



MAY 24, 2017

2017 MENTAL HEALTH AMERICA OF ARIZONA SEEDS CONFERENCE

# NAVIGATING THE HURDLES: B4STAGE4

## CONFERENCE AT-A-GLANCE

	Student Union 102	Math 120	Math 122	Math 124	Math 125	Math 126
8:00 – 8:30 a.m.	<b>Registration Opens, Coffee &amp; Networking</b>					
8:30 – 8:45 a.m.	<b>Welcoming Remarks</b> — Dr. Michael Shafer, MHA AZ Board Chair Moment of Silence for Max Dine					
8:45 – 9:15 a.m.	<b>Keynote Session</b> — Glendale Police Chief Rick St. John, The Importance of Mental Health Education (Crisis Intervention Training)					
9:15 – 9:30 a.m.	<b>Break</b>					
9:30 – 10:45 a.m.	<b>Understanding Parity</b> - Tim Clement, MPH ParityTrack Policy Director	<b>Legal Considerations for Family Members - Guardianships, Power of Attorney, Specials Need Trusts and Financial Planning</b> - Josh Mozell, Vice Chair of the MHA-AZ Board Attorney at Frazer, Ryan, Goldberg & Arnold; and Charles Arnold, Partner at Frazer Ryan Goldberg & Arnold	<b>Presentation on Danger of Benzos</b> - Dr. Steven Karp, Medical Director at Promises Scottsdale	<b>Knowing your Rights</b> - Kathy Bashor, Bureau Chief Office of Individual and Family Affairs at AHCCCS; Susan Junck, Healthcare Advocacy Coordinator at AHCCCS; and Carol McDermott, Community Resource Coordinator at AHCCCS	<b>Meditation and Mindfulness</b> - Dr. Fernando Romero, Faculty Glendale Community College	<b>Anxiety and Depression in Mature Adults</b> - Dr. Judith Rand, Ph.D., Founder, The Family Prosperity Institute
10:45 – 11:00 a.m.	<b>Break</b>					
11:00 – 12:00 p.m.	<b>Town Hall Listening Session “Identifying Systems Barriers”</b> (Participants will fill out survey here)					
12:00 – 1:15 p.m.	<b>Lunch On Your Own</b>					
1:15 – 1:35 p.m.	<b>Keynote Session</b> – Glendale Deputy Fire Chief Chuck Montgomery, The Value of Advocacy					
1:35 – 2:35 p.m.	<b>Recovery and Resiliency Panel</b> featuring Bruce St. James from KTAR News					
2:35 – 2:50 p.m.	<b>Break</b>					
2:50 – 4:05 p.m.	<b>Working with Law Enforcement... or Not</b> - Mary Lou Brncik, David's Hope; Sarah Schol, Crisis Response Network; Officer Amanda Stamps, Mesa Police Dept. CIT Program Coordinator; Jason Winsky, Sergeant of the Mental Health Support Team - Tucson Police Dept.	<b>ABC's of Cognitive Behavioral Therapy in Everyday Thinking</b> - Karen Pitico, LCSW, MPH, Health Care Consultant	<b>HIPAA Unmasked</b> - Norm Nigro, Former RBHA Grievance and Appeals Attorney, and Former RBHA Grievance System Administrator	<b>Teen Suicide</b> - Nikki Kontz, LMSW, Clinical Director at Teen Lifeline	<b>Mental Health in the Faith Based Community</b> - Dr. Tandala Kidd, Care Partners & Education Coordinator at Interfaith Community Services	<b>Arizona Adverse Childhood Experiences and the Strong Communities Raise</b> - Marcia Stanton, MSW, Coordinator Strong Families Program, Strong Kids Initiative
4:05 – 4:20 p.m.	<b>Break</b>					
4:20 – 5:00 p.m.	<b>Keynote Session</b> – Mark McMillian, Former NFL Player, The Impact of Mental Illness Both Off and On the Field.					
5:00 – 5:15 p.m.	<b>Closing Remarks</b> – Clarke Romans, Ph.D., Member of the Board					

\*Breakouts are Subject to Change