

# Approach to the Primary Assessment

- Focus on life threats
- Airway (A), breathing (B), circulation (C)
- May vary depending on:
  - Patient's condition
  - How many EMTs on the scene
  - Other priorities you determine as you assess patient

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## Approach to the Primary Assessment

- Order of A-B-C depends on initial impression of patient.
- Sequence will vary.
  - A-B-C if patient has signs of life
  - C-A-B if patient appears lifeless - no pulse
  - Immediate interventions may be needed.

C-A-B (Not A-B-C)





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# Decision Making in the Primary Assessment

- Airway Clear it as vomit in the lungs is very serious and often fatal.
- Breathing Providing ventilation and oxygen is vital for life.
- <u>Circulation</u> Exsanguinating bleeding must be stopped immediately.
- No Airway, Breathing or Circulatory issue.....Now What?

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#### NREMT Primary Assessment PRIMARY SURVEY/RESUSCITATION Verbalizes general impression of the patient Determines chief complaint/apparent life-threats 2 -Opens and assesses airway (1 point) -Inserts adjunct as indicated (1 point) -Assess breathing (1 point) -Assures adequate ventilation (1 point) -Initiates appropriate oxygen therapy (1 point) -Manages any injury which may compromise breathing/ventilation (1 point) -Checks pulse (1point) -Assess skin [either skin color, temperature or condition] (1 point) -Assesses for and controls major bleeding if present (1 point) -Initiates shock management (positions patient properly, conserves body heat) (1 point) dentifies patient priority and makes treatment/transport decision (based upon calculated GCS)

#### Form a General Impression

- Assesses environment, patient's chief complaint, and appearance
- Helps determine patient severity
- Helps set priorities for care and transport

#### The "Look Test"

Feeling from environmental observations as well as the first look at patient

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## Form a General Impression



Forming a general impression includes your immediate assessment of the environment and the patient's chief complaint and appearance.

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### Form a General Impression

- · Identify patients who may be critical.
  - Patients who appear lifeless
    - Resuscitate by beginning CPR compressions.
    - Prepare AED as soon as possible.
  - Patients who have an obvious altered mental status
  - Patients who appear unusually anxious and those who appear pale and sweaty

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## Form a General Impression

- Identify patients who may be critical.
  - Obvious trauma to the head, chest, abdomen, or pelvis
  - Specific positions indicate distress.
    - Tripod position
    - Difficulty breathing
    - · Levine's sign
      - · Chest pain or discomfort



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## The Chief Complaint

- Patient's description of why EMS was called
- May be specific
  - "Abdominal pain"
- May be vague
  - "Not feeling good"



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## The Chief Complaint

- Forming an impression of the patient
  - Look
    - · Patient's age, sex, and position
  - Listen
    - Moaning, snoring, or gurgling respirations
  - Smell
    - Hazardous fumes, urine, feces, vomitus, or decay

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#### **Assess Mental Status**

- AVPU
  - Alert
    - Document orientation to person, place, and time (event)
  - Verbal response
  - Painful response
  - Unresponsive



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#### Assess the ABCs

- Order of primary assessment will vary depending on patient's condition.
  - Airway
  - Breathing
  - Circulation
- · Identify and correct life threats
- Gather information that will help you later in your assessment

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### **Airway**

- If patient is alert and talking clearly or crying loudly then the airway is open.
- If airway is not open or is endangered, take measures to OPEN.



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## Breathing

- Situations calling for breathing assistance if the patient is:
  - In respiratory arrest with a pulse
  - Not alert with inadequate breathing
  - Has some level of alertness with inadequate breathing
  - Has adequate breathing, but signs suggesting respiratory distress or hypoxia

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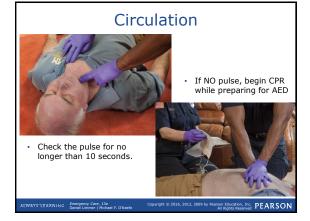
#### Circulation

- · Assessing skin
  - Shock
    - Pale, clammy (cool and moist) skin



- Good circulation
  - · Warm, pink, dry skin

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#### Circulation

- Three results of assessing pulse
  - Within normal limits (60-100)
  - Unusually slow (< 50)</li>
  - Unusually fast (>120)
- · Check for and control severe bleeding.



## **Determine Priority**

- Treat any life-threatening ABC problem as soon as it is discovered.
- To be stable, a patient needs to have vital signs that are in the normal range or just slightly abnormal.
- A threat to the airway, breathing, or circulation, either actual or imminent, rules out stable.

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#### **Determine Priority**

- There are many times when it is not crystal clear what a patient's problem is, so there will be many possible diagnoses, some more serious than others.
- A patient's priority can change.

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#### **Determine Priority**

- Initiate priority transport if a lifethreatening problem cannot be controlled or threatens to recur.
  - Continue assessment and care en route.

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#### Think About It

- Why must you continue to re-evaluate the primary assessment?
- How might normal findings in a primary assessment differ for a child compared with an adult?

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## **Chapter Review**

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## **Chapter Review**

- The primary assessment is a systematic approach to quickly finding and treating immediate threats to life.
- The general impression, although subjective, can provide extremely useful information regarding the urgency of a patient's condition.

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#### **Chapter Review**

- The determination of mental status follows the AVPU approach.
- Evaluating airway, breathing, and circulation quickly but thoroughly will reveal immediate threats to life that must be treated before further assessment.

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## **Chapter Review**

 Your approach to a patient will vary depending on how he presents. The American Heart Association recommends a C-A-B approach for patients who appear lifeless and apparently are not breathing or have only agonal respirations. This begins with a pulse check and chest compressions if there is no pulse.

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#### Chapter Review

 If your patient shows signs of life (e.g., moving, moaning, talking) and is breathing, you will take a traditional A-B-C approach.

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### **Chapter Review**

 Remember that the mnemonic A-B-C is a guide to interventions that may be taken. You will choose your interventions based on the patient's immediate needs. They may be done in any order that fits the patient's needs.

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#### Remember

- Determine if a patient is responsive or unresponsive, whether the patient is an adult, child, or infant.
- Rapidly identify the need for immediate airway intervention.
- Determine if the patient's condition is stable enough to allow further assessment and treatment at the scene.

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#### Questions to Consider

- What factors will you take into account in forming a general impression of a patient?
- How should you assess a patient's mental status with regard to the AVPU levels of responsiveness?

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## Questions to Consider

- How should you assess airway, breathing, and circulation during the primary assessment?
- What is meant by the term priority decision?

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## **Critical Thinking**

 A middle-aged male is lying on the street after being hit by a car. He appears unresponsive as you approach. You notice that he is bleeding from a laceration on his forearm and making gurgling sounds from his airway.

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