



First District PTA,
Senator Anthony J. Portantino &
the Turtlesea Group

present

Youth Mental Health First Aid

Dates

February 2, 2019
Eliot Middle School
2184 Lake Avenue
Altadena, CA 91001

Or

February 15, 2019
Glendale Civic Auditorium
1401 N Verdugo Road
Glendale, CA 91208

Time

Registration & Continental
breakfast at 7:30am
Classes: 8:30 am - 5:00 pm

Take a course,
strengthen your community.

JOIN THE MOVEMENT

Youth Mental Health First Aid is a one day 8-hour training course designed to give members of the public key skills to help someone who is developing a mental health problem or experiencing a mental health crisis. The training will help you identify signs and symptoms in adolescences and encourage you to ask questions and not dismiss concerns as typical behaviors. For your convenience, we are offering two different training dates.

Registration is required:
<https://www.eventbrite.com/e/youth-mental-health-first-aid-trainings-tickets-51567837791>

In collaboration with our community partners:

City of Glendale
Pasadena Unified School District
Community Foundation of the Verdugos
Dignity Health Glendale Memorial Hospital & Health Center
Kaiser Permanente Southern California
Magellan Cares Foundation, Inc.
California Hospital Association
Sutter Health

For more information, please contact instructor, Theresa Reed, at
MHFA_get_trained@outlook.com or First District PTA at pta1stdistrict@aol.com