



**MYIA STARKS**  
**NVHS BOOSTER CLUB FEATURED ATHLETE OF THE WEEK**  
**BASKETBALL PROGRAM**

*The NVHS Athletic Booster Club is proud to present the featured athlete of this week, basketball player MYIA STARKS.*

**Booster Club Reporter:** What would you say to someone who is considering to join the basketball team?

**Myia:** I would say definitely do it because you create unforgettable friendships with the people on your team while also enjoying what you love.

**Booster Club Reporter:** *What do you like and dislike most about playing in a team?*

**Myia:** I like that you have teammates to motivate you and push you to be better. I dislike that you can't just worry about yourself, you have to think about everyone else too. I think it's interesting to have different personalities on the team because it makes playing more enjoyable. At the end of the day, it's not just about basketball. It's about teamwork, becoming a family and accomplishing one goal.

**Booster Club Reporter:** *So what have you learned from being in a team environment that will serve you well into your adult life?*

**Myia:** The sport has definitely taught me how to work with many different people and different personalities to work for one common goal despite our differences.

**Booster Club Reporter:** *What in your opinion makes you a winner?*

**Myia:** What makes me a winner is my hard work and dedication to whatever I do.

**Booster Club Reporter:** *Do you ever struggle with pressure to win or fear of losing?*

**Myia:** I really don't feel any pressure to win because all of my years playing basketball, the loud crowds, the last second shot, the close calls by referees and just the intensity of the games have prepared me for those moments. The fear of losing to me is just a learning experience; I figure out what went wrong and what I could have done differently in the future.

**Booster Club Reporter:** *And what do you wish you had known when you were just starting?*

**Myia:** I wish I could've known back then to be more relaxed and not to dread on making mistakes so much.

**Booster Club Reporter:** *What is your recipe for keeping up with good grades while practicing sports?*

**Myia:** You have to learn how to balance your time. Every second counts. When you do have free time, try to do as much work as you can and the rest will follow.

**Booster Club Reporter:** *Where are you going for College? Will you keep playing basketball?*

**Myia:** I'm going to NIU (Northern Illinois University) to study business. I will continue to play basketball on the college level, and by playing basketball I was able to obtain a full ride scholarship.