

2025

February

Hampshire Township Seniors on the Go

Call for a ride or to
RSVP for an event.
847-683-9464 ext 3

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	31	01
02	03 Chair Yoga w/Anastasia Lunch Workout w/Jody	04 Bingo	05 Wendy's Hampshire	06 Chair Yoga w/Anastasia Lunch Workout w/Jody	07 LRC	08
09	10 Chair Yoga w/Anastasia Lunch Workout w/Jody	11 Valentines Bingo 	12 Lunch w/Friends	13 Chair Yoga w/Anastasia Double R Dogs Lunch Workout w/Jody	14 Walmart SCC 	15
16	17 Chair Yoga w/Anastasia Lunch Workout w/Jody Alzheimer Support Group	18 Bingo	19 Angels Pancake House	20 Chair Yoga w/Anastasia Card Games Lunch Workout w/Jody	21 LRC w/Snacks	22
23	24 Chair Yoga w/Anastasia Cherry Valley Mall Lunch Workout w/Jody	25 Bingo	26 Culver's Huntley	27 Chair Yoga w/Anastasia Cash Bingo	28 Walmart SCC	01

02

03

EVENT TRANS. -Contact 847-683-9464 ext 3

MEDICAL TRANS.-Contact Maureen at 224-828-0446

