

OUR PATHS ARE OUR OWN

... there was nothing left for us but to pick up the simple kit of spiritual tools laid at our feet.

ALCOHOLICS ANONYMOUS, p. 25

My first attempt at the Steps was one of obligation and necessity, which resulted in a deep feeling of discouragement in the face of all those adverbs: courageously; completely; humbly; directly; and only. I considered Bill W. fortunate to have gone through such a major, even sensational, spiritual experience. I had to discover, as time went on, that my path was my own. After a few twenty-four hours in the A.A. Fellowship, thanks especially to the sharing of members in the meetings, I understood that everyone gradually finds his or her own pace in moving through the Steps. Through progressive means, I try to live according to these suggested principles. As a result of these Steps, I can say today that my attitude towards life, people, and towards anything having to do with God, has been transformed and improved.