in Counseling". The intent of this journal is to publish articles relevant to working with sexual minorities and that will be of interest to counselors, counselor educators, and other counseling related professionals that work across a diversity of fields, including in schools, mental health settings, family agency's, and colleges and universities. This journal welcomes the submission of articles that reflect issues pertinent to the health of sexual minority individuals and communities, and should focus in one of the following areas: (1) new research in the field of counseling, (2) a review of the literature that critically integrates previous work around a specific topic, (3) introduction of new techniques or innovation in service delivery within the counseling field, or (4) theoretical or conceptual pieces that reflect new ideas or new ways of integrating previously held ideas. The journal is distributed quarterly.

All submissions should be prepared accorded to the guidelines of the most recent Publication Manual of the American Psychological Association, including the use of citations and references, and inclusion of nondiscriminatory language. Generally, submissions should be no longer than 30 pages however we will consider longer papers on a space available basis. Manuscripts should be sent electronically, as attachments via the e-mail address below. All work should be done in Microsoft Word. Tables and figures should be used only when essential, and illustrations or graphs should be embedded in your manuscript at their appropriate place. Please make sure to include author contact information, including phone and e-mail. If accepted for publication, final manuscripts should be publication ready when submitted. It is the author's responsibilities to secure permission to use any copyrighted materials within their manuscript. We ask that you indicate in your cover letter which of the four areas that this journal focuses on (see above) best fits your article.

It is expected that authors follow the most current ACA Code of Ethics and Standards of Practice.

It should be understood that authors bear full responsibility for the accuracy of all referenced, quotations, tables, figures, and the overall content of their article.

Please submit articles to Ned Farley, Editor, The Journal of LGBT Issues in Counseling at <a href="mailto:nfar-ley@antiochsea.edu">nfar-ley@antiochsea.edu</a>. Initial confirmation will be sent via e-mail.

Please also include all appropriate signed copies of the Manuscript Submission and Limited Copyright Transfer Form required by Haworth Press, Inc. This form can be found online at: www.haworthpress.com/pdfs/Jmanuscript.pdf, and should be mailed to Ned Farley, Ph.D., School of Applied Psychology, Counseling, and Family Therapy, Antioch University Seattle, 2326 Sixth Avenue, Seattle, WA 98121-1814.



### **Ann Strack's Recollections of AGLBIC**

(1976-78 Co-Chair) Sue Strong, Ph.D.

Ann Strack's history with AGLBIC goes back to the early days of the organization. She was the second Cochair of the organization from 1976-78 with Mark Pope. Ann reflected that she was 23 years old in 1976 when she joined Mark as the female Co-Chair of AGLBIC. Ann met Mark in the counseling graduate program at the University of Missouri-Columbia. She stated that her professional identity development paralleled her coming out as a lesbian. "I saw that I was going to have to be open about who I was in my life". Ann stated that she grew up as a "southern belle in southeast Texas, with rigid social roles". She discovered the women's center on campus and also discovered herself as a lesbian and feminist.

Reflecting on her history at the University of Missouri-Columbia, Ann recalled a note written in 1968 by the chair of the counseling department that revealed a "witchhunt on campus". She painfully recalls the "legacy of ignorance and hatred that was so thriving in our department where we were trying to develop personally and professionally". Speaking of her leadership in AGLBIC she commented that "I admire the courage that we had. I wasn't sure if our department could tolerate my drawing attention to the University in this way".

Ann joined APGA in 1974, and then Mark approached her about a need for an AGLBIC Co-Chair. Her first year of co-chairing occurred at the Chicago convention. "Usually it was an honor and mark of pride for our department to have students names appear in the program. But since my and Mark's names were associated with the gay caucus, I felt like it was an embarrassment not a source of pride for our department".

"Joe Norton was effervescent and outrageous in a good way. I read the statement that he turned an idea into a caucus and thought that many of us have ideas, but we don't often act on them. Joe was the spark; he was a flaming queen in the most lovely sense. He acted on his idea and look where we are today. I admired his willingness to be out there. I saw in him something that I needed. I needed to be in a world that honors who I am. Joe was tremendously inspiring and gave me courage to be who I was. I had been a little active in racial rights in southeast Texas as a teen and I guess that involvement was preparing me for being a lesbian".

Ann felt it was ironic that at the time Norm Gysbers was the APGA President and one of her professors in the department, yet she never felt like the department welcomed her as a lesbian. She recalled a "defining moment that I often refer back to now when I speak publicly". She and Mark were trying to get the organization "not to just identify as a social avenue for people to find their way to each", but to also step up the quantity and quality of proposals with a gay and lesbian theme to be submitted for the conference. She recalls going to the first gay and lesbian convention program and meeting a member of the Human Rights Committee in APGA. AGLBIC has been working with this Commission to try to get sexual orientation further recognized in the association. She introduced the Human Rights Committee member who was in the audience and shook his hand. She recalls that "he looked into my eyes and said I expected you to be a much larger woman. At that moment, I understood prejudice and bias. I could feel what his eyes were doing to my body and his disbelief that a petite, attractive, straightlooking woman could be a lesbian. It was a real defining moment for me". She recalled that at the convention "my advisor could never meet my eyes. Only days later in his office could we acknowledge that we had been at the same convention. He couldn't own my being a lesbian and it was a source of disappointment. I am embarrassed to say but I was disappointed in my department, mentors, and professors".

After 1978, Ann followed her interest in the clinical side of counseling, not education, and became affiliated with APA. After she left ACA, Ann pursued "street activism not academics". Ann moved from Colorado to California and remembers bringing a pamphlet back from the New York Men's Health Center about the prevalence of symptoms among the gay men's population. She later became the Clinical Director of the East

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NOTE: Like many people interviewed for the AGLBIC Legacy Project, Ann stated that her memories may have faded with time, which is why this series of articles is named a "Collection of Recollections". The readers may draw their own interpretation of AGLBIC's history through reading the stories of the early leaders. History is a fluid subject always open to various points of view, opinions, and re-interpretations. The organization has undergone several name changes over time, but for convenience this writer has referred to it as AGLBIC, unless the name has a specific historical context. (Ann Strack was interviewed for this article on January 24, 2008.)

### Ann Strack continued from page 9...

Bay AIDS Project and provided AIDS education and support". She has had little contact with ACA over the past 30 years and was surprised to find that AGLBIC has become a Division and all of the other successes of the organization.

Because she has not been active with the organization she could not speak to current and future goals but stated that "it seems so important that the organization has legitimacy. So many people were trying to be legitimate as openly gay and lesbian people in an organization that was also seeking legitimacy". Ann stated that she left ACA because she "didn't know how to go forward in the organization and wished there could have been more leadership from mentors".

Ann was delighted that transgender has been recently included in the renaming of ALGBTIC. She stated that she has had a personal interest in transgender issues in California and had her "eyes opened as the Clinical Coordinator of a Berkeley GLB Community Center. Young people are teaching and challenging the boundaries on gender". She referred to a local center that has a closet filled with gender related clothing to create an environment where people can experiment with who they are on the inside and how they want to present on the outside. "Gay and lesbian people know about marginalization. Human behavior exists on a continuum and we have to speak out for all manifestations of behavior. It is absolutely right as it should be" (to add transgender to the title of the organization).

In reflecting on the trend toward establishing university chapters of ALGBTIC, Ann reflected that she was a "naïve and uninformed 23 year old" and that it would have been so good to have a university chapter for young people who are developing themselves, or straight allies. Visibility, visibility, visibility". She states that "California is a hot spot in the world for gay and lesbian people to live". She lives with her partner and 11 year old son in Sonoma County which has a lot of visibility for gay and lesbian people. However, when "we leave California and go to North Dakota and Texas, it's scary. Looking at what's happening politically, we must continue to be visible. Being visible is part of our world and part of our individual and collective health". "Even though I am an educated, competent professional, still things happen that bring me to my knees". She reflected on a school gathering where she and her partner were surrounded by other accepting and loving parents, yet their children still were caught playing "smear the queer".

"We were all horrified and aware that it's so insidious. It's hard to be healthy and strong and raise a son in this world. We need each other. It's our support of each other and ourselves that keeps us going".

Ann recalls that there were few women in the early days of the organization and that she often had self doubt, a sense of loneliness and wondering if "I was doing something wrong or foolish". She vaguely recalls meeting Brenda Hawkins at the end of her cochairing experience and feeling "Oh, there is another woman here, hooray". She stated that my "not remembering speaks to some denial when I said that it doesn't matter if there are other women here. We all need to see ourselves mirrored". While Ann doesn't remember many specifics about various people involved with AGLBIC at the time, she does recall moments of "collapsing in humor" and feelings of "oh my, I'm with my people", and the general delight of "saying with our eyes that I'm so glad you are here".

Ann is a Licensed Psychologist in Petluma, California and would enjoy hearing from you and receiving warm comments at Ann@pogowave.com.

Comments about this article may be addressed to the author: Dr. Sue Strong, Professor of Counseling and Educational Psychology, Eastern Kentucky University, sue.strong@eku.edu

# ALGBTIC Membership Dues To Increase

In order to cover the rising costs of producing the Journal of LGBT Issues in Counseling and to make sure division members are provided with as many resources as possible, there will be a slight increase in annual membership dues. The new annual membership dues are as follows:

**Professional Member: \$45** 

**Regular Members: \$45** 

New Professional: \$25

**Student Member: \$25** 

Retired Member: \$25

### **ALGBTIC Recognizes Stonewall Columbus**

Edward P. Cannon, Ph.D., LPC, LMFT

At the Fall 2007 Board Meeting held in Columbus, Ohio during the recent ACES Convention, ALGBTIC President Phyllis Mogielski-Watson presented a donation to a local community organization, Stonewall Columbus. Executive Director Karla Rothan accepted the \$200 donation, earmarked for "Project Stefanie" which seeks to provide medical assistance to Transgender individuals while they are transitioning. The fund is named after a well known local woman, who, sadly, died because she could not afford her blood pressure medication. The ultimate injustice, according to Executive Director Karla Rothan, was the fact that Stefanie's family insisted on burying her as a male.

Stonewall Columbus was founded in 1981 as a grassroots organization dedicated to improving the lives of gay men and lesbians in Central, Ohio. At the time, its supporters marched with bags over their heads to hide their identities. Since then, the organization has undergone many changes, and it recently purchased a 4,000 square foot building in the LGBT district, where it operates a Community Center.

If you would like to check out this wonderful organization, and see the amazing work they do, please go to http://www.stonewallcolumbus.org.

Stonewall Columbus, Executive Director, Karla Rothan



### Letter from editor continued from page 3...

all of you to have your voices heard by submitting articles to be considered for publication in the newsletter. I am especially interested in having a regular column devoted to reviews of queer-themed books that might be of interest to our membership and our profession. So start reading and writing! Contributing to the newsletter is an excellent opportunity for you to make yourself visible in a fairly large division. For a description of submission criteria, see page 15. If you have ideas or suggestions that you think might strengthen the newsletter, do not hesitate to contact me. Go Well.... Michael P. Chaney

### Chavez Continued from Page 4 ...

Chávez with a federal holiday, efforts are under way again in California to honor another civil rights pioneer. Assemblymember Mark Leno along with the support of Equality California have introduced a measure that would formally recognize Harvey Milk. The bill, which awaits the governor's signature, would establish a non-fiscal state holiday in his name on the anniversary of his birth.

Milk was born on May 22, 1930, and settled in the Castro district of San Francisco in 1972 where he and his partner opened a camera store. His belief that all people should be treated with respect paved the way of the populist movement he pioneered for LGBT rights, creating a legacy that inspires the LGBT community to this day. In 1977, Milk became the first openly gay elected official of any large city in the United States, and only the third openly gay elected official in the nation. Milk and Mayor George Moscone were assassinated in San Francisco on Nov.

27, 1978.

"Harvey Milk was a true American hero," said Leno. "He gave hope to a generation of gay and lesbian individuals whose basic humanity and freedom had been denied and dishonored. His history is our history, and a day in his honor will preserve his legacy for generations to come."

Milk was an early supporter of the California grape boycott organized by the UFW and led by Chávez.

"By providing us with a Harvey Milk holiday we are not only recognizing a great man who worked tirelessly for the underserved, but we are also standing with a community that deserves to be honored for its ongoing contributions to society," said Christine Chávez, granddaughter of César Chávez. "Our generation needs to have Harvey Milk alongside my grandfather César Chávez and other American heroes who have a day of remembrance and a time set aside to celebrate their lives."

~National Gay and Lesbian Task Force

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# "Come Out In Jesus Name!" An Experience of Deliverance Ministry Kirsti Reeve

The leader had his hands on my head, while a circle of other people stood around him, praying loudly in tongues. "In the name of Jesus Christ, I command the demon of homosexuality to leave this woman now!" He'd been shouting this, and similar commands, for about ten or fifteen minutes, though to me, standing in the center of the circle, it seemed like an eternity. I knew what was supposed to happen. I was meant to fall down under the power of the Holy Spirit, perhaps writhe around a bit as the demon emerged, sometimes the demon would speak and say something in a low voice about not going away... the shouting would continue some more, and finally I would cough or sneeze or vomit or scream, and that would be taken as the indicator that the demon had left me

I was twenty two years old and had been a member of a large charismatic church in London since my midteens. Only recently, however, had I mentioned to my house group leaders that the thoughts and fantasies I had about other women were not going away. Since homosexuality was considered an abomination in God's eyes (one sermon I heard placed it between bestiality and incest in the top three things God hates), I knew that something had to be done to take these feelings away, and the cure that the church offered was prayer ministry.

It turned into a three month stay in the house of a deliverance team, where I could experience intense conversion ministry with the goal of helping me to become heterosexual in my attractions and fantasies. During that time, I experienced daily pastoral counseling designed to heal and identify whatever core wound it was that was keeping me away from developing healthy relationships with men. I talked about my



father and his absences growing up, I talked about past abuse I had experienced, I talked about friendships with girls at school and all of these things became subjects for more prayer ministry and deliverance sessions. I did my very best to open up, and prayed for my own healing and freedom harder than anyone, and never dared admit to myself the truth that nothing was changing with regard to my attractions to other women.

More than fifteen years later, it's difficult to get myself back into that mindset and remember just how fervently I was longing for the deliverance to 'work'. It is probably even harder for people without church experience to understand how these kinds of ministries can grow and thrive. I the rest of this article, I want to explore my own reasons and motivations for subjecting myself to deliverance ministry for my sexual orientation, and take my best guesses as to what was going on for the individuals involved in carrying out such work, in the hopes of shedding a little light on charismatic practices. There is of course, the usual disclaimer that this account represents my own experiences in one church which may be very different now than it was when I was a member.

As a charismatic Christian, the church was my world, my substitute family, and my life. All of my friends were from the youth group, all of my weekends and four out of five weekday evenings were spent engaged in church activities. This didn't seem fanatical to me at the time; it was simply my way of being committed to Jesus through prayer groups and worship practices, and witnessing, and Bible study groups, and of course, services on Sunday morning and evening. It gave me a place to fit in and belong, a place with rules that were easy to understand and follow. At a time when Erikson says we are searching for identity, I found a readymade one as a teen for God, on fire for Jesus. I knew what to wear, what to say, what books to read, what music to listen to, how to behave - everything was clear and easy. Anything that threatened that belonging and acceptance was anathema to me. And top of the list was daring to think that my sexual orientation might be anything other than very straight indeed.

Continued on page 13...

### Deliverance Ministry continued from page 12...

The people I stayed with were compassionate, loving individuals who desired to help me and didn't want to see me lose my salvation. Their faith made them view the world in terms of black or white; where everything was either of God or of Satan. Therefore, when they saw something that the Bible condemns, the only possible explanation was that it was a result of demonic influence, and the only possible answer was deliverance ministry. Charismatic theology can often create the belief that God can heal everything if we only have enough faith, and thus they persevered with their ministry to me, even though the promised results of heterosexuality never materialized. They truly believed that if I continued to experience same-sex attractions, I was putting myself straight on the pathway to hell, and it was their job to do all that they could to save me from that.

While it may be easy to judge people entering deliverance sessions as misguided and lost, and to condemn the people and organizations offering any kind of conversion therapy as homophobic or bigoted, the reality of the situation is a lot more complex. Groups such as Bridges Across (http://www.bridges-across.org) have established solid principles for dialogue on the issue of homosexuality which are worth reading and using when talking to people of faith on 'the other side of the divide' from yourself.

Many things about my time in charismatic Christianity were helpful and healing. This particular experience was not. The church was trying to heal an area of my life which wasn't broken, and I was left feeling more like a failure as a result. Eventually, I left the church and abandoned my belief in God entirely in order to live and love true to my sexual orientation. It wasn't until I discovered the Universal Fellowship of Metropolitan Community Churches (UFMCC) years later that I realized it was possible to be both queer and Christian although that journey is a whole other article in itself.

Oh, and that first deliverance ministry session? I didn't fall down, didn't cough or choke or vomit. They gave up after an hour and a half, since I was obviously not ready to release my sexual desires. The journey that began that day, when I first spoke my attractions out loud, is one that has led me to where I am now: comfortable in both my spirituality and my sexuality, blessed with a partner who shares my values, and supported by a solid faith community. I just wish I could travel back and tell that scared, vulnerable twenty two year old self to hang in there, have faith, and that it would all work out just fine in the end.

Kirsti is a student in the Masters' level Counseling Program at Oakland University, Rochester, MI. She can be contacted at kjreeve@oakland.edu and would love to hear from anyone else with similar experiences.



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# Transgender Committee Update: Headed in New and Exciting Directions!

By Anneliese Singh

As a committee, we wrote an article entitled "Counseling Transgender Youth" that appeared in the February edition of *Counseling Today*. From this article, we received over 50 inquiries for transgender-affirmative information. We also had 10 people – ranging from doctoral students to academic and full-time counselors – who expressed interest in the Transgender Committee in ALGBTIC. Not bad for our first article!

We will write two more articles in *Counseling Today* over the next year. The next article will be one on "Counseling Transgender Adults," followed by an interview with a transgender client for a first-person perspective.

The other exciting news is that we will be working on wellness-based Transgender Competencies that will follow the GLBT Competencies' CACREP areas for training. Another Task Force is being established to examine the current GLBT Competencies (email me at <a href="mailto:nanakikaur@yahoo.com">nanakikaur@yahoo.com</a> if you are interested in the committee). Our ALGBTIC Board expressed at our Fall 2007 Board meeting that it is important to have two sets of competencies — one for LGB and one for Transgender — in order to most effectively address practice, training, research, and advocacy issues with each group.

So, exciting stuff! I want to thank the current committee members – Julia Hosea, Don Sidelinker, Manivong Ratts, and Denise Pickering. Work on the committee involves monthly conference calls by phone and some work in between on projects. We are also working with ALGBTIC's new Multicultural Consultant (welcome Kathy Newton!) to have our ALGBTIC website updated with transgender-positive resources.

I also want to introduce Theo Burnes – a long-time trans ally and activist whom I have appointed to lead the Transgender Committee over the next year. He is an amazingly organized, creative, visionary, etc! I will continue to provide leadership within the committee, but as President need to ensure that the Transgender Committee has the leadership resources it needs to complete the three writing goals – two articles in *Counseling Today* and the *Transgender Competencies*. The main goal is to have the Transgender competencies in order to present for a first round of feedback at ACA's convention in Charlotte, NC. I have asked the Transgender Committee to obtain

active feedback from trans clients and community along the way.

Please email Theo Burnes at <u>burnes@gse.upenn.edu</u> for more info on joining the Transgender Committee.



### Welcome to Our New Multicultural Consultant – Dr. Kathy Newton!

We want to give a warm welcome to our new Multicultural Consultant – Dr. Kathy Newton! Dr. Newton teaches at Shippensburg University in Shippensburg, PA.

Kathryn S. Newton recently moved to the area from Atlanta, Georgia where she is completing her doctorate in counselor education and practice specializing in substance abuse.

Through her clinical work with poor and marginalized clients she developed a strong interest in social advocacy which is reflected in her upcoming publications. She is completing data analysis on her dissertation, on "African American Women's Experiences and Perceptions of Mandated Substance Abuse Treatment." She is also in the process of completing two book chapters on issues of classism, ableism, and ageism for an upcoming textbook on multicultural counseling and social advocacy, "Developing Multicultural Counseling Competency: A System Approach". She looks forward to sharing her experience in counseling, as well as her prior work as a yoga therapy practitioner and trainer.

Please email Kathy if you would like to get involved with the Multicultural Committee in ALGBTIC. It's a fun and easy way to ensure that multicultural and social justice issues are always integrated into the work we do in ALGBTIC. The Multicultural Consultant position was proposed by Dr. Ned Farley during his first tenure as President of (then) AGLBIC, and the position has been instrumental in many activities – from translation of the GLBT Competencies into various languages to updating website resources on cultural issues within the LGBTQ community.

Please email Kathy at the following email to get more involved: ksnewton@ship.edu.

### **ALGBTIC Responds to Conversion Therapy**

Phyllis Mogielski-Watson, Psy.D., CADC

Many conversations have taken place among the ALGBTIC board and membership regarding the actions of a select few to overturn the ACA Ethics Committee's 2006 statement opposing conversion/reparative therapy. The ALGBTIC board takes this matter very seriously and we are asking your support in alerting Governing Council representatives, divisional members, as well as the counseling community about the dangers of imposing conversion therapy, sometimes called reparative therapy on members of the LGBTQ community. The ALGBTIC board has drafted the following statement (noted below) and we are asking that you help disperse this statement, as well as inform your Governing Council representatives that this issue will be addressed.

### **Statement from ALGBTIC Division on Conversion Therapy:**

The Association for Lesbian, Gay, Bisexual, and Transgender Issues in Counseling (ALGBTIC) supports the American Counseling Association's statement on "conversion" therapy (also called "reparative therapy"), which deems this therapy unethical because it has no sound scientific basis and does harm to people who identify as LGBTQ (lesbian, gay, bisexual, transgender, queer). We believe it is of the utmost importance that the existing ACA Ethics Committee statement opposing conversion therapy NOT be overturned. The purpose of ALGBTIC's current statement is to remind all counselors of the importance of therapeutic interventions that affirm an individual's LGBTQ identity when she or he seeks treatment.

Recently, there has been a renewed effort to overturn ACA's position that conversion therapy is unethical by the American Association of Christian Counselors. We reject this organization's views as they are scientifically unfounded and have no evidence that conversion therapy does no harm to clients.

# What You Can Do To Ensure LGBTQ Clients Receive Ethical Treatment in Therapy Regarding Their Sexual Orientation and/or Gender Identity:

- Write Colleen Logan (clogan@argosy.edu) to express your disagreement with the efforts to legitimize reparative therapy.
- Contact your Governing Council representative to ask that she or he does not support any motions that would
  overturn the Ethics Committee 2006 Statement on Ethical Issues Regarding Conversion Therapy. You can get
  the email of your Governing Council representatives at the following link:
  <a href="http://www.counseling.org/AboutUs/GoverningCouncil/TP/Home/CT2.aspx">http://www.counseling.org/AboutUs/GoverningCouncil/TP/Home/CT2.aspx</a>
- Recommit to providing ethical, affirmative treatment for LGBTQ clients.
- Read the ALGBTIC Competencies on working with LGBTQ Clients at the following link: http://www.algbtic.org/resources/competencies.html
- Forward this statement to your colleagues, friends, and family who support ethical treatment of LGBTQ people.

#### For More Information:

ACA Ethics Committee – 2006 Statement: Ethical Issues Regarding ConversionTherapy: http://www.counseling.org/PressRoom/NewsReleases.aspx?AGuid=b68aba97-2f08-40c2-a400-0630765f72f4

Read an article by Warren Besen (LGBTQ activist/author) about the "ex-gay" movement: http://www.waynebesen.com/2008/02/ex-gay-quack-therapists-declare-war.html

Book Resource: What the Bible Really Says about Homosexuality: http://www.visionsofdaniel.net/bookWBRS.htm

Read about the petition effort to legitimize reparative therapy by the American Association of Christian Counselors: http://www.aacc.net/2008/02/13/letter-to-the-american-counseling-%20association/

Knowledge is power and we must all work for the safety and health of consumers seeking counseling services.

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## Governing Council Report continued from page 3...

institutional, supervision and return on investment (pay) for entry level counselors in various settings, and parallel costs and returns for related professions, yielding specific recommendations related to findings, aimed at pay parity for counselors. Engels/Kern. Passed.

- 6. In light of continued concerns regarding Bylaws compliance for ASCA, it was moved that ACA leadership and ASCA leadership continue a dialogue within the next six months to resolve concerns and report back to the fall, 2008 Governing Council meeting. Kern/Farley. Passed.
- 7. It was moved that President Canfield and ACA staff conduct an audit of all division documents, materials, websites, etc. to ensure compliance with ACA Bylaws, Section 2.b. The result of the audit shall be reported to the Executive Committee during the next meeting. Logan/Lopez-Baez. Passed.
- 8. It was moved that the ACA President-elect shall appoint a representative task force composed of the necessary delegates from Governing Council, CO-PARC, 20/20 and the Strategic Planning Committee to draft a strategic proposal plan that focuses on the following: 1) underlying core issues (sense of community, finances, membership development, community/collaboration; 2) the six strategic areas of focus by the Governing Council. Lopez-Baez/Farley. Passed.
- 9. It was moved that the Strategic Plan draft crafted by the Strategic Planning Task Force with input from ACA staff be presented to the Governing Council for feedback, input and action by the fall, 2008 Governing Council meeting. Lopez-Baez/Blundo. Passed
- 10. It was moved and passed that the ACA work closely and collaboratively with the ACA Insurance Trust to partner with and negotiate with the Health Providers Organization (HPSO) for the best possible professional liability insurance program that will maximize benefits to ACA members.

### **FAMOUS QUOTES:**

"My lesbianism is an act of Christian charity. All those women out there praying for a man, and I'm giving them my share."

~ Rita Mae Brown

# CONGRATULATIONS 2008 ALGBTIC AWARD RECIPIENTS

Brian Dew presents Mark Pope with the ALGBTIC Mentor Award



Phyllis Mogielski-Watson presents Cyndy Boyd with the ALGBTIC Service Award



Philip Gnilka is presented with the Graduate Student Award



The Joe Norton Award was presented to Life Foundation. Please visit www.lifefoundation.org for more information about this Hawaii based organization. **ALGBTIC News,** the newsletter of the Association of Lesbian, Gay, Bisexual, and Transgender Issues in Counseling, is published three times annually. The ALGBTIC News is typically published online in the summer and fall. Our Pre-Conference issue is a mailed hardcopy. The publication dates and submission deadlines are:

**Pre-Conference edition:** March 15 Submission deadline: January 15

**Summer edition:** July 31 Submission deadline May 15

Fall edition: December 1

Submission deadline: September 15

#### **Submission Guidelines:**

Submit articles and items that would be of interest to our readership and ALGBTIC members. Information should be current and informative. Submissions that promote dialogue and opinion are especially encouraged.

All submissions should be sent to the Editor via email as a Microsoft Word attachment. Please be advised that the Editor has the right to edit your submission due to space considerations and/or content issues.

Please send your submission to: Michael P. Chaney Ph.D., LPC Editor, ALGBTIC News chaney@oakland.edu

**Disclaimer:** Although ALGBTIC News attempts to publish articles and items of interest that are consistent with the mission and goals of ALGBTIC, they do not necessarily reflect the overarching opinions, policies, or priorities of ALGBTIC or ACA.

# See You in Charlotte!

# Summer Rate thru August 31, 2008!



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Non-Member Student	\$290	\$310	\$440	\$460

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