

Bridgehampton Fall 2024 Tennis Program

Red Level (Ages 4-6)
Mondays & Wednesdays
5:00-6:00 pm
\$120/1 day a week
\$225/2 days a week
Price for 6 week session

Orange Level (Ages 7-9)
Mondays & Wednesdays
5:00-6:00 pm
\$120/1 day a week
\$225/2 days a week
Price for 6 week session

Green Level (Ages 10-16)
Mondays & Wednesdays
6:00-7:30 pm
\$180/1 day a week
\$335/2 days a week
Price for 6 week session

1st SESSION CLASSES
BEGIN week of August 12th

www.serveitup10s.com

Adult Tennis-Get On the Court

Make Fall 2024 the season to get out on your tennis courts at Bridgehampton.

Cardio Tennis-Coed

Wednesdays 9:00-10:00 am \$20.00/class High energy drills and play-Burn 600-700 calories an hour

Mens Corner

Drills- Mondays 7:30-8:30 pm \$20.00/class Drills, games and strategy High energy, burn lots of calories and get a sweat on

Ladies Weekday Practice

Tuesdays 9:30-11:00 am \$30.00/class Partner drills, supervised play and strategy

Tennis 102.5 Sessions

Wednesdays 7:30-8:30 pm & Thursdays 9:30-10:30 am \$20.00/class Doubles and Singles Play and drills, focus on moving to the next level

Stroke of The Week

Thursdays 10:30-11:30 am \$20.00/class Focus on 1 particular stroke or aspect of the game

Pickleball Play & Learn

Beginner class- Tuesday 6:00-7:00 pm Intermediate class- Tuesday 7:00-8:00 pm \$20.00/class Sign up online

Tennis 101-Beginner Adult

Beginner, new to tennis? Try Tennis 101. Six 1 hour classes @ reduced rate \$99/person & you get a new racquet (New class in September) Choose Tuesdays @ 9:00 am or Wednesdays @ 7:30 pm

Serve It UP Tennis @ 704-625-6552 or todd@serveituptennisacademv.com