



## **Reiki Share**

**When:** 3<sup>rd</sup> Wednesday of every month

6:00-8:00 pm

**Where:** Huntingdon Health and Wellness Association

313 4<sup>th</sup> Street in Huntingdon

**Cost:** Free, Donations accepted

**Hosted by Lauren Peters, Reiki Master**

Join us for a healing and explorative evening of Reiki Energy. Reiki is a gentle, loving energy that flows from a universal life force that can help heal on a mental, emotional, physical and spiritual level. All are welcome. No previous experience in energy healing is required. The evening will include a balancing meditation, followed by an evening of giving and receiving energy.

All donations will support the Huntingdon Health and Wellness Association

**Please RSVP to Lauren at [amethystcorner@gmail.com](mailto:amethystcorner@gmail.com)**