

This Newsletter is published by:
Morrow County Services for
Older Citizens, Inc.
dba *Seniors On Center*
41 West Center Street
Mt. Gilead, OH 43338

NON-PROFIT STD.
U.S. POSTAGE PAID
MT. GILEAD, OH 43338
PERMIT #14

MORROW COUNTY SENIOR MOMENTS



Board of Directors

Linda Ruehrmund (Pres.)	Kay Benick	Mike Gale	Dixie Shinaberry
Mike Warwick (V. Pres.)	Heather Kraft	Marilyn Weiler	Shirley Robinson
Lea Ann Maceyko (Treas.)	Geri Park	Ray Dietz	Dan Rogers
Janeen Wert (Sec.)	Wilma Hinkle	Suzie Lyle	Pat Rinehart
	Dennis Leader	Janet Johnson	Gilbert Ullom

MORROW COUNTY SERVICES FOR OLDER CITIZENS, INC.

419-946-4191 * 419-946-1037 facsimile

Website: www.SeniorsOnCenter.org

Sponsored by Title III Grant under the Older Americans Act administered through the Ohio Department of Aging and Ohio District 5 Area Agency on Aging, with local funding through levy dollars, United Way and private donations. The Morrow County Multi-Purpose Senior Center and its programs are open to all Morrow County residents 60+ years of age regardless of race, color, ancestry, religion, sex, national origin, or disability.

**JUNE 2016
ISSUE**

SENIORS ON CENTER SERVICES



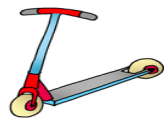
Home delivered meals

A hot, well-balanced lunch is available daily to senior shut-ins living in Morrow County. Weekend and holiday frozen meals are also available upon request. A suggested donation of \$3.00 per meal is accepted.



Lunch at Seniors on Center

A hot lunch is served daily at 11:45 a.m. Reservations are required by calling the Center at least 24 hours in advance. A suggested donation of \$3.00 is accepted for those 60+ and a charge of \$5.00 for those under 60.



Transportation

Handicapped accessible transportation and escort service to work, doctor appointments, beauty shop, grocery shopping, social activities, therapy, etc. is available. Please call 24 hours ahead for an appointment. A suggested donation of \$3.00 is accepted. Transportation for medical appointments outside the county can usually be arranged with a 48 hour notice.



Homemaker

Light housekeeping for those unable to perform some of their home making chores. Charge is \$5.00 per hour.

Scioto Downs Casino Columbus, Ohio



**June is scheduled for 9th and 23rd
Be sure to get your name in and put
your money down soon. The bus
fills quickly.**

FREE SUMMER NATURE EVENTS IN MORROW COUNTY

May 31 – August 15 AIM (Adventures in Morrow) Explore Morrow County parks on your own. Sign up at any of our 4 public libraries.

June 15 & 16 Wild Days for youth ages 3-13 at HOEC, 9:30-11:30am

July 10 Open House at HOEC Displays, programs, and activities, 2-4pm.

July 13 & 14 Wild Days for youth ages 3-13 at HOEC, 9:30-11:30am.

August 24 Alternative Energy Program at HOEC, 6:30pm.

August 29-September 5 Morrow County Fair (visit Building 17)

September 1-October 27 Wee Discover preschool at HOEC (each Thursday)

SCAMS

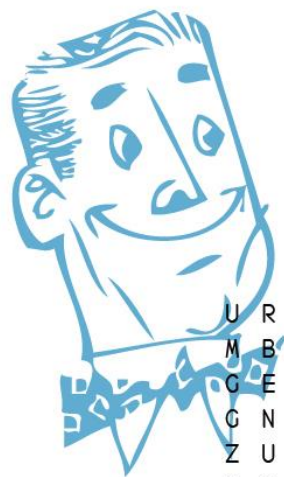
How to avoid scams

1. **Do not talk to telemarketers.**
 - a. Use an answering machine.
Telemarketers usually won't leave a message.
 - b. Get Caller I.D.
Only answer calls from phone numbers that you recognize.
 - c. Hang up if there is a long hesitation before someone responds.
Telemarketers make several calls at a time and talk to the first person who answers.
 - d. If you are not interested, **Hang up.**
2. **If you do talk to them, trust your instincts.**
 - a. Never give out personal information:
 - Credit card numbers
 - Bank ID numbers
 - Driver's license number
 - Social Security number

It's illegal for telemarketers to ask for this information to claim a prize or gift.

- b. Ask what state or federal agencies the company is registered with or regulated by.
- c. Get it in writing.
If the offer sounds "too good to be true," it probably is. Don't be pressured.
- d. Ask to be put on Do-Not-Call lists.
- e. Keep a call log.
Write down dates and times you've received calls when you'd requested to not be called.





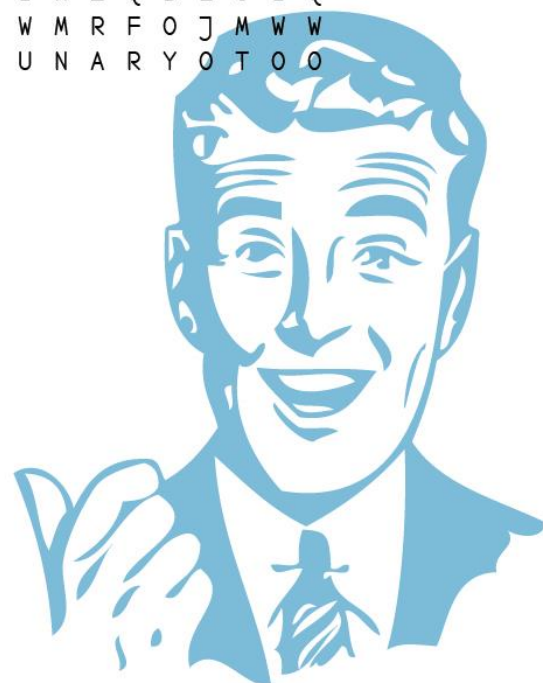
FATHER'S DAY

Word Search

U R I E L A R N L P O E V U K R L O J H B T T W T
M B P B H U D K I S S E S H K C L D J U E E H Y M
G E D Q W E N O J C E I S Z S E H L Q S T J Z F A
G N I K R O W D R A H M C T A O Y K V B U H U A G
Z U Y F U N N Y P E T T O R R L Y Q Q A T J E S M
P Q S P L A Y R J W S L N S L O O R Q N Z V E M W
G G P U M M O I G G U G A I D V N I M D N O W E Z
Z N F T P T E T Q P O M S I O N F G A Y F H V R U
V Y M Y E P S L J A R T F N C L A U I B I S W R Y
U E L C U B O L I W E H G T C E O H E D I U G F Y
P L T U X B B R E F N A L R A E P U V C N G Z A T
W T R O F M O C T R E N E M Y E H S O B C A Y H L
Z J N L Z M W R Z E G K V A E G X D Y N N E S K R
T O G E T H E R C H V S O K U U C E Y B D G L E N
S I G N E W O H W T H X L N M C G P B S U G L L T
Z G B T Q T I Q K A P C R S N D M V E H M A T T M
V C S X N L B L Z F R G A J R F N I X X Y A Z H C
U C C E D L O N T X J V Z E E Y R I I X A S K B Y
B G M V J W Y U A J N Z V X T O G B K Z K D Q B C
F A R S O J E C M I M S D Y M T E E W S A F M Q A
H M H E K M C R B G M R Y E E G B A N W L I S L S
V G Q M E T W Z I E I N M B L U W Y B H O X L O Q
A L W A S G C P H I S K G O D Y I N Z Q B E O I Q
P C T G W W N V N J E W S B G H W M R F O J M W W
B W M V X D K I A I I Y C Q B I U N A R Y O T O O

ADORE
CHILD
COMFORT
FATHER
FUNNY
GAMES
GENEROUS
GUIDE
HANDSOME
HARDWORKING
HUGS
HUSBAND
JOKES
KIND
KISSES

LEARN
LIFE
LOVE
MEMORIES
MENTOR
PLAY
PROTECT
SILLY
SPECIAL
STRONG
SUPPORT
SWEET
TEACH
THANKS
TOGETHER



MORROW CO. SENIOR CLUBS

Cardington Seniors

Friday, June 24th @ 12 Noon
need reservation-\$3.00
suggested donation
Seniors On Center
41 W. Center St., Mt. Gilead
Shirley Robinson 419-864-4077

Chesterville Seniors

Tuesday, June 21st @12PM
Selover Library, Chesterville
31 State Route 95
Susie Lyle 419-768-3431

Marengo/Fulton Seniors

Monday, June 6th @9AM
Breakfast on your own
Farmstead Restaurant
618 State Route 61, Marengo

Monday, June 20th @12PM
Carry-In Lunch
American Legion Post 710
1549 W. C R 26, Marengo
Joyce Taylor 419-253-0727

Sparta Good Time Seniors

Tuesday, June 21st @12:30 PM
Highland Pizza—your own cost
6530 State Route 229, Sparta
Dick Sears 419-768-2050

Mt. Gilead Seniors Club

Tuesday, June 21st @12 Noon
At Seniors on Center.
Reservations
needed. Bring dessert.
Marilyn Sipes 419-468-3500

MORROW CO. SENIOR CLUBS

Morrow County Retired Teachers

April, June, October &
December June 6th @ 11:30
AM Lunch provided by Trinity
UMC for \$10.00
75 E. High St, Mt. Gilead
Janet Johnson 419.362.6903



Join us on Tuesday, June 14th at
noon to celebrate our June
birthdays! Wishing the following
a

Very Happy Birthday:

Annetta Johnson
George Johnson
Paul Stiffler
Patricia Brant
Marguerite Fuqua
Bill Sherman
Irene Gould
Janet Dowalter
Richard Sauder

Effie Mounts
Lillian Whited
Rosemary Brown
Luella Powell
Joyce Taylor
Joyce Whitt
Thomas Ray
Nancy Cole

MONDAY NIGHT MUSIC

\$1 FOR MEMBERS * \$2 NON-MEMBERS

Monday, June 6th

Meal 5-6PM

Music by Country Travelers 6-8PM

Monday, June 13th

Meal 5-6PM

Music by Dick Starcher 6-8PM

Monday, June 20th

Meal 5-6PM

Open Mic 6-8PM

Monday, June 27th

Meal 5-6PM

Music by Country Travelers 6-8PM

You must make reservations for the meals!

** Band donations accepted **

EUCHRE AND BINGO

Join us for an enjoyable afternoon of Euchre at the Center every Wednesday and Thursday at 12 Noon. We would love to see new faces.

The first, second & fourth Tuesday of each month we are having Bingo from 1-3 PM

**Beltone at the Senior Center
June 21st 10am - Noon**

No appointment necessary

**Angela Schneider,
Hearing Care Practitioner**

AFTER WINTER LOST AND FOUND



Lose a pair of sunglasses, blue scarf, gray or black gloves? If so, check with Shirley in the front office and see if they are yours. We would love to be able to return them to their rightful owners.



Wednesday, June 22nd 6-7Pm

Aging Smart Seminar

With Candace Heer

OSU Extension Office

Refreshments

Alzheimers Association

June 21st 6:30 – 8:00

Guest speaker-Michelle

EUCHRE

Do you want to learn to play Euchre and don't know how?

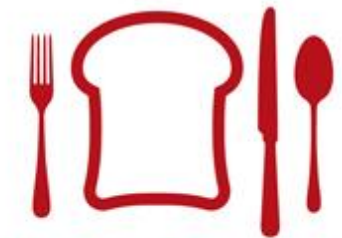
We are starting a new beginner's group Wednesday, June 1, 2016 at 12 Noon. Come join us!

GROCERIES FOR SENIORS

Your are eligible for a monthly box of groceries if you:

- Are age 60 or older
- Live in Morrow County
- Meet income guidelines

For details contact:
Morrow County Seniors on Center
Shirley Furr at 419-946-4191



Mid-Ohio Foodbank

OPERATION FEED



Senior Citizen's Day

A great time was had by all. A delicious meal, wonderful entertainment and great door prizes. A BIG

THANKS to
Leclerc Charity Fund.



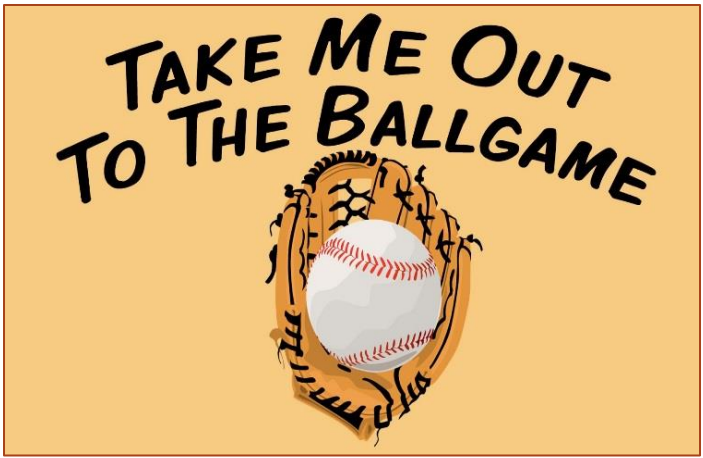


PROM KING AND QUEEN
 Saturday, May 7th was Prom Night for the seniors sponsored by Mt. Gilead High School student council. Congratulations to Daten and Evelyn Barnett who were crowned King and Queen at the 2016 Senior Prom held at the Mt. Gilead high School.

Linda has decided that it was time to retire and move closer to her family. We hated to see her go, but we wish her the best with her retirement.



Thank you to the Knights of Columbus. We are lucky to be one of their Pancake Breakfast Charities. The breakfast is held on the second Saturday of the month at the Scared Hearts Church, US 42, Cardington. Hours 7-10AM. Good breakfast and great fellowship.



Monday, June 6th - dime a dog night, plus Jack Hannah. What else could you want at the Columbus Clippers vs. Indianapolis game? \$10.00 non-members and **FREE** for members. Game time 7:05PM Will leave Kroger's parking lot at 5PM. Call the center to get your reservation.
 419.946.4191



Thursday, June 16th - **Ladies Night Out** \$3.00 at the door from 5:00 – 7:30PM We have a fabulous group of “ladies only” vendors lined up, with a style show and refreshments. You will not want to miss this one. Call and get your reservation in by June 10th.
 419.946.4191

IN THE WORKS

Thursday, July 21st. Tecumseh Outdoor Theater, buffet and transportation. \$50.00 for members and \$53.00 for non-members. Will leave Kroger parking lot at 3:30PM.

Saturday, July 16th Corn Festival - Pancake breakfast at Seniors on Center from 8 to 11AM

Tuesday, August 9th - Trip to Amish Country


Senior Day at the Fair, August 30

A day for men only – Thursday, October 13th at the Handlebar Ranch. \$3.00 at the door which will include a dinner and speaker.

These are a few of the events and trips that we are working on. Keep watching your newsletters and newspapers for more information concerning these and more things that we are working on for your enjoyment.



JUNE ACTIVITY SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<div>Happy Father's Day</div> 		1 8:30-10AM Silver Sneakers 11:45 AM Lunch 12 Noon Euchre 1:00 PM Game Day	2 11:45 AM Lunch 12 Noon Euchre	3 8:30-10AM Silver Sneakers 11:45 AM Lunch 12:30PM Bible Study 1:00 PM Adult Coloring
	6 8:30-10AM Silver Sneakers 9AM Marengo/Fulton Breakfast 11:30 MC Retired Teachers 11:45 AM Lunch 5PM Clippers Ballgame 5-6PM Meal 6-8PM Music	7 9AM Roundtable 11:45 AM Lunch 1:00-3:00PM Bingo	8 8:30-10AM Silver Sneakers 11:45 AM Lunch 12 Noon Euchre 12:30 Board Meeting 1:00 PM Game Day	9 11:45 AM Lunch 12 Noon Euchre
10 8:30-10AM Silver Sneakers 11:45 AM Lunch 12:30PM Bible Study 1:00 PM Adult Coloring	13 8:30-10 AM Silver Sneakers 11:45 AM Lunch 5-6PM Meal 6-8PM Music	14 9AM Roundtable 11:45 AM Lunch 1:00-3:00 PM Bingo	15 8:30-10AM Silver Sneakers 11:45 AM Lunch 12 Noon Euchre 1:00 PM Game Day	16 11:45 AM Lunch 12 Noon Euchre 5PM Ladies Night Out
17 8:30-10AM Silver Sneakers 11:45 AM Lunch 12:30 PM Bible Study 1:00 PM Adult coloring	20 8:30-10AM Silver Sneakers 11:45 AM Lunch 12Noon Marengo/Fulton Carry-In 5-6PM Meal 6-8PM Music	21 9:00 AM Roundtable 10AM-12Noon Beltone 11:45 AM Lunch 12 Noon Chesterville Carry-In 12 Noon Mt. Gilead Sr. Lunch 12:30 Sparta Lunch 6:30-8PM Alzheimer Seminar	22 8:30-10AM Silver Sneakers 11:45 AM Lunch 12 Noon Euchre 1:00 PM Game Day 6-7PM Aging Smart	23 11:45 AM Lunch 12 Noon Euchre
24 8:30-10AM Silver Sneakers 11:45 AM Lunch 12:30 PM Bible Study 12 Noon Cardington Lunch 1:00 Adult Coloring	27 8:30-10AM Silver Sneakers 11:45 AM Lunch 12 Noon – 4PM Commodities 5-6PM Meal 6-8PM Music	28 9:00 AM Roundtable 9AM-12 Noon Commodities 11:45 AM Lunch 1:00-3:00 PM Bingo	29 8:30-10AM Silver Sneakers 11:45 AM Lunch 12 Noon Euchre 1:00 PM Game Day	30 11:45 AM Lunch 12 Noon Euchre

JUNE MENU

SUGGESTED \$3.00 DONATION
ONE DAY ADVANCE RESERVATIONS REQUIRED *

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<div>MENU IS SUBJECT TO CHANGE</div>		1 Sloppy Joe Sandwich Carrots Hot Apple Slices Cranberry Juice Whole Grain Bun Whole Grain Crackers Milk	2 Beef & Noodles Peas & Carrots Mixed Fruit Orange Juice Whole Grain Bread Milk	3 Shredded Chicken Ranch Fries Pears Pineapple Juice Whole Grain Bun Whole Grain Crackers Milk
6 Salisbury Steak Mashed Potatoes Succotash Apple Juice Whole Grain Bread Graham Crackers Milk	7 Chicken Breast Mashed Potatoes Carrots Grape Juice Whole Grain Bread Milk	8 Marzetti Cauliflower Applesauce Cranberry Juice Bread Stick Milk	9 Pepper Steak Brown Rice Corn Banana Pineapple Juice Whole Wheat Bread Milk	10 Chicken Strips Ranch Fries Beets Orange Juice Whole Grain Bread Milk
13 Chicken Noodle Casserole Peas Applesauce Cranberry Juice Whole Grain Bread Milk	14 Meatloaf Mac & cheese Corn Apple Juice Mandarin Oranges Milk	15 Roast Beef Red Skin Potatoes Carrots Orange Juice Whole Grain Roll Milk	16 Vegetable Lasagna Broccoli Fresh Orange Whole Wheat Bread Milk	17 Chicken Breast Baked Potato Brussel Sprouts Pears Whole Grain Roll Milk
20 Deli Ham Sandwich Tossed Salad Peaches Apple Juice Whole Wheat Bun Whole Grain Crackers Milk	21 Pork Chops Sweet Potatoes Malibu Vegetables Applesauce Whole Grain Knots Milk	22 Stuffed Peppers Cheese Cubes Parsley Potatoes Grape Juice Whole Grain Bread Graham Crackers Milk	23 Roasted Turkey Mashed Potatoes Green Beans Tropical Fruit Whole Grain Roll Milk	24 Beef & Noodles Peas & Carrots Mixed Fruit Orange Juice Whole Grain Bread Milk
27 Shredded Chicken Ranch Fries Pears Pineapple Juice Whole Grain Bun Whole Grain Crackers Milk	28 Pork Fritter Baked Potatoes Broccoli Peaches Whole Grain Bread Milk	29 Sloppy Joe Sandwich Carrots Hot Apple Slices Cranberry Juice Whole Grain Bun Whole Grain Crackers Milk	30 Beef & Noodles Peas & Carrots Mixed Fruit Orange Juice Whole Grain Bread Milk	