



**College Community Services
Wellness Center Central Advisory Board
MEETING MINUTES**

**Friday, November 20, 2020 – 11:00am to 12:30pm
Wellness Center Central – 401 S. Tustin St. #C, Orange, CA 92866
REMOTE MEETING, Conducted on WebEX
Meeting Number: 145 865 9451
Password: 8056**

Attendees: Deanna L., Debbie A., Kimberly J., Deloise M., Paulina S.
Guest: Sohail E., Aly W., Julia A.-K.

I. Call to Order – 11:12 am

- a) Welcome and Introductions
 - i. Ice Breaker-Favorite part of the Thanksgiving Meal (Deanna L.)
- b) Approval of Agenda –Read for the group by Deanna L., Agenda approved by Kimberly J., seconded by Debbie A.
- c) Approval of Minutes – Minutes approved by Kimberly J., seconded by Deanna L.

II. Reports

- a) Program Director Report-Sohail E.
 - i. Sohail read the Program Director's Report.
- b) President's Report- Johnny C. not present. Vice President, Deanna L. called upon to give report.
 - i. Encouraging all members to be call about the new shutdown at WCC. When at the center, helped MAB President Johnny. Really enjoyed going to the center even though it was six feet apart from each other.
 - ii. OCHCA face masks will be given out during the Thanksgiving meal pick-up.

III. Unfinished Business

- a) Reading a portion of the MAB bylaws
 - i. Read MAB Article IV, Section III-Duties of Officers (Deanna L./Julia A.-K./Sohail E.)
- b) MHSA Art Calendar
 - i. Provided update that design is in the hand of OCHCA to get everything proof read and approved. Waiting for final approval from county and to start the printing process. Hoping to have the calendar ready by the end of the year/early January 2021. Goal is to have some calendars available to give out for the Holiday Meal Pick-Up on 12/16/20. (Aly W.)
- c) Volunteering
 - i. Will be proposing to the county to include MAB work/participation in volunteer hours for the program (Sohail E.)
 - ii. Offered suggestions on how members can volunteer and get this reported. Proposed creating some sort of online system for members to enter volunteer hours remotely through the website. (Debbie A.)

IV. New Business

- a) WCC onsite temporarily closure
 - i. On 11/17/20 transitioned back to remote only services due to the “purple tier” COVID-19 designation in Orange County. Will move back to in-person option once the restrictions are lifted and approved by Pathways Health Officers. (Sohail E.)
- b) WCC 100% remote again
 - i. Chat with director is back on calendar, Thursdays at 2pm. Mental Health During Pandemic will be conducted 2x weekly Monday/Wednesday at 12:45pm. Relapse Prevention at 2pm. All of these groups will be conducted by Sohail online. Focusing more on the online groups again now that we are back 100% online. It is very important that members come to the groups so that we can keep providing services. Please let other members know. (Sohail E.)
- c) Update on Thanksgiving Meal pick up
 - i. Meals catered from Boston Market. There are still reservations available for the pick-up. Currently have 50 members signed up. Please let other members know that this is available to them. (Sohail E.)
- d) WCC Annual Holiday Party event
 - i. Will be similar to the Thanksgiving meal pick-up, catering through Grandma’s kitchen, will be traditional holiday Tamales. (Sohail E.)

V. Announcements (MAB Members)

- a) SB803-State wide Peer Certification Program, was approved by the Governor and is still going through the legislature. The Governor approved other mental health related bills as well. At least some good news that services and funding is still being provided. (Debbie A.)

VI. Open Forum (Visitors)

- a) No visitors present.

VII. Upcoming Calendar

- a) Thanksgiving Meal Pick-Up, Wednesday November 25, 2020 12pm-3pm.
- b) December Holiday Meal Pick-Up, Wednesday December 16, 2020, 12pm-3pm
- c) Next meeting, Friday December 18, 2020 11:00am-12:30pm

VIII. Adjournment

- a) Sohail adjourned the meeting at 12:25pm