

# RMSKC PADDLER CERTIFICATION

## WHY:

The certification is intended to promote competency in paddling and to provide Trip Leaders with a means to evaluate paddler skills. Some club trips may require the certification by all participants. This will be at the Trip Leader's discretion. Be certified and go on more trips!

## HOW:

Paddlers seeking certification must demonstrate proficiency in certain paddling skills (See WHAT below) and use of equipment to our ACA-trained instructors. Club paddlers are encouraged to take RMSKC paddling classes to become proficient. Well qualified and experienced paddlers can demonstrate their skills in several ways:

- Meet an instructor and demonstrate necessary skills and endurance to the instructor's satisfaction.
- Call an instructor whom you believe has knowledge of your paddling skills and endurance and request they be certified.

## WHAT:

- Dress for immersion.
- Use of essential equipment - Boat with flotation or bulkheads; Spray skirt; PFD; bilge pump; paddle float; whistle.
- Figure-Eights -- paddle around a figure-8 course both forwards and backwards without using the rudder. The course will be a set of pylons/buoys/stationary kayaks set 8 kayak lengths apart.
- Spin-on-a-Dime -- using forward and reverse sweep strokes to turn complete circles both to left and right without drifting off-center.
- Wet exit.
- Reentry - both self and assisted.
- Endurance -- Paddling at 3.0 mph for one hour and not be exhausted.

## WHERE and WHEN:

Opportunities to demonstrate your abilities to RMSKC instructors will be available at day paddling events, the RMSKC training sessions, and on various trips. Several times will be arranged at Chatfield or other locations during the spring and summer for paddlers to demonstrate their paddling endurance. Paddlers must sign up in advance to participate and to assure the leader of their attendance.

## RECORD KEEPING

Instructors will maintain a record on the RMSKC membership list of paddlers who have been certified. The list will allow the Events Coordinator to identify certified paddlers to Trip Leaders.



## Day Paddle Locations

### **Chatfield Reservoir**

South end of lake.  
East end of Marina Parking Lot and South Ramp near rental beach  
**Fee.**

### **Chatfield Pond**

Enter at Wadsworth S of C470. Follow road S. around lake past stables. Right at road just before bridge.  
**Fee.**

### **Boulder Reservoir**

Sailboard Beach.  
**Fee.**

### **Union Reservoir (Calkins Lake)**

I-25 to Hwy 119 West 4 miles to Countyline Rd (Weld Cnty Rd 1) Right North 1 mile (sign) Right (East) to entrance. Cross Bridge - Turn Right to Canoe and Kayak Beach.  
**Fee.**

### **Aurora Reservoir**

I-25 to I-225 on the south side of Denver. East 3+ miles on I-225 to Parker Road exit. So. on Parker Rd, 2 miles to Quincy Ave. East about 8 miles to Reservoir Sign. Turn south, about a mile to reservoir.  
**Fee.**

### **Barr Lake**

I-25 to I-76 north. Exit on Bromley Lane. Go east to Picadilly Lane. Turn Right. Head south. Right into entrance.  
**Fee**

### **Lone Tree Reservoir**

Hwy I-25 N to state Hwy 60 Exit #252. Exit before Loveland. Go W, follow Hwy 60 thru jog one mile N. Stay on Hwy 60, cross Hwy 287. About 3 miles look for sign. Turn Left, south on CR 21.

### **Bear Creek Reservoir And Soda Lakes**

Entrance to both at Morrison Rd east and Hwy C470. Look for Bear Creek Park signs. Soda Lake is first.  
**Fee**