

The Zonta Profile



Member of Zonta International

A monthly newsletter for the members of the Zonta Club of Alpena

Volume 2, Issue 7 July 2015

Message from Our President

Dear Zontians:

Embrace your conviction of Zonta values, share your Commitment to empower women worldwide, and gain the Courage to ask peers to join our mission. The new **CONVICTION-COMMITMENT-COURAGE** Membership Recognition program distinguishes members, clubs, and districts that successfully recruit and maintain membership. Individual Zontians, clubs, and districts who take on this challenge, will be recognized and rewarded for their successful achievement of the 2014-2016 Zonta International membership goals at the 2016 Convention in Nice, France. We are moving in the right directions to have our club and several individuals recognized for bringing new members into our club, since June 2014 until now we have a total of 8 new members, that is great but we must maintain the members we have to achieve this goal.

Our donations to the Zonta International Foundation help to support Zonta's work to empower women and girls worldwide through education and advocacy. Zonta International is proud to be an active participant in the work of the Council of Europe "Istanbul Convention". Through our service projects, education with young girls and advocacy we can take a stand to say "No to Violence Against Women Worldwide" Read more about this on Zonta International website.

On June 10th five of us joined the Rogers City Zonta Club to help celebrate their 35th Anniversary, it was a very enjoyable evening socializing with their club and our own Theresa Stoppa was mention for helping to get this club started 35 year ago, Theresa was one of the five of us in attendance. Summer is half over and we haven't had a fellowship event planned during this time so if anyone has an idea please get a hold of Denise Tobias who would be more than happy to plan something. Our business and program meetings are important but fellowship with each other is also needed to keep us united together and relax and have some down time enjoying each other's company.

I will be setting a date for our Strategic planning meeting which will be held at John A Lau's meeting room, please plan on attending. I still have not received everyone's year end reports from the committee chairs, if you are one of the chairs that have not sent me a report please do so as soon as possible.

Your President,
Joyce

Board of Directors

2015/2016

Joyce Brilinski- President
Mary Linton, 1st Vice-President
Pam Richardson, 2nd Vice-President
Aneka Wagner, Recording Secretary
Sarah Moe, Corresponding Secretary
Lisa Medina, Treasurer
Stacy Smith, Assistant Treasurer
Alice Silver, 2-yr Director
Kim LaBrecque, 2-yr. Director
Karen Kamyszek, 1-yr. Director
Denise Tobias, 1-yr. Director
Mabel Joseph, Parliamentarian

2015/2016 Zonta Club of Alpena Committee Chairs

Attendance -	Melissa Chabot
By-Laws -	Sandy Donajkowski
Calling -	Barbara Crittenden
Fellowship -	Denise Tobias
Finance -	Cindy Gabara
Fundraising -	
Hazel's Closet -	Julie Dietz
Literacy -	Mary Jane Thomson
Membership -	Pam Richardson
Nominating -	Cindy Gabara
Newsletter -	Kim LaBrecque
Program -	Mary Linton
Publicity -	Mary Thurston
Scholarship -	Aneka Wagner
Service -	Karen Kamyszek
Taste of Home-	Kim LaBrecque & Karen Kamyszek
Web-site -	Heidi Haaxma
Woman of -	Luciana King
the Year	
Zonta Walks -	Sarah Moe
for Women	

Our Vision Statement

The Zonta club of Alpena, as a member of Zonta International, strives to empower and enrich the lives of women in our community and worldwide through education, service, advocacy, and financial support.

Club Committees

By laws/Procedures
Calling
Fellowship
Finance
Fundraising
Hazel's Closet
Literacy
Membership
Newsletter
Nominating
Program
Publicity
Scholarship
Service
Woman of the Year
Zonta Walks for Women

Financial Commitment

Annual Dues: \$359.00

International Dues: \$80.00
Club Liability Insurance: \$3.00
District Dues: \$20.00
Local Dues: \$25.00
Lunches: \$231.00 (\$10.50 per lunch)

Dues can be paid in (4) installments of \$89.75

Full year dues: June 1 to May 31

Half year dues: December 1 to May 31

New Member Fee: \$35

For more information contact:

Pam Richardson, Membership Chair
(989) 356-2999
Website: www.alpenazonta.com

Fundraising Update:

Fall Into Fashion

The Fall into Fashion fundraiser will be a fashion show/luncheon. The event will be at 11:30am on Saturday, October 24 at the Fresh Palate located in The Center Building. Tickets are \$25. Guests will enjoy lunch and a style show with fashions from Myer's Fashions.

We will have a raffle basket and/or 50/50. Each committee member will secure 2 donations from local businesses.

2015 Zonta Walks for Women Breast Cancer Awareness Walk /5K Run Update:

Tami Townsend named honorary Zonta Walk chair

The Zonta Club of Alpena recently announced that Tami Townsend of Alpena will serve as the 2015 honorary chair for the Zonta Walks for Women Breast Cancer Awareness Walk/5K Run. The Thunder Bay National Marine Sanctuary will serve as the host site for the 9th annual event, which will be held October 3rd. The walk and 5K run will travel on the Great Lakes Maritime Heritage Trail and along the banks of the Thunder Bay River.

Townsend adds, "I am very excited to be the honorary chair for this year's Zonta walk. I have received so much support this last year from family, friends and the community. I love that I have been given the opportunity to give it back. I am happy to say that I am a one year breast cancer survivor. From my personal experience there is one thing I would like to share with every woman. Even if your mammogram comes back negative, you must continue doing self-examinations. If you do feel something or have a concern, let your primary care doctor know as soon as possible. You are the only one who knows your body. You might have dense tissue and it is difficult for mammogram to see. Keep presuming until you are comfortable with the results because breast cancer is different for every person."

Since its inception in 2007, the Zonta Walks for Women event raised a total of \$183,776. These funds have been kept locally. Net proceeds this year will go to the Mammography Subsidy Fund at Alpena Regional Medical Center, Friends Together Tees and Tops Program and the American Cancer Society's Wig Bank at Inspire Salon-Spa.

The next Zonta Walk committee meeting will be on Wed. July 8th at noon at the ARMC Auditorium. Hope to see you all there!



Member Spotlight of the Month:

Featuring Katy Conklin

Spotlight Questions:

Q: What is your favorite thing about Zonta?

Its mission and the outstanding women that fulfill it.

Q: What do you like best about your job?

That I can be an agent for social change and justice

Q: What is your favorite season?

Fall – I love the crisp weather and beautiful colors!

Q: Why did you become a Zontian?

Because it supports the advancement of women and it allows me to associate with like minds and like philosophies.

Q: Why do you choose to live and work in Alpena?

I was born in Northeast Michigan and spent many years here as a child, teenager and young adult. Then, in 1994, my mother purchased a home in Rogers City, where she eventually retired. I have always enjoyed being in northern Michigan and although I lived in Lansing for 31 years, I was always hoping to get the opportunity to return to my roots here.

Q: Tell us about a funny thing you did recently?

I backed into a small tree – even though I have a back-up camera on my car that was working perfectly fine!!!!!! Thankfully, no damage.

Q: What is your favorite restaurant?

Alpena: Fresh Pallet

Q: What is your favorite outdoor activity?

Hiking and walking my dogs

Q: Describe yourself in one word.

Resilient

Q: What is your favorite book and/or movie?

To Kill a Mockingbird

Q: My friends would say I am determined.

Q: If I had a super power it would be to end violence

June 18th Program Presentation

Lois Westergard, R.N., previous recipient of the Zonta Non-traditional Student Scholarship, gave the 2015 Scholarship Presentation at our June 18th Program Meeting. The Scholarship Committee awarded AHS Senior Rachel Zolnerek the Traditional ACC scholarship and awarded the Non-traditional ACC scholarship to Nichole Kolnowski.

Fall Conference - SAVE THE DATE:

Don't forget that Fall Conference will be held in Grand Rapids October 16 - 18, 2015. Details about hotel, etc. will be coming soon SO please get this important event on your calendar NOW and 'talk it up' with your Zisters.

Reminder (from last newsletter): 2015 Fall Conference ACTIVITY "**IT FITS**" - bras, bras, bras "Bras Across the Grand" event for the American Cancer Society will be held the week we will be in Grand Rapids for our 2015 Zonta Fall Conference. The new ACS administrator is very excited to partner together with ZI District 15. She suggested that we have all the clubs collect bras (can be used, any kind, any size and color/pattern, etc.) and then we bring them to fall conference. The bras will **ONLY** be used for decorating, not for others to wear.

Friday Night Fun Night is scheduled to be where the ACS brings volunteers and bra decorating supplies and we all decorate bras from clubs' collection. The ACS will take the finished ones and hang them on the pedestrian bridge (the same bridge we will be using to commute between the hotel and the conference venue) on the Saturday morning the week **AFTER** our Fall Conference. Any extra bras that we collect for ACS will be used on the following Saturday morning (they have their decorating 'booths' for the public to participate in decorating bras and hang them on the bridge prior to their 5k walk), or they will auction them off (after decorating) as one of their annual fundraisers, and/or they may use them in their public relations campaign. ACS said they are in need of bra donations so it would be a good fit for our fall conference. So begin now to collect bras.

Recipe of the Month:

Patriotic Fruit Pizza Recipe



Ingredients

- 1-1/2 cups all-purpose flour
- 1/4 cup confectioners' sugar
- 1 cup cold butter
- **FILLING:**
- 1 package (8 ounces) cream cheese, softened
- 1 cup sugar
- 1/4 teaspoon vanilla extract
- 3 cups sliced fresh strawberries
- 1 cup fresh blueberries
- 1 cup strawberry glaze

Directions

- **1.** In a bowl, combine the flour and confectioners' sugar. Cut in butter until mixture begins to hold together. Press into a 12-in. tart or pizza pan; build up edges slightly. Bake at 350° for 10-15 minutes or until golden brown. Cool for 15 minutes.
- **2.** In a bowl, beat cream cheese, sugar and vanilla. Spread over crust. Arrange strawberries in an 8- to 10-in. circle in center of pizza. Sprinkle blueberries around strawberries. Pour glaze over strawberries. Refrigerate until serving. Cut into wedges. Yield: 8-10 servings.

CALENDAR OF EVENTS

MEETINGS:

- Board Meeting – *Tues. June 30th*
2015 Conference Room – downstairs
LL The Center Building – Noon –
1pm
- Business Meeting – *Thurs July 2nd,*
2015 – The Sanctuary Inn – 11:45am
– 1pm
- 2015 Zonta Walks for Women
planning meeting – *Wed July 8th,*
2015 – ARMC auditorium (near
cafeteria) – Noon – 1pm

SPECIAL EVENTS:

June 2015 Birthdays:

Happy birthday wishes to:

- Joyce McCoy - July 2nd
Pam Richardson – July 14th
Sarah Moe – July 22nd
Barb Crittenden – July 27th

