

# Vistas Run & Walk 2018

Race Date  
May 27, 2018

## Overall Finish List

10 k Run			Female		
<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
1	Maria King	113	1: 40-59	52:01	5:12/K
2	Christine Windsor	142	2: 40-59	54:28	5:27/K
3	Megumi Rowbottom	134	3: 40-59	54:41	5:28/K
4	Janine Astles-Gibbard	103	1: 20-39	56:39	5:40/K
5	Colleen Franklin	108	4: 40-59	59:16	5:56/K
6	Lindsay Rose	132	2: 20-39	59:29	5:57/K
7	Rebecca Lyle	116	5: 40-59	59:44	5:58/K
8	Sian Madoc-Jones	119	3: 20-39	59:49	5:59/K
9	Karla Decoran	107	4: 20-39	1:04:03	6:24/K
10	Miki Rowbottom	135	1: 0-19	1:06:12	6:37/K
11	Heidi Fenton	156	5: 20-39	1:07:25	6:45/K
12	Gisele Pomerleau	159	1: 60-69	1:08:26	6:51/K
13	Susana Gamboa	149	6: 40-59	1:08:59	6:54/K
14	Anita Tiernan	138	6: 20-39	1:09:04	6:54/K
15	Lindsay Ramage	129	7: 40-59	1:09:12	6:55/K
16	Sharon Yong	143	8: 40-59	1:09:13	6:55/K
17	Karen Blom	104	9: 40-59	1:09:30	6:57/K
18	Siobhan Whooley	141	7: 20-39	1:09:44	6:58/K
19	Audrey Oconnor	127	8: 20-39	1:09:45	6:59/K
20	Sharon Pauwels	163	10: 40-59	1:12:34	7:15/K
21	Monica Niemirski	125	9: 20-39	1:13:33	7:21/K
22	Nashsah Sidilc	160	11: 40-59	1:18:00	7:48/K
23	Rajinder Talwar	137	12: 40-59	1:18:53	7:53/K
24	Julie Seymour	136	10: 20-39	1:19:26	7:57/K
25	Veronique Astles	102	13: 40-59	1:20:12	8:01/K
26	Shawna Peake	128	14: 40-59	1:23:31	8:21/K

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## Overall Finish List

### 10 k Run

### Male

<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
1	Jason Young	144	1: 40-59	45:12	4:31/K
2	Mike Hsiag	154	1: 20-39	45:42	4:34/K
3	Jared Litz	114	2: 20-39	47:07	4:43/K
4	Christophe Pauwels	162	2: 40-59	47:36	4:46/K
5	Michael Litz	115	3: 20-39	49:15	4:56/K
6	Jacob Knuttila	157	4: 20-39	50:21	5:02/K
7	Guy Basran	155	3: 40-59	50:22	5:02/K
8	Daryl Handley	151	4: 40-59	50:38	5:04/K
9	Henry Au	145	5: 40-59	50:46	5:05/K
10	Bill Converse	106	6: 40-59	50:57	5:06/K
11	Richard Smith	158	7: 40-59	53:13	5:19/K
12	Blake Noelte	126	5: 20-39	53:15	5:20/K
13	David Schachter	153	8: 40-59	53:40	5:22/K
14	David Chen	146	9: 40-59	53:50	5:23/K
15	Andrew Hogg	110	6: 20-39	58:46	5:53/K
16	Timothy Watkins	161	10: 40-59	59:05	5:55/K
17	Murray Heppler	148	1: 60-69	59:29	5:57/K
18	Jeffery Martin	150	7: 20-39	1:03:17	6:20/K
19	Bob Garcha	109	11: 40-59	1:03:29	6:21/K
20	Wayne Lyle	117	2: 60-69	1:06:01	6:36/K
21	Benjamin Winters	152	8: 20-39	1:06:26	6:39/K
22	Steven Kasper	164	9: 20-39	1:10:29	7:03/K
23	Ted Rowbottom	133	12: 40-59	1:10:47	7:05/K
24	John Kelly	112	1: 70-99	1:13:41	7:22/K
25	Brad Jones	111	10: 20-39	1:16:56	7:42/K

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5 k Run			Female		
<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
1	Agneta Eikelenboom	93	1: 40-59	27:16	5:27/K
2	Vanessa Schwarz	44	1: 0-19	28:40	5:44/K
3	Savanna Herman	89	1: 20-39	30:34	6:07/K
4	Urte Grabis	12	2: 40-59	30:42	6:08/K
5	Nicole Weir	55	2: 20-39	31:18	6:16/K
6	Lorna Crumley	7	3: 40-59	31:20	6:16/K
7	Tami Moreland	34	3: 20-39	32:00	6:24/K
8	Angela Kreklewetz	20	4: 20-39	32:13	6:27/K
9	Eileen Young	57	4: 40-59	32:43	6:33/K
10	Logan Litz	24	5: 20-39	33:13	6:39/K
11	Lixing Liu	58	5: 40-59	34:10	6:50/K
12	Michaela McPhie	121	6: 40-59	34:58	7:00/K
13	Zdena Novy	39	1: 60-69	35:03	7:01/K
14	Casey McLean	120	6: 20-39	35:30	7:06/K
15	Yvonne Hale	13	7: 40-59	35:38	7:08/K
16	Marthe Sivecki	48	2: 60-69	35:54	7:11/K
17	Robin Reed	130	7: 20-39	35:56	7:11/K
18	Liza Morris	35	8: 40-59	36:53	7:23/K
19	Cheryl Carson	62	9: 40-59	37:00	7:24/K
20	Verle Spindor	65	10: 40-59	37:00	7:24/K
21	Sandra Sayer	66	11: 40-59	37:08	7:26/K
22	Lindsey Willis	56	12: 40-59	37:35	7:31/K
23	Gabrielle Kallnich	76	8: 20-39	38:36	7:43/K
24	Erin Kaliczak	59	9: 20-39	38:58	7:48/K
25	Monique Paliotti	63	13: 40-59	39:21	7:52/K
26	Tammy Shirley	46	14: 40-59	39:22	7:52/K
27	Kowoon Lee	23	10: 20-39	40:34	8:07/K
28	Brooke Anderson	101	11: 20-39	42:59	8:36/K
29	Jill Borrow	4	3: 60-69	43:18	8:40/K
30	Carole Shaw	45	1: 70-99	43:37	8:43/K
31	Soohyun Shon	47	12: 20-39	48:30	9:42/K
32	Addalin Tymchyshyn	53	2: 70-99	49:49	9:58/K
33	Denise Ervin	67	15: 40-59	51:55	10:23/K
34	Marcie Batty	86	16: 40-59	54:45	10:57/K
35	Rachel Batty	87	4: 60-69	54:45	10:57/K
36	Emily Jones	19	13: 20-39	55:08	11:02/K
37	Shannon McIntyre	31	14: 20-39	55:09	11:02/K
38	Samantha Eddy	10	15: 20-39	55:09	11:02/K
39	Rebecca Schwarz	41	2: 0-19	55:47	11:09/K
40	Kara-Lynn Rideout	40	16: 20-39	57:19	11:28/K
41	Chris Michaylak	33	17: 40-59	57:20	11:28/K
42	Catherine Dixon	8	18: 40-59	57:58	11:36/K
43	Nicole MacDonald	27	17: 20-39	58:04	11:37/K
44	Carol Bishop	2	3: 70-99	1:02:41	12:32/K
45	Mona Truscott	52	19: 40-59	1:02:42	12:32/K
46	Sofia McPhie	32	3: 0-19	1:06:15	13:15/K
47	Nadine Donais	83	5: 60-69	1:06:16	13:15/K

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### 5 k Run

### Female

<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
48	Wendy Selvage	84	4: 70-99	1:06:16	13:15/K
49	Claudia Schwarz	43	20: 40-59	1:08:01	13:36/K
50	Debora Nosworthy	38	21: 40-59	1:08:03	13:37/K
51	Mary Nelson	77	5: 70-99	1:08:45	13:45/K
52	Cara Lee	78	18: 20-39	1:18:44	15:45/K
53	Maureen McKay	82	22: 40-59	1:18:44	15:45/K
54	Angelica Debor	88	19: 20-39	1:18:45	15:45/K
55	Sheila Cohvin	79	20: 20-39	1:18:45	15:45/K

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<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
1	Ron Antalek	1	1: 40-59	22:45	4:33/K
2	Chris Collette	5	2: 40-59	24:22	4:52/K
3	Jack Gardner	80	1: 20-39	25:30	5:06/K
4	Paul Wittal	61	2: 20-39	26:05	5:13/K
5	Chris Blom	68	3: 20-39	26:20	5:16/K
6	Andrew Steen	51	1: 0-19	30:15	6:03/K
7	Mark Steen	50	3: 40-59	31:29	6:18/K
8	Cailean Jackson	18	2: 0-19	32:58	6:36/K
9	Douglas Jackson	17	4: 40-59	32:59	6:36/K
10	Brian MacKenzie	64	1: 60-69	36:20	7:16/K
11	Gord Kurenoff	22	5: 40-59	37:08	7:26/K
12	Alan Eikelenboom	94	3: 0-19	37:21	7:28/K
13	Jake Smith	60	4: 20-39	38:07	7:37/K
14	Neil Smith	49	5: 20-39	43:01	8:36/K
15	Greg Brown	85	6: 40-59	44:33	8:55/K
16	Jon MacKinnon	69	6: 20-39	45:57	9:11/K
17	Bib 92	92	7: 20-39	46:43	9:21/K
18	Dr. Frank Ervin	11	2: 60-69	51:56	10:23/K
19	Clinton Tymchyshyn	54	8: 20-39	55:08	11:02/K
20	Bill Schwarz	42	7: 40-59	55:48	11:10/K
21	Kirby Lund	26	9: 20-39	57:20	11:28/K
22	Matt Blom	3	10: 20-39	58:09	11:38/K
23	Kevin Nosworthy	37	8: 40-59	1:06:14	13:15/K