

Don't Let Your Food Scraps Go to Waste!

The average Beaverton resident produces about 225 pounds of food waste annually—more than 2,200 tons citywide (the equivalent of 342 full-grown elephants)!

Composting creates nutrient-rich fertilizer for local farms and gardens, and reduces carbon emissions. Do your part to help and **include the food** in your yard debris roll cart.

While composting is great, remember that reducing wasted food is better. By making small shifts in how we shop, prepare and store food we can save money and conserve our natural resources. Learn how at EatSmartWasteLess.com.

Save the Drain

Resist using your garbage disposal for food scraps. Grease, fats and oils are especially harmful and should not go in your garbage disposal. Give our sewer system a break.



Kitchen Pail Tips

- Empty your kitchen pail into your roll cart frequently.
- Wash your kitchen pail in the dishwasher or by hand.
- Sprinkle baking soda in the bottom.
- Use an optional kitchen pail liner—newspaper, paper bag or Biodegradable Product Institute (BPI) certified compostable bags.
- **No plastic bags!**



Composting Roll Cart Tips

- Set it out weekly—even when it's not full.
- Line the bottom with newspaper or a paper bag.
- Use soap and water to clean your cart. Pour dirty water onto the grass or gravel, not down the storm drain.

Beaverton Composts



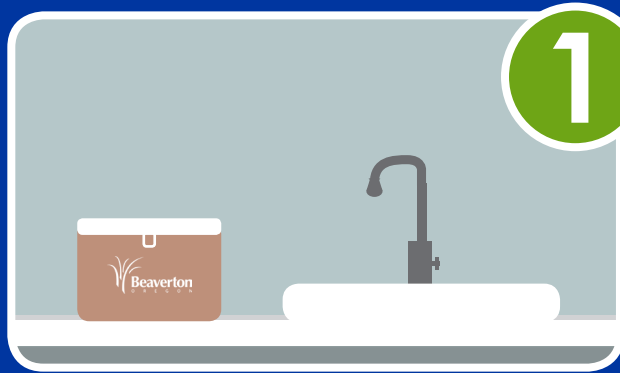
Your guide to successful food scrap collection.

Learn more at BeavertonOregon.gov/Composts

Contact us at 503-526-2665 or RecyclingMail@BeavertonOregon.gov



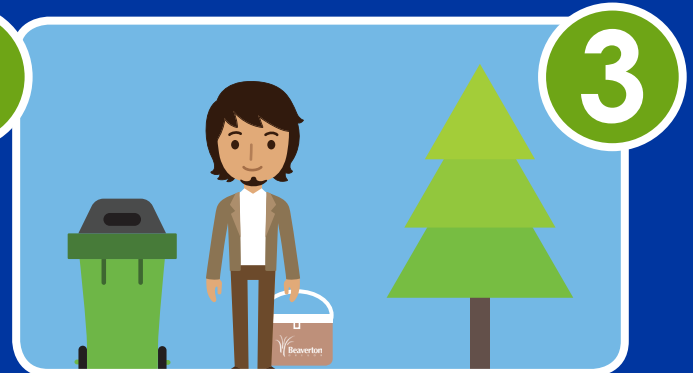
Three easy steps for food scrap collection:



1 Place your kitchen pail in a convenient location in your kitchen.



2 Include the food! Toss all food scraps and plate scrapings into your kitchen pail.



3 Empty your kitchen pail into your food and yard debris (composting) roll cart. Place your roll cart at the curb for normal pick-up.

INCLUDE THE FOOD

with your **yard debris** (leaves, flowers, grass clippings, weeds and plant trimmings)

All food:



- Meat
- Poultry
- Fish and shellfish
- Bones
- Eggs and eggshells
- Cheese and dairy products
- Bread and baked goods
- Pasta
- Rice and other grains

• Beans, nuts and seeds

• Vegetables

• Fruit (including peels, cores)

• Table scraps and plate scrapings

• Spoiled food

Food-soiled paper:

- Coffee grounds and filters
- Tea bags
- Paper napkins and towels
- Pizza delivery boxes



Leave it out

Visit BeavertonOregon.gov/Recycling for information on disposing of these items.

- Plastic bags
- Non-approved compostable bags*
- Compostable containers and utensils
- Paper plates, cups and cartons
- Plastic plates, cups and cartons
- Fast food wrappers (waxed paper)
- Takeout containers
- Large amounts of grease or oil
- Pet waste and cat litter
- Diapers



*Approved liners include newspaper, paper bags, paper towels and Biodegradable Product Institute (BPI) certified compostable bags, which are available from many local grocery stores.