



## October 2022 Newsletter

Dear Sunrise Community,

### **Autumn Changes**

As we continue through the season of autumn, the classrooms enjoy outdoor recess, and the students notice the change of weather and temperature. Please dress your child accordingly and send in warm clothing for recess and appropriate outdoor footwear. We also request you label your child's outdoor clothing and footwear to help us return any lost or misplaced items.

### **Thank you for attending our October Curriculum Night**

We had a great turn out for our annual Curriculum Night on October 6th. We hope that you found the evening both informative and educational. Handouts regarding the Montessori Philosophy and Curriculum, along with the Sunrise Kindergarten Program, were provided to the families in attendance. If you would like a copy of the handouts, please reach out directly to me and I will send them along in your child's backpack.

**Upcoming Parent /Teacher Conferences in December** – Parent Conferences will take place at the beginning of December. To hold the parent conferences, please be aware that there is an early dismissal on Thursday, December 1st at 11:30am, and there is no school on Friday, December 2nd. To help accommodate the families during the parent conferences, childcare will be available during the parents' timeslot in the front room area in Classroom C. During the second week of November, I will send out more conference details along with the Parent Conference Signup Links for both classrooms.

### **Extended Day Program Fun**

Sunrise's extended day program in the afternoon is held each day from 2:30-5:30pm with Ms. Jessica and Ms. Samantha. Ms. Jessica plans biweekly science projects, weekly arts and crafts, and various games and activities are provided daily for the students.

This past month, the students enjoyed learning about volcanos, and they had a blast erupting an Apple Volcano! Let us know if you are interested in having your child join the afterschool program for any length of time!



*Offering quality Montessori preschool, pre-k transitional and kindergarten programs since 2005.*

31 Hayward St., Suite J2 PO Box 515 Franklin, MA 02038

[www.MySunriseMontessori.com](http://www.MySunriseMontessori.com)

## Other Upcoming News & Events

### Sunrise Food Drive to benefit the Franklin Food Pantry in November

I am happy to announce that Sunrise will participate in our long-standing food drive tradition during the month of November. The school will collect non-perishable food items and other needed items for our local food pantry beginning Tuesday, November 1st and ending Monday, November 28th. Feel free to send along any donations with your child during the morning drop off. Your child may add these items to the baskets in the front room area. I will then deliver everything directly to the Franklin Food Pantry on Tuesday, November 29th. Monetary donations (payable to the Franklin Food Pantry) are also accepted.

The Franklin Food Pantry is located at 43 West Central St., Franklin. A list of the Food Pantry's current needs and their Amazon wish list may be viewed at:

<https://www.franklinfoodpantry.org/give-help/donate-food/current-needs-list/>

### Sharing Day on Tuesday, November 22nd

Each year before the Thanksgiving holiday the students enjoy a time of sharing and giving thanks in the classrooms. This is a time for both classrooms to come together and to share a special festive snack and a story in small groups. During this time, the teachers lead small group discussions, share what it means to be thankful, and the importance of giving within the community. This event ties in nicely with our Franklin Food Pantry month-long food drive.

### Sunrise Parent Donations – THANK YOU

This past month the following donations were shipped directly to our school from Sunrise's Amazon Wish List.

Thank you to the families of **Brady & Vivian Altieri**, **Amar Tawbeh** and **Finn & Theo Tonzi** for selecting these items for our classrooms.

- Melissa & Doug Magnetic Human Body Anatomy Play Set
- Llama and Elephant Shakers
- Young Scientists Club – Animal Tracks Game
- Glass Decanters
- Mini Measuring Beakers

Thank you to **Nikolas Kritikos's** family for keeping our program stocked up on plastic bags. We use so many daily. Thank you to **Riley Correia's** family for picking up mini pumpkins for both of our classrooms (this saves on shopping time). Thank you to **Karen Roeber**, Sunrise's former Head of School, for sending in tulips for the students to plant outside and for the teacher supplies.

Thank you to the **Jhurmarwala family**, whose children are alum students and whose mom (Urjita is our current Board of Directors Treasurer), for donating a child's work bench for our playground and/or classroom use and games for our extended day and classroom use.

### Sunrise Small Hands Fundraiser

We just completed the annual Small Hands fundraiser this past month. Thank you to both of our parent representatives, Marissa May and Susannah Barry, for organizing this fundraiser. Thank you to the families who contributed to this group order. Once all of the orders are tallied, the school will receive a credit through Montessori Services. Sunrise is truly blessed with a dedicated, generous parent body and community members who make our program special and successful!

**Congratulations to the Narra family** who welcomed a baby girl in October.



Sunrise Montessori School has been selected to receive \$1 from every \$2.50 **Community Bag** sold during the month of November 2022 at the [Stop & Shop at 40 Franklin Village Drive, Franklin MA](#). Help spread the work about this passive fundraiser.

**Upcoming Professional Development Day on November 1<sup>st</sup>** - Please mark your calendar, our next in-house staff workday is on Tuesday, November 1<sup>st</sup>. There is no school and no extended day program on that day.

**Upcoming Veteran's Day, Friday, November 11<sup>th</sup>** - no school/no extended day program. Thank you to all who have served our country.

### Thinking Ahead - Inclement Weather Delays and School Cancellation Policy

Sunrise typically follows the Franklin Public School's inclement weather policy. In the event of a delay, closing, or an early dismissal, I will email the parent body directly. This policy is outlined in the Parent Handbook. You may also check the school's website [www.MySunriseMontessori.com](http://www.MySunriseMontessori.com) and Sunrise's Facebook page at [www.facebook.com/sunrisemontessori](http://www.facebook.com/sunrisemontessori) for any weather announcements as well.

### Keeping in touch

If you have any questions or comments, please know that you can reach us via email.



As the teachers are working with the children during the day, please note that a reply to your question may come after the afternoon dismissal or later.

If your message is urgent and you need to reach someone right away, please call the school at 508-541-8010.

#### Head of School

Andrea Rossick:  
[Headofschool@MySunriseMontessori.com](mailto:Headofschool@MySunriseMontessori.com)

#### Head Teacher

Laura Holland:  
[Laura@MySunriseMontessori.com](mailto:Laura@MySunriseMontessori.com)

#### Head Teacher

Lynne Anselmo:  
[MsAnselmo@MySunriseMontessori.com](mailto:MsAnselmo@MySunriseMontessori.com)

#### Sunrise Parent Representatives:

Susannah Barry & Marissa May  
[ParentRep@MySunriseMontessori.com](mailto:ParentRep@MySunriseMontessori.com)

#### Website and Facebook

Throughout the year the school uses its website and Facebook page to inform parents of current events and to post pictures from recent events. Please take a look at [www.MySunriseMontessori.com](http://www.MySunriseMontessori.com)

Be sure to check out our "**Parent Corner**". This page can be found on the menu tab of our website. Click on any of the hyperlinks to view the selected form or information page as a PDF.

## CALENDAR OF EVENTS

**November 1:** Teacher / Staff Professional Development Day; no school & no extended care program

**November 11:** **Veteran's Day holiday**; no school & no extended care program

**November 17:** **Visit from Franklin Fire Department** "Firefighter Doug"

**November 22:** **Sharing Day** – special classroom activities

**November 23-25:** **Thanksgiving Break** - no classes and no extended day program

**December 1:** **Early release at 11:30am; Parent Teacher conferences in afternoon**

**December 2:** **Parent Teacher Conferences all day no classes** (childcare provided during your scheduled conference time)

**Pizza Days** for full day students: **November 4, 18**

**Sensation Station** Dates to remember 9am-10am

**November 8, 15, 29:** **Classroom A** "Sensation Station" dates

**November 9, 16, 30:** **Classroom B** "Sensation Station" dates

*Happy  
All Hallows' Eve  
Halloween*



## Passive Fundraisers are just one of the many ways you can support Sunrise Montessori School!

### Amazon Smile

Shopping online is not only convenient, but it can provide a benefit to our school. When you shop at [Smile.Amazon.com](https://www.amazon.com/smile), Amazon will make a donation to Sunrise Montessori School, Inc. on eligible purchases.



To register and begin shopping, simply go to [smile.amazon.com](https://www.amazon.com/smile) on your web browser or activate in the Amazon Shopping app for iOS and Android phones. Select Sunrise Montessori School as your charitable organization **PRIOR** to shopping, and .5% of all eligible purchases will go back to our school. Add a bookmark to [smile.amazon.com](https://www.amazon.com/smile) to make it even easier each time you shop. Or click on the QR code. Please tell your friends, family, co-workers and neighbors. Every purchase helps.

### Box Tops for Education

For over 20 years, Box Tops for Education has given families an easy way to earn cash for their school, with products they already buy. You have seen and clipped those rectangular box tops. Now you can simply scan your store receipt with the Box Tops mobile app to identify participating products and instantly add cash to your school's earnings online. Go to [www.boxtops4education.com](https://www.boxtops4education.com) to learn more.



### Recycle your printer ink cartridges

Do you have used printer ink cartridges hanging around at home? Don't throw those out – Sunrise has a collection box for printer cartridges. Each month we turn them in at Staples for credit towards office supplies.



### Restaurant Dine-In events

Throughout the year our fundraising coordinators will set up local restaurant dine-in events. Enjoy a great meal and the company of family and friends all while supporting local businesses and Sunrise Montessori School.



### Grocery Shopping / Giving Bags

Purchase a \$2.50 reusable community bag at any Big Y, Shaw's or Stop & Shop store, follow the directions on the attached Giving Tag and direct a \$1 donation to Sunrise Montessori School (must be completed within 7 days of purchase).



## Active Fundraisers

### Mabels Labels

This on-going fundraiser provides great ideas for labeling your child's items. Check out: <http://campaigns.mabelslabels.com/> and click on the school's name.

### For Small Hands

See the latest email from your Parent Reps.

### Scholastic Books

Each month parents will receive flyers from Scholastic Books which offer titles for children of all ages. Points from your purchases accumulate for the school which are then redeemed for new books and materials for the classrooms.

### The Giving Tree

Check out the newly listed items on the tree, just inside the front door.

### Amazon Wish List for Sunrise

Did you know? Sunrise has a Wish List on Amazon. Be sure to check out the following link: <https://tinyurl.com/Sunrise-Amazon-Wishlist> New items are added each month.





## Classroom A Newsletter October 2022

Dear Classroom A Families,

Over the first two months together it has been wonderful to see everyone getting to know each other more and forming positive relationships and friendships within our classroom. Our class continues to build on the Grace and Courtesy lessons and discuss what we want our classroom to look like, sound like, how we want to feel, and how we would like others to feel. The children were excited to demonstrate lessons such as, "How to push in a chair", "How to offer someone help" and "How to clean up a work" during group circle time! The children encourage one another and continue to practice the Grace and Courtesy lessons throughout the school day!

Our first **Artist Study** began this month and focused on Tom Thompson, a Canadian artist who was well known for painting landscapes, depicting trees, skies, lakes, and rivers. The children used paint and dabbers to make the colorful leaves of the trees, and glued newspaper strips for the branches and tree trunks.



This month in **Science**, our classroom has been busy learning about trees, leaves and pumpkins! Everyone enjoyed listening to *A Trees for Every Season* by Robin Bernard and we learned about the different kinds of trees. The children also learned about many of the resources trees give us, like maple syrup and shade to play in! The parts of a tree were presented and the children enjoyed working on the parts of a tree science puzzle.

After learning about the parts of a tree, our classroom took a closer look at leaves! We learned why they are such an important part of the tree, and why the leaves change and then fall in autumn.



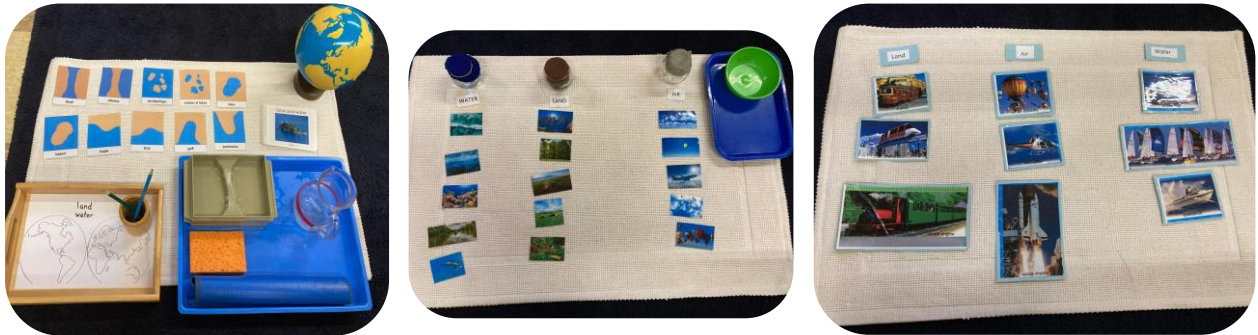
We also had our very own pumpkin hunt on the playground and the children got to bring the pumpkin they found home with them.

### **Cultural Studies**

This month our class also celebrated Diwali! Thank you so much, Ms. Alka for sharing with us how her family celebrates Diwali. Ms. Alka shared with us traditional clothing, diyas, and jewelry that the children got to explore; some children even tried on these items!



In **Geography**, our classroom has been learning about land and water using the sandpaper globe! We learned that the rough brown sandpaper on the globe shows the land and the smooth blue surface on the globe represents the water. The children were excited to practice creating different land and water forms by pouring water into models like isthmus and strait.



We have also been learning about how land, air, and water makes up our planet Earth! Our class has enjoyed learning about land, air, and water through reading books and sorting pictures. We have also learned about land, air, and water transportation. The children have been working on sorting different modes of transportation like, sailboat, steam engine, helicopter, things that go in the air, land or the water!

We would like to send a Happy Birthday wish to Theo, who celebrated his birthday this month! Just as a reminder, as the weather continues to get colder, please dress your child appropriately for school with coats, hats, gloves/mittens, and snow pants if necessary. If it is not raining or too cold out, we will try to get outside as much as we can during play time!

Thank you!

Sincerely, your child's teachers,

Ms. Laura, Ms. Alka, and Ms. Samantha





## Classroom B Newsletter October 2022

Hello Classroom B Parents,

October has been a busy month! The children are working quite nicely in their prepared environment and have learned so much in such a short time. Many lessons from all the areas of the classroom environment have been introduced and we continue to practice the appropriate ways to utilize the materials.

As we focus our attention on the changes outside, we are learning more about the Fall season. The children went on a nature walk and learned these two new words: "Observation and Illustration".

They practiced how to observe the outdoors, make a mental note and then illustrate what they saw on their nature walk. The children also collected leaves and enjoyed a **Botany Lesson** on the parts of a leaf. The children loved learning about the different types of trees and leaves. It was a fun-filled day for all.



### Geography

This month the class learned about the Western and Eastern Hemispheres. Each day we are discovering something new and fascinating. So far we are focusing our studies on North America. The children are very intrigued and are excited to learn more about the great big world in which we live.







### Cultural Studies

Diwali is the Indian “festival of lights”—a holiday that celebrates the triumph of good over evil. Last week our class celebrated Diwali with a special guest. Ms. Alka from classroom A came into our environment to share her culture as well as her knowledge with us. She showed the children examples of some of the clothing worn during celebrations, the oil lamps or *diyas* and spoke about how families celebrate this holiday. We enjoyed learning about this special holiday. Thank you, Ms. Alka. The children loved hearing about Diwali!



### Science

As we approach the end of this month the children are busy learning about the life cycle of a pumpkin. On October 28<sup>th</sup> they enjoyed picking a pumpkin from the patch that was set up on the playground. The class will also carve a pumpkin on the 31<sup>st</sup>. It has been a busy and exciting month of October.



Have a wonderful and safe Halloween.

### Sensation Station

The children are thrilled to visit Sensation Station each week. This is an amazing program that allows children to play, explore and discover their abilities and limits. Play is so very important in early childhood as it improves the **cognitive, physical, social, and emotional well-being** of the child. Through play, children learn about the world and themselves. They also learn skills (confidence) they need for study, work and relationships right now and later on in life.

Here are a few photos of the activities and big smiles we saw last week:



The following Birthdays were celebrated in October ~ Happiest of Birthdays to you all!

Nick 10/9

Olive 10/16

Ms. Angela 10/29





## Kindergarten Class ~ “Meditation and Appreciation”

One of the lessons the kindergarten children enjoyed in October focused on meditation and appreciation. Meditation, yoga, appreciation and other mindfulness practices are helpful and known to have great benefits for young children. By practicing meditation, children can build attentiveness, respect for fellow classmates, self-control, and empathy, all while reducing stress, hyperactive behavior, ADHD symptoms, and depression. Giving children the tools to help them fend off negative thoughts and behaviors, build self-confidence, focus, and treat others and themselves with respect and appreciation is a gift they will have for the rest of their lives.



Ms. Anselmo, Ms. Angela and Ms. Jess