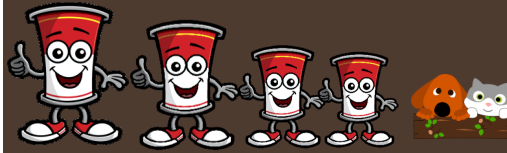




# The Can Can



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### Current Pantry Needs

- Tuna Helper
- Cereal
- Canned Fruit
- Bar soap
- Toilet Paper
- Toothpaste/Brushes
- Shampoo/Conditioner
- Laundry Detergent



## New Executive Director

The Board of Directors of the Salina Emergency Aid Food Bank is pleased to announce that Michael Chambers has accepted the position of Executive Director effective October 30th.



Michael has spent the past 22 years working in the nonprofit social service industry. Having graduated with a Bachelor's Degree in Sociology from Bethany College in Lindsborg, KS Michael began his career working for the Kansas Judicial Branch. Most recently, Michael has served as the Vice President of

Operations at Central Kansas Foundation.

Michael's professional accomplishments include: executive level organizational leadership, grant writing, leading major fundraising efforts, and agency oversight for international accreditation and state licensing. Michael is a LEAN Process Improvement Green Belt. He currently serves on the North Central Kansas Regional Healthcare Emergency Preparedness Coalition and Sunflower Health Network IT Managers Group.

Michael is an active community volunteer, having served as Salina Art Center's Board President. In his spare time, he likes to travel, is an avid reader, enjoys spending time gardening, biking and walking. He is married and has two dogs.

Please join us in welcoming Michael to the Food Bank family.

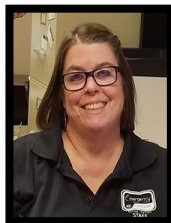
## Staff Story by Cheryl Pickering

For some kids, Saturday and Sunday are the longest days of the week.

As the *Volunteer Coordinator* for the Salina Emergency Aid Food Bank, I work with a lot of volunteers. Although volunteers who deliver the Food 4 Kids packs to the local schools in Salina only volunteer about one hour each week, the hour of service impacts the lives of many kids throughout our Salina community.

Food 4 Kids was established for students who are food insecure and are not getting sufficient food outside of school on a regular basis.

The Kansas Food Bank provides food and supplies to Food 4 Kids schools in Kansas.



Cheryl, Volunteer Coordinator

During the 2016-2017 school year, our volunteers delivered 8,240 packs to 10 schools in the Salina school district. Each pack is designed to provide nutrition and calories for chronically hungry school children on weekends.

The packs contain kid friendly foods that require no preparation.

Foods that kids can just “open and eat” like the following:

- Peanut Butter (12-ounce jar) and a sleeve of crackers
- Beans and franks (pop-top can)
- Beef Jerky (1 ounce)
- Cereal (1-ounce bowl or box)
- Fruit cups (peaches, applesauce, etc)
- Raisins (snack-size boxes)
- Pudding cups
- Juice boxes (apple, orange, or other juice)
- Milk (aseptic pack boxes that do not require refrigeration)

### Food Bank Facts

The Food Bank stocks over 55 different food items and over 25 different personal care items—all made available by community donations.

**Empty Bowls** began in 1990 as an art class project in a Michigan high school to raise funds for a food drive. Students made ceramic bowls, served a meal of soup and bread, and invited guests to keep the bowl as a reminder of hunger in the world. Please join the Salina Emergency Aid Food Bank to help fight hunger in our community.



**EMPTY BOWLS** 11th ANNUAL FUNDRAISER  
SOUP SUPPER  
Sunday, October 22  
First Covenant Church  
2625 E. Magnolia  
5pm to 7pm

Join Us for a Meal and Help Fight Hunger  
Menu includes, soup, bread, drink & dessert. Entertainment will be provided. Families and individuals of all ages are welcome!  
**Free will donations are accepted and appreciated in lieu of admission.**  
For more information visit: [www.salinafood.org](http://www.salinafood.org)

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**Proceeds to benefit the Salina Emergency Aid Food Bank**

Salina Emergency Aid/Food Bank engages our community to provide emergency needs for food, shelter, and well being.