

## Aldersgate UMC Worship: *Home Edition* – June 14

**Call to Worship:** (Reflect on Psalm 67) May God be merciful and bless us. May his face smile with favor on us. May your ways be known throughout the earth, your saving power among people everywhere. May the nations praise you, O God. Yes, may all the nations praise you. Let the whole world sing for joy, because you govern the nations with justice and guide the people of the whole world. May the nations praise you, O God. Yes, may all the nations praise you. Then the earth will yield its harvests, and God, our God, will richly bless us. Yes, God will bless us, and people all over the world will fear him.

**Worship Song:** “*Turn Your Eyes Upon Jesus*” Worship leader: Cindy Crosby  
<https://youtu.be/jd5xChC0IEs>

**Prayer of Illumination:** Lord, open my ears, my eyes, my mind, and my heart to you Word. Guide me in your truth and teach me your ways. Your servant is listening. I pray this in Jesus name, Amen.

**Scripture:** Psalm 23

**Sermon:** “*Finding Hope When Feeling Helpless*”  
<https://youtu.be/qVmdrnylFoQ>

**Special Music:** “*In Christ Alone*” Michael English  
<https://www.youtube.com/watch?v=83SApgZfVUU>

**Prayer:** Lord, you are my Shepherd. You lead...and I will follow. Thank you for your gentle hand in leading me. Thank you for your wisdom to know the way. And thank you for your presence with me even when I go through the dark shadows of life. I seek your presence, and I praise your name this day. May my worship honor you and make you smile. In Jesus name, Amen!

**Offering:** Mail in your tithes & offerings to Aldersgate UMC, 5767 Sellger Dr. Norfolk, VA. 23502. Or give online at our website at [AldersgateNorfolk.org](http://AldersgateNorfolk.org)

**Closing Song:** “*Spirit Song*” Worship leader: Cindy Crosby  
(Note: The lyrics can be downloaded as an attachment to this email.)  
<https://youtu.be/-k1h4FS0tbg>

**Blessing:** Lift up your face, and receive this blessing. May you be filled with God’s peace and great hope. May that hope show like a beacon in the night that others may see it, be guided by it, and brought to the Lord because of it.  
In the name of the Father, the Son and the Holy Spirit, Amen!

### “*Finding Hope When Feeling Helpless*”

(Psalm 23-NIV) *The Lord is my shepherd, I lack nothing. He makes me lie down in green pastures, he leads me beside quiet waters, he refreshes my soul. He guides me along the right paths for his name’s sake. Even though I walk through the darkest valley, I will fear no evil, for you are with me; your rod and your staff, they comfort me. You prepare a table before me in the presence of my enemies. You anoint my head with oil; my cup overflows. Surely your goodness and love will follow me all the days of my life, and I will dwell in the house of the Lord forever.*

## Nine Reasons to Hope in God

*“The LORD is my shepherd; I lack nothing.”*

**1. God will meet your needs when you’re worried!**

*“He makes me lie down in green pastures, he leads me beside quiet waters,”*

**2. God will teach you to relax when you’re stressed out!**

*“He refreshes my soul.”*

**3. God will replenish your strength when you’re empty!**

*“He guides me along the right paths for his name’s sake.”*

**4. God will guide you when you need it!**

*“Even though I walk through the darkest valley, I will fear no evil, for you are with me;”*

**5. God will walk with you in your dark and fearful days!**

*“Your rod and your staff—they comfort me.”*

**6. God will protect you when you feel insecure!**

*“You prepare a table before me in the presence of my enemies. You anoint my head with oil; my cup overflows.”*

**7. God will publicly show his favor on your life!**

*“Surely your goodness & love will follow me all the days of my life,”*

**8. God will be good to you no matter what happens!**

*“I will dwell in the house of the Lord forever.”*

**9. God will take you to heaven one day!**

**We can find hope when we look to the Lord and lean on his promises.**

### *Spirit Song* - Lyrics

Oh let the Son of God enfold you  
With His Spirit and His love  
Let Him fill your heart and satisfy your soul  
Oh let Him have those things that hold you  
And His Spirit like a dove will descend upon your life  
And make you whole

Jesus oh Jesus, Come and fill Your lambs  
Jesus oh Jesus, Come and fill Your lambs

Oh come and sing this song  
With gladness as your hearts are filled with joy  
Lift your hands in sweet surrender to His name  
Oh give Him all your tears and sadness  
Give Him all your years of pain  
And you'll enter into life in Jesus' name

Jesus oh Jesus, Come and fill Your lambs  
Jesus oh Jesus, Come and fill Your lambs