

Sonora Sunrise Rotary Club

Weekly Bulletin

Week of Feb 10-16, 2016

This weekly bulletin is put into place by our President Tom Teach, just to summarize the meeting highlights, announce upcoming dates, and important reminders for the coming week/events.

Today's Guest Speaker: Ann Jacob/ Stroke Education and Prevention

Even though we have all heard info on strokes, Ann presented info that spoke to us!! Gave us great explanations (layman's terms) of the anatomy of a stroke, simple signs to note, what happens during a stroke, great on-hand forms for our wallets, and to significantly reduce the possibilities of a major, debilitating stroke. Excellent information for us all. Thank you, Ann.

1. **Orient Express:** (Del Hodges/ Mike Olenchak) Recap of the Orient Express: beautiful weather, 150+ runners, all systems went without a hitch, except the donuts! Thank you to the planning committee, those who helped with the "swag" bags, timing, registration, logistics, and supporters making the event another success! All net proceeds are donated to support Tuolumne County Special Athletes.
2. **Student scholarships** are starting to be organized by the high schools. If you are interested in reviewing the applications for selecting our recipients, please contact Cathie Peacock 532-0905 or 586-4802.
3. **Reminder: Assembly 2/13** in Stockton. Kaenen asked if anyone could possibly take his place, as he has family coming in for the weekend. Please let Robin P or Tom know if you can or would like to go. Registration already paid.
4. **Tim Gilbert/Leaving Us Party: 2/17** Just a reminder to keep 2/17/evening open for our going away party for our exchange person Tim Gilbert. 5PM at Judy Delbon's 14186 Alder Lane (off Phoenix Lake Rd). Bring potluck...nacho theme. A good time to thank Tim for coming to our club; hear his stories; recap his adventures/ misadventures; hear his newly learned language skills, and more. If you are unable to attend the dinner, maybe a card you could bring to the meeting, and can be given to him later at the dinner.
5. **It's time** to begin the process to select a student for our club to send to Australia in July!
6. **Congratulations** to Angie Fairchilds in becoming our newest Paul Harris Fellow. Thank you for your donations, and recognition of the good the Paul Harris funding does.
7. **Next Meeting:** 2-17-16
 - a. Celebrity Dinner Tickets will be available.
 - b. Update on planning and prep for the Celeb dinner
 - c. **SPEAKER:** Barry Hillman "Helath Lit Now
Todd Stolp, MD
Larry Cope, EDA

See you all next week.