

# class schedule



## november 2016

Beginners

Intermediate

Advanced

Sun	Mon	Tue	Wed	Thu	Fri	Sat
30	31	1 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	2 7:00-9:00pm YANG & CHEN Traditional & Weapons forms	3	4	5
6	7 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	8 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	9 7:00-9:00pm YANG & CHEN Traditional & Weapons forms	10	11 Remembrance Day	12
13	14 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	15 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	16 7:00-9:00pm YANG & CHEN Traditional & Weapons forms	17	18	19
20	21 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	22 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	23 7:00-9:00pm YANG & CHEN Traditional & Weapons forms	24	25	26
27	28 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	29 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	30 7:00-9:00pm YANG & CHEN Traditional & Weapons forms	1	2	3



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太极拳

year of  
fire  
monkey



I am the seasoned  
traveler of the Labyrinth.  
The genius of alacrity,  
Wizard of the impossible.  
My brilliance is yet  
unmatched in its originality.  
My heart's filled with  
potent magic  
That could cast a hundred  
spells.  
I am put together  
For mine own pleasure  
I AM THE MONKEY.

# class schedule



## december 2016

Beginners

Intermediate

Advanced

Sun	Mon	Tue	Wed	Thu	Fri	Sat
27	28	29	30	1	2	3
4	5 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	6 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	7 7:00-9:00pm YANG & CHEN Traditional & Weapons forms	8	9	10
11	12 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	13 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	14 7:00-9:00pm YANG & CHEN Traditional & Weapons forms	15	16	17
18	19	20	21	22	23	24 Christmas Eve
25 Christmas Day	26 Boxing Day	27	28	29	30	31 New Year's Eve

Happy Holidays!  
See you in January!



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## january 2017



Beginners

Intermediate

Advanced

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 New Year's Day	2	3	4  7:00pm <b>OPEN HOUSE</b> MH Cultural Centre <i>Everyone welcome</i>	5	6	7
8	9 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	10 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	11 4:00pm-12:00am <b>Medicine Hat Tai Chi assists:</b> <b>CASINO BY VANSHAW</b> Medicine Hat Lodge <i>Selected volunteers only</i>	12	13	14
15	16 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	17 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	18 7:00-9:00pm YANG & CHEN Traditional & Weapons forms	19	20	21
22	23 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	24 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	25 7:00-9:00pm YANG & CHEN Traditional & Weapons forms	26 6:00-9:00pm <b>Chinese New Year Celebration</b> Hat Restaurant <i>Members only</i>	27	28  Chinese New Year
29	30 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	31 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	1	2	3	4



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# class schedule

## february 2017



Beginners

Intermediate

Advanced

Sun	Mon	Tue	Wed	Thu	Fri	Sat
29	30	31	1 7:00-9:00pm YANG & CHEN Traditional & Weapons forms	2	3	4
5	6 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	7 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	8 7:00-9:00pm YANG & CHEN Traditional & Weapons forms	9	10	11
12	13 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	Valentines Day 14 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	15 7:00-9:00pm YANG & CHEN Traditional & Weapons forms	16	17	18
19	Family Day 20 7:00-9:00pm EXTRA REVIEW SESSION (Voluntary)	21 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	22 7:00-9:00pm YANG & CHEN Traditional & Weapons forms	23	24	25
26	27 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	28 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	1	2	3	4



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太极拳

year of  
fire  
rooster



I am alert  
Ready to take action  
The first on the scene  
The last to leave  
I take chances  
But I am precise  
I know where things belong  
I am orderly and fastidious  
Nothing escapes me  
I am always prepared  
I never give up,  
nor give in.  
I AM THE ROOSTER

# class schedule


## march 2017



Beginners

Intermediate

Advanced

Sun	Mon	Tue	Wed	Thu	Fri	Sat
26	27	28	1 7:00-9:00pm YANG & CHEN Traditional & Weapons forms	2	3	4
5	6 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	7 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	8 7:00-9:00pm YANG & CHEN Traditional & Weapons forms	9	10	11
12	13 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	14 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	15 7:00-9:00pm YANG & CHEN Traditional & Weapons forms	16	17 St. Patrick's Day	18
19	20 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	21 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	22 7:00-9:00pm YANG & CHEN Traditional & Weapons forms	23	24	25
26	27 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	28 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	29 7:00pm  <b>OPEN HOUSE</b> MH Cultural Centre Everyone welcome	30	31	1



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