



Decisions at Every Turn Coalition & Friends of the Ashland Public Library  
Community Programming, ASHPAC and the Ashland PTO present:

***Resilience in Action:***

***Raising Children and Adolescents Who Are Prepared to Thrive***

*Kenneth Ginsburg, M.D., M.S. Ed, Ph.D.*

The Children's Hospital of Philadelphia - University of Pennsylvania School of Medicine

Wednesday, October 19, 2016

7:00 PM – 9:00 PM

Ashland High School Auditorium

**Dr. Ginsburg's program will address resilience and how his 7Cs Model of Resilience gives parents practical strategies to foster resilience and raise children that are prepared to thrive.**

Two fundamental principles are at the root of resilience.

- A parent's unconditional love is the most important force in a child's life. It offers the unwavering security that helps young people develop the confidence to walk through life's puddles. Unconditional love has to be coupled with high expectations for effort, character and morality. Otherwise, a child will feel nurtured, but not learn to hold himself to high standards.
- A child will never learn life's lessons if he is protected from experiencing them. This point has to be tempered with the fact that children need protection from challenges that can bring irreparable harm.

These fundamental principles are anything but simple. The challenge of parenting is how to apply these core principles in a complicated world. Dr. Ginsburg will help program attendees to learn strategies that help our children to thrive.



Dr. Ken Ginsburg is a pediatrician specializing in Adolescent Medicine at The Children's Hospital of Philadelphia and a Professor of Pediatrics at the University of Pennsylvania School of Medicine. Dr. Ginsburg lectures widely to national and international parent and professional audiences.

Recent publications include, "Building Resilience in Children and Teens: Giving Kids Roots and Wings", "Raising Kids to Thrive: Balancing Love with Expectations and Protection with Trust", and "Letting Go with Love and Confidence: Raising Responsible, Resilient, Self-Sufficient Teens."

His clinical practice, teaching, research and advocacy efforts are united by a common theme of building on the strength of teenagers by fostering their internal resilience.

*This program is hosted by the Decisions at Every Turn Coalition and The Friends of the Ashland Public Library 2016-17 program series. **Programs are free and open to the public.** For more information about this program, please email [CoalitionInfo@AshlandDecisions.org](mailto:CoalitionInfo@AshlandDecisions.org).*



Ashland's Decisions at Every Turn Coalition is proud to recognize the federal Drug-Free Communities Support Program for funding and Wayside Youth & Family Support Network as its fiscal agent.

