

**MYSTICAL MUSCAT-CITY TOUR: MCT-TZ-01**

Muscat offers the visitor a unique opportunity to witness a modern commercial centre existing in harmony with its traditional culture. With its natural harbour, Muscat means “Anchorage” & lies in a natural volcanic bowl. Our tour of the Grand Mosque (except Friday) & Bait Al Zubair Museum (except Friday) is a brief introduction that traces Oman’s history and development. Drive along the waterfront Corniche visiting the Fish Market & the colourful Muttrah Souq. We proceed for a photostop to the magnificent Al Alam Palace, official palace of His Majesty Sultan Qaboos flanked by the 16th century Portugese forts Mirani & Jalali.

(Ladies fully covered and to carry a head scarf and men in trousers)

**DOLPHIN WATCHING TOUR: MCT-TN-02**

Transfer from the Muscat hotel to the pier side to embark on a fiber boat for a cruise through the Muscat coast to watch wild dolphins. Watching wild dolphins is a thrilling way to start the day and the lucky may even come across one of the many species of whales that can be found just a few kilometers from Muscat’s rugged coast. Not every trip guarantees a sighting, but you are sure to enjoy a trip out to sea and enhance your knowledge of nature’s most fascinating marine mammals.

Soft drinks, tea and coffee will be served on Board

**FASCINATING FORTS: MCT-TZ-03**

Nizwa, capital of the interior, is the birthplace of Islam in the Sultanate of Oman. Nizwa boasts of the famous Round Tower Fort, built in the 17th century, and its Souq renowned for its Friday cattle auction, intricately hand-carved “Khanjars” (daggers) & ornamental silver jewellery. Enroute to Jabrin , visit the Bahla Fort which has been declared as a World Heritage site. Jabrin, the finest of Oman’s castles built in the late 17th century, became a seat of Omani learning. The castle displays the highest achievement in Omani ceiling painting & beautifully executed woodcarvings. Enroute to Muscat visit the pretty village of Birkat Al Mauz situated at the foothills of Jebel Akhdar (Green Mountains). Enjoy a walk through its oasis and dense date plantations. Jabrin Castle and Bahla Fort Timings are : ( Sun - Thu : 0900-1600hrs & Fridays : 0800-1100)

### **WADI SHAB “COASTALTREK”: MCT-TN-04**

We travel from Muscat to Quriyat and over the plateau down to the narrow coastal track. Reach **Wadi Shab**, meaning “Gorge between the cliffs”. Begin the one hour hike through one of Oman’s scenic wadis. The path winds its way through caves, plantations, cliff and deep pools with scenery changing at every step. At the end of Wadi Shab there is a swim through the famous **keyhole** into the secluded world of thrilling fantasy.

Return back to the vehicle and make our way back to Muscat. En-route we take a photo stop at **Bimah Sinkhole**, a natural geological formation of the karst topography and a scenic wonder.

***Remark - Kindly note that the wadi’s are strewn with rocks and pebbles which makes walking difficult. Advisable to wear sturdy walking shoes.***

### **Grand Canyon Of Oman : MCT-TM-05**

Depart Muscat in the morning by an a/c 4WD and travel via Fanjah, Izki and Nizwa. Stop at **Nizwa** for a stroll through the Old Capital of Oman. Drive to **Al Hamra** and stop at the old village of **Ghul** to see the abandoned Persian ruins. From here we drive along **Wadi Nakhr**, also referred to as the Grand Canyon with breathtaking views. At the end of the Wadi is a village where rugs with bright colors and designs are made by local weavers. Visit the local weavers and haggle for their wares.

From here we make our way up to **Jebel Shams**, the highest peak in Oman at 3009 meters. From here you will have an outstanding view deep into the Grand Canyon of Oman. On our way back, we will stop at **Misfat Al Abriyyin**, a picturesque village strapped on to the side of a mountain. As you walk around this beautiful village where time has come to a standstill, you will be moved by the simplicity and friendliness of the people. Return to Muscat late in the evening.

### **JEBEL AKDHAR MCT-TN-06**

0830Hrs: Morning drive to Jabel Akhdhar. In Arabic Jabel Akhdhar means green mountains. Jabel Akhdhar is famous for its gardens, farms and terrace plantations. Visit Wadi Habib to see one of the remote villages and fruit plantations. Also visit one of the private terrace rose plantations. (Jan – Feb is the season). After noon drive to the historic town of Nizwa, Oman’s cultural capital. You visit the beautiful Nizwa Fort with its massive Circular Cannon Tower, making it one of the most impressive forts in Oman and walk through the traditional Nizwa Souq. (Nizwa fort is open Saturday–Thursday: 09 AM – 04 PM & Friday: 08 AM– 11 AM.)

### **WADIS AND MOUNTAINS: MCT-TM-07**

Leave Muscat. Head towards Barka, where you will visit the Camel Breeding Farm, which is home to 100's of Omani thoroughbreds. You then proceed to Wadi Abyadh. On the way you will see a picturesque village set among date plantations. Enjoy the crystal clear rock pools and experience an adrenaline rush with some wadi bashing. Picnic Lunch. Later you travel to Wadi Mistal which cuts through the Hajar Mountain Ranges. After a 30 km drive through the wadi, we reach the face of a mountain which is ophiolite; there are two villages here, Hadash and Wekan. You turn towards the right and drive up the steep and winding rock, to visit the agricultural village of Wekan which is 1700m above sea level. Marvel at the beautiful landscape and enjoy the cool and pleasant weather here. You will find Pomegranates, grapes, walnuts, apricots and dates grown here. Return to Muscat.

### **BIG BUS MUSCAT : MCT –TBB-08**

Famous for its traditional open top double-decker sightseeing bus tours around the world, the Big Bus tour

of Muscat provides visitors with a perfect introduction to the capital of Oman. Guests will be mesmerized by

the beauty of the city from the authentic Muttrah Souk to the glistening waters of the Sea of Oman, and from

panoramic mountain views to traditional forts and palaces.

The personal recorded commentary provides an informative history and insight into the city of Muscat.

It is currently available in a choice of 6 languages: English, Arabic, Spanish, Italian, German and French.

Children under 5 travel free.

The Big Bus Muscat tour lasts 1:45 minutes.

### **MUSCAT BY NIGHT- MCT-TZM-09**

Depart after sunset and drive through the seafront road in Muttrah where the bustling port is situated. Drive past the Central Business District of Muscat to Qurum shopping area where top notch shopping complexes are available. The Sultan Qaboos Grand Mosque with its bright illumination is a major attraction. We arrive at one of the best Oriental Cuisine Restaurants in town called Kargeen (No alcohol service). Enjoy a set menu dinner of local delicacies along with a speciality Lemon Mint Drink before being transferred back to the hotel.

### **NOUVELLE NAKHL EXPERIENCE : MCT-TZ-10**

Proceed to the Seeb Fish Market located by the seaside. Later drive through the date palms and stop at the Nakhl springs and enjoy a walk through the village with its date palms and Falaj system. At the springs one can observe the local folk. Visit the Nakhl fort perched on a rocky outcrop. Then continue our drive for visit of Amouage Factory. Amouage's first fragrance was created as "the most valuable perfume in the world"

(Amouage factory except Friday & Saturday).

### **A Journey to the Past” : MCT-TZM -11**

A journey to the past through the **Sumail Gap** that divides the Western and Eastern Hajars and onto the Old Capital of Oman, **Nizwa**, famous for its silver souq and a **big round fort**. After visiting the souq and the fort, proceed to **Al Hamra**, a picturesque old village reminding of Yemenite architecture and unto the beautiful rocky village of **Misfat al Abriyyin**. The mountain village is set amidst stunning landscape and has hardly changed over the years.

From here we move to **Bahla** with the huge loam fort which is under renovation at present. Bahla is also known as the pottery capital of Oman. Because of its cultural value, Bahla is placed in the UNESCO's list of heritage monuments. Next visit is **Jabrin fort**, where you will find one of the most magnificent forts of Oman with its painted ceiling, dungeons, and hidden passages. Return to Muscat in the evening.

#### **Remarks –**

- ***Recommend starting time on Friday's is at 0700 Hrs, as all Forts close at 1100hrs. The Friday tour will include a visit to the famous Goat Market in Nizwa.***

### **GREEN MOUNTAINS: MCT-TZM-12**

Depart in the morning by an a/c 4WD. Stop at **Fanjah** for a photo stop to view an abandoned village. You then drive to **Birkat al Mouz**, a pretty oasis known for its sheer scenic value. Drive to the roof of Oman, the **Saiq Plateau** which for hundreds of years has been accessible only by donkeys. The sight of terraced gardens is very interesting. A variety of fruits like, pomegranates, apricot, and lemon are grown here. There are rose gardens here and they bloom in April.

There are interesting walks in **Wadi Bani Habib, Shrejaya, Al Ain and Aqur**. The weather here is cool and dry. Return to Muscat late in the evening.

### **“WADI HIKE” – WADI SHAB (DAY TRIP) : MCT-TZM-13**

We travel from Muscat to Quriyat and over the plateau down to the narrow coastal track. Reach **Wadi Shab**, meaning “Gorge between the cliffs”. Begin the one hour hike through one of Oman's scenic wadis. The path winds its way through caves, plantations, cliff and deep pools with scenery changing at every step. At the end of

Wadi Shab there is a swim through the famous **keyhole** into the secluded world of thrilling fantasy.

Return back to the vehicle and make our way back to Muscat. En-route we take a photo stop at **Bimah Sinkhole**, a natural geological formation of the karst topography and a scenic wonder.

***Remark - Kindly note that the wadi's are strewn with rocks and pebbles which makes walking difficult. Advisable to wear sturdy walking shoes.***

#### **INSPIRING INTERIOR: MCT-TM-14**

A journey to the past through the Sumail Gap that divides the Western and Eastern Hajars and onto the Old Capital of Oman, Nizwa, famous for its silver souq and a big round fort. After visiting the souq and the fort, you move to Bahla with the huge loam fort which is under renovation at present. Bahla is also known as the pottery capital of Oman. Because of its cultural value, Bahla is placed in the UNESCO's list of heritage monuments. Lunch in a local restaurant. Next visit is Jabrin fort, where you will find one of the most magnificent forts of Oman with its painted ceiling, dungeons, and hidden passages. Return to Muscat.

#### **Amouage / Famja village / Wadi Taiyyin (Day Trip) : MCT-TM-15**

Start your journey from Muscat and visit the famous Amouage perfume factory which is renowned for creating some of the most finely crafted and exotic fragrances in the world. (***Perfume factory is closed on Fridays/Saturday***) Continue to the village of Fanja – known for its 400 year old history & abandoned mud houses. The village is located on a hill top and hence provides beautiful views of the Wadi and the surrounding Hajars. Later, proceed to the scenic Wadi Tayyin which is located deep within the mountains and is known for its crystal clear waters which are perfect for an afternoon dip. Picnic Lunch. Return to Muscat in the late afternoon.

#### **Wahiba Sands & Wadi Bani Khalid (Day trip) 4WD – “Desert Safari”- MCT-TM-16**

Board a 4wd and head towards Fanjah, where you stop to take photos of an abandoned village. You drive through the Sumail Gap that divides the Western and Eastern Hajars. See the ruins of the old mercantile community of Al Mansfah near Ibra. Head towards the enchanting Wadi Bani Khalid. Picnic Lunch. Drive past the village with its endless date plantations. Reach the magnificent Wadi. The pools are cool, deep and absolutely stunning and the silky water perfect for a long swim. From here, proceed to Wahiba, the undulating golden sands. Indulge in some thrilling Dune Bashing. Return to Muscat.

### **Wadi Sahtan (Day trip) 4WD –“Mandoos-The Chest of Oman” MCT-TM-17**

Visit the Seeb fish souk. You then head to Wadi Sahtan via the road that leads from a round-about just north of Rustaq. This road is a connector with the interior town of Ibri via Wadi Bani Ghafir, Wadi Mabrah and Wadi Hidaq. Drive through narrow tracks and dodging boulders once you reach the entrance of the Wadi. Picnic Lunch. We reach Sahtan Bowl which old timers call the “mandoos”, “The Chest of Oman” because it is so secluded. Here you will see small settlements set among lush plantations. Return to Muscat.

### **Desert Safari: MCT-TZM-18**

Step inside the a/c 4wd vehicles, as you drive through the Hajar Mountains. We travel to **Fanjah**, where we stop to take photos of an abandoned village. We drive through the Sumail Gap that divides the Western and Eastern Hajars. See the ruins of the old mercantile community in **Al Mansfah** which saw its heydays hundreds of years ago in Ibra.

Head towards the enchanting **Wadi Bani Khalid**. Drive past the village with its endless date plantations, reach the magnificent Wadi. The pools are cool, deep and absolutely stunning. From here, proceed to **Wahiba**, the undulating golden sands. Indulge in some thrilling Dune Bashing and then visit the Bedouin settlement before returning back to Muscat.

### **HERITAGE & HISTORY WHIRL- NIZWA, BAHLA & JABRIN - MCT-TN-19**

Drive to the historic town of Nizwa, Oman's cultural capital. You visit the beautiful Nizwa Fort with its massive Circular Cannon Tower, making it one of the most impressive forts in Oman and walk through the traditional Nizwa Souq. Then you proceed to Jabrin castle, built in 17th century and one of the finest of its kind. Its magnificent plasterwork, the carved doors and the painted wooden beams of the ceilings makes this castle amazingly different. Thereafter continue to Bahla, one of the oldest small towns of Oman and in the 12th century the capital of the tribe living in the region. The monumental fort is open for public after a long restoration activity. Bahla is also famous for its pottery and you will visit a potter's workshop (not possible on Fridays and Public Holidays)

### **WADI AL- ARBAEEN TOUR (8 HRS/4WD) - MCT-TN-20**

You start your fascinating roundtrip with the first leg taking you in south eastern direction along the coast to Sur. The road leads through scenic countryside and

rugged mountains to the small fishing town of Quriyat. You drive further to Wadi Arbaeen, en route you see lush village surrounded with dates, lemon, mango plantations. You will have photo stop at each place. You finally will reach Wadi Arbaeen – an oasis spot in the middle of the barren and dry mountains. It is one of the most beautiful wadis and its pools with clear deep blue water give you an opportunity to take a refreshing dip. On the coastal road you stop at the limestone Sinkhole in Bimah and then continue to Fins

### **WADI WALK - MCT-TZ-21**

An ideal choice for those wanting to experience Oman's scenic beauty. The tour starts with a drive along a quaint fishing village of Quriyat. The drive along the coast offers tantalizing glimpses of the sea. Our next stop is at the Bimah sinkhole, a limestone crater with blue green water at the bottom. Photo stop at Wadi Tiwi. Proceed to the pretty Wadi Shab. For those inclined, it is possible to walk right upto the source of the Wadi through lush green plantations of lemon, banana and dates. The fairly easy walk on a rocky path is dotted with pools and waterfalls. Comfortable walking shoes are recommended. Enjoy a picnic lunch in these serene surroundings.

### **BATINAH BASH MCT-TZ-22**

A full day tour along the Batinah coast. Our first stop is the Seeb Fish Souq by the seaside. Drive through the date palms to the sparkling springs and Fort at Nakhl. Visit the beautiful Wakan Village famous for its terrace farming. Our next stop is Wadi Abhyad which has large patches of white sedimentation and when translated means white wadi. The drive winds through the mountains with small pools of water dotting the wadi bed. (It is advisable to wear light comfortable clothing and walking shoes

### **WAHIBA WILDERNESS - MCT-TZ-23**

The Wahiba Sands, a vast mass of undulating red and white sea of sand and dunes rising up to 200 metres are also host to a variety of flora and fauna. The ever-changing patterns of the dunes are a photographers delight. Visit a Bedouin house in this wilderness. In stark contrast to this is Wadi Bani Khalid. It comprises of small pretty villages embedded in the mountains. The Wadi has clear deep blue water.

(It is advisable to wear light comfortable clothing and walking shoes)

### **Magnificent Remote Village MCT-TZM-24**

Leave Muscat in the morning and drive along the Batinah coast. At Rustaq there is a turn off to a beautiful wadi, **Wadi Bani Awf**. This picturesque drive through stunning sedimentary mountains will be an unforgettable journey. If canyoning excites you, there is a **Snake Canyon** where you can hike and even have a swim. After a spectacular drive up the mountain road, you reach the secluded village of **Billad Sayt**, where your eyes are treated to an amazing view, of Palm groves and terraced gardens between the stone walls. Return to Muscat.

***Remark - Kindly note that the wadi's are strewn with rocks and pebbles which makes walking difficult. Advisable to wear sturdy walking shoes.***

### **Desert Experience- Wadi Bani Khalid & Wahiba Sands MCT-TN-25**

Drive to Wahiba sands, via traditional Old Omani village of Ibra & Mudayrib. You will stop at each place for photo sessions. Your first destination today is Wadi Bani Khalid— an oasis in the middle of the barren and dry mountains. It is one of the most beautiful wadis in Oman and its pools with clear deep blue water give you an opportunity to take a refreshing dip. Then proceed to Wahiba sands, a vast mass of undulating red and white sea of sand. The ever-changing patterns of the dunes are a photographer's delight. After some exciting sand dune driving which offers excellent thrills and chills for all, you will arrive at the home of a Bedouin Family in the desert, maybe you even feel like going on a short camel ride. By evening, drive back to Muscat and drop off to hotel.

### **MAJESTIC MOUNTAINS MCT-TZ-26**

Our first stop is at Nakhl fort perched on a rocky outcrop. Proceed to Al Awabi and take the turn off to Wadi Bani Auf. This is a very unique drive through the sedimentary mountains. For those inclined there is a wonderful canyon to explore on foot. The route through the mountains is dramatic. Bilad Sayt is one of Oman's most quaint villages with an old world appeal. Explore this tranquil village on foot with its patchwork of terrace farming and traditional houses laid out against the rocky slopes. Enjoy a picnic lunch here. After the visit to the village proceed to the Snake Gorge where one can enjoy a short walk ( weather permitting ) . Proceed to Wadi Sahtan where one gets to meet the beekeepers. View the beautifully carved door at the Al Hazm Fort before returning to Muscat.( Picnic lunch included )

### **THE COAST OF BATINAH - MCT-OT-27**

A drive through the coastal town of Barka takes visitors to a traditional fish market which is animated early morning just beside the fort of Barka. Thereafter we proceed to Nakhal, famous for an ancient fort and hot springs. The drive continues to Rostaq, a former capital of Oman where Al Hazm fort, built in 18th century, is a major attraction (Photo Stop Only). Picnic lunch is served enroute and return back to Muscat.

### **GREEN MOUNTAIN TOUR - MCT-OT-28**

The tour begins at Nizwa, exploring its fort and traditional market. The journey continues to Wadi al Madeen, from where a 36-km drive through a scenic mountain road brings visitors to Al Jabal Al Akhdar (2000 metres above sea level), the green mountain of Hajjar mountain ranges, truly a unique attraction in the Arabian Peninsula. Al Jabal Al Akhdar is famed for its temperate cool climate and tropical fruit orchards. The villages overlook a spectacular landscape of awesome peaks, gorges and wadis. Picnic lunch is served on this tour.

### **COASTAL DELIGHTS – 4 WD tour -MCT-OT-29**

This tour takes you through one of the most amazing scenic spots in the country. One can visit Quriyat, a small coastal fishing village, and proceed on an off road trip via Wadi Al Arbeen to Wadi Tiwi and Fins Beach. The drive on the graded track leads to Wadi Shab, one of Oman's spectacular wadis, which flows with fresh water most of the year alongside banana plantations and rocky paths. Enjoy a picnic lunch in Wadi Shaab before returning back to Muscat with some amazing photographs of the varied landscape of Oman.

### **WADI WONDERS – 4 WD tour - MCT-OT-30**

Depart to Wadi Bani Auf , passing through lush farm lands, watching camels in search of pasture, against the backdrop of the distant peaks of Hajar mountain range rising to more than 1000 metres. Al Abyadh village is notable for its ancient mountain houses. Wadi Abyadh is a scenic attraction with flowing spring water, fringed by sand dunes on one end and massive mountain ranges on the other. We go up to a vantage point for a photo stop of the pretty mountain village of Bilad Sayt before returning to Muscat. Picnic Lunch include

### **DAY IN THE DESERT -4 WD tour - MCT-OT-31**

Drive south towards the 8000 square kilometre expanse of sand to experience the magic of a true desert at Wahiba sands- almost a sea of constantly shifting sands. A drive through the awe inspiring sand dunes is a must. Enjoy some 4x4 dune-bashing, and ride camels. Later, visit a local Bedouin family in their home to get a close up view of their lifestyle and share coffee & dates with the genuine Bedouins. A short drive away from the desert is Wadi Bani Khalid... A lush valley. Enjoy a refreshing swim in its coolwaters before enjoying a picnic lunch and driving back to Muscat.

Note: bring plenty of sunscreen, good shoes, towels and swim wear.

### **TRAVEL BACK IN TIME - MCT-OT-32**

This tour is most certainly unique and takes you to some of the unexplored regions and spots in Oman that you will not find in other catalogues or tour books. We start our journey in the morning and proceed to Jarnan Caves, below the Al Nazar Village

in the district of Izki. Pre Islamic legend has it that when Islam came into existence a golden calf was hidden inside this cave. You will be fascinated at the architecture and the decades old style of houses in this village whilst taking a leisurely stroll here. The entrance to the village is guarded by a very old fort, now in ruins. From here we proceed to the Zukait Tombs, located atop a foothill overlooking the village of Zukait. These ancient tombs take the form of beehive stone towers with a striking resemblance to the ones found in Bat and Wadi Al Ain. Enjoy a refreshment stop (water and soft drinks) in the shaded area underneath the tombs before returning back to Muscat. Lunch is optional enroute and can be paid directly by guests

### **DESERT DRIVING COURSE – 4WD Tour - MCT-OT-33**

We depart Muscat in the morning for a full day tour to Wadi Bani Khalid and Wahiba Sands. We arrive at the edge of the desert where we deflate the tyres and our experienced chauffeurs give you a briefing on the do's and don't's whilst driving in the desert. After a short demonstration you will be behind the wheels to experience the thrill of driving up and down shifting soft sand dunes. After lunch you will be handed over a certificate of participation. After lunch, we proceed to Wadi Bani Khalid to enjoy a swim in the clear green waters of this oasis. Return to Muscat late evening.

### **TO -13- NAKHAL & MUSCAT - MCT-OT-34**

You will first visit Bait Al Zubair Museum . Next stop at Al Alam Palace for a photos top . Travel along the corniche and visit the souq for some shopping . Next proceed to Al Nahda Resort for a buffet lunch. Drive towards Nakhal Fort . As you approach Nakhl , Keep an eye out for the fortress that sits on a hillock outside the town . The fort is origin is pre-Islamic with major contributions by the Al Ya'rubia and the Al Bu Sayed dynasties . Visit the fort . Visit the fort . Visit the mineral-laden –hot springs water in Nakhl. Later in the evening we return to Muscat .

Note ; Nakhal fort open 09.00hrs - 16.00 hrs (Friday 8.00 hrs- 11.00 hrs)

### **OMANI CULTURAL TOUR MCT-OT-35**

Discover Oman's significant heritage and culture on this half –day tour that visits two unique muse- ums and the amazing Muttrah Souq . Your first stop is the state –of- the-art Bait Al Baranda Museum that occupies an historic 19th-century home . The museum exhibits cover the history of Muscat and Oman, including its geology, early human settlements, it's fascinating history from the Middle Ages to the dawn of Renaissance, and the raise of modern Muscat . Your second stop is the vibrant maze-like Muttrah Souq, where shopping and exploring is an entertaining and unique experience as you discover the Middle Eastern treasures for sale. Available items include frankincense, dowry chests, ornately decorated antiques, silver goods, decorative coins, and Amouage, said to be the world's most valuable perfume.

The Bait Adam Museum is your final highlight. A privately owned museum, the Bait Adam features an interesting collection of paintings, photographs, currency and old

weapons. Upon arrival, you are welcomed with traditional Arabic coffee and dates. The owner and head of the family shows you around the rooms on the ground floor, which have been converted into the museum. You have the opportunity to interact with the family and learn about Omani life-styles, both past and present. Leaving the family home, take a scenic drive along the Corniche to the pier.

### **Trek Directions from Riyam - MCT-OT-50**

Follow the colored markers from the parking area at Riyam. An old, rusty diesel pipeline is evidence of a time when the only power station in Oman was located in Riyam, and supplies of diesel oil were pumped through the pipeline from a ship anchored at Mutrah.

You may notice the well-placed stone slabs leading up the hill. They have been used by countless generations of visitors from Mutrah and the interior, to help them climb the last hills before they entered the gate of Muscat. At that time, the only way to get to Muscat was by sea or over this path. Once you have reached the higher parts of the route, turn around to enjoy the amazing view over the coast and sea. Be careful when descending towards the abandoned settlement as it can get slippery in parts. Have a look at the old water cistern and the falaj irrigation system, which are still visible, and then enjoy the scramble that is sometimes necessary to pass the wadi leading to Mutrah. Take care otherwise you might walk through it.

### **TREKKING PATH FROM WADI BANI KHALID - Trek Directions- MCT-OT-51**

Follow the painted marks and cairns. The tour crosses barren landscape and it is therefore essential to take enough water for the whole trip. You are best advised to either organize your own donkey transport, from any of the nearby villages / settlements (be prepared to negotiate the price), or contact one of the tour operators offering trekking tours. You may decide to do just the beginning of the trek, and therefore walk for a few hours only, returning the same day. The walk from Al Aqur to Sawi is easy and particularly interesting, as is the first part of the trail from Wadi Bani Khalid, which overlooks the pools and the canyon